

## Ranbir Kapoor wants Alia Bhatt to get back to work soon after their baby; here's why



Alia Bhatt and Ranbir Kapoor are soon going to be parents and their baby shower pictures has left the fans in awe of them. And now this latest revelation made by Alia in an interview said that her beloved hubby and Bollywood actor Ranbir wants her to get back to work soon after her delivery. Mrs Kapoor reportedly said that Ranbir had told her 'Baby you can work from this month and I will stay home, adding further she revealed that Ranbir Kapoor has already decided on everything on when among them who will work and who will take off and be with the baby. Isn't that just adorable?

BollywoodLife had exclusively revealed to you that how Ranbir Kapoor is working on his daddy skills already and now this revelation made by mommy to be Alia only proves RK cannot contain his excitement to see his baby and we feel him. BollywoodLife had quoted exclusively, "Ranbir Kapoor will be taking at least 6 month's break after the arrival of the baby and has decided to spend maximum time with the baby and Alia, as that will be the most precious time and he doesn't want to miss it for anything and that is the is finishing all the shoots as only Animal and Luv Ranjan's film is left. He will shoot for Brahmastra after the baby will be at least of 6 months and Alia will too hit back to work."

Ranbir and Alia are right now at the top of their game thanks to their latest release Brahmastra that has got spectacular response from the audiences and fans and they definitely cannot wait to see them together onscreen once again. Alia Bhatt's due date in December reportedly and the excitement in the Kapoor and Bhatt family has no boundaries.

## Court convicts former Patwari in trap case for demanding & accepting bribe

### STATE TIMES NEWS

Srinagar: The Court of Special Judge, Anti Corruption, Anantnag convicted an official namely Abdul Aziz Wagay, then Patwari Kreeri Shangus, District Anantnag in a trap case registered vide FIR No.02/2009 at Police Station VoK now (ACB) under section 5(2) PC Act and Section 161 of RPC. The accused was sentenced simple imprisonment for a period of 18 months under section 5(2) of J&K Prevention of Corruption Act and a year under section 161 RPC and a fine of Rs 10,000 and Rs 5000 under each offence for demanding and accepting Rs 500 from complainant for issuance of revenue extract.

As per brief facts of case, on 31-1-2009, complainant approached Sr. Superintendent of Police Vigilance Organization Kashmir (now ACB South Kashmir) with a complaint alleging therein that when he approached Patwari Halqa Kreeri Shangus, Abdul Aziz Wagay for obtaining Revenue Extract (Fard Intikhab) of land mutated in his favour and his brother after the death of his father, he demanded Rs 1000 as bribe which was settled to be paid on January 1, 2009 and requested for legal action against said Patwari Halqa Kreeri Shangus.

On receipt of complaint, a case was registered and investigation taken-up, during which a trap team was constituted including an independent witness, Gupta and Rana dis-

which caught Patwari Abdul Aziz Wagay red-handed for demanding and accepting bribe of Rs 500 from complainant. After completion of investigation, charge-sheet was filed before the competent court.

The trial of case was under adjudication before the Court of Special Judge Anti-Corruption Anantnag. The trial court after examining the prosecution witnesses and hearing the Special Public Prosecutor and Defence Counsel convicted the accused.

## Former Director IARI calls on LG Mathur

### STATE TIMES NEWS

Leh: Former Director, Indian Agricultural Research Institute (IARI), HS Gupta and Country Representative, India Office, Alliance of Bioversity International, Jai C Rana, called on the Lieutenant Governor of Ladakh, RK Mathur, in New Delhi on Wednesday.

Gupta and Rana dis-

cussed various plans for the development of Ladakh, including mainstreaming of native crops of Ladakh, its biodiversity, integrated approach to develop agriculture and Ladakh-specific solutions. They also discussed developing a holistic approach with a focus on sustainability and developing Ladakh as an organic region.

## Bootlegger nabbed with 15 bottles of illicit liquor

### STATE TIMES NEWS

Jammu: In an act of alertness, Police arrested a bootlegger and recovered 15 bottles of illicit liquor from his possession.

As per details, dedicated police teams of Police Station Kahnachak constituted under supervision of SDPO Domana Sunil Singh and led by SHO Police Station Kahnachak Inpsr Rahul Mahajan laid a special Naka near Mishriwala and rounded up a suspect namely Satish Kumar Ladher, son of Murat Ram, resident of Behasda Tehsil and Distt Janjgir Champa (Chhattisgarh) presently staying at Asarwan Tehsil Bhalwal. During search, 15 bottles of illicit liquor was recovered from his possession. The accused was arrested and FIR No. 129/2022 under section 48(f) of Excise Act was registered at Police Station Kahnachak. The overall arrest and recoveries were made under the supervision of SP Rural Sanjay Sharma.

## 2 drug-peddlers arrested with heroin

### STATE TIMES NEWS

Jammu: Continuing drive against drug trafficking and substance abuse, Jammu Police recovered 5.5 gm heroin at a surprise Naka under jurisdiction of Police Station Miran Sahib and arrested two drug-peddlers.

As per reports, a team from Police Station Miran Sahib constituted under the supervision of SDPO R S Pura Surinder Singh and led by SHO Miran Sahib Inpsr Zaheer Mushtaq while on naka duty at Dak Banglow Marallian rounded up two suspects on a vehicle (JK02DA 4808). During search, 5.5 gm heroin was recovered from accused who were later identified as Rakesh Kumar alias Bunty, son of Amarnath, resident of Marallian Tehsil R.S.Pura and Chirag Atri alias Chetan, son of Vaid Ram, resident of Chack Jaralan, Tehsil Bishnah. Both were arrested and FIR No. 134/2022 under sections 8/21/22/29/60 of NDPS Act was registered at Police Station Miran Sahib.

## Vaishno Devi pilgrim falls from moving train, dies

### STATE TIMES NEWS

Jammu: A Vaishno Devi pilgrim died today after falling from a running train in Bajalta area of city outskirts.

According to a police spokesperson, a female identified as Saloni (27) wife Gautam Gupta resident of E-Shastri Nagar Delhi along with her family was on her way to the base camp Katra in North Sampark Kranti, when she fell from the train near Tunnel number 30 in Panthal areas adjoining Katra and died on the spot.

The body of the deceased was shifted to Government Hospital in Katra, where after conducting postmortem, it was handed over to its legal heirs for last rites.

A case in this regard has been registered and further investigations started.

## Excise sleuths destroy 1,300 Kg Lahan

### STATE TIMES NEWS

Kathua: Under the supervision of Excise Commissioner, Pankaj Kumar Sharma and Deputy Excise Commissioner (Executive), Jammu Kusum Sharma, Excise Team Kathua under the command of ETO, Virender Kumar Inspector Excise Razi Ahmed, Amit Sharma, SI Bodh Raj, Sanjeev Kumar, JP Sharma, Head Excise Guard Naginder Kumar and Excise Kewal Krishna raided the Kangrey, Mirpur Jaggu and Upper Sakta-Chakk areas of Kathua district to arrest the menace of illicit distillation.

In the process, more than 1300 kg of Lahan, which is extremely dangerous and injurious to health, was recovered by the raiding team from the land in the fields and later destroyed on the spot.

## Pathaan actor Shah Rukh Khan ropes in an international director to train Aryan Khan?

Shah Rukh Khan is one of the biggest superstars in the Indian film industry. His kids have grown up and now, everyone is keen to know when they will make their acting debut. While Suhana Khan is already shooting for her debut The Archies, it is not yet revealed whether when and with which film Aryan Khan will make his debut. However, there have been reports that before exploring himself as an actor, Aryan is keen to do something behind the camera. There were reports that he is working on a web series to be produced by Red Chillies Entertainment.

There's no official announcement about the series, but now, according to a report in Pinkvilla, Shah Rukh Khan has roped in Israeli director Lior Raz of Fauda fame to train Aryan Khan. A source told the portal that Aryan is working on a script with a bunch of writers for a web series to be produced by Red Chillies Productions, and one of the writers is Lior Raz. The source added that the work on the project has already begun and it may start rolling by the end of the year. Reportedly, Aryan wants to learn the process of filmmaking, and before becoming a director, he wants to start his career as a writer. Well, if this report turns out to be true it will be interesting to see a web series written by Aryan Khan.



## Pushpa 2: Is Arjun Kapoor a part of Allu Arjun-Rashmika Mandanna starrer?

Pushpa starring Allu Arjun, Rashmika Mandanna and Fahadh Faasil was one of the biggest hits of 2021. The film released in the end of the year set the box office on fire. And now, everyone is super excited for its sequel. Pushpa 2 is a highly-anticipated film and every update about it is making fans wait difficult. Recently, rumours had it that Bollywood star Arjun Kapoor is going to be a part of Pushpa 2. Many names are getting associated with the film and Arjun's was one of them. But is he really a part of Pushpa 2?

In an interview with Pinkvilla, the producer of the film Naveen Yeremi has cleared the air. He has shared that all the reports about Arjun Kapoor being a part of Pushpa 2 are false. It was being rumoured that Arjun Kapoor is going to play a cop in Pushpa 2. However, the producer clarified that the role is being played by Fahadh Faasil as per the first part. The producer also revealed that the shooting for the film will begin by the end of this month. Pushpa got Allu



Arjun and Rashmika Mandanna massive success in their film career.

## SSH's CTVS Deptt organises CME & Vascular Anastomosis course

### STATE TIMES NEWS

Jammu: The Deptt of CTVS,SSH organised one day CME & workshop on 'Vascular Anastomosis'. It was inaugurated by the Principal and Dean Govt Medical College Jammu Dr Shashi Sudan Sharma. While speaking on the occasion, she appreciated the efforts of the Deptt. of CTVS & asked the Organizing Secretary Dr Arvind Kohli to make the course a regular affair for imparting these skills to the post graduates, Registrars and DNB trainees. She advised the Medical Superintendent Dr Manoj Chalortra to explore the feasibility of creating a skill lab. in the SSH itself. She advised the Deptt to make a roster for trainings in such a manner so that all the Postgraduates of Surgical disciplines after joining the Institute complete the course by the end of first year. More than 75 delegates registered for this course which included teaching tutorials by luminaries of vascular surgery from around world and India like Dr Nandan Haldipur and Dr Willy Pillai from Doncaster UK, Dr VS Bedi Chairman IVES from SGRH New Delhi and Dr Gurjit Singh ex HOD CTVS GMC,



Principal and Dean GMC Jammu Dr Shashi Sudan Sharma and others during a workshop.

Jammu.

The experts explained about principles of vascular suturing instruments and exposures of major vessels and vascular control and techniques of vascular suturing. In the 2nd half, the delegates got hands on training on vascular suturing on work stations and were taught skills by faculty comprising of Dr I A Mir, Dr Arvind Kohli, Dr Shyam Singh, Dr Mohit Arora, Dr Vivek Gondatra, Dr Javed Bandey and Dr Rouf Gul.

Dr Noor Ali Principal GMC Doda and HOD CTVS appreciated the efforts of the Faculty for conducting of the Vascular course.

Dr Arvind Kohli emphasized the need for skill enhancement of the trainee doctors and said these hands on courses are very important in the career and skill learning of the trainees.

HoDs of Cardiology, Urology, Neurosurgery, Orthopedics & Senior Faculty were also present on the occasion & complimented the Deptt. for conducting the CME & the workshop.

## Woman gang-raped

### STATE TIMES NEWS

Jammu: A woman was gang-raped by some persons when she came to the relatives house at Domana, falling under the jurisdiction of Domana police station.

According to the information, a complaint was given to the police on behalf of a woman in which she told that she had gone to her relatives house in Domana where she was called by four people who kidnapped her and taken away and gang-raped her and ran away.

Acting over the complaint, a case was registered at Domana Police Station and investigation started.

## Six people die in mishaps

### STATE TIMES NEWS

Jammu: Six people have died in different areas of the city. Police have registered a case in this regard and further action has been started.

According to the information, a person was hit by an unknown vehicle in Nehru Market area in which he was seriously injured. He was taken to GMC for treatment but succumbed to injuries. Police have registered a case in this regard and started further action.

Apart from this, one person has died due to electrocution in Kanachak area. He was identity Pankaj Sharma, son of Kamal Sharma, resident of Kagrail.

Police say that a case has been registered in this regard.

One person has died in suspicious condition in Residency Road area. He has been identified as Vishal Sharma, son of Bachan, resident of Prem Nagar.

A few days back, Garib Das son Babu Ram resident of Nagari was injured in an accident in the city area. He was admitted to the hospital for treatment, who succumbed to injuries today.

Apart from this, a person was found dead on the roadside in Nagrota area. His body has been kept in the hospital.

## Three absconders arrested

### STATE TIMES NEWS

Jammu/Rajouri: Police has arrested three absconders who were evading arrest from a long time at different places in J&K. As per reports, information was received at Police Station Bahu Fort through reliable sources regarding an absconder who was evading arrest since 10 years in FIR No. 41/2012 registered under sections 341/382 of RPC at Police Station Bahu Fort. On this special police teams of Police Station Bahu Fort under the supervision of SDPO East Sayed Abbas Jafari were constituted. A team led by SHO Bahu Fort Insp. Nayat, after putting in strenuous efforts, raided at suspected place and arrested accused namely Semab Ahmed, son of Ahmed Hussain Khan, resident of Harni Gursai and was produced in the Court of Sub Judge Judicial Magistrate Jammu.

Meanwhile, Rajouri Police has also arrested two absconders wanted in different cases at Thannamandi and Dharamsal police stations. As per details, accused Manzoor Hussain, son of Wazir Hussain, resident of Saaj Thannamandi was wanted in FIR No 84/2014 registered under sections 498A, 109 of RPC at Police Station Thannamandi and was absconding since 2014. A general warrant of arrest under section 512 of CrPC was also issued by JMIC Thannamandi against accused. A team headed by SHO Thannamandi Mohd Shokat apprehended accused who was produced before the court of law. Recently, a team of police station Dharamsal led by SHO Manpreet Singh arrested an absconder namely Sabra Hussain, son of Mohd Azeem, resident of Dara Dullian in Poonch Haveli who was wanted in FIR No 38/2016 registered under sections 279, 304A.

## Recipes

### Gluten-free Tahini Cookies



#### Ingredients

3/4 cup powdered buckwheat (kuttu)

4 tablespoons tahini

1/3 teaspoon baking soda

sesame seeds as required

4 tablespoons maple syrup

1/2 cup ground almonds

1 teaspoon vanilla essence

#### Method:

To prepare these amazing cookies, take a bowl and mix maple syrup, tahini and vanilla essence until fully combined and there are no lumps remaining in your mixture.

Mix in ground almonds until fully combined. In a separate bowl, combine sifted buckwheat flour and baking soda. Add it to the tahini mixture in 3 batches. The mixture will be thick and sticky so it's best to use your hands.

Divide dough into 12 even pieces. Roll each piece into a ball and dip it in a plate of sesame seeds (if using), press the ball down with a bottom of a glass to create a 1/2 cm thick 5 cm (2) in diameter disc.

Once you get all the discs coated in sesame seeds. Put them into the fridge for about 40 minutes. When it's 30 minutes in, pre-heat the oven to 175°C / 350°F.

Bake in a hot oven for 10-12 minutes. Remove the biscuits from the oven, transfer them to a cooling rack and let them cool down completely before eating.

#### Tips:

You can also store these cookies in an airtight container in the refrigerator.