

DYSS all set to script history; hosting National School Games in four disciplines in Jammu

Need to nurture youth to develop sporting excellence: Tara

STATE TIMES NEWS
JAMMU: The Directorate of Youth Services and Sports (DYSS) is all set to script history as it is going to host 68th National School Games in four disciplines of sports in Jammu for the first time since the inception of the Department.

The sports disciplines in which Jammu will be hosting the 68th National School Games include Judo, Fencing, Wushu and Football.

While Judo U-17 boys will be held at Indoor Sports Complex Bhagwati Nagar, Jammu from November 7 to November 11, 2024, Fencing U-14 and U-17 boys and girls will be held at Gymnasium Hall, University



DG YSS, Rajinder Singh Tara interacting with officials.

of Jammu from November 12 to November 21.

Wushu U-17 boys and girls will take place from November 22 to November 26, 2024 at Indoor Sports Complex Bhagwati Nagar, Jammu while Football U-17 boys and girls will be held at the twin venues of Sainik School Nagrota and

Khelgaon Nagrota from November 30 to December 10, 2024 with a break on December 5.

Meanwhile, in a meeting at his office chambers, Rajinder Singh Tara, Director General Youth Services and Sports served strict directions to the officers with regard to holding these sporting extravaganza

in a most befitting manner.

He said developing top class sports infrastructure and streamlining the sports calendar and activities would be the top priority for the Department of Youth Services and Sports.

"Our focus should be to nurture youth and to develop sporting excellence. For doing so, the sportspersons would be provided with the best sports ecosystem so that they can realise their full potential," said Tara.

Later-on, Tara visited Gymnasium Hall, University of Jammu and reviewed the arrangements put in place for the Fencing tournament.

He was accompanied by Deputy Director Youth

Services and Sports (Central), Jitender Mishra; Director Physical Education and Sports University of Jammu, Daud Iqbal; Former International Fencer and Coach Rashid Ahmed; Former International Fencer and Fencing Coach of Youth Services and Sports Department, Ujjawal Gupta and National medallist, Abdul Qadir.

On the occasion, the Director General interacted with young fencers who were sweating-it-out during the Preparatory Camp prior to the Nationals.

It is pertinent to mention here that J&K has won a good haul of medals in all four disciplines at the National scene.

Garba evening celebrated at KC Public School

STATE TIMES NEWS

JAMMU: On the evening of October 29, the floodlit KC Sports Ground transformed into a vibrant hub of culture and community during an hour-long celebration of Garba Evening.

This lively event celebrated art and tradition and at the same time fostered key values such as gratitude, teamwork, cultural diplomacy, respect for diversity and youth empowerment. The festivities featured energetic dance performances in colorful ethnic attire and the enthusiastic participation by one and all reflected the rich tapestry of cultures that KC Public School promotes among its students. This festive gathering of students to enjoy the traditional Garba dance of



KCPS students presenting Garba dance.

Gujarat created a heart-warming atmosphere of joy and unity.

The event not only highlighted the importance of cultural diversity of India but also strengthened the bonds among students, thereby reinforcing the

school's commitment to team dynamics, cooperation and collaboration.

It was an exclusively student-led event with Students' Council members Lavanya Chauhan and Akshita Kotwal heading the Organising Committee.

Meena Yadav completes PhD

STATE TIMES NEWS

JAMMU: Meena Yadav, daughter of Surender Kumar Yadav and Kaushlya Devi, resident of Narnaul, Mahendergarh, Haryana has completed her PhD under the guidance of Prof. Vivak M Arya and co-advisor Prof. & HoD Vikas Sharma in the discipline Soil Science and Agricultural Chemistry from SKUAST-Jammu. Her doctoral research title was "Impact of Conventional and Conservation Tillage Practices in Rice-Mustard-Blackgram Cropping System on Soil Quality". Presently serving as an Assistant Professor in Doon (PG) College of Agriculture Science and Technology, Dehradun, Uttarakhand. Yadav also qualified the ICAR-NET.

Divya Sharma completes Ph D

STATE TIMES NEWS

JAMMU: Divya Sharma, Daughter of Jagan Nath Sharma and Santosh Kumari, resident of Rajal, Nowshera has completed her PhD under the guidance of Prof. & HoD Vikas Sharma and co-advisor Prof. Vivak M Arya in the discipline Soil Science and Agricultural Chemistry from SKUAST-Jammu. Her doctoral research title was "Simulating the Impact of Land Use Change on Soil Organic Carbon Turnover through Modelling in the Outer Himalayas". Presently serving as an Assistant Professor in the Department of Higher Education J&K, Divya Sharma also qualified the ICAR-NET.

Rishab, Arun get silver medals in Body Building



Silver medal winners Rishab Gupta and Arun Kumar.

STATE TIMES NEWS

JAMMU: Rishab Gupta and Arun Kumar each secured silver medals in their respective categories-80-85 kg and 60-65 kg at the recent Body Building Competition held at the Police Auditorium in Jammu, organized by the Body Building Association of J&K (BBAJK).

Both athletes benefited from the expert guidance of their coach, Vimal Jit, who himself recently won a bronze medal at the 14th South Asian Body Building Championship in the Maldives.

Their achievements underscore the dedication of the athletes and the strength of their mentorship.

District Ramban Tennis Ball Cricket Championship 2024 concludes

STATE TIMES NEWS

RAMBAN: The District Ramban Tennis Ball Cricket Championship 2024 culminated successfully at the sports stadium in Banihal on Wednesday.

The championship was organized by the District Ramban Tennis Ball Cricket Association and sponsored by the J&K Sports Council as part of the "My Youth My Pride" initiative.

Participants from various zones within the Ramban District competed in the championship across Senior, Junior, and Sub-Junior categories for both boys and girls.

The matches were played on a league-cum-knockout



Participating teams posing for photograph with dignitaries.

basis, showcasing the talent and enthusiasm of young cricketers in the region.

The closing ceremony was graced by several distinguished guests, including the chief guest, Head Master UPS Kavnah, Intiyaz Ahmed, along with

Muntahir Ahmed, Vice President of the NGO Banihal Volunteers, and Mohd Imran (SK), General Secretary of the Tennis Ball Cricket Association Banihal.

Also present were social activists Rayees Ahmed, Mutahir Ahmed, Khalid Rasool, Farooq Ahmed, and Toufiq Ahmed, a match official from Youth Services and Sports.

During the ceremony, the guests presented trophies, mementos, and medals to the winners, runners-up,

and officials, celebrating their achievements.

They also encouraged all participants for their spirited involvement in the District Ramban Tennis Ball Cricket Championship and expressed gratitude to the organizers for hosting such a vibrant event at the sports stadium in Banihal.

The District Ramban Tennis Ball Cricket Association extended its thanks to the chief guests for their support of the players from District Ramban during the championship. Furthermore, the association has selected teams during this championship to represent Ramban at the upcoming UT levels, reflecting the event's success in fostering cricketing talent in the region.

GDC Mahanpur organises Deepawali Mela

STATE TIMES NEWS

MAHANPUR: Department of Hindi and NSS Unit has organized Deepawali Mela on Wednesday. The theme of the Diwali programme was "Light up the lives not the environment: A Sustainable and Eco-friendly Diwali". This programme has been organised by Dr. Sapna, H.O.D. and Dr. Rupalee Jasrotia, NSS PO, under the supervision of Prof. (Dr.) Sangeeta Sudan, the Principal of the College.

The mega event consisted of a series of activities keeping in view the theme of the Mela. It consisted of making of handmade, eco-friendly and sustainable decorative items, Rangoli and Diya making exhibition.

The students made eco-friendly handmade clay Diyas, rangoli and decorative items using clay, flowers, leaves, bangles, coloured papers, bottles etc.



The participants exhibited their products. Moreover, Varun, Mehal and Vishal acted as Ram, Sita and Laxman respectively.

A small act on Ramayana was also staged by them. Moreover a small cultural performance was also staged by the students and NSS Volunteers on the occasion in which they performed various dance and singing performances.

The participants of the programme were Priti Sumbria, Monika Sharma, Amisha,

Megha, Anshu, Sunil, Mehak. More than 30 students participated in the event.

The faculty members who were present in the Programme were Dr. Mohinder Nath Sharma, Dr. Sudesh, Dr. Jogbinder Singh Soodan, Nisha, Dr. Sapna, Dr. Rupalee, Dr. Nishu, Dr. Babli, Dr. Yograj, Dr. Anju Bala, and Namita.

The stage was hosted by Monika, 3rd semester and the vote of thanks was given by Ajay Sanduria.

Dr Hanika wins 'Best Thesis Award' at national competition

STATE TIMES NEWS

JAMMU: Dr. Hanika Sharma, a final-year PG student in the Kayachikitsa Department at JIAR, won the "Best Thesis Award" at the national competition organized by AIMIL Pharmaceuticals on October 29, 2024, as part of the National Ayurveda Day celebrations.

Her dissertation, titled "Open Label-Controlled Clinical Study to Evaluate the Efficacy of Tusha Rahita Yavadi Choorna Lepa in the Management of Vyanga with Special Reference to Melasma," was conducted under the expert guidance of Prof Dr. Nitin Mahajan, Principal and HOD, and co-guided by Dr. Poonam Gupta, Associate Professor in the same department.

Dr. Hanika's exceptional dedication and hard work throughout her MD studies have truly shone through.

Among over 8,000 participants from across India, she achieved an impressive third place in the "Best Thesis Award" category and received a Xiaomi LED Smart TV as a prize from the organizers.

Ishvanku's startup selected by GJCEI at Guru Nanak Dev University, Amritsar

STATE TIMES NEWS

JAMMU: Ishvanku Saraf, a 2nd-year BAMS student from the 2021-2022 batch at Jammu Institute of Ayurveda & Research, has achieved a significant milestone with his startup, Herbal Aura, being selected for incubation by the prestigious Golden Jubilee Centre for Entrepreneurship and Innovation (GJCEI) at Guru Nanak Dev University, Amritsar. As an incubatee, Ishvanku will benefit from mentorship, access to GNDU's facilities, and valuable networking opportunities to support his growth. Esteemed mentors Dr. Balbir Singh from the Department of Pharmaceutical Sciences and Dr. P.K. Pati, Head of the Departments of Biotechnology and Agriculture, will provide guidance throughout this exciting journey.



GGM Science College hosts cyber security awareness lecture to address rising cyber threats

STATE TIMES NEWS

JAMMU: Recognizing the critical need for cyber safety in today's digital world, GGM Science College organized a special lecture on cyber security awareness to educate students about the increasing threats in cyberspace.

The event, held under the guidance of the college's Principal, Prof. (Dr) Romesh Kumar Gupta, featured Dr. Ashaq Hussain, Associate Professor and Associate Dean of Student Welfare at Cluster University of Jammu, as the keynote speaker.

Dr. Hussain presented an insightful address, focusing on diverse cyber threats, including virus attacks, social media vulnerabilities, and financial frauds, along with the legal landscape surrounding these issues.



Dr. Ashaq Hussain, Associate Professor and Associate Dean of Student Welfare addressing students.

He shared relevant case laws and emphasized the importance of developing a "cyber hygiene" culture to combat cybercrime, particularly in vulnerable communities. Highlighting the global recognition of October as National Cyber Security Awareness Month, Dr. Hussain explained, "The cyber security campaign is aimed at unleashing our cyber superhero to secure our world."

In his presidential address, Prof. (Dr) Romesh Kumar Gupta stressed the importance of keeping pace with evolving cyber threats and highlighted the program's objective of increasing cyber security awareness across public and private sectors to enhance the nation's cyber resilience.

"Those who create cyber threats are using the latest technologies, and we must stay informed to navigate

these challenges," he remarked. Dr. Gupta also encouraged students to foster a culture of safer cyber practices.

Earlier, Dr. Pankaj Gupta, in his welcome address, introduced the concept of cyber security, setting a knowledgeable foundation for the lecture.

The event was organized by the College UGC Committee, comprising Dr. Sunil Dutt, Dr. Devinder Kumar Sharma, Dr. Bhikam Pal Singh, Dr. Pankaj Gupta, Dr. Sumit Dubey, Dr. Suresh Singh, and Dr. Arun Sharma. This lecture marked an essential step in raising awareness among the youth about the importance of cyber security, as the college commits to promoting safe practices in an increasingly digital world.

PSPS GCW Gandhi Nagar organises Inter-Collegiate Kho-Kho tournament



Participating teams posing for a photograph with faculty members.

STATE TIMES NEWS

JAMMU: Department of Physical Education and sports of PSPS GCW Gandhi Nagar, Jammu organized Inter-Collegiate Kho-Kho (Men and Women) tournament 2024-25 of Cluster University w.e.f 29-10-2024 to 30-10-24 and Inter-Collegiate Volley Ball (Women) Tournament on 30-10-24.

Dr. S.P. Saraswat Principal of the College graced the event as chief Guest during the Valedictory function, while Dr. Vinod Bakshi Director Physical Education and Sports, at CLUJ was the Guest of Honor. Additionally Prof. Yash Paul (Convener sports committee of the college), Prof. Poonam Kesar, Prof.

Harmeet Singh, Prof. Rohit Gupta, Prof. Vikas Bhagat, Prof. Abinav and Prof. Balbir Prof. Neha.

Other dignitaries in attendance include Prof. Ramandeep Karalia Physical Director of GCOE, Prof. Ravi Kumar Physical Director of Commerce College were also present during the competition.

The competition was conducted under the overall supervision of Kajal Premi, the Physical Director of PSPS GCW Gandhi Nagar, Jammu and Sports committee of the college.

PSPS GCW Gandhi Nagar, Jammu will be the Inter-collegiate Kho-Kho (Women) Tournament 2024-25 in a nail biting

match against GGM Science College in which the match was decided in Extra Innings and in Men's Section GGM Science College won the Title by defeating SPMR College of Commerce by 04 Points. In Inter-Collegiate Volley ball (Women) Tournament PSPS GCW Gandhi Nagar, Jammu crushed Govt. College of Education by 2-0 and won the overall championship.

The Kho-Kho tournament was officiated by Sahil Dev Singh, Hunykeit Sharma, Sandeep Singh Jamwal, Madhur Chowdhary, Yogesh Kumar and Inter-Collegiate Volleyball Tournament was officiated by Mulkh Raj, Parvinder Singh and Anil Kumar.

Cycling trials on Nov 5

STATE TIMES NEWS

JAMMU: Cycling Association of Jammu and Kashmir shall selection trials to pick up teams for the upcoming 29th Senior, Junior and Sub-junior National Championship at Puri in Orissa from

December four to December seven.

As per a handout issued here today, the selection for Kashmir Division shall take place between Narnal to Kunzer while in Jammu, the eligible participants need to report at MA Stadium on

November five.

Further, riders have been advised to report to Mushtaq Ahmed, Dr Akbar Khan and Adil Tali (Kashmir), Om Parkash, Ravi Salgotra and Dr Vikesh Kumar (Jammu) at 7.30 am on the given date.

Samba District Roller Skating Championship concludes

STATE TIMES NEWS

SAMBA: The Samba District Roller Skating Championship organized by the J&K Roller Skating Association under the patronage of S. G.S. Khurmi, wrapped up successfully on October 29 at Rich Harvest School Bari Brahmana.

The championship provided a fantastic platform for skaters to showcase their talent, team spirit, and sportsmanship.

The Managing Director of Rich Harvest School, Gambhir Dev Singh Charak, has officially inaugurated the competition.

The players show their extraordinary talent and clinched Medals. In 7-9 yrs boys category, Pranav, gold, Keshav, silver and Shourya Veer, bronze. In Professional Quads, Kunwar, gold, Ridhansh, silver and Prateek, bronze. In girls category, Mysha, gold, Hargun, silver and Samaira,



Medal winners posing for a photograph with dignitaries.

bronze. In 9-11 yrs boys category, Arav, gold, Virat Jamwal, silver and Arav Gandhi, bronze. In Professional Quads, Zayn gold, Aditya, silver, Ridhiman, bronze. In girls event, Akshita, gold, Shubika, silver and Ojasvi, bronze. In 11-14 yrs Boys category, Ritesh, gold, Aarav, silver and Arpit, bronze. Professional Quads, Rajveer, gold, Ansh, silver and Kushal, Bronze. Professional Inline, Aarnav, gold, Tanish Kumar, Silver

and Aarav, bronze. In girls category, Anandita Singh, gold. Above 14 Inline, Jai Aditya, gold, Ashwajeet, silver. Lose Bearing category, Raghav, gold, Aniket, silver and Reyansh, bronze.

Winners were felicitated with Medal by Anita Bhatia Head of Rich Harvest in the presence of Ajay Sharma (Vice Principal) Rich Harvest School. The J&K Roller Skating Association congratulates all the participants for their dedication and hard work.