

Maa Brahmacharini — The second manifestation of Maa Durga

Maa Brahmacharini is the second manifestation of Maa Durga who is worshipped on the second day of Navratra. Here word "Brahm" refers to "Tapa". So Brahmacharini means Tapa Charini - The one who performs Tapa or penance. It is said that the "Vedas", "Tatva" and "Tapa" are synonyms of word "Brahm". The form of Brahmacharini is tremendously effulgent and extremely majestic.

Brahmacharini
She holds a rosary in her right hand and Kamandalu in her left. She personifies love and loyalty. Mata Brahmacharini is store-house of knowledge and wisdom. Rudraksha is her most adorned ornament. When she was incarnated as the daughter of Himalaya, then influenced by the instructions of Devrishi Narada, she practiced very hard penances in order to obtain Lord Shiva as her divine consort. Due to her unearthly penances she was termed as Brahmacharini. She spent one thousand years, only on fruits and beet-roots. One hundred years she spent only by eating leafy vegetables.

For a sufficient period of time observing complete fast she suffered tormenting of nature like torrential rains and scorching sun and biting cold, under the open sky. After such a difficult routine she lived only on dry Bilva Pattaras (leaves) fallen on the ground for three thousand years. She kept herself engrossed for twenty-four hours in worshipping Lord Shiva. After that she gave up eating even these dry leaves. For several thousand years she went on without any food and water. Because she gave up eating dry Bilva leaves so she was known to be Aparna as one of her epithets.

After the hardship of penance for several thousand years her body became extremely lean and thin. She was reduced to skeleton only. Her penance, sharpened as it was, caused great disturbance in all the three worlds. The whole universe was shaken. The Gods, the Rishis, the Siddhas, the Munis all eulogised her penance as an unprecedented virtuous action.

Ultimately Lord Brahma through an oracle addressed her and said to her in a very pleasant manner-O Goddess, so far nobody has ever practiced such an austere penance. Only you could have done it. This wonderful deed is being praised in all the four quarters. Your desire would be fulfilled. You will decidedly get Lord Shiva as your divine consort. Now stop your penance and go home. Your father would be shortly coming to take you back.

Legend states that in a previous birth she was Parvati Hemavati the daughter of Himvan. Once when she was busy in games with her friends, Naradaji came to see her and on reading her hand/palm-lines Narad Muni stated that, "You will get married with a naked-terrible 'Bhole Baba' who was with you in the form of Sati, the daughter of Daksh in previous birth. But now you have to perform penance for him."

There upon Parvati told her mother Menaka that she would marry none except Shambhu, otherwise she would remain unmarried. Saying this she went to observe penance. That is why her name is famous as Tapacharini - Brahmacharini. From that time her name Uma also became familiar. She is the one who practices devout austerity. Filled with bliss and happiness, she is the way to emancipation - Moksha. 'Brahma' here refers to the meditative aspect of Brahmacharini and is always depicted as pious women or Sannyasin.

She is also worshipped as Goddess Tara and is associated with the pious form of Goddess Shakti. She is believed to be that aspect of Mother Goddess, which was present in Sati and Goddess Parvati, when they both did intense austerities to get Lord Shiva as husband.

During the penance Mata Parvati did in order to gain Lord Shivji as her consort for thousands of yrs. without eating even leaves she was called 'Aparna'. Seeing her body her mother uttered U-ma and so she is also called 'Uma'.

Her worship increases sacrifice, good deeds and restraint in humans. Rudraksha is her most adorned ornament. In some regions, Goddess Chamunda Swarup of Durga is worshipped on the second day of Navratra.

In this form she is believed to have killed the demons Chanda and Munda. There is a famous Chamunda Mata Temple at Jodhpur.



NAVRATRA SPECIAL RECIPE

Singhade Ke Aate Ki Kadhi



Ingredients

- 1 tablespoon water chestnut flour
- 1/2 teaspoon red chilli powder
- 1 dash sugar
- 1 tablespoon coriander leaves
- 1/2 teaspoon cumin seeds
- 7 leaves curry leaves
- 1/2 cup yoghurt (curd)
- sendha namak as required
- 1 cup water
- 1 tablespoon ghee
- 2 dry red chili

Method:

To make this dish, take a medium bowl and whisk together yoghurt, water chestnut flour (singhare ka atta), sendha namak, red chilli powder and sugar. Whisk it really well until the yoghurt is smooth.

Now, add water to the bowl of Kadhi batter and whisk again to mix.

Now, put a saucepan or a cooker on medium flame and pour the batter into it. Keep stirring very frequently until it comes to a simmer to avoid curdling. Then, let the Kadhi simmer for 5-8 minutes or until it thickens.

At the end of the simmering process, heat ghee in a small pan on medium heat. Once hot, add cumin seeds and let them sizzle a bit.

Then, add dried red chillies and curry leaves in the tempering and fry for 30-40 seconds.

Immediately, add this tempering to the simmering kadhi and mix well. Lastly, garnish with chopped cilantro and serve with Rajgira/Kuttu ki Poori.

CONTINUED FROM PAGE 4																
Roll No.	Registration No.	Name	Category	Age	DOB	Gender	Religion	Education	Qualification	Exam Date	Exam Time	Exam Venue	Exam Type	Exam Status		
67-KMR	2596443	2010092	FAHREEN RAOOF	RAOOF JOHN BHAT	04-05-1999	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	56.5	17-10-2023	K1
68-KMR	2610750	2020146	ADIL YOUSUF	MOHD YOUSUF SHEKH	28-09-1997	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	EWS/OM	56.5	17-10-2023	K1
69-KMR	2598902	2010208	TABASUM ASLAM	MOHD ASLAM GANIE	16-12-1986	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	56.25	17-10-2023	K1
70-KMR	2602350	2020138	TEHREEM AYUB	MOHAMMED AYUB	05-01-2000	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	56.25	17-10-2023	K1
71-KMR	2598014	2020100	MUNEER AHMAD BAG	GH NABI BAG	11-03-1993	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	56.25	17-10-2023	K1
72-KMR	2595947	2020221	SAGIB MOHJUDIN	GH MOHI UD DIN ITOD	08-04-1999	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	56.25	17-10-2023	K1
73-KMR	2604182	2010389	SYED UBAID NAZIR	SYED NAZIR AHMED	21-01-1996	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	56	17-10-2023	K1
74-KMR	2605293	2020253	AADIL FAROOQ	FAROOQ AHMAD DAR	14-09-1994	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	56	17-10-2023	K1
75-KMR	2597967	2010044	SHAH FAISAL	GHULAM MOHD	31-10-1993	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	55.75	17-10-2023	K1
76-KMR	2609803	2020149	FARHANA SHABNAM	SHOWKET AHMAD SHAH	29-10-1995	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	55.75	17-10-2023	K1
77-KMR	2602679	2020022	UMER JAN	MUSHTAQ AHMAD KHAN	05-03-1997	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	55.5	17-10-2023	K1
78-KMR	2595865	2020113	AFSHANA MAJEED	ABDUL MAJEED DAR	10-06-2003	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	55.25	17-10-2023	K1
79-KMR	2601148	2020324	MUSKAN BASHIR	BASHIR AHMAD WANI	03-04-2002	NO	0	0	0	NO	DIV. KASHMIR/006	0	RBA/OM	54.5	17-10-2023	K1
80-KMR	2606758	2010068	AASFA RASOOL	GH RASOOL DAR	20-11-1993	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	54.25	17-10-2023	K1
81-KMR	2597806	2020201	BILAL AHMAD PALAW	GH HASSAN PALAW	04-11-1994	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	54.25	17-10-2023	K1
82-KMR	2597335	2020034	SHABANUM BANO	ALI MOHAMMAD RESHI	01-01-1996	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	54	17-10-2023	K1
83-KMR	2609273	2010350	AAQIB BASHIR KHAGA	BASHIR AHMAD KHAGA	18-06-1996	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	53.75	17-10-2023	K1
84-KMR	2604322	2010346	MOHAMMAD IRFAN WANI	ABDUL RASHID WANI	05-01-1996	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	53.75	17-10-2023	K1
85-KMR	2596843	2010393	JODI FAROOQ	FAROOQ AHMAD BHAT	15-05-2003	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	53.75	17-10-2023	K1
86-KMR	2596985	2010012	RIFAT ZAFAR LONE	MOHAMMAD ZAFAR LONE	15-01-1992	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	53.75	17-10-2023	K1
87-KMR	2612480	2020314	YOUNUS AHMAD WAGAY	GHULAM QADIR WAGAY	10-10-1994	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	53.75	17-10-2023	K1
88-KMR	2600655	2020154	SHAHID UL ISLAM	ALI MOHAMMAD BATHER	01-11-1998	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	53.5	17-10-2023	K1
89-KMR	2605340	2010177	SHAMIR BASHIR	BASHIR AHMAD SOFI	10-10-1995	NO	0	0	0	NO	DIV. KASHMIR/006	0	OM	53.25	17-10-2023	K1
90-KMR	2606107	2020242	AYIAZ AHMAD WANI	ABDUL GANI WANI	25-10-1989	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	53.25	17-10-2023	K1
91-KMR	2604224	2020297	SOUHBA ALTAJ	MOHAMMAD ALTAJ RATHER	15-04-2002	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	53	18-10-2023	K1
92-KMR	2604860	2020271	UTTA RASHID	AB RASHID BATHER	11-02-1998	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	52	18-10-2023	K1
93-KMR	2598346	2010053	HARIS AFZAL	MOHAMMAD AFZAL RESHE	09-04-1996	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	52	18-10-2023	K1
94-KMR	2603075	2020290	MUJIB AFZAL	MOHAMMAD AFZAL BHAT	01-07-1997	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	51.5	18-10-2023	K1
95-KMR	2598801	2020316	YOUNIS ALI	ALI MOHD NENKROO	03-10-1986	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	51.5	18-10-2023	K1
96-KMR	2599188	2020266	SHAZIA BASHIR	BASHIR AHMAD BHAT	11-12-1997	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	51.5	18-10-2023	K1
97-KMR	2597342	2010398	MOHAMMAD DEVAS	FAROOQ AH LONE	15-12-1995	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	51.25	18-10-2023	K1
98-KMR	2599457	2020175	SHANAZA ASLAM	MOHAMMAD ASLAM MIR	15-04-2002	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	51.25	18-10-2023	K1
99-KMR	2599493	2020330	IQRA GULL	GHULAM MOHAMMAD WANI	01-03-1997	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	51.25	18-10-2023	K1
100-KMR	2595965	2020340	RABIA MAJEED	ABDUL MAJEED WANI	18-03-2001	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	51.25	18-10-2023	K1
101-KMR	2600780	2010071	ABBAR HUSSAIN KHAN	ZAHID HUSSAIN KHAN	11-07-1992	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	50.75	18-10-2023	K1
102-KMR	2602744	2020282	ZIYA HUSSAIN	MOHAMMAD HUSSAIN MIR	10-11-1991	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	50.75	18-10-2023	K1
103-KMR	2606822	2010339	ARIF ALI ALI	ALI MOHAMMAD MIR	03-03-1996	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	50.5	18-10-2023	K1
104-KMR	2600758	2020002	IQRA NASIR	NASIR AHMAD NASOODI	15-06-1999	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	50.5	18-10-2023	K1
105-KMR	2603107	2020164	MUZAMIL QADIR RATHER	GH QADIR RATHER	08-10-1992	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	50.5	18-10-2023	K1
106-KMR	2597754	2020339	SHAHIDA KHAN	MOHD YOUSUF KHAN	30-12-1988	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	50.5	18-10-2023	K1
107-KMR	2608493	2020086	ESHAN MUSHTAQ NAJAR	MUSHTAQ AHMAD NAJAR	01-01-1998	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	SOCIAL CASTE/OM	50.5	18-10-2023	K1
108-KMR	2598005	2020234	OWAIS SHAIK	MEHRAJ UL DIN PANDITH	16-07-1994	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	50.25	18-10-2023	K1
109-KMR	2607668	2010161	GHULAM MOHAMMAD MALIK	ABDUL GAFFAR MALIK	15-06-2000	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	RBA/OM	50	18-10-2023	K1
110-KMR	2608186	2020215	MOHD SALEEM MALIK	MUSHTAQ AHMAD MALIK	07-03-1990	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	50	18-10-2023	K1
111-KMR	2605386	2020187	TAWFIQ AHMAD NAIK	AB HAMID NAIK	05-07-1993	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	49.75	18-10-2023	K1
112-KMR	2609117	2010341	JUNAIDA HABBIB	HABBIB ULLAH MIR	02-03-1993	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	49.5	18-10-2023	K1
113-KMR	2596333	2010401	SHUJAT ABBAS BHAT	REYAZ AHMAD BHAT	14-11-1997	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	49.5	18-10-2023	K1
114-KMR	2595864	2020207	SHFAQ HAFIZ DAR	HAFIZ ULLAH DAR	07-02-1994	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	49.5	18-10-2023	K1
115-KMR	2603826	2020278	SAMEER TARIQ	TARIQ AHMAD PATHAN	02-06-1999	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	49	18-10-2023	K1
116-KMR	2597949	2010299	SHAHID MANSOOR	PZ MANSOOR AHMAD SHAH	11-03-1997	NO	0	0	0	NO	DIV. JAMMU/005	DIV. KASHMIR/006	OM	48.75	18-10-2023	K1
117-KMR	2605533	2010368	SAGIB ALI MIR	ALI MOHAMMAD MIR	07-09-20											