

# J&K Taekwondo meet concludes

## ■ STATE TIMES NEWS

JAMMU: The J&K UT Taekwondo Championship, organized by the Taekwondo Association of Jammu and Kashmir (TAJK), concluded at the Indoor Hall, Bhagwati Nagar, here on Tuesday.

This prestigious event, held under the aegis of the J&K Olympic Association and India Taekwondo, saw participation from nine districts with over 150-170 athletes competing across various categories.

Zorawar Singh Jamwal, President Team Jammu & BJP Leader, was the Chief Guest, who delivered an inspiring address to the athletes, encouraging them to uphold the spirit of sportsmanship and strive for excellence.

Vijay Kumar Pandoh, Vice President of the Wrestling Association of Jammu & Kashmir,



Taekwondo players posing for a photograph with dignitaries.

was the Guest of Honour, who commended the participants and applauded the efforts of the organizing committee for fostering sports.

Ritika Slathia- Manager Indoor Sports Complex, Bhagwati Nagar and Muzaffar Mir -DySP J&K

Police were special guests.

The organizing team members who showed their dedication and hard work in making the championship a success include Quintil Lal Jain (General Secretary TAJK), Tarsem Sharma (Working

President TAJK), Ravinder Sharma (Treasurer, TAJK), Ajaz Rasool Mir(Joint Secretary, TAJK), Danish Sharma(Executive Member, TAJK), Deepak Dogra(Senior Martial Artist).

The championship provided a platform for young Taekwondo athletes to showcase their talent, with participants from different districts competing at their best. The winners of various categories were announced, and medals were distributed, highlighting the immense talent present in the region.

Zorawar Singh Jamwal emphasized the importance of perseverance, discipline, and hard work, encouraging students to embrace the values taught through sports. He highlighted how Taekwondo, as a martial art, not only strengthens the body but also sharpens the mind and builds character.

# SPMR College wins Inter-Collegiate TT Men's, Women's Tournament

## ■ STATE TIMES NEWS

JAMMU: The teams of Government SPMR College of Commerce have brought laurels to the institution by winning the Inter-Collegiate T.T. tournament-2024-2025 for men and women organized by Cluster University of Jammu at GCOE Jammu.

The teams comprised Abhijeet Bhardwaj, Tejaswar Singh, Shivam Gupta, Parth Gupta, Simranjeet Singh, Anvi Gupta, Riya Gupta, Aena Gupta, Anjali Sharma, and Mehak Raina. They received a celebratory and rousing reception at the college from the Principal, staff, and students.



Govt SPMR College of Commerce faculty with winner teams.

The Principal Prof. Rajinder Singh, Convener of Sports Prof. Pawan Gupta and Dr. Chetna Gupta congratulated both teams for their outstand-

ing performance. Principal of the college appreciated the efforts of the Physical Director for his guidance and hard work of the players.

# Taekwondo Senior team leaves for Puducherry



Senior Taekwondo teams posing with officials before leaving for National.

## ■ STATE TIMES NEWS

JAMMU: The Senior Taekwondo team of Jammu and Kashmir today left for participation in the 40th National Senior Kyorugi Taekwondo Championship and 13th National Senior Poomsae Taekwondo Championship,

scheduled to be held from October 17 to 20 at the Rajiv Gandhi Indoor Stadium, Indira Gandhi Sports Complex, Puducherry.

Before departure, the team underwent screening which was conducted by the Sports Officer of J&K

Sports Council (JKSC), Baljinder Pal Singh and Sahil Sharma, a handout issued by the Association informed.

President of the J&K Taekwondo Association (JKTA), Rajesh Pangotra wished the team success in the National event.

Ramesh Chander Sharma, general secretary further motivated the team with words of encouragement.

The Team: MEN: Shoib Khan, Vansh Rakhwal, Mohit Kumar, Ajay Kumar, Zaid Khan, Narayan Sharma, Achutam Dev Singh, Adnan Adfar, Gaurav Attri, Amit Kumar, Amandeep, Shubam Bagal, Burhan Ud Din Khan.

WOMEN: Tanvi Katal, Gunjan Kumari Bhardwaj, Adeeba Khursheed, Tabasum Nusrat Ali, Azmat Khan, Afreen Hyder, Jagpreet Kour. OFFICIALS: Anuj Sharma (Coach), Rabia (Coach), Sidharth Sharma (Manager), Pankaj Kumar Mehra (Coach), Narayan Das (Coach).

# LLC Final: Konark Suryas Odisha to clash with Southern Superstars for ultimate prize

## ■ STATE TIMES NEWS

SRINAGAR: Irfan Pathan led Konark Suryas Odisha will take on Kedar Jadhav led Southern SuperStars in the finals of the Legends League Cricket (LLC) tomorrow, 16th October 2024 at the Bakshi Stadium, Srinagar.

"Legends League Cricket is instrumental in inspiring young people in Kashmir as they get to witness international stars like Chris Gayle, Shikhar Dhawan and Yusuf Pathan play cricket. This lets young cricketers dream that they too one day can become the next big thing in cricket. The final is going to be very exciting for the people of Srinagar and the fans will get to watch a great match



Konark Suryas Odisha captain, Irfan Pathan and Southern SuperStars skipper, Kedar Jadhav with trophy.

tomorrow," said Irfan Pathan, Captain, Konark Suryas Odisha.

"Southern Superstars has played extremely well throughout the league stages and the playoffs and the

entire team is gearing to go. Playing the finals in front of packed stadiums in Srinagar has been very special and it has been very inspiring for the next generation of cricketers. Legends League

Cricket has brought cricket back to Kashmir and the support by the fans has been extremely overwhelming," said Kedar Jadhav, Captain, Southern SuperStars.

Southern Superstars were the table toppers at the end of the league after winning 5 of the 7 league matches losing only to Toyam Hyderabad both the times.

Konark Suryas Odisha came 2nd on the league table after winning 3 of their 7 matches. The teams earlier clashed in Qualifier 1 where Southern Superstars beat Konark Suryas Odisha by 7 wickets.

Hamilton Masakadza was the standout performer scoring 67 runs in just 49 balls with 4 bowlers taking 2 wickets each.

# J&K Tennis Ball Cricket teams leave for Nationals



J&K Tennis Ball Cricket teams posing with officials before leaving for Nationals.

## ■ STATE TIMES NEWS

JAMMU: The Jammu and Kashmir Tennis Ball Cricket Association has finalized the teams for the upcoming 32nd Junior National Tennis Ball Cricket Championship (Under 19 Boys & Girls), which will take place from October 17 to

20, 2024, in Sonipat, Haryana.

The selection trials for this event were held on October 6 and 7 at Greenfield Gandhi Nagar, Jammu. Following the trials, a coaching camp was conducted from October 8 to 14 to prepare the selected

players.

On October 15, the screening committee, chaired by the Divisional Sports Officer of Jammu, finalized the selections for both teams.

The boys' team is led by captain Shakir Riyaz and includes players such as Vijay

Choudhary, Shazan Nabi, Saqib Iqbal, Mujtaba Hassan, Akash Bilal, Zubair Fayaz, Sonan Nabi, Liyaqat Yousuf, Hamdaan, Vihaan Gadoo, Aaqib Majeed, Mozin Mujtaba, Saqib Ashraf, Vijay Choudhary, Shazan Nabi, and Saqib Iqbal.

The girls' team is captained by Ronak Jahan and features talented players like Gowsia, Rimsha, Qurat ul Ain, Maheena, Sania, Shumila, Subreena, Samia, Suhana, Suzain Asgar, Niharika, Mahnoora and Sumiya.

The coaching staff, Mahir Rasool and Danishta Akhter, will guide the teams as they prepare for the championship.

The players will depart for Sonipat today by train, with the expectation of returning on October 20.

The selection process was based on the athletes' performances during the pre-national coaching camp, ensuring that only the best representatives from Jammu and Kashmir will compete in the tournament.

# Workshop conducted at KCPS by Techradiance in collaboration with IIT Delhi



KCPS students posing with faculty members during workshop.

## ■ STATE TIMES NEWS

JAMMU: A two days' workshop was conducted at KC

Public School by Techradiance in collaboration with the IIT Delhi on October 11, 2024. A team of 66 participating KCPS students was trained in medical robotics and AI based robot-

ics by trainers Asim Ali, Abhinav Rath and Abhishek Pandey.

Out of 66 participants from KCPS, 30 have now been selected to take part in the finale of the event on the basis of their performance in the workshop. The finale will be held in New Delhi shortly.

The workshop offered KCPS students the unique opportunity to learn from the industry experts and gain hands-on experience in the cutting-edge technology. KCPS students were mentored by their science teachers Kapil Kashyap and Surabhi Mahajan.

# Heritage School excels at Junior Badminton Tournament

## ■ STATE TIMES NEWS

JAMMU: Heritage School students delivered exceptional performances at the Junior Badminton Tournament organized by JK Police, held on October 12 & 13, 2024, at the JK Police Badminton Hall, Jammu. Competing in the U-19 Boys category, they brought home impressive honours.

Shauryaveer Jasrotia of Class 12th C, secured two gold medals in both U-19 Boys Singles and Doubles categories, along with a cash prize for his achievements.

Kanishk Mall of Class 8th B, advanced to the semifinals and was also awarded a cash prize for his efforts.

Their outstanding achievements have brought immense pride to the school. Heritage fraternity extends heartiest con-



gratulations to Shauryaveer Jasrotia and Kanishk on their stupendous performance and wish them continued success in their future endeavours.

# Awareness program on 'Drug Abuse and Preventive Measures' held at GDC Bishnah

## ■ STATE TIMES NEWS

JAMMU: In response to escalating crisis of drug abuse effecting individuals, youth and families in the society, Red Cross Club and Nasha Mukht Bharat Abhiyaan Club of GDC Bishnah in collaboration with J&K Society for Promotion of Youth and Masses (JKSPYM) State Level Coordinating Agency J&K on Tuesday organised an awareness program on "Drug Abuse and Preventive Measures" for the students.

More than 100 students



Resource person, Dr. Rachna Devi, Professor in Psychology, SLCA Team of JKSPYM addressing students.

attended the program with enthusiasm. Kimi Parihar,

Project Coordinator State Level Coordinating Agency introduced the resource person and grounded upon the importance of today's program.

The resource person of the program was Dr. Rachna Devi, Professor in Psychology, SLCA Team of JKSPYM.

While addressing the students, she stressed upon that drug abuse is a critical public health issue, with recent statistics indicating a sharp rise in addiction rates. She also highlighted the

profound effects of substance use not only on the individuals but also their families, friends and the broader community.

The programme was coordinated by Dr. Koushal Kiran Thakur, Convener Red Cross Club. Prof. Anju Bala, Dr. Preeti Mahajan, Dr. Sunil Kumar Saliada, Dr. Ashma Gupta, Dr. Kussum and Shivani Raina were also present. The program was conducted under the aegis of Dr. Shalla Samyal, Principal of the College.

# GGM Science College organises workshop on 'Virtual Labs'

## ■ STATE TIMES NEWS

JAMMU: Virtual Lab Nodal Centre (VLNC) -205, which was established by IIT Bombay in Govt. Gandhi Memorial Science College Jammu, J&K UT, organized a workshop on "Virtual Labs in Biotechnology" in which a large number of students and faculty members participated. Workshop was inaugurated by Chief Guest, Prof. Romesh Kumar Gupta, Principal, GGM Science College Jammu in presence of Dr. Ashaq Hussian, and Dr. Pankaj Gupta, Nodal Coordinator VLNC, Dr. Arun Sharma, Outreach Coordinator VLNC & Prof. Kiran Bala, HOD Biotechnology; Dr. Rohit, Assistant Professor Zoology and Prof. Richa Sharma.

Dr. Romesh Kumar Gupta, Principal of the College lauded the efforts of virtual lab team for organizing one day workshop for the students and faculty of the College. In his deliberations, he encouraged all science teachers as well as students to use the virtual labs as add on to the physical labs.



Dr. Pankaj Gupta, Associate Professor in Chemistry & Nodal Coordinator, VLNC GGM Science College in his inaugural talk gave a detail of various features, objectives and advantages of Virtual Labs, which is a mission project developed under the aegis of National Mission on Education through ICT, MHRD.

The technical session which included demonstration and hands on session of simulation based experiments in Biotechnology was conducted by Dr. Neha Mahajan, Asstt Professor in Biotechnology.

She explained to the students simulation based experiments on the topic "Agarose Gel Electrophoresis" developed by Amrita Virtual Lab through

virtual mode very efficiently.

The second technical session in the discipline of Biotechnology was conducted by Prof. Gourav Gupta, Departmental Coordinator and Assistant Professor in Biotechnology. In his deliberations, he explained simulation based experiments on the topic Cell Count by Hemocytometer.

The proceedings of the event were nicely conducted by Prof. Nancy Gupta. The workshop ended with an impressive vote of thanks by Dr. Arun Sharma, Assistant Professor in Physics.

Among others who were present on the occasion include, Dr. Vandana Khajuria, Prof. Lekh Raj, Prof. Indeevar Chanyal, Prof. PS. Manhas and Prof. MS Saini.

## ■ STATE TIMES NEWS

JAMMU: With competition still at the preliminary stages across five sports disciplines of Kabaddi, Volleyball, Table Tennis, Basketball and Fencing, the day-two of the annual inter-college competitions of University of Jammu (JU) witnessed hectic schedule on the JU campus here today.

Two popular sporting events of Volleyball and Kabaddi witnessed maximum participation from the affiliated colleges of JU while Basketball and Fencing have comparatively lesser teams in this meet.

The event is being hosted by the Directorate of Sports, JU under the guidance of different teams led by the Director, Dr Dawood Iqbal Baba.

BASKEBALL MEN: G.D.C Kunjwani beat



A table tennis match in progress.

ASCOMS by three pts; BDC Udhampur beat G.D.C Doda by 13 pts; GDC Kathua beat GDC Udhampur by two pts. WOMEN: G.C.W Parade beat M.I.E.T by 23 pts and P.G. Departments beat G.D.C Khilotran by eight pts.

TABLE TENNIS MEN: P.G. Departments beat GDC Mender 3-1; G.D.C Udhampur beat G.D.C Mahanpur 3-0; G.C.E.T

Jammu beat G.D.C Ramban 3-1; M.I.E.T Jammu beat G.D.C Hiranagar 3-1. WOMEN: P.G. Deptt. beat G.C.W. Parade 3-0; G.D.C Ramnagar beat G.M.C Kathua 3-0. Today's matches were officiated by Ravish Vaid and Sahil Malgotra.

KABADDI: P.G. Departments beat G.D.C Mahanpur by 20 pts; G.D.C Basholi beat G.D.C Marheen by 15 pts; M.I.E.T beat

G.D.C Rajouri by 22 pts; G.D.C Akhnor beat T.D.C Nowshera by 11 pts; G.D.C Khatua beat I.M.P Patoli by 21 pts; G.D.C Samba beat G.N.C Kishtwar by 17 pts; G.D.C R.S. Pura beat G.D.C Khour by 13 pts; G.D.C Kunjwani beat G.C.E.T by 18 pts; G.D.C Hiranagar beat K.C. Law College by 17 pts; G.D.C Reasi beat G.D.C Ramgarh by 14 pts; G.D.C Badervah beat G.D.C Doda by nine pts.

The competition was officiated by Anil Sharma, Ajay Chopra, Dheeraj Sharma, Keshav Singh, Harpreet Singh, Amandeep Singh and Gagan Kumar.

VOLLEYBALL MEN: UIET Kathua Campus beat GDC Ramgarh 2-0 (25-17, 25-10); GDC Hiranagar beat GNC Doda 2-0 (25-06, 25-09); GDC Doda beat GMC Kathua 2-0 (with set

score 25-15, 25-21); BSC Nursing College beat Dogra Degree College 2-1 (15-25, 25-19, 15-04); GDC Udhampur beat Akhnor 2-0 (25-11, 25-13); GDC Khour beat GDC Thanamandi 2-0 (25-04, 25-10); KC Law College beat Prabha Harji College 2-1 (20-25, 25-17, 15-13); GDC Poonch beat GDC Kathua 2-1 (17-25, 25-23, 15-12); GDC Nowshera beat GMC Doda 2-0 (25-13, 25-18); GDC Samba beat GNC Kishtwar 2-0 (25-10, 25-12); GDC Bishnah beat Dogra Law College 2-1 (19-25, 25-16, 16-14). WOMEN: GDC Mahanpur beat Dogra Degree College 2-0 (25-07, 25-09). The technical panel in Volleyball event comprised Amit Sharma, Shubham Sharma, Manu Singh Pawar and Vikas Karlopia.