

# LAUNCH OF CENTRALIZED HEALTH HELPLINE 104 IN J&K UT



DIAL TOLL FREE NUMBER **104** FOR FOLLOWING SERVICES



MEDICAL ADVICE  
FOR PRELIMINARY DIAGNOSIS  
OF SYMPTOMS BY  
SKILLED MEDICAL PROFESSIONALS.



COUNSELLING SERVICES  
ON MENTAL HEALTH,  
CHRONIC DISEASES,  
PSYCHOLOGICAL DISTRESS,  
SUICIDAL TENDENCIES, ADOLESCENT HEALTH ETC.



MATERNAL &  
CHILD HEALTH CARE SERVICES  
EARLY CHILDHOOD DEVELOPMENT



HOSPITAL INFORMATION  
ABOUT  
HEALTH SERVICE PROVIDERS,  
HOSPITALS, SERVICES AVAILABILITY ETC.



GRIEVANCE REDRESSAL &  
SERVICE IMPROVEMENT  
FROM GENERAL PUBLIC AS WELL AS FIELD  
FUNCTIONARIES SUCH AS ASHAs, ANMs, ETC.



INFORMATION  
ON VARIOUS  
NATIONAL HEALTH MISSION PROGRAMMES



AYUSHMAN BHARAT  
PMJAY & ABPM-JAY SEHAT



EMERGENCY  
Health related information  
during epidemics/pandemics  
like covid 19, dengue, disease outbreaks etc.

Inauguration By

**Shri Amit Shah**

Hon'ble Minister of Home Affairs  
& Minister of Cooperation,  
Government of India

on  
**24th October, 2021**

in the august presence of

**Dr. Jitendra Singh**

Hon'ble Union Minister of State (Independent Charge) Science and Technology,  
Earth Science, MoS PM's Office, Personnel, Public Grievances & Pensions  
Department of Atomic Energy & Department of Space

**Shri Manoj Sinha**

Hon'ble Lieutenant Governor  
Jammu and Kashmir

**Sh. Rajeev Rai Bhatnagar**

Advisor to the Hon'ble Lieutenant Governor  
Jammu and Kashmir

**Dr. Arun Kumar Mehta, (IAS)**

Chief Secretary  
Jammu and Kashmir



**NATIONAL HEALTH MISSION, J&K**

DIP/J-3760-P/21

Foundation/ Launch/ Dedication of  
**DEVELOPMENTAL PROJECTS**

Distribution of

**APPOINTMENT LETTERS/CERTIFICATES**

by

**Shri Amit Shah**

Hon'ble Union Minister of Home Affairs  
and Minister of Cooperation

October 24, 2021 | Jammu



**Government of Jammu & Kashmir**

DIP/J-3763-P/21