

10th All India Police Games Judo Cluster With 2 gold JKP improves medal tally in Pencak Silat

■ STATE TIMES NEWS
SRINAGAR: Hosts Jammu and Kashmir medal tally in the discipline of Pencak Silat gone up to three, including two gold won on Friday in the ongoing 10th All India Police Games Judo Cluster being organised under the banner of All India Police Sports Control Board at SKISC, here.

The first gold in Pencak Silat came in performing events of Regu team and Ganda team. The Regu team included Muneer Ahmad, Mohd Iqbal Malik and Rameez Ahmad Mir. Second place in Regu bagged by Tamil Nadu while Rajasthan and Assam Rifles were at third place.

In Ganda the gold won by the team of duo Adil Ahmad Bhat and Showkat Ahmad Lone. The second place in this event went to Karnataka while Orisha and Assa Rifles finished third.

Other Results: Regu Women: Uttar Pradesh, Gold; Tamil Nadu, Silver; Rajasthan and Maharashtra, Bronze. Ganda Women: Chandigarh, Gold; Tamil Nadu, Silver; Punjab and Orisha, Bronze.

The two-day Karate com-



Adil Ahmad Bhat and Showkat Ahmad Lone of JKP receiving gold medal in Ganda in Pencak Silat at SKISC, Srinagar on Friday.

petition concluded today with ITBP and CRPF closely poised for the overall championship trophy considering the medals won by the teams. Important to mention here that hosts J&K Police could not field its team in Karate discipline.

The Results: MEN: Individual Kata: Joydeb Hela, Assam Rifles, Gold; Anil Sharma, CRPF, Silver; Syed Sunny of BSF and Lowang Wangecha of Arunachal Pradesh, Bronze. Team Kata: CRPF, Gold; ITBP, Silver; Tamil Nadu and Assam Rifles, Bronze.

MEN: Individual Kumite: 55 kg: Arshath AS, CRPF, Ist; G Saravana Kumar, ITBP, 2nd; Biliphang

Basumatary, Assam Rifles and Ronit Kumar, SSB, Bronze. 60 kg: Gaurav Kumar, ITBP, Gold; Abhijith Vlal, CRPF, Silver; Heikham Geetchandra Singh, Assam Rifles and Krishna Vansuniya, Madhya Pradesh, Bronze. 67 kg: Matyup Tamblung, Arunachal Pradesh, Gold; Navdeep, ITBP, Silver; Mohit Kapdi, Uttarkhand and Sagar, Assam Rifles, Bronze. 75 kg: Vikram Saini, CRPF, Gold; Krushan Ch Nayak, Odisha, Silver; Deepak Sharma, ITBP and Gurehet Singh, BSF, Bronze. 84 kg: Sagar, Assam Rifles, Gold; Gaganpreet, CRPF, Silver; Sanjeev Singh, Manipur and R A Varun Kumar, Tamil

Nadu, Bronze. Plus 84 kg: Ankit Sharma, ITBP, Ist; Mandep Gogoi, CRPF, Silver; Manoj Pahade, Madhya Pradesh and Ritesh Ray, Odisha, Bronze. Kumite Team: Assam Rifles, Gold; Assam Police, Silver; Odisha and CRPF, Bronze.

WOMEN: Kata Individual: Vanshika Tanwar, Assam Rifles, Gold; Gurga Das, ITBP, Silver; Harleenpreet Kaur, Punjab and B Punithavathi, Tamil Nadu, Bronze. Kata Team: Assam Rifles, Gold; Assam Police, Silver; Tamil Nadu and ITBP, Bronze. Individual Kumite: 50 kg: Felicia Nongdhar, Assam Rifles, Gold; Kajal Chandanbatwe Lukesh, CISF, Silver; P

Kalpna, Andhra Pradesh and G Lakshmi, Tamil Nadu, Bronze. 55 kg: Gauri Pathak, CRPF, Gold; Durga Das, ITBP, Silver; Junmoni Borgohain, Assam and Lokam Yajik, Arunchal Pradesh, Bronze. 61 kg: Nikita, ITBP, Gold; Bamang Yakum, Arunachal Pradesh, Silver; Neha Rajendra Magdum, Assam Rifles and B Punithavathi, Tamil Nadu, Bronze. 68 kg: Vaishali Chakaravarti, ITBP, Gold; Suehana Ghosh, West Bengal, Silver; Kiran Malvi, Assam Rifles and Anuradha Patra, Odisha, Bronze. 68 kg: Neetu, ITBP, Gold; Rathi Priya, Delhi Police, Silver; Daizy, SSB and Seema X, Assam Rifles, Bronze. TEAM KUMITE: ITBP, Gold; Assam Police, Silver; Assam Rifles and CRPF, Bronze.

The competition in Judo shall start tomorrow morning at SKISC while the Taekwondo event shall be held at Indoor Complex, Polo Ground. Earlier, during the day, weigh in took place for both the events at the respective venues under the guidance of technical penal constituted for the purpose.

Softball Warriors Club clinches double titles in District Srinagar Softball C'ship



Participating teams posing for a photograph.

■ STATE TIMES NEWS
SRINAGAR: The District Srinagar Softball Championship 2025-26, organized by the District Srinagar Softball Association in collaboration with the J&K Sports Council under the aegis of the Jammu & Kashmir Softball Association, concluded at Gindun Sports Centre, Rajbagh, Srinagar.

The highlight of the event was the Softball Warriors Club, which dominated the championship by lifting both the Senior Women's and Senior Men's titles, showcasing their all-round excellence and teamwork.

The concluding ceremony was graced by Dilbagh Singh, Incharge Gindun Sports

Centre, as the Chief Guest, while Waseem Raja Khan, General Secretary J&K Softball Association, and Ajaz Ahmad, renowned sports promoter, were present as Special Guests. Siraj Ud Din Dar attended as the Guest of Honour. The championship was held under the supervision of Mohamad Iqbal Beigh, Organizing Chairman. Addressing the gathering, the Chief Guest congratulated the organizers for conducting the championship in a professional manner and encouraged the players to work hard to bring laurels to Jammu & Kashmir UT, emphasizing that softball is recognized under the sports quota of the J&K Government. He appreciated the efforts of Nuzhat Gul, Secretary J&K Sports Council, for uplifting sports and providing modern infrastructure for athletes across the Union Territory. He urged players to take

full advantage of the world-class facilities available at Gindun Sports Centre and extended gratitude to the officials, school and college representatives, and volunteers for their contribution to the event's success.

Best Athlete (Women) was awarded to Shaista Wani, while Best Athlete (Men) went to Mohammad Rasib. Later, medals, trophies, and certificates were distributed among winners, runners-up, and third-place teams. Officials including Nayeem Hussain, Saqib Fayaz, Nadeem Hussain, Munera Hassan, and Zainab Zahoor were also felicitated.

Results: Senior Women: Softball Warriors Club; Senior Men: Softball Warriors Club; Junior Girls: Friends Softball Club; Junior Boys: Young Hawks Club; Sub Junior Girls: Tanvi Softball Academy; and Sub Junior Boys: Al Sarwat School.

Lecture on Cyber Security organised by JU under Viksit Bharat initiative

■ STATE TIMES NEWS
JAMMU: The Institution Innovation Council (IIC), University of Jammu, in collaboration with the Department of Botany, organized a lecture on "Cyber Security" under the Viksit Bharat initiative.

The lecture was delivered by Mohd Yaseen Kichloo (IPS), SSP, Cyber Crime Investigation Centre for Excellence (CICE), Jammu and Kashmir.

Kichloo introduced the participants to the fundamentals of cyber security and highlighted various measures to safeguard mobile phones and electronic devices from cyber threats.

He discussed several case studies of cyber frauds from Jammu and Kashmir as well as other regions of the country.

Highlighting the importance of online safety, he urged participants to adopt two-step authentication for their social media accounts such as Instagram, Facebook, and WhatsApp.

He also informed the gathering about the National Cyber Crime

Reporting Portal, a platform through which individuals can report cyber-related offenses.

The session included a hands-on practical component, in which participants were guided to check their mobile phones for potential vulnerabilities, such as call forwarding status, the number of SIM cards issued in their name, and whether their email addresses had been compromised. Awareness videos illustrating various forms of cyber fraud, including cyber arrest scams, were also shown.

Earlier, the event commenced with a welcome address by Prof. Veenu Kaul, President, IIC, JU, who introduced the objectives of the IIC and provided a brief profile of the resource person.

The lecture concluded with an interactive question-and-answer session, followed by a vote of thanks delivered by Prof. Susheel Verma, Head, Department of Botany, JU.

The event was attended by faculty members, research scholars, and M.Sc. students of the Department of Botany.

IIM Jammu concludes Certification Program in Business Analytics for MBA students of ITS Engineering College



■ STATE TIMES NEWS
JAMMU: The Indian Institute of Management (IIM) Jammu concluded its Certification Program in Business Analytics for MBA students from ITS Engineering College, Greater Noida at the Vedanta-MDP Centre on Friday.

The intensive, week-long training aimed to equip participants with essential data analytics tools and techniques to support data-driven decision-making in real-world business scenarios.

The program saw the enthusiastic participation of 25 MBA students and two faculty members from ITS Engineering College, Greater Noida. The sessions focused on practical applications of tools such as Power BI and Python, encouraging students to develop a strategic mindset

for analytics and critical thinking.

At the Valedictory Ceremony, Dr. Yashoda Devi, Program Director, presented the program report, highlighting key achievements, learnings, and engagement levels. She emphasized the program's role in enhancing students' analytical abilities and contributing to their professional growth.

Dr. Pratik Maheshwari, Co-Chairperson, Executive Education and Consultancy, IIM Jammu, appreciated the initiative of ITS Engineering College in fostering academic collaboration and commended the participants for their dedication. He encouraged students to apply their learning to real-life challenges and stressed the importance of understanding the "why" behind analytical methods.

Participants expressed deep appreciation for the immersive experience, describing the program as insightful, hands-on, and transformative. They noted that the sessions provided a strong foundation in business analytics and inspired them to continue exploring opportunities in AI, data science, and machine learning.

The accompanying faculty from ITS Engineering College - Dr. Deepak Sharma, Associate Professor, and Shalu Tyagi, Assistant Professor - praised IIM Jammu for its world-class infrastructure and commitment to academic excellence. They highlighted the program's role in bridging the gap between academia and industry expectations.

The vote of thanks was delivered by Dr. Vijaya Prabhagar, Program Director, IIM Jammu, who reiterated the institute's dedication to nurturing talent and fostering innovation through impactful academic exchanges.

This certification program is yet another example of IIM Jammu's commitment to experiential learning, leadership development, and strengthening industry-academia partnerships, reinforcing its role as a rising leader in management education.

Jammu doctor shines as Sports Medicine Expert at World Para Athletics Championship

■ STATE TIMES NEWS
JAMMU: Dr. Pankajvir Singh, a n Orthopaedic Surgeon from District Poonch, Jammu province, has



brought immense pride to the region by serving as a Sports Medicine Expert and On-field Orthopaedic Surgeon at the World Para Athletics Championship held at Jawaharlal Nehru Stadium, New Delhi Selected by the Sports Authority of India (SAI) and the Paralympic Committee of India (PCI), Dr. Pankajvir Singh became the first Orthopaedic from the Jammu region to serve at this prestigious international event. The championship witnessed participation from over 2,200 para-athletes representing more than 100 countries, where Dr. Singh played a crucial role in on-field orthopaedic care, injury management, and rehabilitation support. Describing the experience as "a true honour," Dr. Singh said it reinforced his belief that "real ability stems from determination and passion." His remarkable contribution stands as a proud moment for Jammu's medical community, inspiring young doctors to merge their medical expertise with service to sports and athletes.

GGM Science College leads way with 'Tobacco-Free Youth Campaign 3.0'

■ STATE TIMES NEWS
JAMMU: Government Gandhi Memorial Science College, Jammu, under the guidance of Principal Dr. Romesh Kumar Gupta, launched the "Tobacco-Free Youth Campaign 3.0" with the objective of sensitizing students about the ill effects of tobacco and promoting a healthy, addiction-free lifestyle among youth.

The program was jointly organized by the NCORD Committee, National Service Scheme (NSS) units, and the Department of Zoology of the college.

The event witnessed enthusiastic participation from NSS volunteers and students of the Department of Zoology, who pledged their commitment to create awareness about the



GGM Science College faculty at a programme.

harmful consequences of tobacco use and its impact on physical and mental health.

The resource person, Dr. Sanjay Kotwal, Associate Professor, Department of Zoology, Government Degree College Reasi, delivered an impressive and thought-provoking lecture on the topic.

He highlighted how tobacco

addiction not only deteriorates an individual's health but also affects families and society at large.

Dr. Kotwal emphasized the need for youth-driven initiatives to combat the rising trend of tobacco use, particularly among students, and urged them to act as ambassadors of a tobacco-free society.

In his address, Principal Dr. Romesh Kumar Gupta appreciated the efforts of the organizers and congratulated the NCORD Committee, NSS, and Zoology Department for taking a proactive step toward youth health awareness. He encouraged students to adopt healthy habits and become role models in spreading the message of a tobacco-free campus.

Earlier, Dr. Brinder Kumar, Associate Professor, Department of Zoology, formally introduced the resource person and set the tone for the session. The program was coordinated by Dr. Rahul Kait, Convener, NCORD Committee, and Dr. Neha Sharma, NSS Programme Officer. The event was expertly compared by Dr. Rohit

Bhardwaj, who ensured the smooth conduct of proceedings.

The session concluded with a formal vote of thanks delivered by Prof. Bal Krishan, who expressed gratitude to the resource person, Principal, faculty members, and participating students for making the campaign a success.

The event was also graced by Prof. Varun Arya and Dr. Bhekhram Pal, who appreciated the meaningful initiative and encouraged students to actively participate in similar awareness programs in the future. The "Tobacco-Free Youth Campaign 3.0" marks another milestone in the college's ongoing commitment to promote a clean, green, and healthy campus, free from the menace of substance abuse.

Inter-Dist Div Level Under-14 Boys Kho-Kho Tournament begins at Doda



Players with officials at inaugural ceremony.

■ STATE TIMES NEWS
DODA: The Inter-District Divisional Level Kho-Kho Tournament for Under-14 Boys commenced on Friday at the Sports Stadium Doda. The event marks the third and final phase of the Kho-Kho (All Age Groups) Boys series, preceded by the Under-17 and Under-19 categories earlier this month.

The tournament is being organized under the direction of the Director General Youth Services and Sports J&K Anuradha Gupta and under the guidance of the Joint Director YSS Jammu, Vinakshi Koul with active cooperation

from the District Administration Doda and full support from the Jammu and Kashmir Sports Council. The event is being conducted under the overall supervision of the District Youth Services and Sports Officer (DYSSO) Jaffar Haider Sheikh.

At the inaugural ceremony, the DYSSO extended a warm welcome to all participating contingents, team managers and officials. He congratulated the young athletes for earning the opportunity to represent their districts and encouraged them to uphold the values of discipline, dedication and

determination. The opening day witnessed a vibrant display of youthful energy as teams took part in the ceremonial march past followed by the official declaration of the commencement of the tournament.

In a thrilling opening match, Team Doda showcased impressive skill and teamwork defeating Team Ramban by one inning and five points setting an inspiring tone for the upcoming fixtures. The tournament promises to be a celebration of sportsmanship, talent and youthful zeal from across the Jammu Division.

Magic Bus India Foundation, Nestle promote mental well-being among students in Jammu

■ STATE TIMES NEWS
JAMMU: To mark World Mental Health Day 2025, Magic Bus India Foundation, under the Nestle Healthy Kids Programme, organized an awareness and wellness session at Government High School, Greater Kailash, Jammu.

The event, aligned with the theme "Mental Health is a Universal Human Right," focused on emotional well-being and stress management



for adolescents and teachers. Yoga and Fitness Trainer Zoha Barkat led interactive sessions on mindfulness,

relaxation, and breathing techniques such as Box Breathing, Bhramari, and Om Chanting, helping partic-

ipants experience calmness and focus.

As part of promoting holistic health, Magic Bus also

distributed dustbins and hand soaps to the school to encourage clean and healthy habits.

The programme saw enthusiastic participation from 153 students and teachers. Principal Vandana Baboo appreciated Magic Bus and Nestlé for organizing an engaging and meaningful session that highlighted the importance of mental and emotional well-being in schools.