

AIIMS Jammu expands surgical services with successful Thyroid Tumor Surgery



AIIMS Jammu doctors team after performing successful Thyroid Tumor Surgery

STATE TIMES NEWS
JAMMU: AIIMS Jammu is committed to excellence under the leadership of Prof (Dr) Shakti Kumar Gupta, ED and CEO of AIIMS Jammu. As part of its ongoing efforts to enhance surgical services, AIIMS Jammu achieved a significant milestone on September 27, 2024, with the successful removal of a thyroid gland tumor by the Department of ENT. This procedure, known as a thyroidectomy, was expertly conducted by a dedicated ENT surgical team comprising Dr. Amardeep Singh (Associate Professor), Dr. Darwin Kaushal (Additional Professor), Dr. Akriti Mahajan (Senior Resident), and Dr. Muskan Rao (Junior Resident). The anaesthesia team, which played a crucial role in

ensuring the operation's success, included Dr. Sunana Gupta (Additional Professor), Dr. Raksha Kundal (Associate Professor), Dr. Pallavi Bhabra, and Dr. Sakshi Gupta (Senior Residents). The introduction of specialized thyroid care at AIIMS Jammu comes at a time when there is a notably high prevalence of thyroid disorders, particularly in the regions of Jammu & Kashmir, Himachal Pradesh, and Punjab. Many patients in these areas suffer from thyroid swellings, often seeking medical intervention for reasons ranging from cosmetic concerns to more serious conditions such as compressive symptoms, malignancies, and other thyroid-related disorders. AIIMS Jammu, with its state-of-the-art facilities and highly skilled surgical team, is fully equipped to manage both routine and complex thyroid surgeries, ensuring patients receive the highest standard of care. With its capacity to handle a wide range of thyroid-related surgeries, AIIMS Jammu is poised to offer timely and effective treatment to patients across the region. This development not only marks a significant expansion in the institute's surgical capabilities but also underscores AIIMS Jammu's commitment to providing advanced healthcare solutions to the community. In conclusion, the launch of specialised surgeries at AIIMS Jammu is expected to deliver substantial benefits, including improved patient outcomes through earlier diagnosis and treatment. It also represents a major step forward in enhancing healthcare infrastructure in the region, contributing to both patient welfare and the professional growth of the medical staff involved.

CS visits Assembly Complex; reviews development works



Chief Secretary, Atal Dulloo visiting Legislative Assembly Complex Srinagar.

STATE TIMES NEWS
SRINAGAR: Chief Secretary, Atal Dulloo, on Monday visited the Legislative Assembly Complex Srinagar to assess its final readiness for holding sessions after culmination of the ongoing assembly elections in the Union Territory. During his visit to the complex, the Chief Secretary took round of the Assembly Hall, Meeting Halls, as well as the chambers designated for the Speaker, Deputy Speaker and others. He also reviewed functionality of the sound system, internet connectivity and other amenities necessary for smooth functioning of the complex. The Chief Secretary issued directions regarding upgrades to be made in communication network in meeting halls to ensure holding of video conferencing along with making other improvements. While inspecting the ongoing works, he emphasised upon maintaining the quality simultaneously while completing the same within the given deadline. He also enquired about the upgradation works in MLA hostels in the twin cities saying that they should be equipped with improved facilities. He said that both of them should be made fully functional before the culmination of current election process. Director Estates Department, Tariq Ahmad Ganai, apprised the Chief Secretary of the works completed besides those being executed.

Bal Sant Sahil Maharaj will flag off Holy Charri Yatra-2024

STATE TIMES NEWS
JAMMU: Bal Sant Shri Sahil Ji Maharaj will flag off the 42nd Chhari Yatra of Shiv Sena (UBT) from the famous Shri Raghunath Ji temple in Jammu on October 2. Party J&K chief Manish Sahni on Monday met Bal Sant Shri Sahil Ji Maharaj at his residence and cordially invited him. Sahni said that the Holy Chhari Yatra will depart from Shri Raghunath Ji temple on October 2 in the form of Shobha Yatra as per the mythological Yatra route. Bal Sant Shri Sahil Ji Maharaj will flag off and Raj Daluja (Chief Editor, State Times) will be pres-



Shiv Sena (UBT) J&K chief Manish Sahni meeting with Bal Sant Shri Sahil Ji Maharaj.

ent as a Special Guest. Sahni said that the Yatra will reach the religious city of Katra via Kol Kandoli (first darshan), Deva Mai (second darshan) as per the mythological Yatra format. On October 3, on the first auspicious Navratri, Chhari Poojan and Darshan of Maa with full rituals in the court of Mata Vaishnodevi will be performed. Sahni has appealed to the devotees to be a part of the Yatra and receive the blessings of the Maa Bhagwati. Sahni said that pray at the feet of Maa Bhagwati for the prosperity, progress, peace and mutual brotherhood of the country and Jammu and Kashmir.

Awareness Program on Drug Abuse organized by ANTF Team

STATE TIMES NEWS
JAMMU: Under the Nasha Mukta Bharat Abhiyan, the Anti-Narcotics Task Force (ANTF) team of Kashmir organized an awareness program on drug abuse at Girls High School in Jammu on Monday. The event saw the participation of approximately 100 students and staff members, emphasizing the importance of addressing drug-related issues among youth. The session was led by SSP ANTF Raj Kumar, who highlighted the critical need for awareness around the dangers of drug abuse. He emphasized that the primary aim of the program is to educate students about the perils of substance misuse and to foster a drug-free



SSP ANTF Raj Kumar addressing students at awareness programme.

society. During the program, students were encouraged to engage in sports and other healthy activities as preventive measures against drug abuse. SSP Raj Kumar urged the

Swachhata Hi Seva and Special Campaign 4.0: actions taken by CISP

STATE TIMES NEWS
NEW DELHI: CISP is set to implement Special Campaign 4.0 in two phases: the Preparatory Phase from 16 to 30 th September 2024, followed by the Implementation Phase from 2nd to 31st October 2024. Comprehensive instructions have been disseminated to all CISP formations and units across India to enhance awareness about the Swachhata campaign, with specific cleanliness targets assigned to each unit. This year's Special Campaign aims to achieve saturation of cleanliness across all CISP offices, reinforcing the commitment to a clean and hygienic environment. The initiative not only focuses on improving the overall cleanliness of government facilities but also aims to enhance public interactions, fostering a positive experience for citizens engaging with government offices. Special emphasis is placed on units and offices with significant public interfaces, ensuring that these areas reflect the highest standards of cleanliness. During the Preparatory Phase, significant

steps have been taken to address pending matters, including six references from Members of Parliament. Additionally, 4,170 physical files have been identified for review, which will continue throughout the Implementation Phase. To further bolster cleanliness efforts, 400 sites have been earmarked for cleanliness initiatives, with Nodal Officers appointed to oversee these actions. An additional 58 sites will also be identified to broaden the scope of the cleanliness drive. As part of the campaign, the CISP is promoting community involvement and encouraging personnel to participate actively in cleanliness activities. This not only aims to create a cleaner environment but also to instill a sense of responsibility and ownership among staff and the communities they serve. Regular monitoring and feedback mechanisms will be established to assess progress and ensure the campaign's goals are met effectively. Through these coordinated efforts, the CISP is committed to fostering a culture of cleanliness and sustainability, ultimately contributing to a healthier and more efficient public service.

Navratras Festival: SP South Jammu conducts interaction-cum-awareness session with stakeholders

STATE TIMES NEWS
JAMMU: In view of Navratras starting on October 3, 2024 Jammu and Kashmir Police in Jammu district under the directions of SSP Jammu, conducted a meaningful meeting with all the stakeholders of Bage e Bahu Mandir. The meeting was chaired by SP South Jammu, Ajay Sharma and attended by SDPO East Shezan Bhat, SHO Bage e Bahu Insp Vijay Verma, IC PP Mandir SI Lekhray Sharma, President Minibus Union, President Auto Union, Parking Incharge, various Sewadar organisations, Mandir Prabandhak Committee members, president Bage e Bahu market union.

The awareness cum interaction was related to prevailing security scenario in the JKUT, roles and responsibilities of stakeholders towards strengthening mechanism to manage the huge rush of devotees during Navratras to the important religious place of pilgrimage like Babe Wali Mata temple complex and adjoining area. Latter, SP City South alongwith SDPO City East Jammu, SHO Bagh e bahu, Incharge PP Mandir toured the whole temple market, surrounding areas, fort complex and main temple premises and interacted with the stakeholders to make them aware about the role and responsibilities of citizens, shop keepers, devotees, volunteers in ensur-



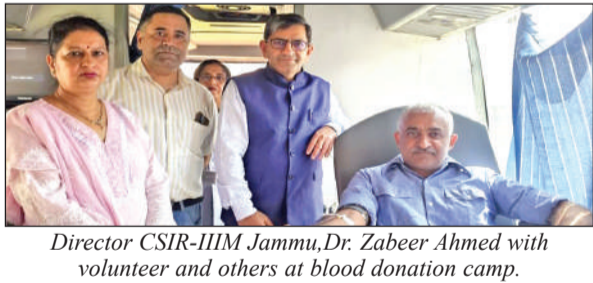
SP South Jammu, Ajay Sharma chairing a meeting.

ing safe and smooth Navratras rush keeping in view the present prevailing security Scenario. He requested them to inform Police about any suspicious activity/person/object and be a part of larger security grid of Jammu Police. All important phone numbers were shared with the public, shopkeepers and devotees including the numbers of PCR Jammu. SP South requested the shopkeepers and president Market union to install more CCTV Cameras and increase the storage capacity of already installed DVRs and check their functionality regularly. Later on, SP South,

participants to remain vigilant and stay away from drugs, promoting a lifestyle centered around physical fitness and mental well-being. Additionally, the attendees were informed about the importance of sharing information regarding drug peddlers and smugglers with law enforcement agencies. This initiative aims to empower students to take an active role in combating the drug menace in their communities. The program also encouraged students to disseminate the knowledge gained with their peer groups, fostering a culture of awareness and vigilance. By educating themselves and their friends, the students can play a vital role in creating a more informed and resilient society.

IIIM organizes Blood Donation Camp

STATE TIMES NEWS
JAMMU: As part of "National Voluntary Blood Donation Day", which falls on 1st October, the CSIR-Indian Institute of Integrative Medicine (IIIM), Jammu, in collaboration with the Department of Blood Transfusion Medicine, Govt. Medical College, Jammu, organized a Blood Donation Camp in the campus of IIIM here today, in which more than 30 units of blood were collected by the team of GMC, Jammu. During the camp, staff members, research scholars



Director CSIR-IIIM Jammu, Dr. Zabeer Ahmed with volunteer and others at blood donation camp.

and students actively participated and donated the blood for the welfare and safety of the humanity. Speaking on the occasion, Dr. Zabeer Ahmed, Director, CSIR-IIIM, Jammu, told that blood donation is one of the best ways to thank the humanity and God. Besides, saving precious lives of our fellow citizens during the tough time, it helps the donor by activating the bone marrow, lower blood pressure and other various health benefits.

Further, appreciating the donors and team of medical and para-medical staff of IIIM and GMC, he said, blood donation is a noble cause; everyone should take part voluntarily. We will also organize such type of camps in the future for the wellbeing of humanity, he added. The camp was organized under the supervision of Dr.(Mrs.) Renu Bala and her team from Govt. Medical College, Jammu, while coordinated by Dr. Amit Sharma, Sr. Medical Officer, & Dr. (Mrs.) Anju Gupta, Medical Officer of IIIM. Prominent

among others were also present during the camp, Er. Abdul Rahim, Chief Scientist & Head, RMBD & IST Division, Vikram Singh, Senior Controller of Administration, Dr. Asha Chaubey, Sr. Principal Scientist & Head, FMB Division, Dr. Dhiraj Vyas, Sr. Principal Scientist & Head, PSA Division, Dr. Sumit Gandhi, Sr. Principal Scientist & Head ID Division, Dr. Deepika Singh, Principal Scientist & Head, QMI, Division and Rajesh Gupta, Administrative Officer.

GMC DODA bids farewell to Amjad Ali



GMC Doda according farewell to Amjad Ali Shokeen, Nursing Superintendent.

STATE TIMES NEWS
DODA: Government Medical College (GMC), Doda on Monday bid farewell to Amjad Ali Shokeen, Nursing Superintendent, who attained superannuation today after rendering 39 years of service. During the farewell ceremony, the officers and officials of GMC Doda wished Amjad for his post retirement life, while recalling his outstanding contribution to the department.

Information Dept bids farewell to Spl Secy Suram Chand on his superannuation



Information Dept officials according farewell to Suram Chand Sharma, Special Secretary.

STATE TIMES NEWS
JAMMU: The Information Department on Monday organized a heartfelt farewell ceremony for Suram Chand Sharma, Special Secretary Information at Civil Secretariat here, who retired from service today after an illustrious service career. The farewell event was graced by Rehana Batul, Secretary, Information

Department, along with Pawan Singh Rathore, Special Secretary, Din Mohammad, Deputy Secretary, and several other senior officers and officials of the department. The dignitaries lauded the significant contributions made by Suram Chand Sharma during his tenure, recognizing his dedication and service to the department

and the people of Jammu & Kashmir. Suram Chand Sharma JKAS 2001 batch joined as Dist. Information Officer Kathua and served the DIPR for nearly 12 years in different capacities like Deputy Director PR and Joint Director Information. Besides, he also served as ACD in the Rural Development Department, GM DIC in a few Districts, Additional DC Samba, Joint Director Youth Services and Sports and superannuated as Special Secretary in the Information Department. In her address, Secretary Rehana Batul praised Mr. Sharma for his dedication and extensive knowledge in both print and electronic media. She wished him a healthy and fulfilling post-retirement life, noting that his vast experience would continue to inspire many in the department. The event concluded with colleagues and peers sharing warm memories and wishing him well in his future endeavors.

JU Law School promotes voter participation among First-Time Voters through SVEEP

STATE TIMES NEWS
JAMMU: The Students of The Law School, University of Jammu organized an engaging event focused on electoral awareness and participation in view of ongoing assembly elections in J&K. Through dynamic role-playing and short skits, participants effectively conveyed the importance of civic participation and the transformative power of voting in a democratic society. Dr. Ranjeet Kalra, UT Level Election Icon, commended the initiative, noting the critical role youth play in guiding others-especially the

elderly, differently-abled, and marginalized-through the voting process. He encouraged students to be proactive in sharing information about the Chief Electoral Officer's initiatives and resources available at polling booths. Dr. Seema Rohmetra, Director, The Law School, delivered an impassioned message about the non-negotiable nature of voting as a civic duty. Her "no-exuse day" call to action resonated deeply with the audience, motivating them to prioritize their democratic responsibilities despite any challenges they might face. Dr. Seema Sharma, senior Faculty member, highlighted the essential link between voting and political participation in a democratic set up, asserting that without participation in elections, citizens lose their voice. The theme "Chunav Ka Parv Desh Ka Garv" resonated throughout the event, creating a festive atmosphere that celebrated democracy. Faculty members, including Dr. Monica Narang, Dr. Monika Bhardwaj, Dr. Mrinalini Atrey, Dr. Renu Jamwal and Dr. Ramesh Kumar, con-

tributed to the discussions, enriching the dialogue on electoral participation. A standout moment was the presentation of a unique artistic piece created by Dr. Rubia Bukhari from Poonch University Campus to Dr. Ranjeet Kalra. This artwork, made from cocoon flakes, served as a poignant reminder of the intricate connection between the privileges and responsibilities of living in a democracy. The event was coordinated by Dr. Nitan Sharma, ensuring a well-organized experience that left a lasting impact on all attendees.