

# Tourism Dept organises 'Dance platform Season 1' in Jammu



Dancer group performing in the Dance Platform Event.

## ■ STATE TIMES NEWS

JAMMU: The Department of Tourism, UT, J&K in collaboration with Bee True Trade on Sunday organized a one Day Dance Platform Event here in the Teachers' Bhawan Gandhi Nagar. The purpose of the event was to create awareness amongst the younger generation about the fatal consequences of drug menace and encourage them to be part of 'War on Drugs'. The event was held as a part of the Nasha Mukht Bharat Abhiyan, which was recently launched by the Government of India.

The event also provided an opportunity to the people of Jammu to be united and take a stride towards making Jammu 'Nasha Mukht' and

commit ourselves towards a drugs free society.

To make society free from all kinds of harmful addictions and drug abuse, the Nasha Mukht Bharat Abhiyan was launched to focus on Institutional support and also on community outreach programmes in 272 identified Districts. The department of Tourism is also organizing activities which are beneficial for the society and keeps the younger generation aware about the ill practices prevalent in the communities. Similar activity was organized during the recently concluded Surinsar Mansar Lake Festival at Surinsar.

The Dance platform Season 1' event at Gandhi Nagar

Jammu was attended by Vivekanand Rai, Director Tourism, Jammu as Chief Guest, Suniana Sharma Mehta, Joint Director Tourism Jammu, Prof. Manoj Dhar, Former Vice Chancellor University of Jammu. Besides, the event was attended by prominent personalities such as Dr. Vinod Sharma, Director Ram Nagar Campus, University of Jammu, Javed Ahmed, Dy. Sp. Operations, Jammu, Albeena Malik, Dy. Sp. Railways Jammu.

Also the event was witnessed by famous Bollywood Choreographer Kartik Raja who travelled all the way from Mumbai to City of Temples and also gave a mesmerizing special performance on the occasion.

Scintillating performances were presented by the young achievers from various districts of Jammu region. Achievers of national and international repute also presented spell bound performances on Gymnasium, semi classical, Dogri folk, contemporary and other popular dance forms.

# ISA Jammu Branch celebrates World Anesthesia Day



President ISA Jammu branch, Dr Anita Vig Kohli and other dignitaries at a programme.

## ■ STATE TIMES NEWS

JAMMU: On October 16, nations around the world celebrate World Anaesthesia Day to mark the discovery of anaesthesia 176 years ago, which allowed patients to endure surgical procedures without feeling any pain. To commemorate this day, a function was organized on Sunday under the aegis of Indian Society of Anesthesiologists (ISA), Jammu branch wherein doctors from GMC Jammu ASCOMS, NH Katra, DH Gandhi Nagar and GMC Kathua and other peripheral hospitals participated.

Dr Anita Vig Kohli, President ISA Jammu branch welcomed the gathering and presented the Annual Report besides highlighting the theme of this year's Anesthesia Day 'Medication Safety'. Dr Anita aksi highlight-

ed the role of speciality of Anesthesia on World Anesthesia Day. A CME was also organized on Renal Transplant where speakers from GMC Jammu and ASCOMS Batra Dr Ashwani, Dr Arti, Dr Junaid and Dr Benish deliberated about the details of management of transplant case. In addition newer anesthetic drugs in market were also discussed. Senior members of Association, Dr Gurneet Singh was felicitated with Life Time Achievement Award. Others present were Prof Anju Rajput, Prof & Head Deptt of Anesthesia GMC Jammu, Dr Nandita Sethi Prof & Head ASCOMS, Prof Satya Dev, Dr Daljeet Charak along with other leading anesthesiologists. Dr Anjali Mehta presented a vote of thanks.

# ANTF arrests two interstate drug-smugglers, recovers huge quantity of Charas

## ■ STATE TIMES NEWS

JAMMU: Continuing its efforts to eradicate the menace of drug trafficking from its gross root level under the Nasha Mukht Bharat Abhiyan, Anti-Narcotic Task Force (ANTF) of Jammu and Kashmir (J&K) Police, specialized unit to check rising menace of drugs, on Sunday foiled a bid to smuggle commercial quantity of Charas worth lakhs of rupees and arrested two inter-state drug peddlers.

Senior Superintendent of Police (SSP) ANTF Jammu, Vinay Kumar said, "On specific information that one Creta Car bearing registration No. HR29AV-3483 driven by Amit Kumar, son of Ram Kumar along with associate namely Ombir, son of Balraj both, resident of Gorar, Tehsil Kharkhoda, District Sonapat, Haryana with common criminal intention has concealed huge quantity of Charas in the Car are coming from Kashmir Valley and going out of J&K UT via Jammu."

"On this information, a case FIR No.14/2022 u/s 8/20/29 NDPS Act was registered at



ANTF J&K team arresting drug smugglers and recovering Charas during a Naka.

Police Station ANTF Jammu and ANTF team immediately swung into action and laid Naka at near NHW Bag-e-Bahu Morh Jammu," he added.

SSP ANTF J&K Kumar further said, "The above-mentioned Car was stopped by the alert ANTF team and during search, ANTF sleuths recovered 17,500 Kgs of Charas from the Car."

"The accused persons have been arrested in the instant case and car used in the commission of crime has been seized," SSP ANTF J&K said adding that Preliminary inves-

tigation revealed that the arrested drug peddlers were going to sell the same contraband among the youth and other drug peddlers at Mumbai, Maharashtra.

ANTF is investigating forward and backward links of this racket, the officer said, adding, "more arrests are expected in this regard."

"The Anti-Narcotic Task Force appeals to the general public to share information regarding such drug dealers so that appropriate legal actions are taken against them and this menace is uprooted from our society," he added.

# JJSF activists start fast to pay tributes to student martyrs

## ■ STATE TIMES NEWS

JAMMU: To commemorate and pay homage to the student martyrs of 1966 who laid down their lives to protect the dignity and honour of the Dogras, four Jammu Joint Students' Federation (JJSF) activists sat on a three-day fast on Sunday. Early in the morning JJSF activists led by Pushvinder Manhas President, Atul Sudan, Vice President JJSE, Prof Rajesh Gupta Principal GGM Science College, staff members along with students of the college lighted lamp at Shaheed Sthal and offered garlands at Shaheed Sthal dedicated to



JJSF activists and others paying tributes at Shaheed Sthal.

martyrs Gursharan Singh, Brij Mohan, Gulshan Handa and Subash Chander. Federation activists Kanav Sharma, Rahul Sharma, Raghu Nandan, and Abhishek observed a fast at Shaheed

Sthal, Government Gandhi Memorial Science College, Jammu. Every year, the activists of the federation observe three-day fasts on October 16, 17 and 18 to pay homage to the student martyrs of 1966. Pushvinder Singh, federation president, said the student martyrs of 1966 were an inspiration for us as they laid down their lives while fighting for the rights of the

people of the Jammu region.

Vice President, JJSF, Atul Sudan, in his address to the media said that they have administered pledge at Shaheed Sthal today to carry forward the movement of martyr students against the unending discrimination with students and youth of Jammu.

He appealed to all students to join hands against this movement against injustice.

While paying tributes to the student martyrs, Anshu Sharma President MAM College said that their sacrifice should be recognized by all it is all because of them we are studying in different colleges and universities.

Rahul Sharma, Anshul Choudhary, Pranav Sharma, Aghav Arora, Akhil, Yuvraj, Sourav were others present at Shaheed Sthal.

# Amandeep Hospital celebrates 2000 successful Robotic Knee Replacements



Dr. Avtar Singh Chief Orthopaedic Surgeon Amandeep Hospital and other doctors at a programme.

## ■ STATE TIMES NEWS

AMRITSAR: In a consequential event, Amandeep Hospital commemorated a monumental milestone as Dr. Avtar Singh (Chief Orthopaedic Surgeon) successfully performed 2000 robotic knee replacements.

Interestingly, he is the world's first Punjabi Surgeon to perform robot-assisted knee replacement surgery.

On Sunday, the hospital hosted a celebration at Holiday Inn Hotel, Amritsar, to mark this huge accomplishment.

Dr. Avtar Singh has performed over 25,000 joint replacement surgeries during the last 30 years. On top of that, he has treated countless patients with more than 1.25 lakh orthopaedic surgeries to date.

Certainly, performing 2000 robot-assisted surgeries is another feather in the cap for Dr. Singh.

The event was graced by Dr. Inderbir Singh Nijjar (Cabinet Minister of Local Govt., Parliamentary Affairs, Punjab) as the Chief Guest. Moreover, Dr. Ajay Gupta (MLA, Amritsar Central) and Hockey Legend Brigadier Harcharan

Singh arrived as Guests of Honour. Speaking with the guests, Dr. Avtar Singh said, "This achievement is not just about numbers, but the lives we have changed and the pain we have alleviated with our technology." He added, "Next-generation robotics technology is an innovative tool that allows us to improve patient outcomes and reduce complications significantly. The recovery time is also faster as compared to traditional treatment methods."

It's worth noting that Amandeep Hospital is one of the region's largest healthcare centres for orthopaedic surgery. It is a leading chain of multispecialty hospitals for joint replacement surgery in India. Dr. Avtar Singh has been instrumental in creating this legacy.

# Councillor starts drains repair work in Ward 3



Councillor Ward 3, Narotam Sharma inaugurating development works.

## ■ STATE TIMES NEWS

JAMMU: Councillor of Ward No 3, Narotam Sharma, on Saturday inaugurated repair works of lanes and drains worth Rs 5 lakh in different areas of his wards.

Narotam Sharma in presence of senior leaders of the BJP including State Vice President BJP Yuvir Sethi and East Mandal President Parveen Kerni started the works.

Narotam informed that there was long pending demand of the residents of the area to

repair these lanes and drains and completion of these works provide a sigh of relief to the inhabitants.

He said he would left no stone unturned for providing quality roads, lanes and drains to his people.

Other people present and spoke on the occasion include Amit Khanna Ward 3 President, Vidya Devi, Anuradha Sharma, Sanjay Abrol, Subash Chandrar Sharma, Ravinder Gupta and Darshan Kumar.

# Jammu based reserved category employees pay tribute to Puran Bhat, protest enters 138th day

## ■ STATE TIMES NEWS

JAMMU: All Jammu Based Reserved Category Employees Association, Kashmir (AJBRCEAK) continued protest on 138th day for demand of suitable comprehensive transfer policy.

The employees on Sunday paid floral tribute to Late Puran Krishan Bhat, who was martyred by terrorists at Shoptian yesterday.

Protesters asked the government to take the immediate action to transfer the minority employees from Kashmir to Jammu without any delay as these



Jammu based reserved category employees paying tributes to Puran Bhat during a protest at Jammu.

employees are not in such a position to perform their duties in Kashmir.

One of the parent of employees reiterated that if their son will go to Kashmir to resume his duty, then after few days

they will surely get dead body of their son wrapped in a coffin.

The employees are ready to offer mass resignation if their demand of transfer policy will not be fulfilled by LG administration.

# Dogri Sanstha holds Shradhanjali Samaroh to pay tributes to Sahitya Academy Awardee Dr Manoj



President Dogri Sanstha, Dr. Lalit Mangotra speaking at Shradhanjali Samaroh.

## ■ STATE TIMES NEWS

JAMMU: Dogri Sanstha on Sunday held Shradhanjali Samaroh of Sahitya Academy Awardee and Retd Associate Professor of Government Medical College Jammu, Dr. Manoj here at Dogra Bhawan.

Tributes were paid by eminent writers, poets and friends on the occasion. Addressing the gathering, President of Dogri Sanstha, Dr. Lalit Mangotra said Dr. Manoj was not only an eminent doctor by profession but a visionary writer as well. His first ever written book 15-Kahania which fetched him a Historical Sahitya Academy award ever in the history of Sahitya Academy of 60 yrs first time ever father-Son recipient in one family.

Sahitya Academy Awardee of 2018, Shiv Mehta showered tributes on the departed soul and praised that his possessiveness towards human being will be remembered during time memorials. Sudesh Raina, family friend who has served as an ex employee of All India Radio Jammu, added that Dr Manoj always came to Radio Station for talks as a writer and contributed to society with his enriched knowledge of facts of literature. His Late father Dinu Bhai Pant is known as founding father of Dogri.

His grandson, Sachit said besides his tastes of writing he was a loveable grandpa. TMF Chairman, Vijay Sharma bid him tearful adieu by singing his written and composed song on the occasion.

# PDA, SMVDU trudge Patnitop-Sudh Mahadev Spiritual Trail

## ■ STATE TIMES NEWS

UDHAMPUR: A group of young trekkers on Sunday trudged the 'Spiritual Trail' from Patnitop to the highly revered Shaivite Centre of Sudh Mahadev as part of the ongoing 'Visit Patnitop' event series. Organised by Patnitop Development Authority, in collaboration with Shri Mata Vaishno Devi University and supported by the Department of Tourism J&K, and District Administration Udhampur, the trek was flagged off from Nag Temple by Parkash Chand, BDC Chairman Chenani, Thakur Sher Singh, CEO PDA, and Nagendra Singh Jamwal, Registrar, SMVDU. The Spiritual Trail of approximately 12 kms followed the famous pilgrimage route in use since ancient times to reach Sudh Mahadev-Mantalai pilgrimage centre.

Among the Nag temples dotting the Himalayas, the Nag temple which was the starting point for the trek, is largely made of stones instead of widely available Deodar wood.

En-route, the trekkers visited Gauri Kund Temple, dedicated

to Bhagwan Shiv and Mata Parvati, where Mata Parvati is believed to take her daily bath in the natural spring.

Here, the trekkers savoured traditional Dogri cuisine called 'lham'.

The destination, Sudh Mahadev Temple is home to the ancient Shiv Trident, on which an inscription is engraved in Brahmi script dating back to Gupta period. This pilgrimage centre has been devotedly nurtured and developed over centuries by the erstwhile Chenani Kings. On reaching Paap Naashni Baoli, which has exquisite stone carvings on its walls, depicting social and religious themes, the trekkers witnessed the history etched in stones. The students and faculty of SMVDU, hailing from Jammu and Kashmir, and states like Andhra Pradesh, Uttar Pradesh, Rajasthan, Haryana, Delhi, Punjab and Bihar, were overwhelmed as the whole experience brought thrilling views along with the mystical enigma of Bhagwan Shiv. 'The 'Spiritual Trail' passing through Nag Temple, Karlah, Gorja Mama, Gali

Talai, Gouri Kund, Sudh Mahadev is a blend of adventure, trekking, nature and spiritual retreat," said Thakur Sher Singh, CEO PDA.

Nagendra Singh Jamwal, Registrar, SMVDU, said, "This enticing trek from Patnitop, does not just invite the adventure enthusiasts but also those seeking self-discovery or spiritual retreat amidst a serene setting."

The event series 'Visit Patnitop' was kicked off recently by Patnitop Development Authority in continuation of its efforts to promote the all-encompassing beauty of nature and adventure tourism potential of Patnitop Tourism Circuit. During the trek, trekkers from SMVDU and a team of PDA collected the waste from the route under the PDA initiative 'Carry the trash back'. Late evening, CEO PDA and BDC Chairman felicitated the participants.

They invited travellers, trekkers from all over the country and abroad to explore the beautiful landscape of Patnitop 'Tourism Circuit from Sanasar to Basantgarh.