

# Krishan Lal crowned 24th Mr Jammu and Fitness Champion



Winners of 24th Jammu and Fitness Championship posing with BBAJK officials and other dignitaries.

**STATE TIMES NEWS**  
JAMMU: Krishan Lal emerged as the Champion of Champions at the 24th Jammu and Fitness Championship, organized by the Body Building Association of Jammu and Kashmir (BBAJK) in collaboration with the J&K State Sports Council. The event, held at the Police Auditorium, Gulshan Ground, attracted around 90 bodybuilders competing in various weight categories. The championship was

inaugurated by Dr. Ashutosh Sharma, along with Dushyant Sharma, President, and Secretary of the J&K Olympic Association, and Arun Kumar Sharma, President of BBAJK. Other dignitaries present included Rajesh Dutta, Er. Sureshest Dutta, and Vinay Sharma, who contributed to the event's success. Dr. Ashutosh Sharma praised the BBAJK for its achievements at national and international levels and

urged the youth to steer clear of drugs, echoing the rallying cry "Say No to Drugs" as a vital part of nation-building. Dushyant, serving as the guest of honor, emphasized the importance of sports in the holistic development of youth, noting its role in enhancing both physical fitness and mental well-being. Arun Sharma extended congratulations to the BBAJK members, particularly Rajesh Dutta, for their commitment to engaging youth in healthy activities

and steering them away from drug use. Rajesh Dutta acknowledged the efforts of the Body Building Association in organizing such impactful events, highlighting their role in providing a platform for youth to showcase their fitness and skills. He also urged the young audience to invest their energy positively and avoid anti-social activities. Er. Sureshest Dutta, Vice President of BBAJK, reiterated the association's commitment to hosting regular

competitions to minimize youth involvement with drugs. The event was well-attended by officials, including Vinay Sharma, Sanjay Bali, Naresh Gupta, and Noor Mohd., Principal of Doon Kids School, alongside prominent judges such as Monu Sabarwal and Ashok Rana. The event concluded with a vote of thanks presented by Vinay Sharma, who expressed gratitude to all participants and dignitaries for their contributions to making the championship

a grand success. With growing interest and participation, this championship not only showcased exceptional talent but also fostered a culture of fitness and well-being in Jammu and Kashmir.

In the final results, Krishan Lal not only won his category but also claimed the Champion of Champions title.

The Results 50-55 Kg: Abhishek, 1st, Gorav, 2nd and Pawan 3rd. 55-60 Kg: Pratham, 1st, Rakesh, 2nd and Sahil, 3rd. 60-65 Kg: Vaibhav, 1st, Arun, 2nd and Sachin, 3rd. 65-70 Kg: Rahul, 1st, Varun, 2nd and Rajan Bhanu, 3rd. 70-75 Kg: Tajinder, 1st, Rajan, 2nd. 75-80 Kg: Krishan, 1st, Gurminder Singh, 2nd and Naresh, 3rd. 80-85 Kg: Rohit, 1st, Rishab, 2nd and Tajinder 3rd. 85-90 Kg: Sameer Sharma, 1st, Classic Physique: Sameer, 1st, Rahul, 2nd, Varun, 3rd, Rohit, 4th and Rakesh, 5th. Physique Sports: Mohit, 1st, Varun Rajput, 2nd, Gurminder, 3rd, Rajan, 4th and Sawan, 5th.

# J&K Open Golf Tournament 2024 concludes, showcasing Jammu as a premier golf, cultural destination

Shankar Das and team win Pro-Am event of J&K Open 2024



Winner golfers posing with Tourism Deptt officers.

**STATE TIMES NEWS**  
JAMMU: The Pro-Am event of the J&K Open 2024 presented by J&K Tourism, played at the Jammu Tawi Golf Course, was won by Kolkata-based professional Shankar Das and his team. Shankar's team had a net score of 51.8 and consisted of amateurs Pawan Parihar, Col. Ramesh and Aijaz Qaiser, was awarded by Shailendra Kumar, Principal Secretary, Agriculture & Forest Department, J&K, along with ADGP Garib Dass, Director 'Tourism Vivekanand Rai, Joint Director Tourism Sumania Sharma Mehta, and Secretary of Jammu Tawi Golf Course, Manav Gupta, JKAS.

Professional Jamal Hossain of Bangladesh helped his team finish second with a net score of 54.3. Jamal's team consisted of amateurs J P Singh, S A Beigh and Rajiv Kotwal.

The closest to the pin contest on hole no 2 was won by Rajiv Gabgotra whose shot landed 10 feet and seven inches from the hole.

The prize for the closest to the pin on hole no. 17 was won by Harbinder Singh whose shot landed nine feet and three inches from the hole. The prize for the straightest drive on hole no. 14 was won by Dr. Anil Slathia as his drive landed 10 inches from the centre of the fairway.

The prize for the longest drive on hole no. 8 was won by Jaideep Manocha as he landed his drive at a distance of 270 yards.

The third edition of the J&K Open Golf Tournament 2024, a premier event organized by the Directorate of Tourism Jammu in collaboration with the Professional Golf Tour of India (PGTI) and Jammu Tawi Golf Course, concluded on October 27, 2024 at the scenic Jammu Tawi Golf Course.

This year's tournament bolstered Jammu's reputation as a leading golf and tourism destination, attracting 126 golfers from India and six other countries. Held from October 23 to 27, the event celebrated Jammu's charm and cultural vibrancy with features like the Dogra Food Festival, captivating cultural performances, and intricate handicraft displays, creating an unforgettable experience

for participants and spectators alike.

The winning Pro-Am team, led by professional Shankar Das and including amateurs Pawan Parihar, Col. Ramesh, and Aijaz Qaiser, was awarded by Shailendra Kumar, Principal Secretary, Agriculture & Forest Department, J&K, along with ADGP Garib Dass, Director 'Tourism Vivekanand Rai, Joint Director Tourism Sumania Sharma Mehta, and Secretary of Jammu Tawi Golf Course, Manav Gupta, JKAS.

All the participants were presented a specially crafted Jammu-themed souvenir from the Directorate of Tourism as a commemorative keepsake.

Inaugurated by Secretary Tourism Yasha Mudgal, the event featured a rich blend of sports and culture, with highlights such as the Dogra Food Festival, art and craft exhibitions, guided heritage tours, and golf clinics for budding talent, underscoring Jammu's appeal as a cultural and golfing hub.

This year's champion, Shaurya Bhattacharya, was awarded the coveted rolling trophy adorned with the iconic Chenab Rail Bridge (World's highest railway bridge in District Reasi of Jammu region) a symbol of engineering excellence and regional pride.

Broadcast nationwide on ABP Live and DD Sports, the J&K Open 2024 offered viewers glimpses of Jammu's scenic tourist destinations, further solidifying its position as a premier golf tourism destination. The event's distinct cultural elements and exclusive souvenirs enhanced its standing, leaving a lasting impression on all participants and audiences alike.

This year's J&K Open stood as a true celebration of Jammu's cultural and culinary legacy, setting a new benchmark for golf tourism and elevating Jammu's prominence on both national and international stages.

# District Ramban Tennis Ball Cricket Championship begins

**STATE TIMES NEWS**  
RAMBAN: The District Ramban Tennis Ball Cricket Championship kicked off in Sunday at the Sports Stadium Banihal, organized by the District Ramban Tennis Ball Cricket Association.

This event is being held under the banner of the J&K Tennis Ball Cricket Association and is sponsored by the Jammu and Kashmir Sports Council as part of the "My Youth, My Pride" initiative.

The three-day championship has attracted numerous teams from various zones of Ramban District, featuring competitions in Senior, Junior, and Sub-Junior categories for both boys and girls.

The championship was inaugurated by Capt. Lokesh Singh Rathore from the 12RR Karva unit, Dr. A.S. Khan, a veterinary surgeon and Mukhtar Nabi, Vice President Beopar Mandal Banihal.



They declared the event officially open in the presence of district association office bearers and other esteemed guests. Capt. Rathore encouraged all participants to showcase their skills and sportsmanship, expressing gratitude to the organizers for hosting such a vibrant event in the Tral area for the first time.

He emphasized the need for regular sports events in the Tehsil headquarters of Ramban, recognizing the significant potential for growth in tennis ball cricket within the district.

Additionally, he praised the efforts of the District Association for successfully organizing the championship in a grand manner, highlighting the importance of nurturing local talent and promoting sports in the region.

# 36th District Srinagar Volleyball Championship Elite Club win boys, Junior Elite Club girls trophy



Chief Guest, Kuldip Magotra, CEO VAJK, presenting winner trophies to boys and girls teams.

**STATE TIMES NEWS**  
SRINAGAR: The 36th District Srinagar Volleyball Championship, organized by the District Srinagar Volleyball Association under the aegis of Volleyball Association of Jammu and Kashmir and sponsored by the Jammu and Kashmir Sports Council, was a resounding success.

Hosted at the University of Kashmir Volleyball court, the event featured a total of 18 teams, with 14 competing in the boys' section and 4 in the girls' section.

The championship served as a platform for young spikers to showcase their skills and passion for the sport.

Kuldip Magotra, CEO of the Volleyball Association of

Jammu and Kashmir, graced the occasion as the Chief Guest, emphasizing the importance of sports in shaping youth character.

He encouraged the young participants to avoid drugs and negative influences, advocating for a healthier lifestyle through sports.

Magotra also praised Muneer Aalam, Secretary of the Srinagar Volleyball Association, for his tireless efforts in promoting youth engagement in volleyball.

Mohd Tariq, Joint Secretary Volleyball Association of Jammu and Kashmir, was the Guest of Honour on the occasion.

Additionally, sports promoter Zahid Manzoor Shaikh was recognized for his significant

contributions to the local sports community.

Others present were Nelofer Habib Secretary Kulgam Volleyball Association, Imtiaz Bhatt, Sidarat Hussain and Ajaz Ahmed.

In the boys' section, the semi-finals delivered intense competition, with Khonmoh Spikers defeating Spartan Taibal 2-1 (19-25, 26-24, 15-11) and Elite Volleyball Club overcoming the University of Kashmir by the 2-1 (25-18, 16-25, 15-9). The final match saw Elite Volleyball Club dominate Khonmoh Spikers, securing the championship title with a convincing 3-0 (25-17, 25-19, 25-22) victory and lifted the trophy of District Srinagar championship.

Elite Volleyball Club Junior

Elite Volleyball Club

Meanwhile, the girls' final was equally thrilling, as Junior Elite Volleyball Club triumphed over Senior Elite volleyball Club in a nail-biting contest that ended 3-2 (25-18, 20-25, 25-16, 22-25, 15-13), highlighting the high level of talent among the female athletes.

Overall, the championship not only showcased exceptional volleyball talent but also fostered a sense of community and sportsmanship among participants and spectators alike.

The event has set a promising precedent for future competitions in the region, inspiring young athletes to strive for excellence in their sporting endeavors.

# Umar plots collapse, Yudhvir bags player of match as J&K inflicts innings defeat on Services

**STATE TIMES NEWS**

SRINAGAR: After a terrific bowling show by Yudhvir Singh and Anqib Nabi in the first innings, six feet three inch lanky right-arm medium pacer, Umar Nazir once again proved he is always a class act when on song, bamboozling the rival batsmen and wobbling the ball both ways to plot collapse of the Services team and guide Jammu and Kashmir inflict an innings defeat on Services in the Ranji Trophy Elite Group-A match at Sher-e-Kashmir Cricket Stadium here on Sunday.

While fast bowling pair of Yudhvir Singh and Anqib Nabi took 5 wickets each in the first innings, Umar Nazir captured 6 wickets and Yudhvir Singh bagged 3 wickets in the second essay and Anqib Nabi claimed one wicket.



Sticking to his basics, Umar hit the right areas to make the ball talk and make batters face music.

With all the hard work by the fast bowling trio of Anqib, Yudhvir and Umar, J&K managed to crush the visitors.

Earlier, resuming from an overnight score of 183/7, J&K scored a total of 228 runs in their first innings to gain a lead of 157 runs.

Shubham Khajuria top scored with 55 runs, while Shubham Singh Pundir (29), skipper Paras Dogra (28),

Ahmad Banday (24) and Yudhvir Singh (22) were the other contributors.

Varun Choudhary was the pick of the bowlers for Services, who took 5 wickets by conceding 35 runs in his 17.2 overs, while Jayant Goyat and PS Poonia bagged 2 wickets each and AP Sharma claimed one wicket.

Trailing by 157 runs in the first innings, Services bundled out for a paltry total of 132 runs in the second essay to lose the match by an innings and 25 runs as the

fast bowling trio led by Umar Nazir wreaked havoc and dismantled the rival batsmen.

SG Rohilla top scored with 47 runs while Jayant Goyat and Arun Kumar contributed 27 and 20 runs to the total respectively.

Umar Nazir was the wrecker-in-chief, who took 6 wickets by conceding 53 runs in his 12 overs, while Yudhvir Singh bagged 3 wickets by giving away 35 runs in his 11 overs. Anqib Nabi also claimed one wicket.

The Sub Committee Members of Jammu and Kashmir Cricket Association (JKCA) including Brig Anil Gupta Member-Administration, Mr Mithun Manhas, Member Cricket Operations and Adv Sunil Sethi Member Legal Affairs JKCA congratulated the team for this resounding victory.

# JKPS Panjtirthi students shine in 5th District Yogasana Sports Championship



Principal JKPS Panjtirthi, Suman Banbah felicitating winner students.

**STATE TIMES NEWS**

JAMMU: The 5th District Yogasana Sports Championship 2024 was organized by the District Jammu Yogasana Sports Association, showcasing the talents of numerous participants from the region. Among them, seven students from JK Public School (JKPS) Panjtirthi represented their school, highlighting the institution's commitment to promoting yoga and physical fitness. Suman Banbah, Principal of JKPS Panjtirthi, inspired the Jakiians by emphasizing the importance of competition as a motivational tool. She expressed, "Competition is the best

form of motivation. The best part of competition is that through it, we discover what we are capable of and how much more we can actually do than we ever believed possible." Her words resonated with the students, encouraging them to push their limits and embrace the spirit of healthy competition. The event not only provided a platform for young athletes to demonstrate their skills but also fostered a sense of community and camaraderie among participants.

The championship served as a testament to the growing interest in yoga as a sport and its role in enhancing physical and mental well-being.

# Kathua Volleyball Championship from Nov 23

**STATE TIMES NEWS**

KATHUA: A meeting of the office-bearers of the District Volleyball Association Kathua was held on Sunday at Bhagwan Shree Parshuram Dham in Gurah Mundian, Tehsil Hiranagar, under the presidency of Kamal Sharma.

The gathering was attended by all the officers of the district body, who came together to discuss important matters concerning the association and the promotion of volleyball in the region.

At the beginning of the meeting, attendees paid heartfelt tributes to the late Bishan Dass, a Sub-Inspector of JKP and a talented volleyball player who had represented Jammu and Kashmir in national competitions.

During the meeting, it was decided to organize the District Kathua Volleyball Championship 2024 for both boys and girls. The event is scheduled to take place on the 23rd and 24th of November 2024 at the Higher Secondary School in village Dhanni Bakhta (Forlain).

Mohinder Sharma, the General Secretary of the District Volleyball Association Kathua, was tasked with issuing formal invitations to all registered volleyball clubs in the district. He will also coordinate arrangements for the championship in collaboration with Chuni Lal, President of the Dhanni Bakhta Volleyball Club, ensuring a successful event that will showcase the talent and enthusiasm of local players.

# STC Warriors claim victory in finale of 2nd Rajinder Magotra Basketball Tournament

**STATE TIMES NEWS**

JAMMU: The grand closing ceremony of the 2nd Rajinder Magotra Basketball Tournament was held on Sunday at the Mini Stadium Parade Ground, Jammu.

Organized by the Rajinder Magotra Sports Welfare Club, the event saw a thrilling finale as STC Warriors triumphed over RBC in a nail-biting match with a final score of 101-99. The tournament, which has garnered significant attention in the local sporting community, is held in honor of the late Rajinder Magotra, an advocate of sports

and youth development.

The Chief Guest for the event, Yudhvir Sethi, Member of Legislative Assembly (MLA) from Jammu East, graced the occasion along with the Guest of Honour, Ranjit Kalra, Member of the J&K Sports Council.

Both dignitaries lauded the spirit of sportsmanship displayed by the teams throughout the tournament and emphasized the importance of promoting sports at the grassroots level.

In the final showdown, STC Warriors showcased exceptional skills, narrowly defeating RBC in a contest that kept the spectators



Chief Guest, Yudhvir Sethi, MLA Jammu East presenting trophy to winner team.

on the edge of their seats. Jaskirat Singh emerged as the hero of the match, delivering an impressive performance with 38 points and earning the title of Most Valuable Player (MVP) of the tournament.

Speaking at the ceremony, Yudhvir Sethi congratulated the organizers-Sushil Sagotra, Varinder Dabgotra, Vanet Pangotra, Sachin Bhamwra, and Mohan Singh-along with the family members of Rajinder Magotra, for their continued dedication in keeping the legacy of Magotra alive through sports. He emphasized the need for more

such tournaments to inspire the younger generation to pursue excellence in sports.

As part of the celebrations, senior basketball players and coaches were also honored for their contributions to the sport. This gesture reinforced the club's commitment to recognizing the pivotal role of mentors in shaping the future of sports in the region.

The Rajinder Magotra Sports Welfare Club expressed their gratitude to all participating teams, coaches, and supporters, affirming their commitment to organizing more sporting events in the future.