

IMFA's Kathak Dance Deptt organizes seminar on 'Importance & uniformity of Nrutt Hasta'

STATE TIMES NEWS
JAMMU: Kathak Dance Department, Institute of Music & Fine Arts (IMFA) University of Jammu on Monday organized seminar on the topic "The importance & uniformity of Nrutt Hasta in Kathak Dance" at Brig. Rajinder Singh Auditorium, JU.

Dr. Meenakshi Kilam, Director DIQA and Rector Kathak campus was the Chief Guest whereas President Dogri Sanskrit Prof. Lalit Mangotra was the Guest of Honour, Sunaina Sharma Mehta, Joint Director Tourism, Jammu and Dr Nasib Singh Manhas, former Director Doordarshan were the Special Guests.

In his welcome address, Prof. Shohab Inayat Malik, Principal IMFA assured that the department to impart both monetary and moral support as well as to keep pace with Kathak Arena of J&K UT.

In her key note address, Dr. Priya Dutta, HOD

DLSA Udhampur organizes awareness programme on World Mental Health Day



Secretary DLSA Udhampur Sub Judge Rajni Sharma and others at an awareness programme.

STATE TIMES NEWS
UDHAMPUR: Following the Common Minimum Programme provided by J&K Legal Services Authority, and under the chairmanship of Chairman District Legal Services Authority Udhampur Y.P. Bourney and overall supervision of Secretary, District Legal Services Authority, Udhampur Sub Judge Rajni Sharma, on Monday organized an awareness programme at Primary Health Centre Village Krimchi to commemorate

World Mental Health Day. The aim of the programme was to raise awareness about the Mental Health Issues sensitizing the common people regarding mental health issues and mobilizing efforts in support of mental health care to make it a reality for people worldwide.

The Resource persons of the programme were Panel Lawyers Advocate Akhil Dubey and Advocate Aakash Samrotra.

The Resource persons threw

light on the importance of this

who delivered their expressions over the medium were Dr. Parul Purohit, Prof. Bhawana Grover & Prof. Kumkum Dhar. Dr. Meenakshi Kilam said that this type of seminars will definitely play an important role in the introduction of performing arts in our National Education Policy.

Sunaina Sharma Mehta on behalf of Tourism Department to do their best for the propagation & upliftment of Kathak

Dance in J&K UT to the fullest extent.

The proceedings of the seminar were conducted by Raj Kumar Behrupia & vote of thanks delivered by Dr. Priya Dutta. The organizing teams of this event including students were Dr. Priya Dutta with the other faculty members viz. Raj Kumar Behrupia, Vijay Kumar, Shivani Kapoor, Ankita Yadav, Prabhat Bali, Dr. Anjul Mittal & Ex-faculty member Purshottam Kumar.

Prominent among those

Joint Director Tourism, Jammu, Sunaina Sharma Mehta and other dignitaries at a programme at Jammu University.



Joint Director Tourism, Jammu, Sunaina Sharma Mehta and other dignitaries at a programme at Jammu University.

EPFO Jammu organises "Nidhi Apke Nikat" Programme

STATE TIMES NEWS

JAMMU: "Nidhi Apke Nikat" and "Pension Adalat" for the month of September, 2022 were conducted by EPFO Regional Office, Jammu on Monday from 11:30 AM to 04:00 PM for the stakeholders of Jammu & Kashmir.

The EPFO is servicing the entire area from Jammu & Kashmir and Ladakh with regard to settlement of claims, redressal of grievances, and facilitating stakeholders and so on. Considering the large number of grievances and to ensure service delivery at doorstep, various online initiatives of EPFO such as balance enquiry, filing of online claims including transfer and Covid-19 advance claims and members' basic details were explained with hands-on demonstration.

Govind Sahu, an employee of M/s Rizwan Enterprises appeared for transfer related matter that he didn't apply for transfer claims form No. 13 and was guided and initiated his claim form No. 13. Rihia Mahajan had also appeared in the program for non-updating of her member's profile. Rizwan Uddin, PF Commissioner directed the concerned Official to process the claim immedi-



PF Commissioner, Rizwan Uddin clearing employee's claim at Nidhi Apke Nikat programme.

the matters were taken up with J K EPFO and her UAN details were provided immediately on. Rihia Mahajan had earlier worked with MetLife India Insurance Co. Pvt. Ltd. and Religare Health Insurance Company Limited.

Jashoda Rani from M/s BMO Health and Family Welfare, Jammu had appeared for correction in the member's profile. She was guided to fill up the form of Joint Declaration and the joint declaration was processed today from all levels. Nagina Manjhi had also appeared in the program for non-updating of her member's profile. Rizwan Uddin, PF Commissioner had

approved her correction in member profile through joint declaration forms.

Desh Raj from VCCL, Jammu attended the program and requested to check whether his PF accumulation is transferred from JKEPFO to EPFO, the solution was provided instantly.

Narayan Singh, an employee of M/s. Peregrine Guarding Pvt. Ltd. approached the programme for submission of transfer claim form No. 13. His transfer claim form No. 13 was received physically and inwarded the claim and Rizwan Uddin, P F Commissioner directed the concerned Official to process the claim immedi-

ately. Ravi, SSSA (the link official to regular dealing hand) processed the claim.

Saleem Ali's (Pensioner) son visited in the programme that his father's pension has not been started; he was guided to provide the requisite documents for commencement of monthly member pension.

Neeru Bala of Humanity Public School, Jammu appeared with a request that "joint declaration" form was not being signed by the Establishment (School).

School was directed to get the same sign and the Principal signed the paper on 10.10.2022. Death Case of Maryam Begum (whose son Faisal appeared in Nidhi Apke Nikat) would also be processed on 11.10.2022. S. Mini (DPA), Mukesh Kumar (Section Supervisor), Pranav Gupta (ASO), Pritpal Singh (ASO), Ravi Kumar (SSSA) and Shilpi, helped in smooth conduct of "Nidhi Apke Nikat" and "Pension Adalat" Programme.

The endeavor of "Nidhi Apke Nikat" and "Pension Adalat" programme has always been to redress the maximum number of cases/grievances the same day or at the earliest.

Tashi Rabgias Memorial Trust formed



Trustees of Tashi Rabgias Memorial Trust.

STATE TIMES NEWS

LEH: A meeting of scholars from different fields and communities was held in the Tashi Rabgias Memorial District Library Leh on Monday to form a Trust in the name of renowned Ladakhi scholar, historian and poet late Tashi Rabgias to carry forward his legacy to the young generations.

The trust was formed to spread the contribution of late Tashi Rabgias and to organise different activities such as publishing his works, spreading his literary works, and institution of scholarships to deserving students in his name.

One of late Tashi Rabgias' sons Tashi Gyaltson, Engineer Wangyal Tsering, former Chief Editor, Academy of Art Culture and Languages and author Nawang Tsering Shakspor, Founder SECMOL/HAIL Sonam Wangchuk and President Anjum Imaima Leh Ashraf Ali Barcha were nominated as

board of trustees with many other scholars from different fields as trust members.

Sonam Wangchuk HIAL announced a contribution of Rs 3 lakh to start the works of the trust and author Nawang Tsering Shakspor announced a contribution of Rs 50,000 to the same cause.

Tashi Rabgias passed away in 2020 at the age of 93. His contribution in the literary field had been enormous. During his lifetime Tashi Rabgias worked with many government and non-government organisations in different capacities. He authored dozens of books

including the 'History of Ladakh'.

For his contributions in the field of literature, late Tashi Rabgias was awarded the Robe of Honour - 1971 by the erstwhile J&K State on the occasion of Golden Jubilee of the Central Institute of Buddhist studies Leh. A cash award of Rs.35,000 by the Governor for the contribution in the field of development of Bhoti language and culture, State award-2008 of Rs.51,000/ with a shawl and a citation for contribution to literature, history and culture of Ladakh, International Festival of Buddhist Heritage of Ladakh: IFBHL-2014 "Life time achievement

award" in recognition of his unique contribution to the study and conservation of Ladakh's rich culture and its heritage, 'sPalnam Tuston award' by Ladakh Autonomous Hill Development Council Leh in 2017 for his life time service and contribution for preservation of rich culture, heritage & language of the region, Life time achievement award for his contributions in the field of Art, Culture & History on the occasion of '1st Himalayan Film Festival-2021' in U.T. Ladakh, and U.T. Ladakh State award posthumously on Republic Day-2022 with cash award of Rs.50,000. Tashi Rabgais was the patron of the International Association for Ladakh Studies (IALS). While attending as the chief Guest of IALS conference in 2019, he was honoured with the Thangka Painting of 'Amritayus Buddha' Buddha of long life with prayer for his long life.

Maharudrabhishhek Yagya, Hawan at Jagti for world peace on Oct 13



Adiyogi Shri Goutam Swami talking to reporters at Jammu.

STATE TIMES NEWS
JAMMU: "The world needs healing just because people are cut off from their roots and are wandering in a lurch of calmness. This could only be possible if people get connected with their religion and create an atmosphere wherein religious rituals are performed and the entire atmosphere made conducive enough to make people concentrate and realise their full potential besides surrender before the God".

This was stated by Adiyogi Shri Goutam Swami who is going to perform 1008 Shiv Lingams Maharudrabhishhek Yagya and Havan in Mian Diddo Park near IIT Jagti Jammu on October 13, 2022

with the aim to manifest peace, prosperity, unity and brotherhood in Jammu and Kashmir and also for the welfare and dignity of the citizens of J&K irrespective of caste, creed, region or religion. Adiyogi Shri Goutam

Swami in his press conference held here on Monday said that time has come to get back to roots, perform Yagya and Hawans with complete faith and rituals so that people get connected to their roots.

AOI conducts Breast Cancer awareness lecture in State Taxes Deptt



Additional Commissioner, Administration and Enforcement, Nitu Gupta and other dignitaries at an awareness programme.

STATE TIMES NEWS
JAMMU: With the motive to aware early detection for breast cancer, American Oncology Institute (AOI), on Monday started breast cancer campaign at State Taxes Department, here. It observed a gathering of around 100 women encouraging to not suffer in silence and get tested for

early detection. Those present at the activity were Nitu Gupta (Additional Commissioner, Administration and Enforcement) and Anayasa Nabi. The initiative was also joined by eminent Oncologist, namely Dr. Subhini Kudiyar (Consultant Surgical Oncology, AOI Jammu), who delivered an awareness lecture on breast cancer. She also said that AOI Jammu is empanelled under Ayushman Bharat Scheme and is doing free of cost treatment regularly under this scheme. AOI encouraged mass for early testing for a quicker diagnosis.

He informed that Maharudra Abhishek Yagya and Hawan of 1008 Shiv Lingams will be performed at Mian Diddo Park near IIT from October 13 to 23, 2022. The Sthapna of Shiv Lingams will be on 13th of October 2022 and the culmination of the Rudra Abhishek Yagya and Havan will be on 23rd of October 2022.

This will be followed by Shiv Puran & Geeta Path in the evenings for 11 days Adiyogi Ji is performing Yagya Abhishek for the prosperity, unity and brotherhood of Jammu & Kashmir and all the community members.

Swami in his press conference held here on Monday said that time has come to get back to roots, perform Yagya Abhishek for the prosperity, unity and brotherhood of Jammu & Kashmir and all the community members.

"They have stopped our salaries and now came out with this suppressive order to break our protest...We want govern-

ment to give us an assurance that no Kashmiri pandit will be targeted by terrorists in future and if they are not in a position to give such an assurance, please accept our demand and relocate us outside Kashmir, a protesting employee said.

He said they have been on protest for the past 151 days at the relief commissioner's office in Jammu and are not returning to the valley under the prevailing situation.

Hundreds of PM package employees belonging to the Kashmiri migrant community moved to Jammu following the killing of Rahul Bhat inside his office in central Kashmir's Budgam district on May 12.

STATE TIMES NEWS

JAMMU: Kashmiri migrant pandit employees, who are on a strike for the past nearly five months following the killing of their colleague by terrorists, on Monday staged a massive protest here, seeking their relocation outside the Valley.

The protest by Kashmiri migrant pandits, employed under the Prime Minister's package in the valley, intensified amid a recent order issued by the divisional administration in Kashmir, making biometric attendance compulsory for all government employees.

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Advocate Gandotra informed that on the next day i.e., Oct 8 he visited Mata Kheer Bhawani Temple at Tulmulla and Shiv ji Temple at the famous health resort Gulmarg where he reviewed the arrangements and facilities made for the visiting devotees. He suggested to the

said. They demanded release of COLA arrears from January 1, 1999 to December 31, 2005, 6th Pay commission arrears from January 1, 2006 to March, 2012 and DA arrears from April 2012 to March, 2021.

Baljeet Singh, Sat Bhushan Singh, Deep Raj, B.B. Sharma, Romesh, Ram Pal, Rajinder Sahni and others were present in the protest.

Surinder Singh, Sat Bhushan Singh, Deep Raj, B.B. Sharma, Romesh, Ram Pal, Rajinder Sahni and others were present in the protest.

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employees of J&KRTC.

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management of the temple to further enhance the facilities available at the aforesaid temples.

Today on the concluding day of his four-day tour, the Dharmarth Trust President visited the Shiv Temple at Palgam and also reviewed the facilities available there.

Advocate Gandotra, while expressing satisfaction over the arrangements and facilities in all the temples visited by him, said that the Jammu and Kashmir Dharmarth Trust is duty bound to provide the best facilities to the devotees making their sojourn to these temples an unforgettable lifetime spiritual experience.

DT President takes stock of facilities in temples at Srinagar



President JKDT, Advocate Ajay Gandotra performing Puja in a temple.

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