

From fixed to flourishing: The Growth mind set mantra at JKPS Kunjwani



Principal J K Public School Kunjwani, Rajesh Rathore and students addressing morning assembly on Monday.

■ STATE TIMES NEWS

JAMMU: "A positive growth mindset means believing that we can always learn, improve, and grow, no matter how difficult things may seem." With this inspiring statement, Adhamya Sharma of Grade 8 Pearl, along with his classmates, conducted the morning assembly on the theme "Developing a Positive Growth Mindset" at JK Public School, Kunjwani. Adding more gravitas to the discussion, Amaira

shared, "Let's practise five daily habits - first, embracing challenges by choosing a tough worksheet, a new sport, or an unfamiliar stage; second, persisting through setbacks by treating mistakes as data, refining our strategy, and trying again; third, seeking and using feedback by asking ourselves, 'What can I do differently?' and then acting on it." Taking the reflection a step further, Ratul added, "Let's admire and then inquire.

When a peer excels, instead of feeling envious, let's ask - how did they train, read, or rehearse? Let's record our reflections in a journal, noting one thing we've learnt, one strategy we've refined, and one person we've helped." The literary flavour of the assembly was enriched by Rudrakshi, who recited a soulful and thought-provoking poem: I stumble once, I stumble twice, But each fall teaches me

something nice. The path is rough, the hill is high, Yet I keep walking, reaching the sky. Mistakes are seeds that future sows, From every crack, a flower grows. I learn, I try, I try once more, Each effort opens a brand-new door. No 'can't', no 'won't', just 'not yet' here, I face my doubts, I lose my fear.

Now every day, in heart and mind, I grow in strength, I grow in kind. Under the 'Quotations' segment, students shared timeless wisdom, Aarnav quoted James Vanier: "Growth begins when we start to accept our own weaknesses". Devanshu referred to Abraham Lincoln: "If you want to predict the future, you need to create it". Aarav Singh quoted Thomas J. Watson: "In a growth mindset, failure is a

teacher, not an enemy. Prabhtej Singh cited Matty Mullins: "The only person you should try to be better than is the person you were yesterday." In his concluding address, Principal Rajesh Rathore lauded the presenters for enlightening the audience and sparking meaningful introspection. He remarked, "Remember, talent is a seed; discipline, feedback, and hope are the water and sunlight. If you keep showing up, you'll keep growing. Let

JKPS be known as a school where students don't fear difficulty, where teachers coach them toward mastery, and where every corridor echoes with the courage to improve." He concluded with an inspiring message, "Together, let us build a culture where effort is honoured, mistakes are instructive, and progress is inevitable. Keep learning, keep trying, and keep adding 'yet' - for the best is yet to come".

DC Reasi reviews arrangements for Diwali Festival

■ STATE TIMES NEWS

REASI: Deputy Commissioner Reasi, Nidhi Malik chaired a meeting to review and finalize the arrangements for the upcoming festival of lights - Diwali. The meeting was held in the Video Conference Hall of the DC Office Complex. During the meeting, the Deputy Commissioner reviewed key areas of preparedness for the upcoming festival, including security and traffic management, water supply and uninterrupted power supply. DC directed all concerned officers to ensure foolproof arrangements are in place to facilitate a smooth, safe and incident-free event.

DC directed the Police and SDRF departments to deploy adequate personnel at the Sports Stadium and other identified sites to deal with any exigency during the sale and bursting of firecrackers.

DC instructed The Fire and Emergency Services Department to keep fire tenders on standby to promptly respond to any fire-related emergencies. The Chief Medical Officer was directed to ensure that all health institutions, including the District Hospital, remain fully functional and prepared to handle any eventuality especially burn injuries. Legal Metrology department were instructed to check market areas for price control, product quality and cleanliness, particularly focusing on sweets and gift items to ensure consumer safety.

ADC Rakesh Kumar, CMO, Dy. SP HQ, Tensildar, Xen PWD, EO MC Reasi and other officers were present.

World Thrombosis Day 2025: Jammu Vascular Society holds scientific session on interventions in Iliofemoral DVT



Society members along with doctors and dignitaries during the programme.

■ STATE TIMES NEWS

JAMMU: In continuation of its mission to promote vascular surgery awareness in the region, the Jammu Vascular Society organized a scientific session today to commemorate World Thrombosis Day 2025, focusing on the rising clinical concern of thrombosis and blood clots, particularly iliofemoral Deep Vein Thrombosis (DVT). This year's theme, "From Head to Toe - Take Control", emphasizes holistic awareness and timely intervention in thrombotic conditions. The scientific meeting brought together members of

the Jammu Vascular Society and an esteemed panel of medical experts. The session revolved around the diagnosis, management, and interventional techniques for iliofemoral DVT- a serious form of venous thromboembolism (VTE). Prof. Dr. Mohan Lal, Senior Cardiologist, chaired the session, with Dr. Gurjit Singh, Senior CTV Surgeon, serving as the moderator. Prominent attendees included Dr. Sushil Sharma, HOD Cardiology; Dr. Noor Ali, Dr. Ishayak Ahmad Mir; Dr. Rahul Gupta (Pulmonologist); Dr. Shyam Singh, Dr. Mohit Arora, Dr. Vivek Gandotra, Dr.

Javed Bandey; Dr. Rouf Gul, Dr. Bhumiika Gupta, Dr. Anil Sharma (Cardiologist); Dr. Vinod Bhan, Dr. Romil (NH Katra); Dr. Sartaj Guroo (AIIMS Jammu); Dr. Sohan Lal (Radiologist); Dr. Arun Dhotra, and postgraduate students from the Department of Cardiology. The keynote address was delivered by Dr. V.S. Bedi, Chairman, Institute of Vascular and Endovascular Surgery, SGRH New Delhi. He spoke on the increasing role and indications of interventions in iliofemoral DVT, highlighting cutting-edge thrombectomy systems, venous stents, and

technological advancements in managing venous stenosis and thrombotic occlusions. The session concluded with an interactive discussion, where all participants shared their clinical experiences and perspectives. Dr. Arvind Kohli, Convenor of the Jammu Vascular Society, expressed gratitude to the panelists and participants. Emphasizing the significance of World Thrombosis Day, he stated: "We must keep our eyes open to thrombosis, a silent killer: 1 in 4 people globally die due to thrombotic conditions. Early detection and timely intervention are vital to saving lives." Dr. Kohli further stressed the importance of ever oral anticoagulants, advanced diagnostic tools, and mechanical thrombectomy systems like AngioJet, which offer efficient clot removal and better patient outcomes when used judiciously. He also thanked Rohan and Abhishek from Bayer for their support in facilitating this academic event.

5 vehicles including 4 dumpers seized for illegal mining

■ STATE TIMES NEWS

SAMBA: Continuing its drive against illegal mining, Samba Police has seized five vehicles including 04 dumpers in the jurisdiction of Police Stations Samba, Ghagwal and Ramgarh which were being used for illegal transportation/mining of the construction material. Police teams headed by SHO PS Ramgarh, SHO PS Ghagwal, SHO PS Vijaypur and Incharges of Police Posts Supval & Mansar of PS Samba while performing patrolling duty in their

jurisdictional areas, have seized four dumpers bearing registration Nos. JK21G-5674, JK21H-9222, JK21J-7583, JK02CJ-5591 and a tractor trolley bearing registration No. JK08M-9526 which were being used for illegal transportation/mining of the construction material in the area. The above mentioned vehicles have been seized by Samba Police and handed over to the Geology & Mining Department, Samba for further legal action.

CLUJ celebrates Duggar Heritage through "Duggar Utsav"

■ STATE TIMES NEWS

JAMMU: Cluster University of Jammu (CLUJ), in collaboration with the Senior Citizens Support Services Club, Chovadi, Jammu, celebrated the rich cultural legacy of the region through a two-day festival titled "Duggar Utsav", held at the Auditorium of Government College for Women, Gandhi Nagar, Jammu. The inaugural ceremony was graced by Prof. Sanjeev Jain, Vice-



Dignitaries at the event.

Chancellor, Central University of Jammu, as the Chief Guest, and Prof. K. S. Chandrasekar, Vice-Chancellor, CLUJ, who presided over the event. Ashok Gupta, General Manager and Divisional Head, JK Bank, Jammu, was the Guest of Honour. Welcoming the dignitaries, Prof. D. S. Manhas, Dean Students' Welfare, highlighted the importance of preserving the Duggar cultural identity in today's rapidly changing times. The ceremony commenced with traditional lamp lighting and Saraswati Vandana, setting a vibrant

tone for the celebration. Addressing the gathering, Prof. Sanjeev Jain lauded the university's initiative in promoting Dogri language and culture, emphasizing that cultural preservation fosters inclusivity, pride, and a sense of belonging. Prof. K. S. Chandrasekar commended the organizers, noting that "Duggar Utsav embodies the spirit of unity through culture and learning, reflecting the vision of a vibrant academic community." Day one featured a Dogri Elocution Competition, where 35 participants eloquently

expressed their thoughts in Dogri before an esteemed panel of judges including Padamshree Mohan Singh, Yashpal Yash, and other renowned cultural personalities. The event was attended by Registrar Ankur Mahajan, deans, principals, faculty members, students, and members of the Senior Citizens Support Services Club, including Dr. Kasturi Lal and Maj. Gen. S. K. Sharma, who praised the cultural vibrancy of the programme. The proceedings of the program were carried out by Dr. Revika Arora in a coherent way whereas the vote of thanks was presented by Dr. Sunita Kumari, Assistant Dean, GGM Science College. The celebration is scheduled to continue on October 14, 2025, with essay writing and folk singing competitions, followed by the valedictory ceremony and prize distribution.

Div Com calls for systematic regulation of traffic on NHs

■ STATE TIMES NEWS

JAMMU: Divisional Commissioner Jammu Ramesh Kumar on Monday directed enforcement agencies to ensure systematic regulation of traffic on National Highways and take effective measures to decongest city roads in view of the ongoing festival season. He directed the concerned departments to ensure smooth vehicular movement and hassle-free commuting for the public.

The Divisional Commissioner Jammu was chairing a meeting of Deputy Commissioners, Traffic Officers, representatives of the National Highways Authority of India (NHAI), Border Roads Organisation (BRO) and other concerned departments to review the traffic related issues in Jammu city and vehicular movement on the National Highways. At the outset, the Divisional Commissioner took a detailed review of the prevalent traffic scenario in Jammu city as well as along the National Highways viz Lakhanpur to Banihal NH, Jammu Pooch road, Mughal road, Doda Kishwar and other major roads



Divisional Commissioner Jammu Ramesh Kumar chairing a meeting.

He expressed concern over the frequent traffic jams in the city that are causing inconvenience to the public. He directed the traffic regulating authorities to take immediate and effective measures to ensure smooth vehicular movement, particularly during peak hours and in the busy market areas of the Jammu city. The district administrations and Traffic department were asked to intensify patrolling and deploy additional personnel to facilitate smooth movement during the festival season. He also instructed to facilitate movement of fruit laden trucks, essential supplies and seasonal migration of Nomads. "Facilitate movement of supplies and fruit-laden trucks at all transit point to

avoid unnecessary halts and delays. Also devise a well-coordinated movement plan for the seasonal migration and movement of nomads along with their cattle and livestock," he said observing that it often leads to traffic congestion on the highways. Referring to upcoming and new infrastructure projects, the Div Com directed the executing agencies to expedite the completion of formalities to fast track construction of four new proposed bridge projects. He further instructed for expediting the black-topping and road renovation works, particularly in areas prone to traffic jams. The Div Com laid special emphasis on effective traffic management and enforcement, instructing the officers to identify critical congestion

zones and take timely remedial measures. He called for strict action against illegal parking, roadside encroachments and violation of one-way routes. The Div Com also stressed on public cooperation, urging commuters and transporters to follow traffic advisories and extend support to the administration in maintaining order on the roads. The meeting was attended by Deputy Commissioners of concerned districts, Senior Superintendent of Police (Traffic), officers from NHAI, BRO, PWD and other line departments. The Div Com directed all the participating departments to maintain close liaison and submit periodic progress reports to his office for continuous monitoring.

Live webcast of PM-DDKY held at KVK Kathua

■ STATE TIMES NEWS

KATHUA: KVK Kathua organized the Live webcast of the Pradhan Mantri Dhan Dhanya Krishi Yojana (PM-DDKY), a flagship initiative aimed at promoting sustainable agriculture, enhancing farmer income, and strengthening food and nutritional security. The event was marked by the gracious presence of Deputy Commissioner (DC) Kathua Rajesh Sharma, Vishal Mahajan Chief Scientist and Head, KVK Jatinder Khajuria Chief Agriculture Officer, Ashwani Khajuria Chief Horticulture Officer, who shared their views on the significance of PM-DDKY and ongoing efforts in the agriculture sector. In his keynote address, Rajesh Sharma, DC Kathua Speaking on the occasion, the Deputy Commissioner highlighted the significance of the newly launched scheme in transforming agriculture across identified districts through convergence of multiple development initiatives. He appreciated the efforts of KVK Kathua and Department of Agriculture in bringing awareness among farmers regarding new government programmes especially HADP and JKIP other schemes.



Dr. Vishal Mahajan, Chief Scientist & Head, KVK Kathua gave a detailed overview of the PM-DDKY initiative and KVK's ongoing efforts in implementing skill development programmes. Jatinder Khajuria, Chief Agriculture Officer, emphasized the role of scientific interventions and capacity-building of farmers. Ashwani Sharma, Chief Horticulture Officer highlighted the vast potential of horticulture under PM-DDKY. The proceedings of the programme were carried out by Dr. Anamika Jamwal Chief Scientist (PP), Dr. Ajay Kumar, Neeraj Singh, Anit Kumar, Sushant Sharma, Raj Kumar, Rishav Sharma and all the members of KVK Kathua cooperated in successful organization of the programme. The event concluded with a vote of thanks presented by Dr. Berjesh Ajrawat Chief Scientist (A.E).

OFFICE OF THE EXECUTIVE ENGINEER, ELECTRIC CENTRAL STORES DIVISION PAMPORE

Corrigendum

Kindly read e-NIT NO: ECSD/01 of 2024-25 Dated 15.06.2024 as e- NIT No: ECSD/03 of 2025-26 of 06.10.2025 for up gradation of Weighing Bridge at ECSD Pampore by way of changing from Mechanical to Electronics.

No: Ts/11-13 SD/
Dated: 11.10.2025 Executive Engineer
DIP/J-2269-P/25 ECSD Pampore
Dated:- 13/10/2025

IN THE COURT OF JUDICIA MAGISTRATE 1st CLASS AKHNOOR

Kamal Singh S/o Sarsa Ram R/o Village Dhounhack Tehil Khour Distt Jammu. (Complainant)

VERSUS

Rajinder Singh S/o Sain Singh Chib R/o Village Dhounhack Tehil Khour Distt Jammu. (Accused)

IN THE MATTER OF:- Complaint u/s 138 of Negotiable Instrument Act.

Coram: Arushi Shukla
JO Code: JK00308

NOTICE TO:- Rajinder Singh S/o Sain Singh Chib R/o Village Dhounhack Tehil Khour Distt Jammu

Whereas, the above titled complaint is pending disposal before this court wherein the accused namely Rajinder Singh S/o Sain Singh Chib R/o Village Dhounhack Tehil Khour Distt Jammu could not be served yet. As such, this court is satisfied that service of accused is not possible in an ordinary process. Therefore, through the medium of this proclamation, the said accused is called upon to appear before this Court and file his reply in person or through counsel on before the next date of hearing i.e. 17.10.2025, failing which the complaint shall be decided in his absence and shall be binding upon him. If the date fixed is declared holiday the matter shall be taken up on next working day.

Given under my hand and seal of this court today on 13th day of October 2025.

Sd/
MUNSIFF
Judicial Magistrate 1st Class
Akhnoor

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