

Martyr Day of Pritam Singh observed

■ STATE TIMES NEWS
NOWSHERA : The martyr day of martyr Pritam Singh celebrated in Rajwa Lam.

The soul of martyr Pritam Singh still does duty in this Indo Pak border no any enemy crossed this border till now from this areas said the family members of Martyr Pritam Singh. Family members organised Akhand Path and today celebrate Bhog at Gurudwara Singh Sabha Rajwa after recit shabad kirtan open guru ka langer. Family members and army officers celebrate Martyr day of S, Pritam Singh at his Martyr place Rajwa Lam block Qila Darhal district Rajouri.

In 1964, Pritam Singh, a resident of Rajwa in Nowshera tehsil of Rajouri district, had got premature retirement from the Army.

When the war with Pakistan broke out in 1965, then Pritam Singh and other ex-servicemen of the area



Tributes being paid to martyr Pritam Singh.

were summoned by the Commandant of the local unit of the Army to cooperate with the unit and help it fight the intruders and Pakistani soldiers.

Pritam Singh joined the B-company (as a volunteer) of the Kumaon Regiment which proceeded towards OP Top Hill on the night of October 5, 1965, which was captured by intruders led by the Pakistani army. On the morning of October 6, the final assault with artillery fire was launched on OP Top Hill and it was recaptured along with the Lukhnaw post.

"The Pakistan army had also resorted to artillery fire. Pritam Singh was hit by splinters and sacrificed his life for the integrity of the country," said Isher Singh, Pritam's younger brother.

The task to recapture OP Top Hill and the Lukhnaw post was given to the Commandant of the 14 Kumaon Regiment manning the area in 1965.

Pritam Singh was martyred on October 6, 1965. A

memorial was constructed later at Rajwa, where family members, Army and civil administration officials pay tributes to the martyr every year, said Pritam Singh's family.

On Thursday, family members with the help of Army and civil officers paid tribute to Pritam Singh at the memorial at Rajwa and remembered his services and sacrifice for the nation.

"The then Commander of the Nowshera-based 80 Brigade, Brigadier UBS Verma, had issued a bravery certificate in favour of S.Pritam Singh and had also given Rs 1,000 to the family as financial help," said Isher Singh.

He said that on the golden jubilee celebrations of recapturing of OP Top Hill and the Lukhnaw post, at Patials on October 6, 2015, the Kumaon Regiment had invited the family members of Pritam Singh.

The soul of martyr Pritam Singh still does duty in LoC Lakhnow post no any enemy crossed this border till now from this areas.

When any soldier falls sleep while performing his duty, the spirit of Pritam Singh push him for wakes him up.

"During the golden jubilee celebrations, Maj Gen V Pandey had promised us to write to the Union Government either for a petrol station or an LPG gas agency in favour of family members. But nothing has been done in the matter so far," said Isher Singh.

Isher Singh, Major Harvir Singh (ret), Sukhdev Singh, Malwinder Singh, Rajinder Singh, Dara Singh, Kamaljeet Singh, Tajwinder Singh, Satvir Singh & Harbaksh Singh, Zorawar Singh social activists, were among the prominent people of the area who paid tributes to martyr Pritam Singh.

Army conducts Swasth Bharat, medical camp



Doctor examining a patient.

■ STATE TIMES NEWS
POONCH : Army living up to its ethos of providing safety and security to the people conducted a 'Medical Camp' in the remote area of Parisha, Child Care Institute Mangnar, in Poonch District.

The camp aimed at providing free medical health check-up and distribution of medicines to the underprivileged and backward classes of the community. These areas are usually inaccessible by roads and face a dearth of proper medical care especially during winters.

An outreach program in form of medical patrol to extend medical & health care services to these people went out of its way to reach the inaccessible areas.

In addition to the free

medical check-up, medicines for common ailments and seasonal disease were also provided to the people along with basic medicines for their livestock's. The combat medics under supervision of trained doctors conducted the medical camp to reach out to the needy and aggrieved people in these remote areas. While tending to their ailments, people were also

motivated to avail government health schemes. The gratitude of the populace was visible in eyes of the beneficiaries and blessings of elders. The people of these community thanked the Indian Army for their endeavour to support the local populace and expressed their gratitude towards the initiative of the Indian Army.

World Teachers Day celebrated



Officials and teachers during the event at Rajouri.

■ STATE TIMES NEWS
RAJOURI : World Teachers' Day was celebrated with great enthusiasm in the Pir Panjal region, particularly in the districts of Reasi, Rajouri and Poonch, through events organized by the Indian Army.

On October 5, 2024, various educational institutions in these remote areas held activities aimed at honouring teachers and recognizing their invaluable contributions to society. This annual event not only highlights the importance of education but also showcases the efforts made by teachers to nurture and shape young minds. Students engaged in innovative activities, such as role-

reversal exercises, where they assumed the responsibilities of teachers. This unique approach allowed students to appreciate the challenges faced by educators, fostering a deeper respect for their teachers and a better understanding of the educational process.

Cultural performances were a highlight of the day, with students showcasing their talents through singing, dancing, and quiz competitions, creating a festive atmosphere. The Indian Army involvement in these celebrations underscored its commitment to the community and the importance of education in fostering hope and development in remote

areas. Organizing these events aimed to strengthen ties with local communities, promoting a culture of appreciation for education and recognizing the hard work of educators. Moreover, the celebrations served to remind everyone of the broader significance of World Teachers' Day, which highlights the essential role teachers play in society.

By organizing these events, the Indian Army and local educational institutions contributed to reinforcing the message that education is a shared responsibility and that the community must support its educators to ensure a better future for the younger generation.

■ STATE TIMES NEWS
RAJOURI : Army extended healthcare services to the remote parts of Rajouri district by mobile medical patrols in the village of Narota, Sial Sui. The locals of this village who are often cut off from mainstream healthcare facilities due to their geographic isolation and challenging terrains, benefited immensely from this initiative which contributed to the overall well-being of the locals who often suffer due to disparities in healthcare leading to higher morbidity and mortality rates. The mobile medical patrols, equipped with essential medical supplies and services, reached these areas



Army doctor examining a patient.

to provide healthcare with compassion. The primary objective was to provide on-the-spot medical care, including basic health check-ups, treatment of common ail-

ments and distribution of necessary medications. The medical patrol also focused on preventive healthcare by offering immunizations and disseminating information

about hygiene, nutrition and disease prevention. The Mobile Medical Patrol provided special attention to vulnerable sections of the population, such as children and the elderly. By ensuring that these groups receive timely and appropriate medical attention, the Indian Army helped to mitigate the risk of complications that could arise from untreated health issues.

The response from the local population has been overwhelmingly positive. Villagers expressed deep gratitude for Army's initiative, which brings much-needed medical services directly to their doorsteps. Beyond the immediate medical benefits, the

mobile medical patrols play a crucial role in building and strengthening the relationship between the Indian Army and the local communities and fosters trust and goodwill.

The proactive approach in medical assistance helps to prevent onset of diseases and also reduces the healthcare burden on the individuals and the system.

It hence reassures the residents of the Indian Army commitment to their welfare and security, thereby enhancing the sense of safety and community cohesion. A total number of 38 villagers (14 Male, 18 Female and 06 Children) were benefitted by the mobile medical patrol.

Second randomization of counting staff held in Udhampur

■ STATE TIMES NEWS
UDHAMPUR: The second randomization of counting staff for the Assembly Constituencies was successfully conducted today in preparation for the counting scheduled on October 8, 2024. The process was carried out under the supervision of District Election Officer Udhampur, Saloni Rai in presence of Counting Observers Dr. Gagan and Arun Prakash Sharma along with the Returning Officers, here at Mini Conference Hall DC Office Complex, Udhampur.

The randomization was conducted using dedicated software, strictly adhering to the guidelines of the Election Commission of India, ensuring fairness and impartiality in the selection of counting personnel.

To maintain complete transparency, the video of the entire procedure was recorded.

The DEO highlighted that adequate arrangements have been made to equip the staff with the necessary knowledge and orientation to ensure the smooth and efficient conduct of the counting process.

■ STATE TIMES NEWS
JAMMU: Bee Enn Charitable Hospital marked the completion of its internship program for psychology students by hosting a Contact Program. The event saw the distribution of certificates to the students and provided them with vital career guidance to help shape their future in the field of psychology and mental health.

Addressing the gathering, Director Bee Enn CARE, Dr. Chand Trehan, who also leads the internship initiative, emphasised the hospital's mission to develop top-tier counsellors and mental health professionals. Dr. Trehan also conducted multiple sessions during the program, offering practical tips for a successful career in the mental health sector. "Our objective is to build a skilled workforce that can address the growing demand for qualified mental health practitioners," she said.



An intern receiving certificate.

Dr. Abhishek Chauhan, the Chief Guest and a renowned psychiatrist, spoke about the increasing importance of mental health awareness. He emphasised that while most mental health problems are not severe, early intervention and counselling are crucial in preventing their escalation. "We need more

skilled professionals to address these challenges, and society must become more aware of the importance of mental health," he said.

Prof. Sarika Manhas, Head of the Home Science Department at Jammu University, stressed the impor-

ance of recognizing qualified counsellors and promoting their services.

Dr. Sandeep Gupta, Assistant Director IGNOU Jammu, highlighted the career opportunities in the mental health field and outlined future prospects for psychology students. He also informed the participants about upcoming IGNOU programs that offer value addition for aspiring professionals in the field.

Trustee, Bee Enn Charitable Trust, Kunal Bhalla, urged the students to continue working hard, highlighting the charitable work done by the trust to uplift underprivileged sections of society, particularly in rural areas.

The program was conducted by Dr. Darpreet Kaur and concluded with a message of encouragement and hope for the students.

JKTJAC holds monthly meeting, raises issues

■ STATE TIMES NEWS
UDHAMPUR: A meeting was held by Jammu Kashmir Teachers' Joint Action Committee (JKTJAC) at Udhampur under the leadership of UT President Vinod Sharma and District President Lekh Raj Parihar .

The meeting was attended by the representatives from all the eleven zones of the district.

While speaking on the occasion Vinod Sharma raised the genuine and burning issues of the teaching fraternity and appealed administration to resolve them for the welfare of thousands of these teachers .

Raising the genuine and burning issue of Old Pension Scheme in favour of employees appointed on or after 01.01.2010 Sharma appealed the authorities to implement it as this scheme (NPS) isn't in the their favour as they are deprived of benefits after retirement.

Raising the issue of comprehensive transfer policy in favour of teachers



A speaker expressing views in the meeting.

appointed under ReT scheme he said that these teachers have been working in the same schools for last more than 20 years and many of them including females are suffering badly and urged for implementation of transfer policy.

Other demands highlighted by the UT President were Regularisation of ReTs who have completed 5 years ReT period; Conversion of RRETs to

Teachers Grade II/ III; Benefit of Cash in Lieu in favour of teaching fraternity; Conversion of headteachers posts into non plan posts of masters; One more DPC of teachers to masters; adjustment of recently promoted masters, Release of time barred arrears of Teachers/masters; Raising Grade of teachers at par with their counter parts in other UTs; Earned leave in favour of teachers

engaged during summer/ winter vacation for summer/ winter camps and for other duties.

Speaking on the occasion Lekh Raj Parihar urged the Chief Education Officer Udhampur to release the MDM dues which the teachers have managed from their own pockets. He also urged him to intervene in the matter of completion of service records of the teachers in many zones of the district besides release of dues of the teachers which is matter of great concern.

Others who also spoke on the occasion were :- Sukesh Khajuria, Ashok Seth, Pritam Goswami, Vijay Sadhotra, Sandeep Sharma, Romesh Chander Goswami, Sham Singh, Anil Sharma, Sandeep Singh, Parshant Sharma, Gurdev Singh Suresh Sharma, Som Raj, Rakesh Singh, Sanjay Sharma, Arjun Singh, Sushma Sharma, Kuldeep Sharma, Ajay Singh, Yash Paul and others.

DEO Reasi holds meeting with contesting candidates & political representatives ahead of counting process

■ STATE TIMES NEWS
REASI: The District Election Officer (DEO) Reasi, Vishesh Mahajan

today held a meeting with contesting candidates and representatives of political parties of the district Reasi at DC office complex in order to discuss the arrangements of counting of votes which is going to take place on 8th October.

DEO briefed them about the whole layout process of counting and assured them that the process will be smooth and transparent as per ECI guidelines. He also took suggestions and queries



DEO Reasi, Vishesh Mahajan chairing a meeting.

from the representatives and assured them of full cooperation. DEO urges them to cooperate and maintain order and discipline during the counting process. Instructions were given to them that no

entry in premises will be allowed without proper identity cards. He urged them to exhibit the highest standards of conduct in the electoral process and strictly adhere to the norms especially on the

Model Code of Conduct. The meeting was also attended by the RO AC-57 Anshumali Sharma, RO AC-58 Piyush Dhotra, RO AC-56 Mazahir Hussain, Dy. DEO Rakesh Kumar and other officials.

Counting Observer inspects counting arrangements at Ramban

■ STATE TIMES NEWS
RAMBAN: Counting Observer for AC-55 Banihal, B.P. Chauhan, along with District Election Officer (DEO) Baser-Ul-Haq Chaudhary and Senior Superintendent of Police (SSP) Kulbir Singh, today inspected the counting arrangements made by the district administration for the upcoming vote counting scheduled on October 8, 2024, in Ramban. The strong rooms and counting halls have been established at the District Administrative Complex in Maitra, Ramban. The arrangements include foolproof security and necessary infrastructure to facilitate a transparent process. During the inspection, the Counting Observer interacted with Returning Officer for AC-55 Banihal, Rizwan Asgar, and discussed various measures to ensure a smooth and transparent counting process in the district. The DEO provided a detailed briefing on the arrangements made for both AC-54 Ramban and AC-55 Banihal as part of the Assembly Elections 2024. The Counting Observer emphasized the importance of collective efforts in ensuring a fair and transparent counting process, assuring full guidance and cooperation from the Election Commission in this regard.

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