

Education Beyond Academics: JKPS Kunjwani promotes the ethos of self-discipline



Principal JK Public School Kunjwani Rajesh Rathore and students addressing morning assembly on Friday.

■ STATE TIMES NEWS
JAMMU: "Self-induced discipline among youth can elevate our nation to the rank of global superpowers," asserted Homera Jabeen, student of Grade 7th Falcon, while conducting the morning assembly alongwith her classmates on the theme 'Importance of Self-Discipline in Life'.

Aashriya Gupta stated, "Discipline is the compass that directs one toward excellence. It helps us adhere to rules and complete our tasks within a stipulated time-frame. It acts as a catalyst that expedites progress and empowers individuals to achieve their dreams. It is our pole star guiding us towards our destination."

notch higher, Anshpreet Singh highlighted the role of discipline in effective time management. "Disciplined individuals manage their hours wisely and focus on meaningful pursuits," he said. "A proactive approach - creating a schedule and adhering to it with perseverance - ensures long-term success." During the Quotations Segment, the students

shared inspiring thoughts from eminent personalities: Tiana Sharma quoted Jim Rohn: "Discipline is the bridge between goals and accomplishment". Bhavya Sharma cited Dr. A.P.J. Abdul Kalam: "Self-control and self-discipline are real power". Saira Mahajan referred to Naval Ravikant: "The price of discipline is always less than the pain of

regret". Mohd. Assad invoked Sir Francis Bacon: "A man must so command his passions that he makes them his servants, not his masters". Basit shared Stephen Hawking's wisdom: "Self-discipline is the silent strength behind every success; when you master yourself, you master everything".

Rajesh Rathore commended the young presenters for their thoughtful insights and said, "Discipline must be self-induced, never imposed. Imposed discipline is temporary, but self-inspired discipline is eternal. Educational institutions must continuously strive to nurture this spirit among students so they grow into conscientious citizens and torchbearers of

moral integrity." He further urged teachers, parents, and elders to lead by example: "Every child mirrors the conduct of their mentors and elders. Therefore, it becomes our moral responsibility to embody the values of righteousness, sincerity, and restraint - for children learn more from what we do than what we say."

Rs 16.65 Cr Post-Matric Scholarship for Tribal students sanctioned for FY 2025-26

■ STATE TIMES NEWS
SRINAGAR: Jammu and Kashmir Government has approved and released Rs 16.65 crore under the Post Matric Scholarship (Tribal) scheme for the financial year 2025-26. The allocation includes Rs 14.99 crore as the central share and Rs 1.66 crore as the Union Territory (UT) share, under the Centrally Sponsored Scheme (CSS) of the Ministry of Tribal Affairs, Government of India. The funds have been released through BEAMS via the SNA SPARSH platform, ensuring transparent, efficient, and timely transfer to beneficiaries. This initiative reflects Omar Abdullah Government's strong commitment to empowering tribal youth through education and reducing financial barriers to higher learning. Announcing the release, Minister for Tribal Affairs, Javed Ahmed Rana said that the enhanced allocation reinforces Government's resolve to mainstream tribal youth by facilitating their access to higher education, professional training and skill development opportunities. "The Omar Abdullah-led government remains steadfast in ensuring that no deserving tribal student is deprived of education due to financial hardship," the Minister said. "This initiative embodies our unwavering commitment to equity, opportunity and social justice. With this allocation, we are strengthening the foundation for inclusive growth and empowerment."

Agriculture Dept gears up for Jhiri Mela-2025



Director Agriculture Jammu Anil Gupta chairing a meeting on Friday.

■ STATE TIMES NEWS
JAMMU: The Department of Agriculture Production & Farmers Welfare Jammu has started preparations for Jhiri Mela 2025- an annual event held to commemorate the sacrifice of the 16th-century farmer saint, Baba Jitto who laid down his life fighting against injustice and feudalism.

The Director Agriculture instructed all sectoral heads to ensure that departmental stalls are set up with the high standards of presentation, cleanliness and innovation. He stressed that the department, which has consistently secured top honours in previous exhibitions, should strive to achieve the top ranking this year as well.

Centrally Sponsored Schemes and state-run programs, supported by high-quality literature in farmer-friendly language. Displays of improved seed varieties, cereals, vegetables, niche crops, medicinal and aromatic plants (MAP) from the Jammu region will form another major attraction.

In this regard, Director Agriculture Jammu Anil Gupta on Friday chaired a meeting to review the preparedness of the department for the upcoming fair. The Director said that the Agriculture Department's participation in the mela should be centered on farmers' welfare and awareness, in keeping with the spirit of the event, which commemorates the sacrifice of Baba Jitto, a symbol of farmers' rights and dignity.

It was informed that the departmental exhibition will feature display of modern agricultural techniques, machinery, tools and equipment from both the Government Agriculture Workshop and private firms, besides live demonstrations of mushroom cultivation, soil sampling, Kisan Khidmat Ghar (KKG) operations and apiculture listing diverse honey varieties. The stalls will also highlight flagship schemes such as HADP,

In addition, LED screens would be installed to disseminate information about flagship programs, innovations and success stories aimed at promoting advanced practices in agriculture and allied activities. Director Anil Gupta constituted several committees to manage the department's activities during the mela, including Registration, Stall Setup, Reception, Refreshment, Stage Management, Transport, Media and Reserve

Committees. These will function under the overall supervision of Joint Director Agriculture (Extension) Jammu, Sanjay Anand, who will coordinate all departmental arrangements. The Chief Agriculture Officer (CAO) Jammu will lead the organizing Committee along with his district team and will closely coordinate with Joint Director (Extension) for smooth execution of departmental activities.

Joint Director Sanjay Anand stressed that the overall display and presentation of the departmental exhibits should reflect innovation and uniformity with standardized display banners and identification plates. Joint Director Agriculture (SLUB/Farms) Aman Jyoti Sharma emphasized the importance of a well-planned layout and a smooth registration process to ensure an impactful presentation.

The Jhiri Mela 2025, scheduled from November 4 to 13, 2025, with Kartik Purnima on November 5 as the main day is expected to witness participation from a large number of farmers from Jammu & Kashmir and other states. The Agriculture Department's participation will serve as a vital platform to enhance farmers' knowledge, exposure and engagement with new technologies and government schemes, while paying tribute to Baba Jitto's enduring legacy.

Sayima makes DYSS, J&K proud; appointed Assistant Coach of Sr Women's North Zone T20 Squad

■ STATE TIMES NEWS
JAMMU: In a remarkable achievement that has brought immense pride to Jammu and Kashmir, Sayima Rashid--a distinguished name in women's cricket and a dedicated employee of the Department of Youth Services and Sports (DYSS) has been appointed as the Assistant Coach of the Senior Women's North Zone T20 squad.



The team will compete in the Board of Control for Cricket in India's (BCCI) prestigious All India Senior Women's T20 Tournament, scheduled from November 4 to November 14, 2025.

Sayima, a BCCI Level-1 certified coach, has long been known for her unwavering dedication and contributions to women's cricket in the Union Territory.

Before embarking on her coaching journey, she represented Jammu and Kashmir as a key player for several years, earning respect for her skill, consistency, and leadership on the field. For the past three seasons, she has been an integral part of the Jammu and Kashmir Cricket Association's (JKCA) Senior Women's team, serving as Assistant Coach in various BCCI-affiliated tournaments-including the Senior Women's One-Day Trophy. Under her mentorship, the J&K side created history last season by securing

ing a place in the quarterfinals of the national event for the very first time. Her latest appointment to the North Zone squad stands as a testament to her professional competence, technical acumen, and growing influence in Indian women's cricket. The entire cricketing fraternity of Jammu and Kashmir, along with officials and colleagues from DYSS, have extended heartfelt congratulations to Sayima Rashid for her exceptional accomplishment and wished her continued success in her coaching career.

Law enforcement wing inspects Agri-input Centres across Jammu, Samba districts



Law enforcement wing officials inspecting Agri-input Centres.

■ STATE TIMES NEWS
JAMMU: The Law Enforcement Wing of the Department of Agriculture, Jammu & Kashmir, on Friday carried out rigorous inspections and checking at the Agri-input distribution centres across Jammu and Samba districts.

The inspection was conducted under the direction and supervision of Assistant Director Law Enforcement (ADLE) Jammu Kuldeep Singh. Enforcement Inspector Jammu Nazish Altaf led detailed inspections in different areas of Jammu district, particularly in R.S. Pura and Marh blocks, while Enforcement Inspector Samba, Yog Raj Sharma conducted inspections in the Ramgarh area of

Samba district. In addition, inspections were also carried out in the Ramgarh area of Samba district. The primary objective of the exercise was to enforce adherence to the Seed Act, 1966, Insecticides (Pesticides) Act, 1968 and Fertilizer (Control) Order, 1985 (FCO 1985) aimed to maintain quality standards of agricultural inputs, prevent malpractices and safeguard the interests of the farming community. During the inspections, samples of pesticides, seeds, and fertilizers were lifted for laboratory analysis. In addition, all relevant documents including licenses, sale and purchase bills, stock registers and fertilizer sale records through POS machines were thoroughly scrutinized to verify compliance with the statutory provisions. Certain irregularities were detected during the inspection process, following which necessary actions were initiated against the erring dealers. The defaulters were cautioned and warned of stringent measures in case of any further violations of the laid-down norms.

Jammu to Srinagar		
IndiGo	10:05 AM - 10:45 AM	
SpiceJet	11:10 AM - 12:00 PM	
Air India Express	12:50 PM - 1:40 PM	
Air India Express	1:35 PM - 2:45 PM	
IndiGo	1:55 PM - 2:35 PM	
IndiGo	6:40 PM - 7:20 PM	
Srinagar to Jammu		
IndiGo	11:45 AM - 12:35 PM	
Air India Express	12:10 PM - 1:05 PM	
SpiceJet	12:35 PM - 1:30 PM	
Air India Express	2:20 PM - 3:35 PM	
IndiGo	3:15 PM - 4:05 PM	
IndiGo	5:20 PM - 6:10 PM	

FIND TRAIN SCHEDULE		
11078 Jhelum Express		
Departure	: 23:35 from Jammu Tawi	
Arrival	: 11:15 at New Delhi	
12426 Jammu Tawi - New Delhi Rajdhani Express		
Departure	: 21:25 from Jammu Tawi	
Arrival	: 05:55 at New Delhi	
12446 Uttar Sampark Kranti Express		
Departure	: 21:50 from Jammu Tawi	
Arrival	: 06:55 at New Delhi	
Train 26401 - Katra to Srinagar (Morning Service)		
Departure	: 8:10 AM from Katra	
Arrival	: 11:10 AM at Srinagar	
Intermediate Stop	: Banihal at 9:58 AM	
Fare:		
Chair Car (CC): 715		
Executive Chair Car (EC): 1,320		
Booking: Available on IRCTC		
Train 26403 - Katra to Srinagar (Afternoon Service)		
Departure	: 2:00 PM from Katra	
Arrival	: 05:00 PM at Srinagar	
Fare:		
Chair Car (CC): 660		
Executive Chair Car (EC): 1,270		
Booking: Available on IRCTC		

FIND CINEMA		
EK DIWAANE KI DEEWANIYAT		
WAVE ONE MOVIE JAMMU	10:45 AM / 1:45 PM / 5:40 PM / 08:00 PM / 10:50 PM	
KANTARA (A LEGEND CHAPTER-1) (HINDI)		
WAVE ONE MOVIE JAMMU	4:45 PM	
GODDAY GODDAY CHAA 2 (PUNJABI)		
WAVE ONE MOVIES JAMMU	09:30 AM / 3:00 PM / 8:40 PM	
PVR KC JAMMU	12:30 PM	
THAMMA -HINDI		
WAVE ONE MOVIES JAMMU	10:00 AM / 12:05 PM / 1:00 PM / 4:00 PM / 7:00 PM / 10:05 PM / 10:45 PM	

HELPLINE		
TELPHONES		
Directory Enquiry		197
Fault Repair		198
Local Assistance		199
Trunk Booking		180
International Trunk Booking	2447952, 2577951	2573638
Billing Complaints	2543896	2548415
Billing Complaints Computerize		1955
Change No. Announcement		1951
Gandhi Nagar Exchange	2451953, 2430953	
HOSPITALS		
Government Medical College	2584290, 2484291	
Psychiatry and Disease Hospital		2577444
Ambulance Rajouri	2571147, 257084	257377
Blood Bank/Eye Bank - SMGS Hospital	2547639, 2547637	
Emergency		2549669
Blood Bank	2547637, 2547638	
Chest Disease Hospital	2577064, 2546012	
Dental Hospital		2544670
Govt Hospital Gandhi Nagar		2430041
Emergency		2431740
Child Hospital		2577023
Acharya Shri Chander College of Medical Sciences and Hospital		262270
AMBULANCES		
Indian Red Cross Society		2549413
Jammu University	2453165, 2543525, 2435248	
FIRE STATIONS		
Gandhi Nagar	101, 2435283, 2457705	
City		2544263
Canal		2554064
Roop Nagar		2597522
Gangyal		2480026
Bari Brahmana		220020
Akhnoor		252481
Kathua		234313
Samba		243280
Katra		232451
Udhampur		270897
Police Control Room	100, 2542001, 2545481-82	
Police Exchange	2547621-22, 2547624	
Civil Defence Control Room	2549100, 2548645, 2544920	
Civil Defence	2548645, 2549100, 2544920	
Hot Line		383
TOURISM		
Tourist Officer, Airport		2431917
Tourist Officer, Railway Station		2430078
Tourist Reception Centre		2579554
BUS SERVICES		
JKSRTC General Manager		2435262
JKSRTC Bus Stand		2577475
JKSRTC Jammu Srinagar, Service		2576562
Punjab Roadways		2542782
WATER SUPPLY		
Company Bagh		2542582
Parade		2544979
Bakshi Nagar		2543557
Panjthirthi		2547501
Narwal		2430031
ELECTRIC SUPPLY COMPLAINTS		
Canal	2554147, 2554199	
Parade	2542289, 2543398	
Nanak Nagar		2430776
Gandshi Nagar		2430180
Shastri Nagar		2430781
Janipur	2543828, 2579258	
Satwari		2452816
FIRE SERVICE : (Control Room)		
		101
CIVIC SERVICES		
Municipality	2547846, 2542192	
Health Officer		2547440
Garbage / Carcass Removal		2547440