Free Vitamin D Camp organized at SVMMC Hospital Jammu

Swami Medical Vivekananda Charitable Mission Hospital, Jammu, in collaboration with Abbott India Ltd., organized a Free Vitamin D Testing and Awareness Camp for patients as part of its ongoing community outreach and preventive healthcare initiatives. The camp aimed to create awareness regarding the growing prevalence of Vitamin D deficiency and its impact on bone and mus-

The occasion was graced by the distinguished members of the Management Committee - Sh. Amar Chand Gupta (Senior Vice President), Sh. B.B. Gupta (General Secretary), Sh. B.S. Jamwal (Secretary), Sh. Shankar Dutt Sharma (Member), Dr. Sachin Gupta (Member) - along with Dr. Arvind Kohli (Medical Director), Dr. Rattanpal Rabinder (Medical Superintendent),



Dr. Yash Pal Karsval (Assistant Medical Superintendent), and S. Deep Singh (Manager), who were also present during the event.

The camp was held under the expert supervision of Orthopaedic Dr. Sham Surgeons, Jurangal and Dr. Rajesh Gandotra, who conducted patient consultations and offered guidance on maintaining optimal bone

Sham Jurangal, Orthonaedic Senior remarked, Surgeon. "Vitamin D deficiency is a silent yet widespread issue. Regular screening and timely management can significantly reduce complications like bone pain, weakness, and osteoporosis."

Adding to this, Dr. Rajesh Gandotra. Senior Orthopaedic Surgeon, said, "The response from the community has been encouraging. Such health camps embody the hospital's guiding principle - 'Nar Sewa, Narayan Sewa' serving humanity is indeed serving the Divine.

Dr. Rabinder Rattanpal, Medical Superintendent, added, "Our commitment to community health goes beyond just treatment. With initiatives like the Vitamin D camp, we aim to empower individuals with the knowledge and tools they need to lead healthier

Speaking on the occasion Dr. Arvind Kohli, Medical Director, stated, "Such initiatives reflect our hospital's continued commitment to preventive healthcare and community service. We strive to ensure that quality medical facilities and awareness programs reach every segment of society."

B.B. Gupta, General Secretary, shared, "This initiative highlights our hospital's dedication to preventive care. We are proud to contribute to the health and well-being of our community and remain committed to organizing more such health camps to serve the people of Jammu and surrounding areas.

The hospital management extended its appreciation to all doctors, staff, and volunteers for their active participation and reiterated its dedication to organizing more such health initiatives in the future to benefit the people of Jammu and adjoining areas.

BJP Mahila Morcha J&K holds meeting to strengthen grassroots network in Srinagar



Bharatiya Janata Party Mahila Morcha, J&K UT members at a meeting.

STATE TIMES NEWS

SRINAGAR: The Bharatiya Janata Party (BJP) Mahila Morcha, Jammu & Kashmir UT, held an organizational meeting in Srinagar today under the leadership of State President Adv. Neha Mahajan

The meeting, organised by Sunita Raina, witnessed the active participation of Urvashi Gupta along with several Mahila Morcha leaders -Haleema, Rashida Mir, Shaheena Akhter, Nazima Bakal, and Leena, who shared valuable insights during the discussions

Addressing the gathering, Adv. Neha Mahajan underscored the pivotal role of women in shaping the social and political framework of Jammu and Kashmir. She urged the karyakartas to strengthen the organizational base at the grassroots level and to take forward the vision of

'Seva, Sangathan aur Samarpan' as envisioned by Prime Minister Shri Narendra Modi ji.

She further highlighted that the true strength of the BJP lies in its disciplined cadre and the unwavering dedication of Mahila Morcha members who are the torchbearers of progress, unity and empowerment in society.

The session featured deliberations on boothlevel mobilisation, leadership development, voter outreach, and inter-district coordination, aiming to enhance the efficiency and connectivity of the organization.

In her concluding remarks, Sunita Raina expressed heartfelt gratitude to all participants and reaffirmed the Mahila Morcha's commitment to expanding its organizational reach and empowering women to play a more active role in public life.

Western Railway provides additional stoppage to two trains at Dahod Station

MUMBAI: For the convenience of passengers, Western Railway has provided an additional stoppage at Dahod station to Bandra Terminus - Ludhiana and Mumbai Central - Shakur Basti. According to a press release issued by Chief Public Relations Officer of Western Railway, Vineet Abhishek, Train No. 09097 Bandra Terminus - Ludhiana Special will halt at Dahod station for journey commencing from Bandra Terminus on 26th October, 2025. The train will arrive Dahod station at 05:25 hrs and depart at 05:27 hrs. Similarly, Train No. 09098 Ludhiana - Bandra Terminus Special will halt at Dahod station for journey commencing from Ludhiana on 28th October, 2025. The train will arrive Dahod station at 23:53 hrs and depart at 23:55

Train No. 09003 Mumbai Central - Shakur Basti Special will halt at Dahod station for journey commencing from Mumbai Central on 25th October, 2025. The train will arrive Dahod station at 17:48 hrs and depart at 17:50 hrs. Similarly, Train No. 09004 Shakur Basti - Mumbai Central Special will halt at Dahod station for journey commencing from Shakur Basti on 26th October, 2025. The train will arrive Dahod station at 00:31 hrs and depart at 00:33 hrs.

For detailed information regarding the timings, halts & composition of the above train, passen-

MLA Chander Prakash Ganga's wife demise MLA, on Friday.

J&K BJP Legislative group expresses grief over



Legislative Group of the BJP J&K observing silence in respect of demise of Sushma Sharma.

STATE TIMES NEWS

Group of the Bharatiya

Kashmir, expressed its profound grief and sorrow on Sharma, beloved wife of

the sad demise of Sushma

Chander Prakash Ganga,

The Legislators said, "In her passing, we have lost a noble soul known for her simplicity, kindness, and commitment to family and community values. The entire BJP Legislative family stands in solidarity with Chander Prakash Ganga Ji and his family in this hour of deep sorrow.'

We pray to the God to grant eternal peace to the departed soul and strength to the bereaved family to

No daytime block on Western Railway Suburban Section on Oct 26

MUMBAI: Western Railway (WR) will conduct a night time maintenance block between Vasai Road and Bhayandar on the intervening night of 25th and 26th October 2025. The maintenance work will include tracks, signaling, and overhead equipment.

The Up Fast line will be blocked from 23:30 hrs to 03:00 hrs, while the Down Fast line will be blocked from 01:15 hrs to 04:45 hrs. During this period, all fast line trains will be temporarily diverted to slow lines between Virar and Bhayandar/Borivali stations to ensure smooth operations. Some Up and Down suburban trains will remain cancelled during the night block. Passengers are advised to check the detailed schedule and updates with the respective Station Masters to plan their travel accordingly.

 $\label{eq:cording} According to \ \ \ a \ press \ release \ issued \ by \ Vineet \ Abhishek, \ Chief \ Public \ Relations \ Officer \ of \ Western$ Railway, there will be no jumbo block during daytime on the Western Railway suburban section on Sunday, 26th October 2025, and train services will run normally.

Passengers are urged to stay updated and follow official notifications to avoid inconvenience dur-

Western Railway to run superfast special

train between Bandra Terminus - Jodhpur

MUMBAI: For the convenience of passengers and with a view to meet the travel demand during the

According to a press release issued by Chief Public Relations Officer of Western Railway, Vineet

Abhishek, Train No. 04834 Bandra Terminus - Jodhpur Superfast Special will depart from Bandra

Terminus on Monday at 10:00 hrs and will reach Jodhpur at 11:25 hrs, the next day. This train will

run on 27th October, 2025. Similarly, Train No. 04833 Jodhpur - Bandra Terminus Superfast

Special will depart from Jodhpur on Sunday at 06:45 hrs and will arrive Bandra Terminus at 07:00

Enroute, this train will halt at Borivali, Palghar, Vapi, Valsad, Navsari, Surat, Bharuch, Vadodara,

Ratlam, Nagda, Bhawani Mandi, Ramganj Mandi, Kota, Sawai Madhopur, Banasthali Niwai,

Durgapura, Jaipur, Asalpur Jobner, Phulera, Kuchaman City, Makrana, Degana and Merta Road

stations in both directions. This train comprises of AC - 2 Tier, AC - 3 Tier, Sleeper Class and

The booking for Train No. 04834 will open from 26th October, 2025 at all PRS counters & on

IRCTC website. For detailed information regarding timings of halts and composition, passengers

estive season of Diwali and Chhath Puja, Western Railway will run Special Train on Spec

between Bandra Terminus - Jodhpur station.

General Second Class Coaches.

hrs, the next day. This train will run on 26th October, 2025.

Shiv Sena demands strict action against illegal Rohingya infiltrators



Shiv Sena (UBT) J&K unit chief Manish Sahni talking to reporters.

JAMMU: Shiv Sena (UBT) Jammu and Kashmir unit chief Manish Sahni has demanded "strict action", like deport, Rohingyas who have infiltrated and are illegally camping in various areas of the strategically sensitive Jammu division. At a press conference held at the party's state headquarters today, state president Manish Sahni praised the administrative orders to cut off electricity and water connections to Rohingyas illegally camping in an area of Jammu following complaints from local residents. Sahni said that the Rohingvas are treating Jammu and Kashmir as a safe haven and are usurping our resources, which is completely unacceptable. Rohingyas illegally camping in various areas of Jammu division are posing a threat to internal security not only by occupying resources but also by being involved in increasing criminal cases in Jammu division. He said that the process of harbouring and illegally settling them began nearly a decade ago, driven by vote bank politics and the lure of power, and has now become a serious problem.

Sahni urged the administration to take strict action to expel the Rohingyas and urged the public to take a cue from the people of the Chhanni Rama area and speak out against the Rohingyas and support the Shiv Sena in driving them out.

KCIS Ranked No. 1 in J&K, No. 7 in India by Education World

STATE TIMES NEWS

JAMMU: KC International School, Jammu, has once again set a new benchmark of excellence by being ranked No. 1 in Jammu & Kashmir and No. 7 in India by Education World in the prestigious category of Learning Assessment and Outcome Excellence.

This outstanding recognition is a celebration of the school's unwavering commitment to academic brilliance. innovative pedagogy, and the relentless pursuit of holistic education.

It stands as a testament to the dedication teamwor and visionary leadership that continue to define the ethos of the school. The accolade reflects the school's success in nurturing intellectual curiosity, analytical reasoning, and a lifelong love for learning among its students.

Expressing immense pride, Chaitanya Chowdhary, President ofKCInternational School, congratulated the entire KCIS fraternity for this remark-



KC International School, Jammu faculty receiving award.

able accomplishment. He lauded their consistent efforts in upholding the institution's values and fostering a learning environment that blends excellence with innovation.

Principal Anupama Sinha extended heartfelt gratitude to School Management for their unconditional support and motivation. She conveyed deep appreciation to

the teachers, students, and parents for their steadfast support and collaboration.

"This recognition reaffirms our belief in continuous improvement and inspires us to keep raising the bar of educational standards," she remarked, reiterating the school's pledge to empower learners with knowledge, confi-

Renovated Shrine and Prayer Hall inaugurated at Ramakrishna Mission Jammu



Ramakrishna Mission Udheywala Jammu members and participants at inauguration ceremony of Renovated Shrine and Prayer Hall on Friday.

STATE TIMES NEWS

JAMMU: The Ramakrishna Udheywala, Jammu, held the inauguration ceremony of its Renovated Shrine and Prayer Hall with great devotion and enthusiasm on Friday.

The day began with Mangal Aarti, Adhivas, and Stotra Path at 5:30 AM, filling the premises with divine vibrations. This was followed by a Prabhat Pheri (procession) around the temple complex, accompanied by soulful devotional

chants and Bhajans, in which numerous monks and devotees wholeheartedly.

A special Puja was conducted from 7:15 AM to 9:15 AM, followed by a Hawan seeking divine blessings for peace, prosperity, and harmony.

The highlight of the ceremony was the benediction and presentation of mementos by Revered Swami Vimalatmanandaji Maharaj, Vice-President of Ramakrishna Math and Ramakrishna Mission.

Belur Math. In his inspiring benedictory address, Swami Vimalatmanandaji Maharaj emphasized the timeless ideals of purity, harmony, and selfless service as taught by Sri Ramakrishna, Holy Mother Sri Sarada Devi, and

Swami Vivekananda. He expressed happiness over the successful renovation, noting that such spiritual centres serve as vital beacons for nurturing moral and spiritual values

in society. Later, the newly installed

and Renovated Physiotherapy Clinic at the Mission's Medical Centre were inaugurated. These developments were undertaken as part of the Corporate Social Responsibility (CSR) initiatives of J&K Bank.

The ceremony concluded with Aarti and Prasad, attended by around 200 participants, including monks, devotees, and wellwishers from Jammu and nearby regions.

The occasion marked another milestone in the Mission's continuous efforts toward service and spiritual upliftment. Ramakrishna Mission

Jammu continues to serve humanity through its dedicated initiatives in education, healthcare, and spiritual guidance.

Swami Yajnadharananda, Secretary of Ramakrishna Mission Jammu, extended heartfelt thanks to all who contributed to and participated in the auspicious event.

DBPS demands Bharat Ratna for Pt. Prem Nath Dogra



DBPS office bearers paying tributes to Pandit Prem Nath Dogra.

STATE TIMES NEWS

Dogra Brahman Pratinidhi Sabha (DBPS) has demanded the Bharat Ratna-India's highest civilian award-for Pandit Prem Nath Dogra posthumously, in recognition of his remarkable contribution towards maintaining the unity of Jammu and Kashmir after the partition of the country.

A resolution to this effect was adopted during a function held at the Sabha Bhawan, Jammu, to commemorate the birth anniversary of Late Pt. Prem Nath Dogra. The

event was presided over by unanimously adopted by a Ved Parkash Sharma, show of hands from the President of DBPS, and gathering. attended by representatives

from various social and reli-Parkash Sharma, Chander gious organizations across Mohan Sharma, and other Jammu province. speakers recalled the During the programme, unparalleled role of Pt. the resolution was moved by Prem Nath Dogra in unitsenior BJP leader Chander ing the people of Jammu Mohan Sharma and secondand spearheading the historic Praja Parishad ed by former Deputy Commissioner B.S. Movement. They highlight-Jamwal, prominent BJP ed how he led the agitation leader Munish Sharma, and under the slogan "Ek Vidhan, Ek Pradhan, Ek Advocate P.C. Sharma. Chairman of the Sabha. Nishan"-One Constitution, The resolution seeking the One Head, One Flag-Bharat Ratna for Late Pt. demanding the full applica-Prem Nath Dogra was tion

In their addresses, Ved of the Indian

and Kashmir. Speakers emphasized that conferring the Bharat Ratna upon Late Pt. Prem Nath Dogra would be a befitting tribute to his lifelong dedication, patriotism, and commitment to national integration. The function was attend-

Constitution to Jammu

ed by a large number of social workers, public representatives, literary figures, doctors, poets, writers, and former corporators of Jammu Municipal Corporation.

Prominent attendees included N.C. Sharma, M.L. Sharma, former Commissioner Soujanaya Sharma, DBPS spokesperson Subash Shastri, Jagan Nath Sharma, M.L. Padha, K.L. Sharma, Gurdass Sharma, Shiv Ram Sharma, Megha Raina, Jagdish Dogra, Ved Parkash Padha, Girdhari Lal, Kewal Krishan, Sanjeev Kerni, B.B. Seth, Ritiz Khajuria, Davinder Sharma (Baboo), Ramesh Sharma, Prem Balotra, Brita Ram, Raman Sharma, and Satpal Raina.