

Senior Women One-Day Trophy; J&K beat Nagaland by 59 runs

STATE TIMES NEWS

KOLKATA: Bismah Hassan and skipper Sandhya Sayal's brilliance with the ball, while Sheerazah Banoo and Nadia Chowdhary's excellence and exuberance with the willow helped Jammu and Kashmir thrash formidable Nagaland by a big margin of 59 runs in their Plate Group Round III match of the BCCI's Senior Women One Day Tournament at JU Second Campus, Salt Lake, here on Sunday.

Earlier, J&K skipper Sandhya Sayal won the toss and elected to bat first.

Batting first, J&K lost early wickets and were tottering at 46/6 at one stage, with almost all the top and middle-order batters back to the pavilion.

Dr Isha Kaul awarded Ph D

STATE TIMES NEWS



JAMMU: Dr Isha Kaul, wife of Suhail Sharma and daughter of Vimal Kumar Kaul and Mohini Kaul, resident of Greater Kailash, has been conferred with the Degree of Doctor of Philosophy (Ph.D) in Public Administration, Panjab University, Chandigarh. She worked on the topic 'Disaster Management in India: A Case Study of Jammu & Kashmir' under the supervision of Dr. Nemi Chand, Associate Professor, P.G.C.G, Sector-42, Chandigarh.

Jammu Sports Veterans overhauls SCC by 6 runs



Winner team posing for a photograph.

STATE TIMES NEWS

AKHNOOR: Jammu Sports Veterans overcame initial hiccups to subdue Singh Cricket Club (SCC) Akhnoor by six runs, taking 1-0 lead in the five matches T-20 cricket series being played at Government High School Ground Akhnoor.

Winning the toss Jammu sports opted to bat first but could not capitalise on the move courtesy some inspired bowling from SCC bowlers. The SCC bowlers dominated early on and created a few ripples when they got rid of Mukesh Sharma (7 runs off 15 balls), Vikram Dogra (2 runs off 10 balls) inside the the Powerplay overs. Skipper Jagdev Singh (37 runs off 37 balls) and Sunil Bali (15 runs off 13 balls) played sensibly to overcome initial blows. Later, a quick fire 32 runs of 16 balls by Yash Khajuria steered the Jammu Sports to a respectable total 125/6 in the

stipulated 20 overs.

For SCC, Sunny took two wickets whereas Bibhishan and Ajay shared wicket apiece.

In reply, SCC batters started well and made good use of Powerplay and gathered 43 runs in the power play. But some inspired bowling performances by Vicky Dogra, Sunil Bali, Yash Khajuria & Jagdev Singh coupled by electrifying ground fielding restricted SCC at 118/9 in the stipulated overs, thus winning the match by 8 runs. Bibhishan (27 runs off 28 balls), Ajay (24 runs off 12 balls) and Vikas (20 runs off 10 balls) were the main contributors with the bat for SCC. For Jammu Sports Jagdev, Yash, Sunil & Vicky shared one wicket apiece.

Jammu Sports skipper Jagdev Singh (37 runs & One wicket) was declared as Player of the Match for his all round performance in the match.

J&K Sports Council organises Cycling competition



Divisional Sports Officer JKSC Jammu, Ashok Singh flagging off cycle race.

STATE TIMES NEWS

JAMMU: The J&K Sports Council organized Cycling Competition in collaboration with Cycling Association of Jammu and Kashmir (CAJK) on Sunday as a mark of Rashtriya Ekta Diwas (National Unity Day) at MA Stadium, Jammu in various categories.

Divisional Sports Officer J&K Sports Council, Jammu, Ashok Singh flagged off the race. Others present were Satish Chopra-Manager MA Stadium, Mehta-Manager, Chotu Lal Senior Coach-Fencing, Anil Wadhera-Boxing Coach, Vikas



Triumphant J&K women cricket team posing with Support Staff after defeating Nagaland at JU Second Campus, Salt Lake in Kolkata on Sunday.

However, dependable Sheerazah Banoo and gritty all-rounder Nadia Chowdhary once again salvaged the sinking ship by making a magnificent partnership of 63 runs to take the score to 109 runs, losing 7 wickets in the process. Bismah Hassan and Rudrakshi Chib contributed unbeaten 15 and

balls. However, Sheerazah continued her focus and played sensibly to score valuable 46 runs off 86 balls to help her team put a decent total of 143 runs on the board in 59 overs, losing 7 wickets in the process. Bismah Hassan and Rudrakshi Chib contributed unbeaten 15 and

10 runs to the total respectively. Sarla Devi also scored 9 runs. None of the other batters could manage to cross the double figure mark.

For Nagaland, Gautami Naik and Kiran Navgire took 2 wickets each, while Elina and Marenola claimed 1 wicket each.

In reply, Nagaland was bundled out for 84 runs in 35.2 overs, thus lost the match by a big margin of 59 runs. Gautami Naik top scored with 26 runs, while Elina and Talirena contributed 16 runs each.

Almost all the J&K bowlers of J&K were on target, hitting the good areas and bowling with nagging line and teasing length.

Bismah was the wrecker-in-chief, who took 4 important wickets by conceding 28 runs in her 10 overs, while skipper Sandhya was once again economical, who bowled 8.2 overs and took 3 important wickets by conceding just 15 runs.

J&K will face Bihar in their next outing on November 1 at 22 Yards, Salt Lake, Kolkata.

Gani defeats Sanjay in Bajalta wrestling event

Sports hold promise for career advancement of youth: Rana

STATE TIMES NEWS

JAMMU: Saying that sports hold big promise for career advancement of youth, former MLA and BJP leader Devender Singh Rana on Sunday called for societal responsibility in promotion of games.

"Sports is not only beneficial for overall physical growth but lately it has emerged as a big incentive in shaping careers", Rana said at the concluding function of Bajalta Wrestling Competition, while expressing satisfaction over traditional rural sports making a big comeback.

Abdul Gani of Muneerkotla defeated Sanjay Gujjar of Delhi and clinched the winner's trophy in the tournament organized by Dangal Committee Bain Bajalta in which wrestlers from Haryana, Punjab, Delhi, and Himachal Pradesh besides Jammu participated. In all 75 bouts were held in the tournament.

The chief Guest highlighted the role of Mohd Tariq in promoting the game of VOLLEYBALL in the twin districts of Rajouri and Poonch.

Those present on the occasion were Khalid Hussain, Jameel Hussain MS Azad, Mohd Dilmir, Shabaz, Zubair Malik and Asif Choudhary.

Considering their performance, the penal of judges declared Sajjad Majeed as best Setter, Rahul Dev Singh as best Libro and Rahil Malik as Player of the Tournament.

Rana expressed hope that the fierce competition



Former MLA Devender Singh Rana introducing wrestlers.

between veterans in the game will provide much needed motivation and inspiration to the budding wrestlers, who have been putting their hard toil to excel in wrestling.

He urged the youngsters to participate in the game in a big way and prepare for various national and international events with a sense of commitment.

"Like any other sport, the youngsters can take wrestling as a profession", he said adding that this calls for patience, resilience, devotion and hard work.

He complimented the sports lovers for cheering up the wrestlers saying encouragement inspires them to give their best. He wished the participating wrestlers success in their chosen field and exhorted them to take away time for giving necessary tips to the budding sports persons in the field. He also lauded the organizers for holding the event.

Those present at the concluding function included Ch Rehmat Ali, BDC Nagrota, Dharamveer Singh Jamwal, Ashok Singh Manhas, Rana expressed hope that the fierce competition

place for Rs. 10,000, Snowber Manzoor got 4th place and won Rs. 5,000, Adeeba Gulzar 5th place Rs. 3,000, Rs. 2,000 each has been awarded to Farah Ahad, Sameenah Sana, Asmat Jan, Bintal Huda, and Safiya Gul for securing 6th, 7th, 8th, 9th and 10th positions respectively.

2 KMs for specially challenged boys: Makhan Lal Sharma won 1st prize of Rs. 15,000, Rahil Ahmad won 2nd prize of 10,000, Irfan Ahmad won 3rd prize of Rs. 6,000, Irfan Ahmad won 4th prize of Rs. 5,000 and Tawheed Hamid won 5th prize of Rs. 3,000. In the same category for girls Sadiya won 1st prize of Rs. 15,000, Syed Qasimah won 2nd prize of Rs. 10,000, Atique Manzoor won 3rd prize of Rs. 6,000, Zainab Hassan won 4th prize of Rs. 5,000, and Sahreen Ashiq won 5th prize of Rs. 3,000.

And in the open for all category 2 KMs "Run for Fun" winners Firdous Ah Khan, Noora, Arham Khan and Qaifa Furqan were presented consolation prizes.

Farooq Khan congratulates medal winning deaf Judo team for bringing laurels to J&K



Medal winner Judo players of J&K with officials.

STATE TIMES NEWS

JAMMU: In yet another shot in the arm of J&K sports performance, J&K's Rakshanda Mehak who is part of Indian team for deaf clinched bronze medal in World Deaf Judo Championship held at Paris Versailles, France. Congratulating the winning team, Farooq Khan, Advisor to Lieutenant Governor said that our National Girls team has won bronze medal by defeating South Korean team.

Advisor Khan added that Nirchara Umed of Haryana in below 57KG category, Divya Tiwari of Uttar Pradesh in below 52 KG category and Rakshanda Mehak of J&K have added one more feather in the cap. The championship was held at Versailles, France from 26-30th October 2021 and the team is scheduled to arrive back to Jammu from Delhi on 01st November 2021. While complimenting the coach Suraj Bhan Singh for training the athletes, Farooq Khan said that they have now brought laurels to the nation and are giving a tough competition to the international athletes. He further said that J&K government is duty bound in its promise to take J&K sports to the pinnacle of performance and scale new heights in the world sports arena. Advisor Farooq Khan also remarked that more and more modern-day facilities are being added to train our athletes in the proper manner and day is not far away when our athletes will be considered second to none both nationally as well as internationally.

PEFI Poonch celebrates National Unity Day

STATE TIMES NEWS

POONCH: Physical Education Foundation of India (PEFI) Poonch celebrated National Unity Day.

On the occasion a run for unity organised by District unit of PEFI in collaboration with Poonch District Taekwondo Association (PDTA) in which hundreds of budding players of Taekwondo both boys and girls took part.

Earlier, the rally was flagged off by Dr Mohd Tanveer, Chief Executive Officer Poonch Development Authority (Tourism) in the presence of Prem parkash Luthra (Retd) DYSSO and Vice President PDTA and Amit Sharma Joint Secretary PDTA.

The Rally started from Parade Park Poonch and culminated at Sports Stadium Poonch,

where all players and officials took pledge of national unity.

Speaking on the occasion, Rajinder Singh, Physical Education Teacher congratulated all the members of District unit of PEFI and PDTA for organizing run for unity on the occasion of National Unity Day. "We all follow the message of unity of Iron Man Sardar Vallabhbhai Patel to make our nation strong," he said.

Neeraj Sharma NIS Coach from DYSS also congratulated all on the occasion of National Unity Day.

Prominent others present were Kewal Krishan PEM, Sanjeev Gupta Senior pharmacist, Sanjay Raina PET, Aman Sharma, Sachin Sharma, Sandeep Sharma (all ReK), Ashaq Hussain Organising Secretary PDTA and Hassan.

PEFI Poonch celebrates National Unity Day



Taekwondo players posing for a photograph with officials.

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Meena Yadav qualifies NET

STATE TIMES NEWS

JAMMU: Meena Yadav, daughter of Surender Kumar Yadav currently pursuing Ph.D in Soil Science at SKUAST Jammu under the supervision of Dr. Vivak M. Arya has qualified National Eligibility Test (NET) 2021 conducted by ICAR-New Delhi. She is an ICAR-Fellow for her Ph.D programme and qualified NET second time in row.

