

IMFA's Kathak Dance Deptt organizes seminar on 'Importance & uniformity of Nrity Hasta'

■ STATE TIMES NEWS

JAMMU: Kathak Dance Department, Institute of Music & Fine Arts (IMFA) University of Jammu on Monday organized seminar on the topic "The importance & uniformity of Nrity Hasta in Kathak Dance" at Brig. Rajinder Singh Auditorium, JU.

Dr. Meenakshi Kilam, Director DIQA and Rector Kathua campus was the Chief Guest whereas President Dogri Sanstha Jammu Prof. Lalit Mangotra was the Guest of Honour, Sunaina Sharma Mehta, Joint Director Tourism, Jammu and Dr Nasib Singh Manhas, former Director Doordarshan were the Special Guests.

In his welcome address, Prof. Shohab Inayat Malik, Principal IMFA assured that the department to impart both monetary and moral support as well as to keep pace with Kathak Arena of J&K UT.

In her key note address, Dr. Priya Dutta, HOD



Joint Director Tourism, Jammu, Sunaina Sharma Mehta and other dignitaries at a programme at Jammu University.

Kathak Dance Department (IMFA) disclosed that in Kathak Dance implementation of "Nrity Hasta" to yield fruitful result to design curriculum of Kathak Dance in schools, colleges and universities. On the occasion, students of Kathak Dance Department performed Ganesh Vandana and Parampragat Kathak designed and choreographed by Dr. Priya Dutta.

Prominent among those

who delivered their expressions over the medium were Dr. Parul Purohit, Prof. Bhawana Grover & Prof. Kumkum Dhar.

Dr. Meenakshi Kilam said that this type of seminars will definitely play an important role in the introduction of performing arts in our National Education Policy.

Sunaina Sharma Mehta on behalf of Tourism Department to do their best for the propagation & upliftment of Kathak

Dance in J&K UT to the fullest extent.

The proceedings of the seminar were conducted by Raj Kumar Behrupia & vote of thanks delivered by Dr. Priya Dutta. The organizing teams of this event including students were Dr. Priya Dutta with the other faculty members viz. Raj Kumar Behrupia, Vijay Kumar, Shivani Kapoor, Ankita Yadav, Prabhat Bali, Dr. Anjul Mittal & Ex-faculty member Purshottam Kumar.

EPFO Jammu organises "Nidhi Apke Nikat" Programme

■ STATE TIMES NEWS

JAMMU: "Nidhi Apke Nikat" and "Pension Adalat" for the month of September, 2022 were conducted by EPFO Regional Office, Jammu on Monday from 11:30 AM to 04:00 PM for the stakeholders of Jammu & Kashmir.

The EPFO is servicing the entire area from Jammu & Kashmir and Ladakh with regard to settlement of claims, redressal of grievances, and facilitating stakeholders and so on. Considering the large number of grievances and to ensure service delivery at doorstep, various online initiatives of EPFO such as balance enquiry, filing of online claims including transfer and Covid-19 advance claims and members' basic details were explained with hands-on demonstration. Govind Sahu, an employee of M/s Rizwan Enterprises appeared for transfer related matter that he didn't apply for transfer claims form No. 13 and was guided and initiated his claim form No. 13. Riha Mahajan attended the program with the grievance that she didn't have her UAN details with her. Though



PF Commissioner, Rizwan Uddin clearing employee's claim at Nidhi Apke Nikat programme.

the matters were taken up with J K EPFO and her UAN details were provided immediately on. Riha Mahajan had earlier worked with MetLife India Insurance Co. Pvt. Ltd. and Religare Health Insurance Company Limited.

Jashoda Rani from M/s BMO Health and Family Welfare, Jammu had appeared for correction in the member's profile. She was guided to fill up the form of Joint Declaration and the joint declaration was processed today from all levels. Nagina Manjhi had also appeared in the program for non-updating of her member's profile. Rizwan Uddin, PF Commissioner had

approved her correction in member profile through joint declaration forms.

Desh Raj from VCCL, Jammu attended the program and requested to check whether his PF accumulation is transferred from JKEPFO to EPFO, the solution was provided instantly.

Narayan Singh, an employee of M/s. Peregrine Guarding Pvt. Ltd. approached the programme for submission of transfer claim form No. 13. His transfer claim form No. 13 was received physically and in-warded the claim and Rizwan Uddin, P F Commissioner directed the concerned Official to process the claim immedi-

ately. Ravi, SSSA (the link official to regular dealing hand) processed the claim.

Saleem Ali's (Pensioner) son visited in the programme that his father's pension has not been started; he was guided to provide the requisite documents for commencement of monthly member pension.

Neeru Bala of Humanity Public School, Jammu appeared with a request that "joint declaration" form was not being signed by the Establishment (School).

School was directed to get the same sign and the Principal signed the paper on 10.10.2022. Death Case of Maryam Begum (whose son Faisal appeared in Nidhi Apke Nikat) would also be processed on 11.10.2022. S. Mini (DPA), Mukesh Kumar (Section Supervisor), Pranav Gupta (ASO), Pritpal Singh (ASO), Ravi Kumar (SSSA) and Shilpi, helped in smooth conduct of "Nidhi Apke Nikat" and "Pension Adalat" Programme.

The endeavor of 'Nidhi Apke Nikat' and "Pension Adalat" programme has always been to redress the maximum number of cases/grievances the same day or at the earliest.

DLSA Udhampur organizes awareness programme on World Mental Health Day



Secretary DLSA Udhampur Sub Judge Rajni Sharma and others at an awareness programme.

■ STATE TIMES NEWS

UDHAMPUR: Following the Common Minimum Programme provided by J&K Legal Services Authority, and under the chairmanship of Chairman District Legal Services Authority Udhampur Y.P. Bourney and overall supervision of Secretary, District Legal Services Authority, Udhampur Sub Judge Rajni Sharma, on Monday organized an awareness programme at Primary Health Centre Village Krimchi to commemorate

World Mental Health Day. The aim of the programme was to raise awareness about the Mental Health Issues sensitizing the common people regarding mental health issues and mobilizing efforts in support of mental health care to make it a reality for people worldwide.

The Resource persons of the programme were Panel Lawyers Advocate Akhil Dubey and Advocate Aakash Samotra.

The Resource persons threw light on the importance of this

day and encouraged all to de-stress their minds by engaging in various activities like Yoga, Meditation and Exercise.

Secretary DLSA Udhampur Rajni Sharma, thanked Doctors Dr. Ruchika and Dr. Nandita Mahajan and all the participants for the smooth conduct of the programme.

She also thanked the resource persons for enlightening the gathering about World Mental Health Day. PLV Rajinder Kumar was also present in the programme.

■ STATE TIMES NEWS

LEH: A meeting of scholars from different fields and communities was held in the Tashi Rabgias Memorial District Library Leh on Monday to form a Trust in the name of renowned Ladakhi scholar, historian and poet late Tashi Rabgias to carry forward his legacy to the young generations.

The trust was formed to spread the contribution of late Tashi Rabgias and to organise different activities such as publishing his works, spreading his literary works, and institution of scholarships to deserving students in his name.

One of late Tashi Rabgias' sons Tashi Gyaltsan, Engineer Wangyal Tsering, former Chief Editor, Academy of Art Culture and Languages and author Nawang Tsering Shakpo, Founder SECMOL/HAIL Sonam Wangchuk and President Anjuman Immamia Leh Ashraf Ali Barcha were nominated as



Trustees of Tashi Rabgias Memorial Trust.

board of trustees with many other scholars from different fields as trust members.

Sonam Wangchuk HIAL announced a contribution of Rs 3 lakh to start the works of the trust and author Nawang Tsering Shakpo announced a contribution of Rs 50,000 to the same cause.

Tashi Rabgias passed away in 2020 at the age of 93. His contribution in the literary field had been enormous. During his lifetime Tashi Rabgias worked with many government and non-government organisations in different capacities. He authored dozens of books

including the 'History of Ladakh'.

For his contributions in the field of literature, late Tashi Rabgias was awarded the Robe of Honour - 1971 by the erstwhile Jammu and Kashmir Government, for collecting more than 200 folk songs published by J&K Cultural Academy, Sahitya Academy Bhasha Samman in 1998, 1st Zings-tak Award by Ladakh Buddhist Association Youth Wing through the noble hands of H.H. The Dalai Lama in May-1999, Dogra Rattan - in October, 2007 for his contribution for the preservation and development of the

rich culture, heritage & language of the region, Honour of Citation and cash award by the Governor of the erstwhile J&K State on the occasion of Golden Jubilee of the Central Institute of Buddhist studies Leh, A cash award of Rs.35,000 by the Governor for the contribution in the field of development of Bhoti language and culture, State award-2008 of Rs.51,000/ with a shawl and a citation for contribution to literature, history and culture of Ladakh, International Festival of Buddhist Heritage of Ladakh: IFBHL-2014 "Life time achievement

award" in recognition of his unique contribution to the study and conservation of Ladakh's rich culture and its heritage, 'sPalnam Tuston award' by Ladakh Autonomous Hill Development Council Leh in 2017 for his life time service and contribution for preservation of rich culture, heritage & language of the region, Life time achievement award for his contributions in the field of Art, Culture & History on the occasion of '1st Himalayan Film Festival-2021' in U.T. Ladakh, and U.T. Ladakh State award posthumously on Republic Day-2022 with cash award of Rs.50,000.

Tashi Rabgias was the patron of the International Association for Ladakh Studies (IALS). While attending as the chief Guest of IALS conference in 2019, he was honoured with the Thangka Painting of 'Amitayus Buddha' Buddha of long life with prayer for his long life.

Maharudrabhishek Yagya, Hawan at Jagti for world peace on Oct 13

■ STATE TIMES NEWS

JAMMU: "The world needs healing just because people are cut off from their roots and are wandering in a lurch of calmness. This could only be possible if people get connected with their religion and create an atmosphere wherein religious rituals are performed and the entire atmosphere made conducive enough to make people concentrate and realise their full potential besides surrender before the God".

This was stated by Adiyogi Shri Goutam Swami who is going to perform 1008 Shiv Lingams Maharudrabhishek Yagya and Hawan in Mian Diddo Park near IIT Jagti Jammu on October 13, 2022



Adiyogi Shri Goutam Swami talking to reporters at Jammu.

with the aim to manifest peace, prosperity, unity and brotherhood in Jammu and Kashmir and also for the welfare and dignity of the citizens of J&K irrespective of caste, creed, region or religion. Adiyogi Shri Goutam

Swami in his press conference held here on Monday said that time has come to get back to roots, perform Yagya and Hawans with complete faith and rituals so that people get connected to their roots.

He informed that Maharudra Abhishek Yagya and Hawan of 1008 Shiv Lingams will be performed at Mian Diddo Park near IIT from October 13 to 23, 2022.

The Sthapna of Shiv Lingams will be on 13th of October 2022 and the culmination of the Rudra Abhishek Yagya and Hawan will be on 23rd of October 2022.

This will be followed by Shiv Puran & Geeta Path in the evenings for 11days Adiyogi Ji is performing Yagya Abhishek for the prosperity, unity and brotherhood of Jammu & Kashmir and all the community members.

VRS Union of J&KRTC urges LG to fulfil demands



VRS employees of J&KRTC raising slogans during a protest.

■ STATE TIMES NEWS

JAMMU: In protest against the delay in clearing the pending cases of VRS employees, the JKRTC VRS Union staged a demonstration outside Press Club Jammu under the leadership of its president Dev Raj

Bali. Speaking on the occasion, Bali strongly criticized the behaviour of the RTC Management and Transport Higher Authority towards VRS, GHS and superannuated

employees of J&KRTC.

"The Central Government is serious about our issue but the RTC Management and Transport Higher authority is taking our demands lightly," he

said. They demanded release of COLA arrears from January 1, 1999 to December 31, 2005, 6th Pay commission arrears from January 1, 2006 to March, 2012 and DA arrears from April 2012 to March, 2021.

Bali appealed to Narendra Modi, Prime Minister and Lt. Governor Manoj Sinha to solve their genuine demands as we are struggling for the last more than 10 years and in this long struggle 49 VRS employees have breathed their last as they could not afford medical treatment.

Surinder Singh, Sat Bhushan Singh, Deep Raj, B.B. Sharma, Ramesh, Ram Pal, Rajinder Sahni and others were present in the protest.

AOI conducts Breast Cancer awareness lecture in State Taxes Deptt



Additional Commissioner, Administration and Enforcement, Nitu Gupta and other dignitaries at an awareness programme.

■ STATE TIMES NEWS

JAMMU: With the motive to aware early detection for breast cancer, American Oncology Institute (AOI), on Monday started breast cancer campaign at State Taxes Department, here. It observed a gathering of around 100 women encouraging to not suffer in silence and get tested for

early detection. Those present at the activity were Nitu Gupta (Additional Commissioner, Administration and Enforcement) and Anayasa Nahi. The initiative was also joined by eminent Oncologist, namely Dr. Surbhi Kudyar (Consultant Surgical

Oncology, AOI Jammu), who delivered an awareness lecture on breast cancer. She also said that AOI Jammu is empanelled under Ayushman Bharat Scheme and is doing free of cost treatment regularly under this scheme. AOI encouraged mass for early testing for a quicker diagnosis.

KP migrant employees continue protest in Jammu for relocation outside Valley

■ STATE TIMES NEWS

JAMMU: Kashmiri migrant pandit employees, who are on a strike for the past nearly five months following the killing of their colleague by terrorists, on Monday staged a massive protest here, seeking their relocation outside the Valley.

The protest by Kashmiri migrant pandits, employed under the Prime Minister's package in the valley, intensified amid a recent order issued by the divisional administration in Kashmir, making biometric attendance compulsory for all government employees.

"They have stopped our salaries and now came out with this suppressive order to break our protest...We want govern-

ment to give us an assurance that no Kashmiri pandit will be targeted by terrorists in future and if they are not in a position to give such an assurance, please accept our demand and relocate us outside Kashmir, a protesting employee said.

He said they have been on protest for the past 151 days at the relief commissioner's office in Jammu and are not returning to the valley under the prevailing situation.

Hundreds of PM package employees belonging to the Kashmiri migrant community moved to Jammu following the killing of Rahul Bhat inside his office in central Kashmir's Budgam district on May 12.

DT President takes stock of facilities in temples at Srinagar

■ STATE TIMES NEWS

SRINAGAR: President of Jammu and Kashmir Dharmarth Trust, Advocate Ajay Gandotra has said that the Trust is taking due and proper care of the Samadhis of Late Maharajas of Jammu and Kashmir namely Maharaja Gulab Singh and Maharaja Partap Singh. He stated this while concluding his four day tour to Srinagar here today.

It is pertinent to mention here that he was on a visit to Srinagar on a special assignment of the Trust which included the supervision of the aforesaid Maharajas' Samadhis in the Valley.

The Dharmarth Trust President said that accompanied by the Additional Secretary of Dharmarth Trust Kashmir, Sandeep Khushoo, he visited the Shankaracharya and Gadhadhara Temples in the heart of Srinagar City and took stock of the facilities being provided to the visiting devotees. He also met the Trustees of Dharmarth Trust at Karan Mahal and briefed them about the functioning of the temples and Shrines falling under the realms of the Trust.

Advocate Gandotra informed that on the next day i.e, Oct 8 he visited Mata Kheer Bhawani Temple at Tulmulla and Shiv ji Temple at the famous health resort Gulmarg where he reviewed the arrangements and facilities made for the visiting devotees. He suggested to the



President JKDT, Advocate Ajay Gandotra performing Puja in a temple.

management of the temple to further enhance the facilities available at the aforesaid temples.

Today on the concluding day of his four-day tour, the Dharmarth Trust President visited the Shiv Temple at Pahalgam and also reviewed the facilities available there.

Advocate Gandotra, while expressing satisfaction over the arrangements and facilities in all the temples visited by him, said that the Jammu and Kashmir Dharmarth Trust is duty bound to provide the best facilities to the devotees making their sojourn in these temples an unforgettable lifetime spiritual experience.