

JK Public School Kunjwani students visit AIIMS Jammu



JKPS Kunjwani students along with their teachers, Sheetal Khajuria, PGT Biology and Dheeraj Kumar, PGT Physics during visit to AIIMS Jammu.

STATE TIMES NEWS

JAMMU: A contingent of 30 students from Grade XI (Medical stream) of JK Public School Kunjwani had the unique opportunity to visit the prestigious All India Institute of Medical Sciences (AIIMS) Jammu.

The educational trip was organized with the objective of providing the students a firsthand experience of modern medical facilities and to inspire interest in the field of healthcare and medical sciences.

The students, accompanied by their teachers, namely, Sheetal Khajuria, PGT Biology and Dheeraj Kumar, PGT Physics arrived at AIIMS Jammu in the morning hours.

They were warmly welcomed by the hospital administration and given an introductory briefing

about the institution, its history, and its role in the healthcare system of India.

The visit began with an orientation session led by Dr Mohd Anwar-Ul-Khalig, Assistant Professor, Dept. of Hospital Administration, AIIMS Jammu. He gave a detailed presentation on the various departments of AIIMS, highlighting the cutting-edge medical treatments and technologies used in patient care. Students were briefed on how AIIMS plays a crucial role in providing specialized healthcare services to people from different regions.

After the orientation, the students were taken on a guided tour of key departments including:

Outpatient Department (OPD): Students learned how patients are received and treated in various clinics, from initial consultation to diagnosis.

Radiology Department: The students were shown the latest medical imaging technologies such as MRI and CT scanners, and how they are used in diagnosing complex health conditions.

Emergency Department: Students witnessed the operations of the emergency department and were briefed on the importance of immediate medical interventions during emergencies.

Operation Theatre (OT): They were given a glimpse into a sterile operation theater and introduced to the technology that assists surgeons in performing critical surgeries.

As part of the educational aspect of the visit, students were shown live demonstrations of basic first-aid procedures. They were taught how to administer CPR (Cardiopulmonary Resuscitation) in emergency situations and how to manage minor

injuries. This hands-on experience left a lasting impact on the students.

The highlight of the visit was an interactive session with Prof (Dr.) Shakti Kumar Gupta the Founder Director & CEO of AIIMS Jammu along with a panel of doctors from various specialties. The students enthusiastically asked questions ranging from career opportunities in the medical field to the role of AI and robotics in modern medicine.

Prof (Dr) Gupta encouraged them to pursue science and healthcare as viable career options and explained the importance of dedication and hard work in the field.

On behalf of JKPS Kunjwani management, staff and students, Principal JKPS Kunjwani Rajesh Rathore expressed gratitude to Prof (Dr) Shakti

Kumar Gupta, Founder Director & CEO, AIIMS Jammu alongwith Dr. Sanjolly Gupta, PA to the Director for allowing JKians to visit the premier institution and for giving them a lifetime experience.

Expressing his gratitude, Principal Rathore stated, "The visit to AIIMS Jammu was an eye-opening experience for the students. It not only gave them a deeper understanding of how a top-tier healthcare institution operates but also sparked an interest in the field of medical sciences. We express our gratitude to the leadership, hospital staff and their teachers for organizing such an insightful visit".

The trip concluded with a group photograph, capturing the memorable day. The students returned to school with a broader perspective on healthcare and many left with a newfound ambition to contribute to the medical field.

Inter-Division UT level tournament concludes



Participating teams posing for a photograph with dignitaries at closing ceremony.

STATE TIMES NEWS

KISHTWAR: The Inter-Division UT Level Tournament organized by the Department of Youth Services & Sports, Kishtwar concluded on Monday in a grand success at Government Higher Secondary School (GHSS) Girls Kishtwar.

The tournament brought together young athletes from across Jammu & Kashmir to compete in thrilling matches of Kho-Kho (U/17 and U/19 Boys) and Volleyball (U/14 Girls) showcasing exceptional talent and competitive spirit.

The event was meticulously supervised by District

Youth Services and Sports Officer (DYSSO) Kishtwar Jaffer Haider Sheikh. The tournament fostered not only athletic competition but also camaraderie among participants from diverse regions.

The Chief Guest at the closing ceremony Chief Education Officer Kishtwar

Javid Ahmed Kichloo extended heartfelt congratulations to all participants for their enthusiasm and dedication.

In his address Javed lauded the efforts of the athletes, coaches, and organizing staff commending the Department of Youth Services & Sports Kishtwar

for its disciplined and hard-working team.

DYSSO also took the opportunity to express his gratitude and pride in his team, specifically, PEMs, PETS, REKS, GMS, and NYC members.

In Kho-Kho U/17 Kashmir Division triumphed over Jammu where as in Kho-Kho U/19 Boys, the Jammu Division secured victory against

Kashmir. In the Volleyball U/14 Girls Finale, Jammu dominated the volleyball finals winning against Kashmir with a commanding 9-point advantage.

The closing ceremony featured a prize distribution where the winners were celebrated for their outstanding performances and sportsmanship.

KC College of Education observes World Habitat Day



KC College of Education students with winner students of Arya Girls High School, Jammu.

STATE TIMES NEWS

JAMMU: Environmental Club of K.C. College of Education observed 'World Habitat Day', a day celebrated on first Monday of October every year as designated by United Nations with the purpose to reflect the basic right of all to adequate shelter.

On this occasion, the club organized a slogan writing activity for the students of Arya

Girls High School, Jammu on the theme "Creating A Better Urban Future". The main aim of the activity was to remind the people in general and students in particular that they are responsible for the habitat of future generations.

A good number of students of Arya Public High School participated enthusiastically in the activity and showcased their

creativity. The best slogan writers were rewarded. Principal of the college, Dr. Sanjay Tickoo appreciated the efforts of the students and the environmental club of the college for organizing such awareness activities.

The whole event was convened by Dr. Pooja Sharma, Club convener and Rita Janwal, college faculty.

Skipper Gurkeerat Mann guides team to second win in Legends League Cricket 2024



STATE TIMES NEWS

JAMMU: Dilshan Munaweera's all-round performance was overshadowed by Gurkeerat Singh Mann's top class knock with the bat which helped Toyam Hyderabad to defeat Konark Suryas Odisha by 4 wickets at the Molana Azad Stadium in Jammu on Sunday.

Ryder was then joined by Kevin O'Brien in the middle. The duo added 19 runs for the second wicket before Kevin O'Brien was dismissed for 5 from 9 balls. Ryder managed to add just 11 from 15 balls.

Dilshan Munaweera remained the lone warrior in the innings as he scored 51 from 51 balls. Irfan Pathan scored 7 from 9 balls and Yusuf Pathan contributed with 7 from 18 balls.

At the end of the innings, Konark Suryas Odisha posted a total of 100/9 in 20 overs.

For Toyam Hyderabad,

Bipul Sharma (2/23) and Ravi Jangid (2/15) picked two wickets each in the innings. Nuwan Pradeep (1/21), Monty Panesar (1/13), Shivakant Shukla (1/10) and Stuart Binny (1/6) bagged one wicket each.

With a target of just 101 on the board, Chadwick Walton and George Worker opened the innings for Toyam Hyderabad. They lost the first wicket at just 21 runs on the board as Chadwick Walton (8) was dismissed by Dilshan Munaweera. George Worker could manage to score 12 from 12 balls.

Gurkeerat Singh Mann single handedly helped his team to win the match as he remained unbeaten on 52* from 50 balls. Bipul Sharma also remained not out on 7 from 6 balls.

For Konark Suryas Odisha, Dilshan Munaweera took 3/26 in 4 overs while Shahbaz Nadeem (1/12) and Pravin Tambe (1/20) picked one wicket each in the innings.

Her session included a live

MIER students explore career pathways in music and dance at IMFA

STATE TIMES NEWS

JAMMU: In an initiative aimed at broadening students' understanding of the arts, a group of 12th-grade students from the Model Institute of Education and Research (MIER), BC Road Jammu, visited the Institute of Music and Fine Arts (IMFA), Jammu.

The visit, organized to introduce students to potential career opportunities in the fields of music and dance, provided them with a comprehensive overview of academic and professional prospects available in the performing arts after completing their schooling.

The IMFA, known for its dedication to preserving and promoting traditional art forms, welcomed the students with an engaging and informative orientation session.

Dr. Priya Dutta, Head of the Department of Music and In-Charge of the Kathak Dance Department, led the session. With her expertise in Kathak, Dr. Dutta presented an insightful introduction to the classical dance form, explaining its rich cultural heritage and significance.

Her session included a live

demonstration of Kathak, demand for professionally the students to the world of



MIER students posing with dignitaries at IMFA Jammu.

where she captivated the audience with the elegance and expressive storytelling inherent in the dance.

The students were not only able to witness the beauty of the art form but also gained a deeper appreciation for the discipline and passion required to pursue Kathak as a career.

During the presentation, Dr. Dutta discussed the various career opportunities available for students interested in dance, from performance and choreography to teaching and cultural preservation.

She emphasized the growing

trained artists in India and abroad, particularly in classical dance forms like Kathak, which continue to draw interest and appreciation on global stages.

Following the orientation on Kathak, the students were taken on a guided tour of other departments within the institute, including those dedicated to vocal music and instrumental studies.

Bindu Sharma, who also played an instrumental role in organizing the visit, provided the students with an overview of all the departments at IMFA, explaining the diverse opportunities the institute offers for those wishing to pursue higher

education and professional training in music and fine arts.

The students' music and dance teachers, Vivek Mohan and Mohini, accompanied them throughout the visit, offering their guidance and support as they explored the various departments. The educational trip served as an eye-opener for many students, sparking interest in pursuing the performing arts not just as a passion but as a viable career option.

The Institute of Music and Fine Arts, Jammu, remains committed to nurturing young talent and encouraging students to explore their artistic potential. Through such initiatives, the institute hopes to inspire future generations of musicians and dancers to carry forward the legacy of India's rich cultural heritage while contributing to the global arts community.

This visit marks an important step in bridging the gap between secondary education and specialized artistic training, providing students with a clearer vision of the possibilities that lie ahead in the vibrant fields of music and dance.

Drawing Competition on Dengue Awareness held at BSF School Jammu

STATE TIMES NEWS

JAMMU: A drawing competition on dengue awareness was successfully organized at BSF Senior Secondary School, Jammu, with enthusiastic participation from students across various classes. The event aimed to educate students about the dangers of dengue and the preventive measures that can help control its spread.

The school's Principal, Dr. S. K. Shukla, graced the occasion and praised the students for their creativity and commitment to such an important cause. Addressing the students during the school's morning assembly, Dr. Shukla emphasized the significance of spreading awareness about dengue prevention and maintaining clean surroundings to prevent



Principal BSF School Jammu, Dr. S. K. Shukla honouring winner students.

dengue, particularly among young minds.

Dr. Shukla concluded by urging the students to take the message beyond the school, encouraging their families and communities to stay vigilant and adopt preventive practices. The competition was part of the school's larger initiative to promote health and hygiene awareness among students and staff.