

Talent Corner

Poem — Maharaja Hari Singh Ji

Last ruling Maharaja of our princely Union Territory,
Hari Singh was one of the bravest ruler in the Indian history.

He is still an inspiration of many,
Creating history of J&K, a personality, someone can rarely find any.

He was the ambassador of dogri culture,
Still he is remembered in form of his beautiful sculpture.

He was so kind to everyone,
Especially to J&K's people,
he was providing his rays and light as a sun.

On his birthday, let's gift him his dream,
Initiating to keep our beautiful UT J&K neat, green and clean.

Sahaj Sabharwal.

Poem — Oh My Teachers

Oh my Teachers, you always show your grace,
You are the great, no one can take your place.

When Times was tough
you did not give up,
From morning to noon
You came from classroom to zoom.

When outside was danger,
You were frontline worker,
You prove your nature,
That you are the teacher.

In every field you never hesitate,
Oh my teacher you are the great.

When nation calls, you always be ready.
During this Pandemic you helps needy.

Your selfless service
Always be honoured.
Your work round the clock will never be ignored.

I salute you zeal and passion,
I always respect you and your profession.

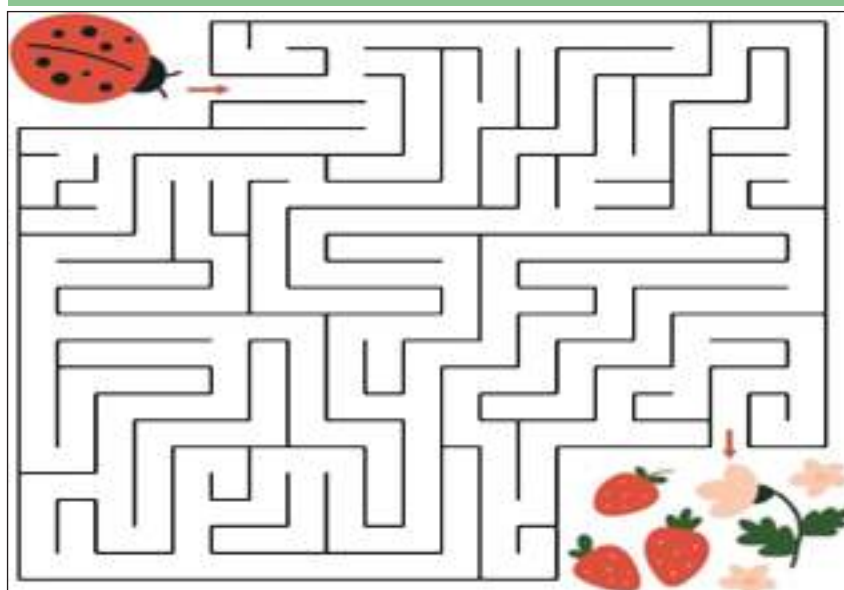
Satish Chandel,
Sr. Lecturer in Physics,
Govt. HSS Jakhbar (Kathua).

SUDOKU

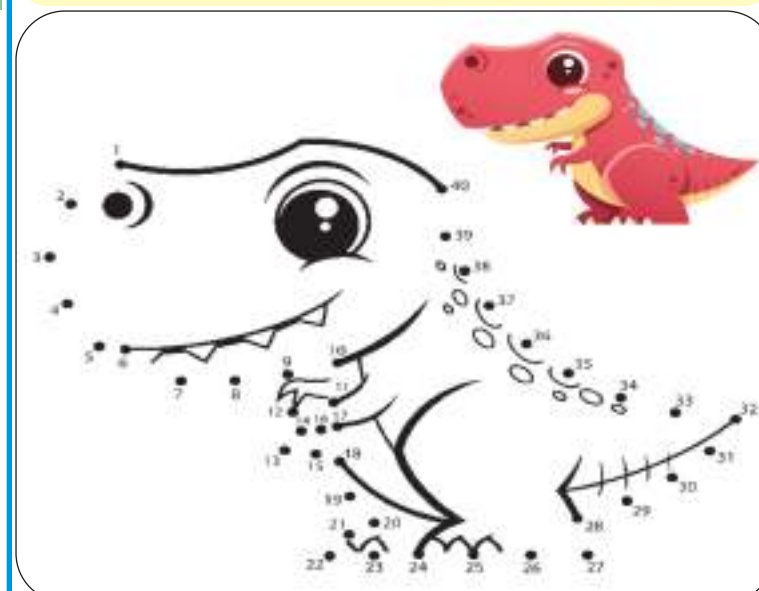
3							7	
		5				4		
6	8	1				7		2
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	4	7	9		1	2	3	
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1	6			9				
	7				6			

SOLUTION OF LAST WEEK SUDOKU								
6	3	5	9	7	2	1	8	4
4	7	2	8	1	3	9	5	6
8	9	1	4	5	6	2	3	7
7	8	6	3	4	1	5	9	2
9	1	4	5	2	7	3	6	8
2	5	3	6	8	9	4	7	1
5	2	7	1	3	8	6	4	9
1	4	9	7	6	5	8	2	3
3	6	8	2	9	4	7	1	5

MAZE



COMPLETE THE PICTURE



CAREER AID

Psychology

Psychology is a branch of science that deals with mental processes and behavior. It is the systematic study of human and animal behaviour, mind and thought. To pursue the career of a psychologist, one should have a genuine desire to help other human beings.

Psychology is mainly concerned with the way the mind works. Psychologists study the processes, motives, reactions, feelings and nature of the human mind. Their treatment is based on changing the behavioural patterns of the patients without medication. They do counseling and help people by bringing about changes in their thought process, thus improving their quality of life.

Psychologists need not have a medical degree. But they have to study several years to specialise in various aspects of psychology. One can pursue Psychology at the plus two level, graduate, post graduate and doctorate level. There are specialisations in many fields of psychology such as social psychology, child psychology, occupational psychology, clinical psychology, educational psychology, experimental psychology, etc.

Psychologists teach, practice and do research or work in one of the many branches of applied psychology. They apply their knowledge and techniques to a wide range of endeavors, including human services, management, education, law and sports.

Eligibility

Psychology is offered as a subject at the Plus Two or equivalent level with a combination of other social sciences and statistics. At the graduate level, one can study psychology as an Honors subject in most universities. After graduation, one can opt for an MA or MSc in Psychology, Social work or Counseling. Specialisations in the subject can be pursued at the post graduate level or at the doctoral level- M.Phil or Ph.D, after post graduation. At the master's and doctoral



level, education becomes increasingly specialized.

Post graduate courses in psychology are offered only to students who have graduated with psychology. Post graduate and doctoral degrees in Psychology puts emphasis on research. If your interest is in practice, i.e helping people with problems (counseling) you could opt for Psychology-related graduate programs such as education and social work

Colleges and Institutes:

Quantum University, Roorkee
Mandawar; 22 Km Milestone,
Roorkee – Dehradun Highway (NH – 73) ,
Roorkee (Haridwar Dist.) - 247167
Uttarakhand
Government College, Rhenock, East Sikkim
Rhenock, Rungdung, PO/PS – Rhenock Bazaar ,
East Sikkim (East Sikkim Dist.) - 737133
Salesian College Sonada Campus, Darjeeling
Ring Tong Tea Garden, Sonada ,

Darjeeling (Darjeeling Dist.) - 734209

West Bengal

Government General Degree College, Hooghly
Singur , Hooghly (Hooghly Dist.) - 712409

West Bengal

Maharani Lakshmi Ammanni College for Women :
Department of Psychology, Bangalore

18th Cross Road, Malleshwaram ,

Bangalore (Bengaluru Dist.) - 560012

Karnataka

Vision Institute Of Applied Studies, Faridabad

Plot No. 40, Sector-20B, Huda, Faridabad ,

Faridabad (Faridabad Dist.) - 121219

Haryana

St. Johns College, Agra

M.G. Road , Agra (Agra Dist.) - 282002

Uttar Pradesh

Avadh Girls PG College, Lucknow

20-A, Vikramaditya Marg ,

Lucknow (Lucknow Dist.)

Uttar Pradesh

Acharya Institute of Graduate Studies, Bangalore

Acharya Dr. Sarvepalli Radhakrishnan Road Acharya PO ,

Bangalore (Bengaluru Dist.) - 560 107

Karnataka

Tamil Nadu Open University: School of Social Science,

Anna Salai

School of Social Science, No 577,

Saidapet , Anna Salai (Chennai Dist.) - 600 015

Tamil Nadu

Manonmaniam Sundaranar University - Department of

Psychology, Tirunelveli

Department of Psychology Manonmaniam Sundaranar

University ,

Tirunelveli (Tirunelveli Dist.) - 627 012

Tamil Nadu

Government College for Women, Thycaud, Thycaud

Vazhuthacaud ,

Thycaud (Thiruvananthapuram Dist.) - 695014

Kerala

Fatima Mata College, Kollam

Kollam , Kollam (Kollam Dist.)

Kerala

If you have any ideas, poems, stories,
paintings that you would like to share with us,
please send it to the
STATE TIMES, AMPHALA, JAMMU, 180001
or send via email to statetimes1@gmail.com