

Says restrictions to be lifted in a Phased Manner; Appeals to citizens not to heed rumours

The officials briefed the Lt Governor on the latest security scenario and the measures undertaken to maintain peace and stability in the region.



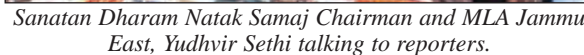
He further directed the

Appealing to the citizens,

"Peace and development are the top priorities of the administration. Together, with the cooperation of the people, Ladakh will continue on the path of progress," he added.

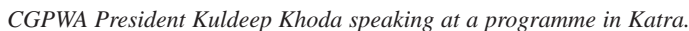


Speaking about the values of Sanatan Dharma, Yudhvir Sethi said that it is not just a religion but a way of life that teaches harmony, respect for all beings, and the pursuit of



these celebrations," he stated. "With each passing year, Sanatan Dharma Natak Samaj are putting in their best efforts to make Rameela and Dussehra celebrations more impressive. The festival symbolizes the eternal victory of good over evil," he added while extending warm greetings to the people of Jammu and Kashmir on the occasion of Vijaydashami. Yudhvir Sethi

Dr. Vishav Dev Singh highlighted how ageing leads to physiological changes caus-



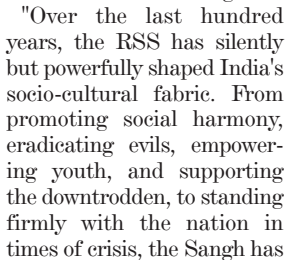
He also explained age-related changes in the liver and advised caution with medica-

Dr. Parul Gohil's talk focused on chronic pain and its physical and psychological impact on the elderly, including mobility issues, depression, and sleep disturbances. She explained that any persistent pain lasting beyond three months needs medical attention. She discussed interventional treatments

In his presidential address, Kuldeep Khoda thanked both doctors for their enlightening talks and praised Narayana

General Secretary K.B. Jandial welcomed the attendees, while Vice President Dr. Sudarshan Kumar proposed the vote of thanks. The event concluded with the announcement of a Health Camp to be held on October 3 at Narayana Hospital's Gandhi Nagar OPD.

Party Spokesperson Gaurav Gupta said this moment is not just a ceremonial milestone but a national acknowledgment of the RSS's century-long service to society and the nation. He underlined that the Sangh, since its foundation in 1925, has been dedicated to the vision of a strong, self-reliant, and united Bharat, inspiring millions through its principles of discipline, self-



Gupta added, "As our nation moves towards the

On behalf of BJP J&K, Gupta congratulated the nation on this historic occasion and paid glowing tributes to the founders and swayamsevaks of RSS who have contributed immensely in shaping the idea of modern India while staying committed to its civilizational ethos.

The event witnessed the participation of over 250 skilled youth mobilised by Project Implementing Agencies (PIAs) under



In his address, the Secretary underscored that placements are the core milestone of the Himayat-DDU-GKY programme. "Job fairs like Kaushal Parv serve as a direct bridge between trained youth and employers, ensuring transparent, sustainable, and industry-driven employment outcomes."

Addressing the gathering, COO, HMMU-

Pertinently, Himayat, the J&K chapter of the Deen Dayal Upadhyaya Grameen Kaushalya Yojana (DDU-GKY), is a flagship placement-linked skill development programme of the Ministry of Rural Development, Government of India.

FORGOTTEN MONEY IN YOUR OLD BANK ACCOUNTS?

RBI will help you recover what's yours

Money in Inoperative Accounts (inactive for more than 2 years and up to 10 years) lying with your bank / Unclaimed Deposits (Beyond 10 years) is transferred to DEA Fund of RBI.
You or your legal heirs can claim it anytime.

3 EASY STEPS TO CLAIM YOUR MONEY

1. Visit any bank branch, even if it's not your regular branch
2. Submit a form with KYC documents (Aadhaar, Passport, Voter ID, or Driving Licence)
3. Receive your money with interest, if any, after verification

To find your unclaimed deposits

Search your bank's website or check RBI's UDGM portal (<https://udgam.rbi.org.in>) covering 30 banks currently

Visit Special Camps on Unclaimed Assets being conducted in all districts across the country during October to December 2025

Scan the QR code

For more details, visit <https://rbikehtahai.rbi.org.in>
For feedback, write to rbikehtahai@rbi.org.in

Official WhatsApp No.
99990 41935

Issued in public interest by
भारतीय रिज़र्व बैंक
RESERVE BANK OF INDIA
www.rbi.org.in