

NEED TO CHANGE EVALUATION, EXAM STYLE

Every year parents, students and teachers wait for the 10th class exam. Somewhere or the other, the tenth examination has become a test for everyone. The results have become a matter of respect for the parents, teachers and schools as well. Usually, the preparation of class X in schools starts many years in advance. Apart from school, there is a rush in tuition classes, serious study environment at home, all this has become natural. But for the last one and a half years, studies have not been done the way it used to be. After the pain of COVID, it has become necessary to think what to do with class 9 and 10? What has happened from the side should be there or can some other way be found? It is easy to understand that the situation will be different in different states of the country. But there is a big difference in the situation in the same place, in different areas and in different types of schools. Look at cities like Schools have been opened for older children, but the attendance of students in private schools is generally low. On the other hand, look at the condition of government schools. Teachers of such schools say that since the schools have opened, there has been no problem of attendance in government schools, especially in classes XII, X. Remember about class nine students they were in class seven in March 2020 and now they have reached class nine. During this time teachers and parents must have made efforts to continue their studies, but the effect it has on these students is difficult to predict. Similarly, the students who are in class X today were in class VIII in 2020. What should be the curriculum for these children? Which teaching-learning activities would be right for them? Schools have opened, but half a year has passed since they were opened. Nowadays 'learning loss' is in discussion. This loss has to be understood in two parts. The first part will be about those lives and skills that the children have forgotten and the second part will be about those things which these students did not get a chance to learn. Most of the students are not actually at the level of the class they are in. The level of private school students may be different because they continued to get online education but government school students could not get such facilities.

It is very important to make a strategy by looking at the reality of the students from the ground level and understanding their problems closely. Everyone knows that 2020 and 2021 were extraordinary and unusual in terms of school education since last year, but we have not tried to change the pedagogy or pattern of education deeply or seriously. Lightening of syllabus, pushing board exam dates back and forth, some exams now and some later, easing of exam questions, these are minor adjustments, not visionary. Evaluating unrealistic expectations is a waste of time for students and teachers. From the experience of the pandemic period and the advent of New Education Policy 2020, a golden opportunity is before us to decide what any young man or girl of India should be able to do and think till the age of 16. Anyway, young people of this age learn a lot on their own. Some in school and some outside school, they have suffered a lot during the COVID-era. If education is of another kind, then the examination or result and evaluation of this education should also be done in another way.

IN THE COURT OF MUNSIFF (JMIC) R.S PURA

Presents: Sidhant Vaid

Balbir Singh S/O Baldev Singh R/O Satrayan Tehsil Suchetgarh District Jammu.

V/S

(1) Pyari Devi W/O Bari Ram R/O R. S pura Agwan, Jammu Goondla. (2) Punam W/O Khajoor Singh Rakwal R/O ward no.3 bhadrore ,Jammu. (3) Radha Salaria W/O Krishan Singh R/O Hno.273 /D Opposite State Time Office, Jammu. (4) Nisha Devi W/O Karan Singh Chib R/O JMCC393, Shiv Mandir Lane, Resham Ghar Colony Jammu

In the Matter of:- Suit for declaration declaring the plaintiffs as the sole legal heirs of late Baldev Singh S/O late Polo Ram R/O Jindha tehsil Sall kot district Salkot A/P Satrayan tehsil Suchetgarh district Jammu and intend to claim and receive one time settlement compensation or relief amount sanctioned by the Government of India to be paid by the Govt. for being west Pakistani refugee of 1947. With the consequential relief of permanent prohibitory injunction restraining the defendants from interfering into the claim of the plaintiff.

PROCLAMATION

Public At large through the medium of this notification is hereby informed that if anybody have any objections to the passing of the matter regarding the subject matter above , may appear before this court either in person or through counsel and file his/ her/ their objections by or before 15 days.failing which appropriate order will be passed under law.

Given under my hand and seal of this Court today.

Sd/- Munsiff R.S Pura.

COURT OF 1ST ADDITIONAL DISTRICT JUDGE JAMMU

Present:- Ashwani K. Sharma

Meesha Bhagat D/o Jagdish Lal R/o H. No. 130, New Rehari Jammu.

VERSUS

Jagdish Lal S/o Narian Dass R/o H. No. 130, New Rehari Jammu.

In the matter of:

Petition for grant of Probate of will dated: 09-06-2020 Registration on 09-06-2020 by Public Notary Jammu.

Notice to Public at large

Whereas the above named petitioner has applied for the grant of Probate and Letter of Administratin in respect of Will dated: 09-06-2020 executed by the Mother of the Petitioner namely Lt. Lalita Rani W/o Jagdish Lal R/o H. No. 130, New Rehari Jammu.

Whereas through this proclamation the public in general is informed that if any person has/have any objection in grant of Probate and letter of Administration in favour of the above mentioned petitioner, he/she/they shall file his/her/their objections personally or through an authorized agent in this Court on or before 30-10-2021 the next date fixed in the case failing which appropriate orders shall be passed.

Take note that if the next date fixed is declared holiday, the case shall be taken up on the next working day.

Given under my hand and seal of this court today on 16th day of October 2021 at Jammu.

Sd/- (Ashwani Kumar Sharma) 1st Additional District Judge Jammu

UNION TERRITORY OF JAMMU & KASHMIR

HEALTH & MEDICAL EDUCATION DEPARTMENT

OFFICE OF THE PRINCIPAL GOVERNMENT MEDICAL COLLEGE KATHUA

Extension : Extension of services of staff engaged under ECRP during 2020-21 & 2021-22 under NHM.

Order

As per the direction of the Hon'ble Lieutenant Governor, UT of J&K and on the analogy of the other Medical Colleges of UT of J&K and District Health Society, Kathua, the services of staff engaged under ECRP during the year 2020-21 & 2021-22 is hereby extended for a period of three months only i.e. 31st of December, 2021 (on the basis of last attendance received) and no further extension shall be given under any circumstances. The above mentioned staff is directed to report to their respective departments originally assigned to them.

(Dr. Anjali Nodir Bhat) Principal Govt. Medical College Kathua

No. GMCK/Admn/2021-22/4242-49 Dt. 12-10-21 DIP/J-8397/21 Dt. 27-10-21

Kitchen-Best alternative to costly Beauty Parlours

■ MAHADEEP SINGH JAMWAL

A beauty parlour is an establishment that offers a variety of cosmetic treatments and cosmetic services. Modernity is buzzing with concept of beauty parlor (salon) administrating expensive deceptive appearances with cosmetic treatments for both genders involving facial aesthetic, manicure, pedicure, body exfoliation, bro waxing, shaping, aromatherapy, even meditation, oxygen therapy, mud baths and many other services. Large population is inspired by Hollywood/ Bollywood as in these industries even spooky faces gloom because of deceptive treatments in these beauty establishments. These remedies have the potential to transform a revolting face to most alluring and women are especially the majority embracing this deception to fit in the phrase 'on occasion of the party the alluring faces are those that are most glaring and they are most wanted and focal point of one and all and are wildly haunted like featherless chickens.' The wisdom that appears to be influencer in this mad race, chiefly the female gender, is from the famous saying attributed to Irish novelist Margaret Hungerford, 'Beauty is in the Eye of the Beholder.' In simple words we can define beauty as a combination of qualities, such as shape, color or form that pleases the aesthetic senses, especially the sight. From the time immortal, both the genders have been satiating in enhancing these aesthetic senses for presenting themselves in attention. We are all unique, with experiences and memories that tie together

seamlessly into a blanket of our own versions of beauty. It is not bad to look good in the society and in obtaining the services of these techniques, but have we ever thought of getting all such looks even without visiting these costly parlours beyond the reach of middle class and this is the real class mostly targeted by the salons that help to deceive the opposite gender by a false coating of cosmetics to lure each other, forgetting that a black buffalo can never turn out to be a white cow by applying all the techniques available for providing deceptions in the field of look. The basic concept of all these treatments is to provide a deceptive cover to give a glowing touch to our exposed portions to look attractive.

From time immemorial, cosmetics have been prepared from material easily available in our kitchens. These natural items have proved themselves as effective cosmetics or as principal ingredients in their making. We can believe in readily available food products which have been traditionally used as natural cosmetics. The glory of using one's kitchen as an alternative to costly beauty parlours is that many of the ingredients are already there. Lemon is a veritable storehouse of beauty remedies; its juice mixed with honey is an effective remedy for removing dark spots. Squeezing a couple of drops of lemon juice into the water, while taking a bath, makes us feel refreshed. Almonds are crushed to make a mask, good for nourishing the skin. Bananas are used as a mask for dry skin. Buttermilk (Shash) is used as a cleanser

and for pigmentation. Cabbage (Gobhi) is rich in vitamins and minerals and the water in which it is cooked is used to wash the face as a cleanser. Cucumber (Kheera) has slight astringent properties and is excellent for oily skin. Eggs are the most useful aid to beauty. The yolk is nourishing and the white has tightening properties. It is used in masks and in hair conditioners.

Lettuce (Salad) is rich in vitamins, iron and minerals. It is excellent in cooling and for sunburns. Mint (Pudina) is a good natural cure for scars, pimples, marks and skin orders. Onion's juice prevents blemishes and mixed with honey makes a wonderful anti-wrinkle cream. Potato's thin slices when used as eye pads remove puffiness under the skin. Papaya (Papita) breaks down the dead cells of the skin and cleans it when used as a mask. Tomato contains vitamin 'C' and is used to cleanse black heads. Tea is soothing and is good for relaxing your eyes. Keep cool tea pads on eyes for severe dark circles. We can effectively control the pimples by steaming the face in water to which crushed 'Neem' leaves have been added. The juice extracted from 'Mint' leaves apply before sleeping, a curative treatment for pimples. Apply the paste of 'Sandalwood' and 'Turmeric' in equal quantity, on the face; it is 'Ram-Baan' for pimples. Soak 1 cup of rice overnight, powder it with a little of 'Multani Mitti' , add 1 table spoon of Methi and preserve it. Add honey and curd before applying and wash after 20 minutes, it is an excellent mask for radi-

ating the skin. Honey has been long recognized as a perfect, all-round rejuvenator. The ancients value it not only as a food but as a medicine for internal and external use.

Apart from our sensitivity towards skin, we are equally worried over our hair. The market is flooded with a variety of shampoos. These are made of sodium or potassium salts, sulphates, solubilising agents, foam stabilizers, preservatives, emollients, thickening agents, etc. Special ingredients like lemon, herbs, lanolin, egg, antiseptics and anti-dandruff, are also sometimes added. Moreover, these are so costly that ordinary people cannot think of shampooing their hair. If we study the traditional methods of shampooing since history, we find that we can go for much better shampoos from the ingredients from our kitchen house of different varieties for different purposes. Such as Herbal Shampoo: 'Reetha' 100 gm, 'Shikakai' 50 gm and 'Amla' 50 gram, soak them in two glasses of water for 12 hours then boil it to reduce it to half-glass. Rich protein pack: Beat the egg and lime juice and apply it for 1 hour, best shampoo for dandruff. For black hair, make a paste of 1 cup 'Heena powder' , 'juice of a lemon', small piece of 'Kattha', 1 tablespoon 'coffee powder', 1 egg, tea water. Stress and negative thoughts are the main enemies of beauty. Half the battle in beautification is won if they are kept under check. Those who find beauty in all of nature will find themselves in one kitchen with the secrets of life.

Government of Jammu and Kashmir, Department of Culture, J&K Civil Secretariat, Jammu/Srinagar.

Subject:- Appointment of candidates against Class-IV posts.

Reference:- OM No.GAD/MTGORBIV/63/2021-09-GAD dated19-10-2021 & 20-10-2021 of General Administration Department and letter No.SSB/Secy/Sel/Class-IV/2021/7103-11 dated 18-11-2021, of Secretary, J&K Services Selection Board.

Government Order No. 39 - JK(Cul) of 2021. Dated:- 22-10-2021.

Pursuant to the selection made by J&K Services Selection Board of the candidates against Class-IV posts and also on the basis of the CID verification received from the concerned Deputy Commissioners, the following candidates are hereby appointed as Class-IV employees in the pay level of SLI (14800-47100) Department of Libraries and Research, J&K .-

S.No.	Name	Parentage	Address
1.	Mohit Singh Kotwal.	Rameshwar Singh Kotwal.	House No. 17, Ward 01, Village Scanser, Bala, Doda.
2.	Vishal Manhas.	Sushil Kumar.	Nil village Shahrote, PO Nodinalla, Shahrote Doda.

The appointees shall report for joining in the Directorate of Libraries and Research, J&K, at Shri Ranbir Singh (SRS) library Kachi Chawni, Jammu and Shri Partap Singh (SPS) library at Maulana Azad road, Srinagar, as the case may be.

The appoiniers shall be allowed by the Director, Libraries and Research, J&K, to join only on production of the following certificates (in original) to be verified subsequently:

- Academic qualification certificates.
- Matriculation/Date of birth certificate
- Health Certificate from the concerned Chief Medical Officer of the District.
- Domicile Certificate.
- Certificate from the District Industries Centre (DIC) and District Employment & Counselling Centre to the effect that, no loan under the self-employment scheme has been availed by the appointee.
- Relevant category certificate.

The appointment of the above candidates shall be governed by "New Pension Scheme" as per SRO-400 of 2009 dated 24-12-2009 and their probation shall be governed by the Jammu and Kashmir Probationer (Condition of Service, Pay and Allowances) and Fixation of Tenure Rules, 2020 notified vide S.O 192 of 2020 dated 17-06-2020.

The inter-se seniority of the appointees shall be drawn in accordance with the merit secured by the appointees in the selection list prepared by the J&K Services Selection Board.

The appointments shall also be cancelled ab-initio, if it is found that the candidates are having higher qualification than the prescribed one, at any stage later on and they will also be liable for criminal prosecution. Further, if on verification the qualification certificate, reserved category certificate or any other certificate is found forged, false or fake by the concerned issuing authorities, the appointees shall have no claim for appointment and their services shall be deemed to have been terminated ab-initio.

The cadre allocated by the appointing authority/ J&K Services Selection Board shall not be changed under any circumstances by any authority/Department.

The candidates who fail to join within a period of 21 (twenty one) days from the date of issuance of the appointment order, shall forego their right to appointment which shall be deemed to have been cancelled ab-initio without any further notice.

The appointment of the above candidates shall be subject to outcome of writ petition(s), if any, pending before any competent Court of law/Tribunal, etc.

By order of the Government of Jammu and Kashmir.

No.Cul-AdmOGen/130/2021-01
Dated: 22 -10-2021
DIP/J-8440/21
Dated: 27-10-2021

Sd/- (Sarmad Hafeez), IAS, Secretary to the Government, Department of Culture

