

Unveiling Hidden Talents: JKiians learn to turn their Potential into Power



Principal JK Public School Kunjwani Rajesh Rathore and students addressing morning assembly on Wednesday.

■ STATE TIMES NEWS

JAMMU: "Have you ever looked at the morning sky and wondered that how can every day of sunlight be so different, yet so beautiful?" With this

thought-provoking statement Aarav of Grade 7th Galaxy conducted the morning assembly on the topic "Discovering your uniqueness strength & talents" along with her classmates.

Adding more substance to the topic, he added, "Just like that each one of us carries out own light, a light that makes us unique, a light which makes us empowered. Look at

inspiring people like Dr APJ Abdul Kalam. He was once a young boy with simple dreams, yet he discovered his love towards science and learning. Thought curiosity,

determination and patience, he turned that dream into something that touched millions of lives". Taking the transaction a notch up, Aadhidev stated,

"Dear friends, let's never hide our sparkle; explore, learn and embrace our uniqueness. Let's nurture our talent, follow our heart and let our light shine, because the world does

not need another copy; it needs the real individual that we are". "When you discover your true strength, you don't just illuminate your own path; you

inspire others, and together you make the world brighter more hopeful and more beautiful", he concluded.

Under the segment Quotations, Insha quoted Leo Buscaglia, "Your talent is God's gift to you. What you do with it is your gift back to God". Priyanshi referred to Albert Einstein, "I have no special talent. I am only passionately curious".

Avni quoted Luke Campbell, "Talent is nothing without dedication and discipline, and dedication and discipline is a talent in itself". Raghav referred to Ruben Dias, "Having the talent and having the right mindset together can make you unstoppable".

Appreciating the presenters for their content and presentation, Principal JKPS Kunjwani Rajesh Rathore stated, "Each one of you carries a signature combination of strengths and talents-no duplicates, no photocopies. The world doesn't need another version of someone else; it needs the very best version of you.

"Let this be our pledge: 'I will discover, develop, and deploy my unique strengths with humility, discipline, and purpose'. If you do this, your talent will not just open doors for you-it will open doors for many who follow you. Keep shining, keep serving, and remember: your uniqueness is your superpower" he summed up.

Asian Star Radio London showcases Padma Shri Prof. Lalit Mangotra in ‘Talent Beyond the Sea’

■ STATE TIMES NEWS

JAMMU: Asian Star Radio London, through its popular programme "Talent Beyond the Sea," continues to showcase individuals from Jammu and Kashmir who have achieved global acclaim while preserving their cultural roots. In its latest episode, host RJ Parul, a proud Jammuite and a leading voice on the station, engaged in an inspiring conversation with Padma Shri Professor Lalit Mangotra, a distinguished literary figure and a torchbearer of Dogri language and literature.

Professor Mangotra has been honoured with several prestigious awards for his invaluable contributions, including the Padma Shri (2025), Sahitya Akademi Award (2011), Jammu & Kashmir State Award (2009), and the Kunwar Viyogi Sahitya Kala Lifetime Achievement Award (2024). He has also received the Best Book Award in Dogri (2000 & 2010) from the J&K Academy of Art, Culture and Languages, along with a Senior Fellowship in Literature from the Ministry of Tourism and Culture, Government of India.

A versatile writer, Professor Mangotra has contributed across genres such as short stories, poetry, plays, essays, and literary criticism. Notable works include Zameen, Jeene Di Qaid, Dogri Sahitya: Ikk Nazarsaani, Hello Maya, Cheten Diyan Galiyan, and Sahitya: Meri Soch, Mere Shabda, reflecting his dedication to preserving



Dogri heritage.

During the interview, RJ Parul and Professor Mangotra discussed the richness and historical significance of Dogri, emphasizing its importance for younger generations and its promotion among the UK diaspora.

RJ Parul remarked, "It was an honour to speak with Professor Lalit Mangotra, a true inspiration and the literary face of Jammu. This programme connects every Jammuite to their roots."

The episode celebrates Jammu's cultural legacy and the enduring impact of Dogri literature in uniting communities across generations and borders.

■ STATE TIMES NEWS

JAMMU: BJP J&K Vice President Rekha Mahajan intensified the party's election campaign at the Nagrota Assembly constituency, in support of BJP candidate Devyani Rana.

Addressing a series of public interactions, Rekha Mahajan urged voters to strengthen the hands of Prime Minister Narendra Modi by electing Devyani Rana, who represents youth, dynamism, and development. Rekha Mahajan was accompanied by Shakti Kendra Parmukh Kuldeep Singh, Panch Champa Rani, Booth President Kuldeep Jamwal, and Booth President and Panch Arun Singh during the campaign.

The team interacted with locals, highlighting the BJP's vision of inclusive growth, women empowerment, and social welfare.

Rekha Mahajan campaigns for BJP candidate Devyani Rana at Nagrota



BJP J&K Vice President Rekha Mahajan campaigning for BJP candidate Devyani Rana at Nagrota.

Speaking on the occasion, Rekha Mahajan said, "Devyani Rana embodies the spirit of new India-young, capable, and committed to public service. Under the leadership of Prime Minister Modi, BJP has transformed

the nation, and now it is time to further strengthen this vision at the grassroots level."

She added that the BJP has always prioritized development, peace, and progress in Jammu and Kashmir:

"The people of Nagrota deserve better infrastructure, better employment opportunities, and a representative who can bring their issues to the forefront. Devyani Rana is the right choice to fulfil these aspirations," Rekha

asserted.

Mahajan also lauded the dedication of local party workers, calling them the backbone of the BJP's success. She urged them to reach every household and ensure that the message of development and unity resonates across the constituency.

The campaign witnessed enthusiastic participation from locals who assured full support to the BJP candidate. Rekha Mahajan concluded by appealing to voters to turn out in large numbers and cast their vote in favour of Devyani Rana for a prosperous and progressive Nagrota.

Embodying theme ‘Vigilance: Our Shared Responsibility,’ ACB J&K engages departments, citizens across UT to promote transparency, good governance



Deputy Commissioner Kishtwar, Pankaj Kumar Sharma speaking at a programme.

■ STATE TIMES NEWS

SRINAGAR: Continuing the National Observance of Vigilance Awareness Week 2025, themed "Vigilance: Our Shared Responsibility," the Anti-Corruption Bureau (ACB), Jammu and Kashmir steered a sequence of vigilance awareness programs, across the Union Territory, which is part of Bureau's initiative for departmental and public outreach efforts to foster honesty, transparency, and good governance, with a focused engagement involving the Department of Rural Development, the Department of Mining, and the Irrigation and Flood Control Department.

Programs were effectively held at several key locations with venues at Panchayat Bhawan Bahu Plaza Jammu, PWD Guest House Billawar, DC Office Kishtwar, DC Office Reasi, DC Office Poonch, Common Facility Center Ramgarh, in Jammu Division and IMPA Srinagar, RDD Handwara, Dak Banglow Sopore, Environmental Hall Handwara, Town

HallShopian, Circuit House Pulwama, DC Office Budgam, Mini Secretariat Kulgam and Conference Hall Dak Bungalow Anantnag, in Kashmir Division.A program was also organized by the Economic Offences Wing (EOW) of ACB at NIT, Hazratbal, Srinagar, on the subject topic.

Moreover, upon invitation from the Department of Law, ACB conducted a special program at the University of Kashmir, which was attended by Honorable Vice Chancellor of University of Kashmir, Prof. Nilofer Khan and SSP (AIG-Admin)ACB-SBG, Javid Hassan Bhat.The program was very successful with participation of more than 450 participants. A documentary showcasing ACB's ongoing anti-corruption initiatives was screened at each venue. The film included insightful messages from the Prime Minister, Narendra Modi; Honorable Lieutenant Governor; Manoj Sinha; and Shakti Kumar Pathak, IPS, Director ACB, J&K. Their messages reaffirmed the

national commitment to promoting integrity and accountability within governmental institutions and underscored the importance of shared responsibility in eradicating corruption.

All programs were closely supervised from ACB Headquarters by the Director ACB and senior officers, including DIGs and AIGs. Each district event featured preset awareness sessions organized in collaboration with the Departments of Rural Development and Mining. The programs witnessed active participation from government officials, departmental functionaries, and members of the public. Senior ACB officers, including the respective district SSPs, delivered presentations highlighting the collective duty of officials and citizens in promoting ethical governance and transparent service delivery. The main events in Jammu and Srinagar were held at Panchayat Bhawan Bahu Plaza and IMPA Srinagar, respectively. Deputy Commissioner Pankaj

Kumar Sharma graced the occasion as the Chief Guest at DC Office Complex Kishtwar. The DC administered the Integrity Pledge, with participants reaffirming their collective commitment to transparent and accountable governance. The Deputy Commissioner emphasized the vital role of citizens in promoting transparency and urged them to remain vigilant and proactive in combating corruption. Participants also received awareness materials such as posters, pamphlets, and digital resources emphasizing anti-corruption reporting mechanisms, including the Satark Nagrik App and ACB's official helpline and WhatsApp channels. Each program concluded with an Integrity Pledge Ceremony, administered by Vice Chancellor Prof. Nilofer Khan. ACB officials extended appreciation to all government departments, particularly Department of Rural Development, Department of Mining, and to the general public for their enthusiastic participation. The Bureau reiterated its call for sustained community engagement and collective effort to promote a culture of integrity, transparency, and accountability in public affairs.

Jammu to Srinagar		
IndiGo	10:05 AM - 10:45 AM	
SpiceJet	11:10 AM - 12:00 PM	
Air India Express	12:50 PM - 1:40 PM	
Air India Express	1:35 PM - 2:45 PM	
IndiGo	1:55 PM - 2:35 PM	
IndiGo	6:40 PM - 7:20 PM	
Srinagar to Jammu		
IndiGo	11:45 AM - 12:35 PM	
Air India Express	12:10 PM - 1:05 PM	
SpiceJet	12:35 PM - 1:30 PM	
Air India Express	2:20 PM - 3:35 PM	
IndiGo	3:15 PM - 4:05 PM	
IndiGo	5:20 PM - 6:10 PM	

FIND TRAIN SCHEDULE		
11078 Jhelum Express		
Departure	: 23:35 from Jammu Tawi	
Arrival	: 11:15 at New Delhi	
12426 Jammu Tawi - New Delhi Rajdhani Express		
Departure	: 21:25 from Jammu Tawi	
Arrival	: 05:55 at New Delhi	
12446 Uttar Sampark Kranti Express		
Departure	: 21:50 from Jammu Tawi	
Arrival	: 06:55 at New Delhi	
Train 26401 - Katra to Srinagar (Morning Service)		
Departure	: 8:10 AM from Katra	
Arrival	: 11:10 AM at Srinagar	
Intermediate Stop	: Banihal at 9:58 AM	
Fare:		
Chair Car (CC): 715		
Executive Chair Car (EC): 1,320		
Booking: Available on IRCTC		
Train 26403 - Katra to Srinagar (Afternoon Service)		
Departure	: 2:00 PM from Katra	
Arrival	: 05:00 PM at Srinagar	
Fare:		
Chair Car (CC): 660		
Executive Chair Car (EC): 1,270		
Booking: Available on IRCTC		

FIND CINEMA		
EK DIWAANE KI DEEWANIYAT		
WAVE ONE MOVIE JAMMU	10:45 AM / 1:45 PM / 5:40 PM / 08:00 PM / 10:50 PM	
PVR KC JAMMU	10:05 PM / 01:05 PM / 04:00 PM / 10:30 PM	
KANTARA (A LEGEND CHAPTER-1) (HINDI)		
WAVE ONE MOVIE JAMMU	4:45 PM	
PVR KC JAMMU	7:00 PM	
GODDAY GODDAY CHAA 2 (PUNJABI)		
WAVE ONE MOVIES JAMMU	09:30 AM / 3:00 PM / 8:20 PM	
THAMMA -HINDI		
WAVE ONE MOVIES JAMMU	10:00 AM / 12:05 PM / 1:00 PM / 4:00 PM / 7:00 PM / 10:05 PM / 10:45 PM	
PVR KC JAMMU	10:15 AM / 1:25 PM / 4:35 PM / 7:45 PM / 10:55 PM	

HELPLINE		
TELEPHONES		
Directory Enquiry		197
Fault Repair		198
Local Assistance		199
Trunk Booking		180
Trunk Assistance		181
International Trunk Booking	2447952, 2577951, 2573638	
Billing Complaints	2543896, 2548415	
Billing Complaints Computerize		1955
Change No. Announcement		1951
Gandhi Nagar Exchange	2451953, 2430953	
HOSPITALS		
Government Medical College	2584290, 2484291	
Psychiatry and Disease Hospital		2577444
Ambulance Rajouri	257147, 257084, 257357	
Blood Bank/Eye Bank - SMGS Hospital	2547639, 2547637	
Emergency		2549669
Blood Bank	2547637, 2547638	
Chest Disease Hospital	2577064, 2549012	
Dental Hospital		2544670
Govt Hospital Gandhi Nagar		2430041
Emergency		2431740
Child Hospital		2577023
Acharya Shri Chander College of Medical Sciences and Hospital		262270
AMBULANCES		
Indian Red Cross Society		2549413
Jammu University	2453165, 2543525, 2435248	
FIRE STATIONS		
Gandhi Nagar	101, 2435283, 2457705	
City		2544263
Canal		2554064
Roop Nagar		2597522
Gangyal		2480026
Bar Brahmana		220020
Akhnoor		252481
Kathua		234313
Samba		243280
Katra		232451
Udhampur		270897
Police Control Room	100, 2542001, 2545481-82	
Police Exchange	2547621-22, 2547624	
Civil Defence Control Room	2549100, 2548645, 2544920	
Civil Defence	2548645, 2549100, 2544920	
Hot Line		383
TOURISM		
Tourist Officer, Airport		2431917
Tourist Officer, Railway Station		2430078
Tourist Reception Centre		2579554
BUS SERVICES		
JKSRTC General Manager		2435262
JKSRTC Bus Stand		2577475
JKSRTC Jammu Srinagar, Service		2576562
Punjab Roadways		2542782
WATER SUPPLY		
Company Bagh		2542582
Parade		2544979
Bakshi Nagar		2543557
Panjthirthi		2547501
Narwal		2430031
ELECTRIC SUPPLY COMPLAINTS		
Canal	2554147, 2554199	
Parade	2542289, 2543398	
Nanak Nagar		2430776
Gandhi Nagar		2430180
Shastri Nagar		2430781
Janipur	2543828, 2579258	
Satwari		2452816
FIRE SERVICE : (Control Room)		
		101
CIVIC SERVICES		
Municipality	2547846, 2542192	
Health Officer		2544700
Garbage / Carcass Removal		2547440