

Maa Siddhidatri – The Ninth Aspect of Goddess Durga

Maa Siddhidatri is the ninth form of Goddess Durga worshiped in Navaratra. The last among the nine forms of Maa Shakti is Goddess Siddhidatri who is worshiped on the ninth or final day of Navaratra. 'Siddhi' is a Sanskrit term which means 'perfection'. Goddess Siddhidatri has four arms. She holds a Chakra in her right lower hand and a mace in the upper. In the left lower hand there is a conch and in her upper left hand a lotus flower. She is seated on a lotus flower with the lion as her mount.

The Goddess Siddhidatri is capable of giving all sorts of occult powers and is also the possessor of 26 different wishes to grant her worshippers. All these achievements [Siddhi], which according to the Markandeye Purana:- Anima, Mahima, Garima, Laghima, Prapti, Prakaamyaa, Ishitva and Vashitva are eight Siddhis. As per the Brahmavaivart Purana there are 18 types of achievements which are Anima, Mahima, Garima, Ladhima, Prapti, Prakaamyaa, Ishitva, Vashitva, Sarvakaamaal, Saadhita, Sarvagynatva, DurShravana, Parkaayapraveshan, VakaSiddhi, Kalpavrushatva, Shrishti, Samharkaransaamarthya, Amaratva, Sarvanyayakatva, Bhavana and Siddhi.

Legend has it that the Supreme God Shiva got all these Siddhis by worshipping Maha Shakti. With her gratitude the half body of Shiva became that of the Goddess Shakti and therefore he also came to be called as 'Ardhanarishvar'. Dev, Danav, Gandharva, Kinnar, Yaksh, Manav, all worship Maa Siddhidatri and attain achievements. Maa Durga removes ignorance and she provides the knowledge to realise That or Brahman.

That is why She is surrounded by Siddhas, Gandharvas, Yakshas, Demons and Gods who are worshipping her. The Siddhi that she provides is the realisation that everything is Supreme Being or Brahman. If a Sadhaka worships in the prescribed manner with his full faith he acquires all Siddhis and nothing remains unattainable from him in the universe.

Dedicated to Goddess Siddhidatri form of Maa Durga the day is also observed as Mahanavami in many parts of the country. This form of Goddess Durga showers knowledge which makes each soul pure. People can wear Red, White colour on this day. On the ninth day Pujan, Archan, Havan, etc of Mataji are performed. The Conch shell, Chakra, Mace and lotus in the four hands of Maa Siddhidatri signifies that she is always anxious to help us.



NAVRATRI SPECIAL RECIPE

Vrat Ka Halwa



Ingredients

- ½ cup singhare ka atta
- ½ cup kutta ka atta
- 3 tbsp ghee
- 2 cups water
- ½ cup sugar or as required
- 2 cardamoms, crushed
- 8-9 almonds, sliced
- 8-9 pistachios, sliced

Method:

- Heat ghee in a kadai or pan.
- Add the flour and roast till they change color, texture and become aromatic.
- This roasting is similar to roasting semolina.
- Make sure you roast the flours very well with continuous stirring.
- Whilst the flours are roasting, add water and sugar in another pan and bring to a boil.
- Add the cardamom powder, almonds and pistachios to the flour and roast for 1-2 minutes.
- Add the boiling sugar solution in a steady stream continuously stirring to avoid the formation of lumps.
- Keep on stirring and cook till the mixture thickens and starts to gather around itself.
- While stirring break the lumps with the spoon or spatula.
- Remove from the pan and serve the vrat ka halwa hot or warm.

ESTD: 1960 Telefax:-0191-2435373

GOVERNMENT OF JAMMU AND KASHMIR UT
OFFICE OF THE PRINCIPAL
GOVERNMENT POLYTECHNIC JAMMU
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 Website:- www.govtpolytechnicjammu.edu.in
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Er. Ritu Jamwal
Principal

Sub: Engagement of Guest Faculty in Government Polytechnic Jammu.

Advertisement Notice

Applications are invited from the eligible candidates for engagement as Guest Faculty for the academic session 2021-22 for the below mentioned disciplines/subjects:-

| S.No | Discipline/Subject | Qualification |
|------|-------------------------------------|--|
| 1. | English (Humanity) | M.A. (English) with 55% marks |
| 2. | Computer Engineering | B.Tech./B.E./Diploma with 55% marks |
| 3. | French Language/ Travel and Tourism | B.T.S. with Advanced Diploma in French |

The Application Form on the prescribed format (Annexure-A) accompanied with self-attested copies of the following documents must reach the office of the undersigned by or before 25.10.2021 and no Application Form shall be entertained after the said date in any case:-

- Academic/ Technical Qualification. (Certificate/ Mark sheets)
- Domicile Certificate.
- D.O.B. Certificate.
- Experience certificate, if any.

Terms and Conditions:-

- Selected candidates shall be paid @ Rs.250/- per lecture, subject to a maximum of Rs.9000/- per month for Degree holder and Rs.8500/- per month for Diploma holder.
- Selection shall be made purely on merit basis.
- 80 Points shall be kept for basic qualification, 05 points for higher qualification, 05 points for next higher qualification and 10 points for experience (02 points per year) on pro-rata basis.
- The engagement shall be purely on need basis for academic session 2021-22 only and the candidate will not claim for permanent absorption.
- The selected candidates shall follow all rules and regulations of the institution and shall have to maintain proper discipline and punctuality and shall have to work to the entire satisfaction of the students.

No: GPJ/F-598/2081-84 Sd/-
Dated:- 13-10-2021 (Er. Ritu Jamwal)
DIP/J-8010/21 Dated:- 13/10/2021 Principal
 Government Polytechnic Jammu

DENGUE

How to Identify, How to remain safe

Symptoms of Dengue

- Severe Headache and High fever all of a sudden.
- Pain in Joints & Muscles.
- Pain at the back of eyes, which increases if you roll the eyes.
- Feeling Nausea & Vomiting.
- It is serious if you get blood from nose, mouth or teeth and also boils on the skin.

How to Prevent

- Mosquitos responsible for Dengue breed in stagnant water. Don't let water get stagnated around you. e.g. Cooler, Water Tank, Utensil for water drinking for Birds, Tray of the fridge, Flower Pot, Coconut shell, Broken Utensils, Tyres etc.
- Water filled utensils & tanks should be kept covered.
- Empty the cooler two time in a week.
- This mosquito only bites in day, so wear clothes which covers your body.
- There is no specific medicine for treatment of Dengue. For Fever Paracetamol can be taken. Don't use aspirin or Ibuprofen without the consultation of Doctor.
- All patients suffering from Dengue do not require platelets.

Issued by:- State Programme Officer/State Malariologist
Directorate Of Health Services Jammu

DIP/J-8035/21

GOVERNMENT OF UT JAMMU AND KASHMIR
OFFICE OF THE EXECUTIVE ENGINEER PCD(PHQ) J&K SRINAGAR
INVITING FRESH E-TENDER NOTICE

e-NIT No/EE-PCD/PHQ/91/2021-22 Dated: - 07-10-2021

Executive Engineer PCD PHQ J&K JAMMU/SRINAGAR on behalf of The President of India invites tenders by e-tendering on **item rate basis** from approved and eligible contractors registered with J&K Govt. / CPWD / Railways and other States / Central Governments for the following works.

| S. No | Name of Work | Name of Division | Estimated Cost (Rs. In lacs) | Cost of document (in Rs) | Time Allowed for completion | Time and date of opening of tender | Class of Contractor |
|-------|--|-------------------------|------------------------------|---------------------------|-----------------------------|------------------------------------|---------------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 1 | Repair/ renovation of Roof top, doors and construction of stairs of Help site at CID Headquarters Jammu. | PCD (PHQ) J&K, Srinagar | 2.47lacs | 200/- | 30days | 16-10-2021 | "A"&"D" |

- Date of Publishing 07-10-2021 at 1630 hours.
- The Bidding documents can be downloaded from the website <http://jktenders.gov.in> from 1700 hours on 07-10-2021
 - The Bids shall be deposited in electronic format on the website <http://jktenders.gov.in> from 08-10-2021 to 15-10-2021 upto 1600 Hrs. The bids received will be opened at 1100 hours on 16-10-2021 on line.
 - The complete bidding process will be on line.
- Technical bids of bidders shall be opened on line in the office of Executive Engineer PCD PHQ J&K Jammu/ Srinagar on 16-10-2021 at 1100 Hrs.
- In pursuance to Circular No. A/Misc(2018)-III-895/J dated. 22-12-2020 issued by Finance Department of J&K, there is no requirement of submission of bid security/ earnest Money deposit (EMD). However, every bidder has to furnish an undertaking/ declaration form accepting that if it withdraws or modifies its bids during the period of bid validity or if it fails to sign the contract or fails to submit a performance security within 03 days after opening of price bid, if they are awarded the contract, they will be suspended from participating in any tender process in future for a period of one year.

Aforementioned undertaking/ declaration needs to be furnished as per format provided in Annexure "A" to this bid document duly attested by 1st class magistrate / Notary on stamp paper.

No:-e-NIT/EE-PCD/PHQ/2021-22/4804-10 Sd/-
Dated: 07-10-2021. Dated:- 13/10/2021 Executive Engineer
 PCD(PHQ) J&K Srinagar,