

Fortis Mohali provides advanced technology based treatment

Heart patients with multiple blockages treated with new FFR technology: Dr Jaswal

STATE TIMES NEWS

JAMMU: The Cardiology Team at Fortis Hospital Mohali has given a new lease of life to several cardiac patients by providing treatment using the latest and most-advanced technology -Fractional Flow Reserve (FFR), which is used to scientifically treat severe artery blockages.

The Cardiology Team headed by Dr RK Jaswal, Head of Department and Director of Cardiology; and Director, Cathlabs, Fortis Hospital Mohali, successfully treated a 66-year-old Jammu-based Patient, Sham Sunder, who had multiple blockages in his arteries and presented with acute chest pain (unstable angina), with FFR last year.

Dr RK Jaswal while addressing media in Jammu on Saturday said, "Fractional Flow Reserve is used to determine if a cardiac patient needs a stent or a bypass surgery, or should be administered only medicines during treatment.



Dr RK Jaswal, Director of Cardiology, Fortis Hospital Mohali addressing media in Jammu on Saturday.

The case assumes significance as patients undergoing FFR procedure are monitored and the results are confirmed after one year. Also, FFR helps avoid unnecessary stenting based on conventional angiography."

Patient Sham Sunder, underwent coronary angiography in Jammu which revealed blockages in all three arteries. He was advised a coronary artery bypass graft (CABG) or three-stent insertion by doctors. However, dissatisfied with the line of treatment in Jammu, the Patient approached us at Fortis Hospital Mohali last year, Dr RK Jaswal said.

Upon examination, the Patient exhibited symptoms such as chest pain, fatigue, palpitations, abnormal heart rhythms and shortness of breath. Using the most advanced technology of FFR, Dr Jaswal achieved a medical feat by inserting only one stent in the patient's artery as against three suggested by the doctors in Jammu. Following good rehabilitation at Fortis Hospital, Mohali, the patient made a fast recovery and was discharged the very next day of the surgery. The Patient has fully recovered and is leading a normal life for more than a

year. His latest one-year follow-up and Stress Profusion Scan report have been perfectly fine.

Dr Jaswal, said, "The patient was unwell and had pain in his arms and chest. He approached me at Fortis Mohali where I explained to him how FFR was the most ideal treatment option for his health condition. Only one stent was inserted in his artery as against three advised to the patient by earlier doctors. He is leading a normal life today and is extremely happy as I could avoid additional two stent deployment utilising the latest technology of FFR."

Dr Jaswal further explained "Medical facilities at Fortis Hospital, Mohali, were on par with the best hospitals across the globe. Boston Scientific, the exclusive manufacturer of Rotational Atherectomy in the world, has designated Fortis Mohali as the Centre of Excellence for Rotablation in the upper North India and has also certified Dr Jaswal as the exclusive Proctor to teach this

technique to interventional cardiologists of the region."

Dr Jaswal said, "Fortis Mohali provides 24x7 advanced techniques such as FFR, Intravascular ultrasound and Optical Coherence Tomography. These techniques have enabled us to perform precise and high-quality stenting procedures, thereby saving many lives by providing the best medical treatment at par with the best hospitals in the world. These techniques help us avoid unnecessary stenting based on conventional angiography alone, which has its own limitations."

Lauding the treatment received at Fortis Mohali, Patient Sham Sunder, said, "Dr RK Jaswal offered the best line of treatment and deployed only one stent though doctors in Jammu had advised me for three-stent insertion. I thank Dr Jaswal for providing his timely intervention due to which I was able to recover fast."

JMC Commissioner conducts inspection drive from Rangunath Bazar to Parade Chowk

STATE TIMES NEWS

JAMMU: JMC Commissioner, Avny Lavasa conducted an inspection drive with regard to sanitation alongwith concerned sanitation officers/staff in the areas viz. Raghunath Bazar, City Chowk, Pahari Mohalla, Parade and Paeca Danga etc. During the inspection drive she interacted with different market associations and listened their issues with regard to sanitation.



JMC Commissioner, Avny Lavasa during an inspection drive.

She issued on spot directions to the concerned for maintaining proper sanitation in the areas as number of visitors visited every day in these areas. During the drive number of shopkeepers were chided for littering and violating the yellow line rules.

Besides, Presidents of different market associations interacted with the Commissioner and apprised her the major issues pertaining

to sanitation. The Commissioner assured them that JMC will provide upto mark sanitation facilities in their respective markets/areas but for this they have to join hands with JMC for proper sanitation and upkeep in the above said areas.

Commissioner, JMC further apprised the residents as well as market associations of the above said area about Solid

Waste Management.

She also took stock of functioning autos deployed for collection of door to door garbage and directed the concerned for proper utilization of autos so that garbage can be collected from every nook and corner.

She appealed to all the residents of the city to extend their helping hands to JMC in maintaining proper sanitation.

JKMEF holds protest, seeks conduct of DPC forthwith

STATE TIMES NEWS

JAMMU: Jammu Kashmir Medical Employees Federation (JKMEF) today held a protest/dharna at Madam Shashi Bala Memorial Park in the premises of Directorate of Health Services Jammu under the leadership of its president, Sushil Sudan.

JAMMU, Nov 20: Jammu Kashmir Medical Employees Federation (JKMEF) on Saturday held a protest in the premises of Directorate of Health Services Jammu under the leadership of its president, Sushil Sudan.

A Protest was held for not honouring the agreement with the Govt which was inked on August 6, 2021 at Srinagar in the presence of the then Financial Commissioner (Additional Chief Secretary) Health and Medical Education Atal Dulloo, Director Health Services Jammu,



Medical employees raising slogans during a protest.

Dr. Renu Sharma and officers of Administrative Department of Civil Secretariat Srinagar.

"The Govt on August 6, 2021 accepted our demands of Departmental Promotion Committee (Promotions) of health employees and promised to conduct it within 15 days but now after the lapse of four months nothing has been done so far the health employees suffering a lot," Sudan told reporters during a protest.

Furthermore, he added, during the COVID-19 pandemic IT Governor of UT Jammu & Kashmir rewarded the services of doctors and paramedical staff and in-light of this sanctioned rewarding amount @ Rs 10,000 for doctors, Rs 7000 for paramedical staff and Rs 5,000 for drivers and class IV employees vide Govt. order no.360 JK (HME) of 2021 dated May 4, 2021 but till date not even a single health warrior is rewarded.

Sushil urged the government as well as Director Heath Services Jammu to conduct DPC as the earliest and if the Government fail to conduct DPC of health employees they will further launch protest with full might force.

Meanwhile, he said, keeping the present scenario of COVID-19 and enhancement in positive cases the proposed chain hunger strike on November 23, 2021 has been suspended temporarily.

Others who addressed the gathering include Dharma Singh, Bharat Bhushan Bhagat, Dheeraj Sharma, Anita Bhagat, Kamal Jit Sawhney, Ved Paul Saini, Pawan Singh Jamwal, Meema Devi, Jag Dutt Sharma, Bhanu, Mukhtar Kohli, Madan Lal Sharma, Daleep Ch, Shaffkat Hussain and Irshad Ahmed.

Joint Bank Account not mandatory for Spouse Pension: Dr Jitendra

STATE TIMES NEWS

NEW DELHI: Union Minister of State PMO, Personnel, Public Grievances, Pensions, Atomic Energy and Space, Dr Jitendra Singh, who is also Incharge Department of Pensions, on Saturday clarified and reiterated that Joint Bank Account is not mandatory for Spouse Pension.

The Minister said, the government headed by Prime Minister Narendra Modi has always sought "ease of living" for all sections of society including the retirees and pensioners who are the nation's assets with all their experience and long years of service rendered by them. Speaking to media after a meeting with senior officials of the Pension Department, Dr Jitendra said, in case the Head of Office is satisfied that it is not possible for the retiring Government



Union Minister Dr Jitendra Singh speaking to the media, at New Delhi.

Servant to open a joint account with his/her spouse for reasons beyond his/her control, this requirement may be relaxed.

All agency banks disbursing Central Government pension have been advised that in case the spouse (Family pensioner)

opts for the existing joint bank account for credit of family pension, banks should not insist on opening a new account.

The Minister, added that a joint bank account with spouse is however desirable and it is to be opened with their spouse in whose favor an authorization for family pension exists in the PPO. Operation in these accounts would be on "former or survivor" or "either or survivor" basis as desired by the pensioner; he added.

The reason for opening of joint bank account is to ensure that family pension may be commenced without any delay and the family pensioner is not subjected to any hardships for opening of a new pension bank account. This also ensures minimum documentation for the family pensioner while submitting request for commencement of family pension.

Quomi Ekta Week: Poster making contest on 'Communal Harmony' held by NSS GGM Science College



NSS volunteers displaying posters.

STATE TIMES NEWS

JAMMU: NSS GGM Science College under the patronage of Principal Dr. Ravender Tiekoo and guidance of NSS PO Dr. Deepali Mahajan on the second day, on Saturday made posters on Communal Harmony.

This week is significant for promoting communal harmony and to reaffirm our age old traditions and faith in the values of tolerance, co-existence and brotherhood in a multi-cultural and multi-religious society.

NSS volunteers Karanveer,

Ajinka, Meehika, Suhani, Sunandini, Shabana, Rupani, Pallavi, Shifali, Ashish, Mohd Irfan, Mohd Ali, Haramdeep, Harish, Sourav Singh, Amit Choudhary, Pranav Sharma, Aaghav Arora, Sartik Vaid, Sajal Mahajan and Reetik Kapahi through posters gave message that people of different religions, castes, creeds, sex and different background live together in the society with love and peace amongst them under Communal Harmony Campaign Week.

Sharnarathi Intellectual Forum hails Government for repealing of farm laws

STATE TIMES NEWS

JAMMU: Hailing recent decision of the Government regarding repeal of the agriculture laws, All J&K 1947 PoJK Sharnarathi Intellectual Forum hoped that the decision will go a long way for ensuring welfare of farmers. Speaking during an emergency meeting of its core committee members under chairmanship of Adv Amrik Singh and joined by Surjit Singh Secretary Forum, the participants expressed gratitude towards the Prime Minister Narendra Modi for making such a farmer-friendly decision.

The Forum further said that the decision is in the larger interest of the people of country as well as farmers because some vested interests were bent upon to take undue benefits of the agitation and were trying hard to hijack the agitation.

"The announcement regarding repealing of laws came at a time when the entire world was celebrating 552th Prakash Purab of Guru Nanak Dev and subsequently, Kartarpur Corridor was also declared open for general public," they added. The Forum urged farmers to take back their strike and protest demonstration besides joining their families and working for improve their farming in the interest of nation.

Prominent among those who spoke on the occasion included Inder Singh Corporator, Paramjit Singh, Suchha Singh, Jyoti Devi, Kuldip Singh, Jagjit Singh, Nasib Singh, Prof K D Singh, Sudesh Sharma, Parshotam Lal, Kuldeep Singh Kuku, H S Sudan, Khazan Singh, Nasib Singh, Avtar Singh and Gursimran Singh.

JK Judicial Academy organises refresher training for District, Session Judges



Former Judge, High Court of Jammu & Kashmir, Justice Janak Raj Kotwal speaking at a training programme.

STATE TIMES NEWS

JAMMU: Jammu and Kashmir Judicial Academy on Saturday organized one day Refresher Training programme on 'Charge and Discharge in Sessions Trials, Recording of Evidence, Examination-in-Chief, Cross Examination and Power of Judges to put questions u/s 165 Evidence Act' for all the District and Session Judges serving in Jammu province.

The training programme was held under the supervision of Chief Justice,

High Court of Jammu & Kashmir and Ladakh, (Patron-in-Chief, J&K Judicial Academy), Pankaj Mithal and guidance of Chairman, Justice Dhiraj Singh Thakur and other Judges of Governing Committee of Jammu & Kashmir Judicial Academy. "Public expectations are very high from the Judiciary and it should be the prime duty of every Judicial Officer to be responsive towards demands and concerns of the society for which they have to constantly update

themselves", observed Justice Janak Raj Kotwal, Former Judge, High Court of Jammu & Kashmir and Chairman, Advisory Board under JKPSA, who was the resource person for the refresher training programme.

The resource person presented a detailed overview of the subject including Charge and Discharge in Session Trials, Recording of Evidence, Examination-in-Chief, Cross Examination and Power of Judges to put questions u/s 165 Evidence Act.

Director, J&K Judicial Academy, Sanjay Parihar, said that platform provided by the Judicial Academy is an opportunity for the participants of the training programme to update their knowledge and clear their doubts by interacting with the expert Resource Persons. Later, an interactive session was held during which the participants deliberated upon various aspects of the subject and raised queries which were satisfactorily settled by the resource person. The programme concluded with vote of thanks by Director J&K Judicial Academy who expressed gratitude to the visiting resource person and participants. He hoped that the deliberations held in the programme would be an enriching experience and provide impetus to justice dispensation.

Div Com reviews progress of works on sewerage projects in city

STATE TIMES NEWS

JAMMU: Divisional Commissioner Jammu, Dr Raghav Langer on Saturday chaired a meeting to review progress on various ongoing sewerage network projects and new plants proposed for the city, here.

The Divisional Commissioner directed the agencies to categorise their targets with respect to number of households, effluent volume and Nallahs to be tapped. He sought detailed stage wise progress on each individual portion of the city's sewerage network.

While examining the presentation by UEED, the Div Com stressed that certain areas like project reports should be improved. He directed the agency representative(s) to identify bottlenecks and eliminate the same.

The Divisional Commissioner insisted that the agencies



Div Com Jammu, Dr Raghav Langer chairing a meeting.

design the ambitious project with the aim of arresting dump of undesirable city effluents into river Tawi at the earliest, and set separate targets on the projects for its right and left banks. NBCC was reprimanded for being unable to complete the balance 1850 household connections under JNNURM/Languishing sector scheme and deadline of January 15, 2022 was set for the same.

67 MLD capacity of Sewerage treatment plants (STPs) stands created in

Bhagwati Nagar. The Div Com directed the respective officers to submit reports of daily inflow-outflow and power consumption logs of sewage treatment plants currently running in the city in addition to their BOD-COD test levels summaries. Other aspects of the project, which include restoration, resurfacing of roads and electrification of the digging affected areas were also sought by the Div Com. He also directed complete resurfacing of the Circular Road within fifteen days. Meanwhile, the Div Com

was apprised that works on sewerage scheme costing 51 cr is under progress through UEED on the left bank of Tawi River in which 05 Nallahs are to be tapped. Work on 4 MLD STP is compete however, the works on sewerage network is progressing at a very slow pace; upon which SE UEED was directed by the Div Com to invoke penalty clause on the contractor and get works executed at the risk and cost of the defaulting contractor. Those present in the meeting included Commissioner JMC, Avny Lavasa; Director ERA Jammu, Ravinder Mansotra; Executive Director, NBCC, MK Chawla; Chief Engineer PHE Jammu, Manish Kumar Bhat; Chief Engineer R&B, Manzoor Hussain, Chief Engineer, PDD (JPDCL) Ashwani Sachdewa, SE UEED, Rakesh Kumar among other senior officers.

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**PUBLIC NOTICE**  
**PENSION MELA WEEK (2<sup>ND</sup> PHASE).**

The 1<sup>st</sup> phase of week long Pension Mela which was organized to redress the issues of the pensioners drawing pension from various City/District/Sub-Treasuries of Jammu Province/different Branches of J&K Bank has been culminated successfully and a good number of pensioners visited the Treasuries with their grievances which were resolved onspot. However, we expect a wider participation so that no grievance of pensioners remain unresolved.

In order to redress the unresolved/pending grievances of the pensioners which have not been resolved at the level of Sub-Treasuries due to some reasons, the 2<sup>nd</sup> phase of PENSION MELA shall commence w.e.f. 22<sup>nd</sup> November, 2021 to 27<sup>th</sup> November, 2021 as per the schedule given hereunder:-

Phase	Date & Time	Venue	Name of the City/District Treasury	Official Email Id.
Phase-II	22 <sup>nd</sup> to 27 <sup>th</sup> November 2021  10 AM to 2:00 PM	All City/District Treasuries of Jammu Province.	Saddar Treasury, Jammu	satrjmu-jk@nic.in
			Treasury Gandhi Nagar	adtbln-jk@nic.in
			Treasury New plot, Jammu	adtblp-jk@nic.in
			Treasury Talab Tillo, Jmu	adtblt-jk@nic.in
			District Treasury Samba	trysamba-jk@jk.gov.in
			District Treasury Kathua	trykathua-jk@jk.gov.in
			District Treasury Rajouri	dtraj-jk@nic.in
			District Treasury Poonch	dtrpoch-jk@nic.in
			District Treasury Udhampur	dtudh-jk@nic.in
			District Treasury Reasi	dtrrea-jk@nic.in
District Treasury Doda	dtddod-jk@nic.in			
District Treasury Kishtwar	dtksis-jk@nic.in			
District Treasury Ramban	dtram-jk@nic.in			

> In the 2<sup>nd</sup> phase only left out or those pensioners whose grievances have not been resolved at the level of Sub-Treasury are requested to visit the District Treasury Officer of their respective District for redressal of their grievance. However, even Sub-Treasury Officers shall resolve grievances, if any pensioner visit their offices during this period.

> The pensioners may visit the Treasury personally and should also e-mail his/her grievance to the City/District Treasury Officer of the concerned District at their official e-mail address mentioned above.

> All the pensioners must carry their PPO half and other allied documents related to their grievances with them.

No:- DATJ/Try/2021-22/7768-7828  
 Dated:- 17-11-2021

DIP/J-9361/21  
 Dt. 20-11-21

**DIRECTOR**  
**ACCOUNTS & TREASURIES**  
**JAMMU**