

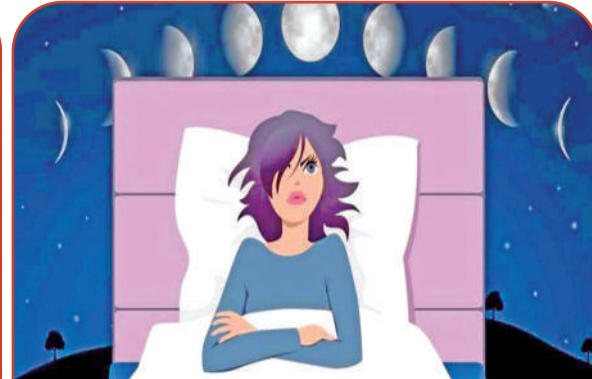
THE FACT CORNER



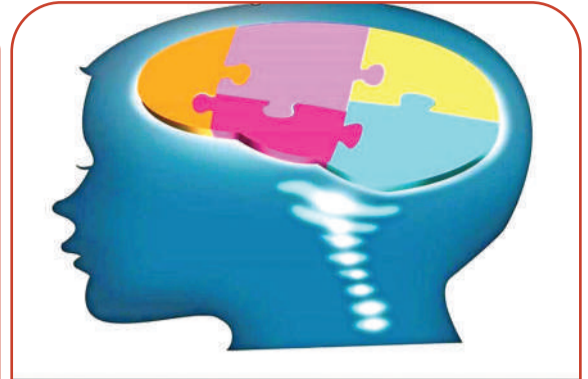
Red hair and blue eyes is the rarest combination in humans



Fresh snow can reflect 80% of UV light and can cause snow blindness which is a painful sunburn on your eyeball



It's harder to go to sleep and sleep throughout the night when the moon is full



Our minds are always cataloging our memories and deciding what to keep and what to throw away

BRAIN TEASERS

- 1 Q. There are several books on a bookshelf. If one book is the 4th from the left and 6th from the right, how many books are on the shelf?
- 2 Q. What do you get when you divide 30 by 1/2 and add 10?
- 3 Q. I am a three digit number. My tens digit is five more than my ones digit. My hundreds digit is eight less than my tens digit. What number am I?
- 4 Q. If it were two hours later, it would be half as long until midnight as it would be if it

were an hour later. What time is it now?

- 5 Q. There are two ducks in front of two other ducks. There are two ducks behind two other ducks. There are two ducks beside two other ducks. How many ducks are there?
- 6 Q. Can you arrange four nines to make it equal to 100.
- 7 Q. Sam is 54 years old, and his father Joe is 80. How many years ago was Joe three times the age of his son Peter?

SOLUTION:
1. 9 books.
2. 70.
3. 194.
4. 9pm.
5. Four ducks (in a square).
6. $99 + 9/9 = 100$.
7. 41 years ago.

English Proverbs and Meanings

- * Knowledge in youth is wisdom in age. What you learn when you are young will be invaluable when you grow old.
- * No man can serve two masters. It's impossible to follow instructions from two different sources.
- * Once bitten, twice shy. After an unpleasant experience, people are careful to avoid something similar.
- * One swallow doesn't make a

- summer. A single satisfactory event does not mean that all the others will be as good.
- * Penny wise, pound foolish. Refers to a person who is careful about spending small amounts of money, but not careful about spending large amounts of money.
- * Pride comes before a fall. Don't be too self-confident or proud; something may happen to make you look foolish.

Vegetable Sooji Toast



Ingredients:
8 bread slices
1 cup semolina (rava)
1/4 cup chopped capsicum
1/4 cup chopped tomatoes
1/4 cup grated carrot
1/4 cup shredded cabbage
1/2 cup fresh cream
1 tsp freshly ground black pepper (kalimirch) powder
1 tsp dried mixed herbs
1/2 tsp ginger (adrak) paste
1/2 tsp green chilli paste
salt to taste
oil for shallow frying
Method
Combine the semolina and vegetables in a bowl and mix well. Add the cream, salt, pepper, herbs, ginger and green chilli paste and mix well.
Cut bread into half diagonally, put the stuffing on 1 side.
Take nonstick tava, add oil/ butter and put the bread to roast.
First roast bread side then turn to stuffing side.
Serve with tomato ketchup and green chutney.

J
U
N
I
O
R
C
H
E
F

Cheese and Oatmeal Cookies



Ingredients:
1/4 cup cheese spread
1/4 cup quick cooking rolled oats
1/2 cup butter
1 1/4 cups whole wheat flour (gehun ka atta)
1 tsp cumin seeds (jeera)
1/2 tsp crushed black pepper (kalimirch)

Method
Cream the butter and cheese spread in a deep bowl till light and fluffy.
Add the oats, wheat flour, cumin seeds and black pepper and knead gently into a soft dough.
Roll out the dough into a sheet of 6 mm. (1/4") thickness. Prick with a fork at regular intervals.
Cut out 12 to 14 circles using a 50 mm. (2") cookie cutter and place them on a greased baking tray.
Bake in a pre-heated oven at 180°C (360°F) for 15 minutes or till the cookies turn crisp and golden brown in colour.
Remove the cookies from the oven and allow them to cool.
Store in an air-tight container.

Anjali Bhagwat — The Indian Woman Rifle Shooter who never missed target

“Only those who handle the pressure well and can command their minds will make their talent count.”

This quote by Indian shooter, Anjali Bhagwat, perfectly sums up her career. An exceptionally talented and disciplined sportswoman, Anjali truly made her talent count. She became popular as the only Indian woman to bring home the World Cup. The only Indian shooter to win the Champion of Champions awards, Anjali has numerous great records on her name. The talented youngster who turned into a focused athlete has captured the imagination of the entire nation. She has inspired young girls to chase their dreams and pursue a career in sports. Calm, composed, and cheerful, that is exactly how most people will describe Anjali. There has always been a different kind of sparkle in her eyes. She eased into the world of shooting, just like a fish takes to water. Her inborn talent, coupled with immense hard work and focus, enabled her to reach the pinnacle of success. Born and brought up in Mumbai, Maharashtra, as a, Anjali comes from a simple Marathi family. Her mother worked for All India Radio. Anjali has an elder sister and a younger brother. Her sister is also a sports enthusiast. Anjali married Mandar Bhagwat in December 2000. It was an arranged marriage and the couple was blessed with a son in 2010. Anjali's husband and in-laws have always supported her career choices. They never expected her to fulfil any orthodox role as a daughter-in-law. Mandar told the Times of India, “She doesn't have the time to check her mail, so I do it for her. Her career as a shooter started taking off just before our marriage, so I expected this. And I certainly don't mind setting up stuff for my wife. You can call me her manager. Thankfully, I am a businessman. It would have been tougher if I had a 9-to-5 job.” As soon as they got married, Mandar set a small shooting range on their terrace for Anjali. When Anjali decided to shift base to Pune due to better sports facilities, Mandar fully supported the decision. In an interview with The Sportstar, she appreciated the support of her family and other families who support sportswomen. Once in an interview, Anjali had said, “Women shooters are winning more medals for India internationally, many of them married with children. Suma Sirur and Deepali Deshpande (both included in Asian Games squad) took their children along when taking part in the Nationals, the little ones looked after by respective mothers-in-law while the mothers were competing. I am married, getting so much sup-



port from husband (Mandar Bhagwat) and in-laws in continuing my shooting career that I sometimes feel bad not being around to help them more now.” Anjali was always inclined towards sports. She was inspired by the legendary athlete Carl Lewis. She joined the National Cadet Corps (NCC) when she was in school. She was exposed to various sports through their activities. She started playing judo karate and tried her hand at mountaineering as well. She first started shooting when she was 21. She got into Maharashtra Rifle Association and within just seven days won her first medal! It was a silver medal that she got in the 1988 National Championships. With a stellar start to her career, Anjali found the right guidance through her coach Sanjay Chakravarthy. Through intensive training and dedicated practice, Anjali developed her technique and strengthened her basics. From thereon, she was absolutely unbeatable. In fact, her domestic medal record of 55 gold, 35 silver, and

16 bronze medals is still intact. Also, she won 31 gold, 23 silver, and 7 bronze medals in international competitions, and set 13 new records! Anjali became only the second Indian woman to reach the Olympics finals in 2000. She has represented the country at three Olympic Games. In 2002, she became the champion of the champions and world number one shooter in the 10m air rifle event. Anjali is the sole Indian to win the ISSF Champion of Champions award. She also won a silver medal at the Munich World Cup 2002 and gold at the Milan World Cup in 2003. Her stellar performances at the Commonwealth Games need no introduction! She has a whopping collection of 12 gold and 4 silver medals. In 2003, she became the first Indian shooter to win a gold and a silver medal in the Sports 3P and Air Rifle events respectively. She achieved this historic feat at the Afro-Asian Games. When Anjali first started playing, the opportunities were fewer. Without proper policies and facilities, most athletes couldn't rise up to their full potential. Today, Anjali is doing her bit by being an active member of various sports organisations. In an interview with the Hindu, she appreciated the changing sports scenario in India. “Everything changed after Rio. The selection policies were put on the NRAI website prior to the National Games. The juniors programme had started two years before and Indians were put in charge. Shooters were sent for junior competition, be it the World juniors or Asian Juniors. We are now tasting the fruits of those decisions. At one time, we used to just dream of getting an Olympic quota. Now we are sure about gaining quotas, so performing well at the Olympics is what drives us.” **Awards**
Shree Shiv Chhatrapati Award – 1992
Maharashtra Gaurav Puraskar – 1993
Vasantrav Naik Pratishthan Puraskar – 1993
Arjuna Award – 2000
Indo-American Society Young Achiever Award – 2002
Times Group Maharashtra Shaan – 2003
Rajiv Gandhi Khel Ratna Award – 2003
Hero Indian Sports Award – Best Sportswoman – 2003
HISA Sports Woman of the Year – 2003
GR8 Women Achievers Award – 2005
FIE Foundation National Award – 2006