

CONTROL RISING PRICES

India is facing problem of rising prices and sincere efforts should be made for controlling prices in interest of the nation. The skyrocketing prices of the goods and services have broken the back of the common man and there seems no way out from the burden of constant rising prices on its own. Thus unless and until the rising prices of the essentials goods and services are controlled it will continue to trouble us and rob us of the scarce resources. These days the prices of the food grains, pulses, flour, edible oils, detergents, shampoos and all other essential goods and services are increasing and it is threatening the economic life of the average Indian and steps should be taken to arrest the trend of rising prices for the interest of the commoner. Rising prices is an economic phenomenon and it is undesirable for the consumers and so the rising prices should be controlled for these burden the pockets of the people. The soaring prices are a big problem and it affects the purchasing power of the people and it becomes difficult to buy the goods and services for daily consumption. Not only are the prices of the daily use products rising but the steep and continuous rise in the prices of the fuels like petrol and diesel and the domestic gas is very unfortunate. The continuous rise in the price of petroleum products is a cause of grave and great concern to the people who face the rising prices of all the essential goods. The prices of the petrol and diesel has got inflationary effect on all the goods and services and due to the rise in the prices of the fuels and domestic gas the prices of all most all the goods and services are continuously rising and this adversely affects the pockets of the people. The government should take necessary steps to control the rising prices of the essential goods and services for the interest of the consuming public as it is the bound-en duty of the rulers to combat the rising prices so that the consumers are not robbed by the unscrupulous businessmen. The steep and continuous rise of the price level is a very big problem for the average Indian and therefore the powers should use its good offices to control the rising prices to give some relief to the general public. But it seems unlikely that the powers will intervene and control the price level as it perhaps is not in the agenda of the rulers and so the rising prices of the daily use goods continue to soar very high and thus the rising prices affect the lives of the common man. In our democracy the electoral battle is very necessary and democracy is the battle for votes. So when there are elections near the politicians and the rulers take steps to arrest the trend of rising prices otherwise not and this is the great irony. Thus the elections give some succour to the man in the street as the powers promise and in fact try to influence the prices of the daily use goods as it is closely related with the lives of the people. The continuous rise in the price levels affects badly the life of the common man as it influences the purchasing power of the people and they are unable to purchase the goods of the daily use as it burdens their pockets. The rising prices are an undesirable economic phenomena and it as such affects the lives of all the people if the prices are allowed to rise. In our welfare state it is the duty of the powers to see that the people are not adversely affected by the rising prices and so the rulers should curb the trend of the rising prices for the interest of the consumers. But unfortunately our rulers seem to be insensitive to the rising prices and this is the problem and irony. The rising prices mainly affects the lives of the poor and the people of the middle income group and it is they who are badly affected by the rising of the price level .Without wasting the time the government should come to the rescue of the common man and try to curb the rising prices for the good of the consumers but our NDA rulers seen not to be interested in curbing the price levels as they do not intervene and interfere in the price mechanism and the results are before us and affect all of us particularly the poor and the middle income group. The height is this that the rate of petrol has gone up and crossed rupees hundred mark and the rulers are not concerned by it. During the congress rule the powers were intervening in the rising prices and never in their rule the prices of the essential goods and services were rising so steeply as the powers were using their good offices to control and combat the rising prices but it seems no duty of the NDA government as they are not concerned with the rising prices .On the one hand the prices of the goods and services are rising continuously but on the other hand the government has declared moratorium on the dearness allowances from one and a half year. It is after this big gap that the centre cabinet has approved the DA for centre government employees but the states are still yet to sanction the DA of their employees and this affects the lives of all the state government employees. Anyway the NDA government should see the sanity and come to the rescue of the man in the street by arresting the trend of rising prices to give some relief to the people from the rising prices, otherwise we are compelled to exclaim that 'Hukumat Nam Hai Sabse Jyada Bahes Hona Ka'

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OFF 'D' CUFF

Being Present

I have always been focussed on my endeavours and have enjoyed the fruit they bear. However, at present I find myself sulking over my past mistakes and worrying about the future. How can a person my age be stress-free and passionate about the things at hand, without being bogged down by the horrors of the past?

Abhishek Bansal, 24 years, Delhi

! Dear Abhishek, Without knowing the past actions you regret, I will have to be general about your situation. The fact that you choose a drastic word like 'horrors' sounds very dramatic, and it implies that you have a dramatic view of your life. Unless you are guilty of some serious wrongdoing, you are probably caught up in leaving your post-adolescent self and coming to terms with adulthood.

That's a good sign, and you will be going through the process for a while. As for past mistakes, of course, you know that everyone has them. You might seek out an older person you trust and confide your worries. A sound adult perspective will help.

When you speak of con-

stant worry, however, this implies a present situation that needs handling, and again, you need sympathetic adult advice if this is the case. Otherwise, the residue of guilt, shame, or anxiety from the past is known psychologically as emotional debt. In other words, the past is coming back to haunt the present. When such thoughts occur, don't push them away or, at the other extreme, allow them to fester. Sit quietly with eyes closed and take a few deep breaths. When you feel calmer, breathe normally and let the thought be in your mind. Vividly see what the thought is, then quietly say to yourself, "I am not that person I once was. I do not need this thought." If the thought persists, sit and let it fade of its own accord. Repeat the process two or three times if necessary.

If you develop the habit of dealing with your past in this way, you will bring yourself back into the present, which is the only real-time, the time where life takes place. Try this for a few weeks. If you don't see improvement, find a good counsellor or therapist to talk to.

Deepak Chopra

Need to address farmers' grievances

■ RAKESH AATHUR

Indian economy is of mixed type in which macro & micro economies plays a major role in lieu of agricultural sector, a biggest sector paves to the final GDP ratio of the country. All three sectors including primary, secondary and tertiary sectors of the Indian economy are the outcome of the agricultural sector upon which the all others are dependants. So Indian Economy called an agricultural economy which depends upon the agricultural produce by the marginal and big farmers. Agricultural production in the country to which, one cannot deny for its contribution by the farmers in the Gross Domestic Product is more than 70 per cent. Therefore it is concluded in the primary sector of the economic sector; but its role is so great to the final outcome of the country in almost way to the national & international markets. But awkwardness in the agricultural system by the ruling government are clearly pointing to a common man that the future of the farmers in the country is not so futuristic, to which thousands of farmers are resenting on the roads among this severe winter.

Farmers are backbone of our Indian economy who earns at about 70 per cent GDP rate in the foreign export (FOREX) and its contribution in the Indian economy is the far greater than the other allied sectors called secondary and tertiary sectors. So no one including government at centre or state can neglect their contribution, once when a special economic planning was based on it called 3rd plan in order to enhance the GDP of the country. In addition we can learn from an imminent slogan 'Jai Jawan & Jai Kisan' which emphasis that if our farmers and Jawans are well, our country may lead a better race among rest of the countries. So we must strive upon both of these factors with significant approach towards farmers. And any negligence in this behalf may cause critical circumsppection of our country. Perhaps it was the reason behind former Prime Minister Lal Bahadur Shastri's hope declaration to which he professed to spread his cremation ash into the agricultural fields of the farmers in order to attain him salvation from death and rebirth cycle. He regarded farmers

with superiority of divines who serves to the rest people through their painstaking by producing the different weather crops and provide them at their doorsteps.

On the other hand the ruin caused by the hailstorm in the Jammu and Kashmir along with border belts like Arnia, Ramgarh, Nandpur Sai-Camp, Bain-glar, Sanji, Morh, Kote Punnu towards Punjab Bumiyal, Taragarh etc is quite worse in its kind as the season of paddy plant was at its fruiting and farmers of the regions have greater hopes of reaping a good benefit by selling it into the markets. But uncertain this hailstorm had turned the dreams of every farmer into gloom and made them to feel nuisance in themselves. Because so many of the farmers had taken the loan under KCC, cooperative societies, banks loan for cultivating paddy crop as it mainly relates to the cash crop like crop in which time & money on high scale needed to every farmer

If we ask the farmers like Mohan Singh Bhatti, Parshotam Lal Sharma, Madan Lal, Tara Singh, Janak Raj, Jagpaul, Harbans Lal, Bansal, Devi Dass, dev Raj, etc they told that they had taken a loan in kind to cultivate the paddy crop in acres which has rendered them ruined in complete manners due to this uncertain and heavy hailstorm in the northeast region due to which their dreams of pay off the last debts has been almost eroded. In past they had taken the loans for cultivating the paddy crop with different genes, varieties at the higher rates from the retail shops in hope to attain huge profit in near future. But now their problem has been turned so tense that they cannot uttering and stunned completely to saw their crops ruined in the fields and to clear their fields, there needed the money and physical power to clear the fields and cut the dwarfed crops in the fields standing without any stuff value. No doubt the incidents few days before had happened in the last moment of reaping the paddy crop is not less than the stronger jerk to the farmers in the region. The present system of agriculture is transforming through quite traversing through advanced stages in which the role of equipments and stool is quit cost effective. It all so is the outcome of costly practices, seeds,

manures, and different physical techniques, etc. Within 60 years of agricultural revolutions called green revolution, yellow revolution, white revolution, etc in the Indian economy the trend in the Indian agriculture have changed to a greater extent to which one cannot guess it without perusing its factors. Whereas, production in the country appropriating out of agricultural revolutions has increased to a greater extent and there is consistently a major need to garner the interests of the all Kisans throughout the country. Besides Kisan Sabhas i.e. All India Sangarsh Coordination Committee (AIKSCC) etc had been also formed to cope up the interests of the Kisans. Even last Government has started number of schemes and policies, so that the Kisans may not face any kind of risk for their agricultural production. But there is immediate need to address the mitigations and grievances relating to hailstorms and farming laws for which farmers are erected alone throughout in the country and since long striving to address it. So our government should immediately help them to reduce their burden of loans from the different financial institutions in the regions and make the survey of the crop loss in the region vehemently and put in forth the suitable help to the farmers in immediate sense. Besides annulling the three black farming laws across the country there is strong need of the hour that the indemnity in all kinds they severed with the loss of lives, monetary, civic, domestic, etc with which they lastly severed within more than one and half years can be relived to somewhat extents and in future course of nothing any such kind of legislation to be legislated without the consent of farmer sabhas, or farmer organizations in the country. Ethos of the true democracy contexts it is by the people, for the people and by the people so every government always regards to the common people demands even if they are somehow irrelevant towards the government policy. People may annoy but government should not annoy is the need of the hour to our country during this hyperinflation situation. And to reduce the inflation with immediate effect all over the country is also strong need of the hour in order to soothe the marginal and small farmers too.

Political uncertainty in Union Territory

■ OMKAR DATTATRAY

Uncertainty is an undesirable phenomenon and this characteristic is rite large on the face of Jammu and Kashmir and thus political uncertainty is the fait accompli of the erstwhile state of Jammu and Kashmir: There is no elected government in Jammu and Kashmir and thus people's government is the demand of the people. Governors rule or the centre rule is not the answer of the people's problems and the LG administration is a temporary arrangement and is not the alternative of the democratic government and only the duly elected government of the people is the need of the hour but the people of Jammu and Kashmir are denied a democratic government from so many years and there is no guarantee of the democratic government in near future and so the political uncertainty is staring us in the face. People of the troubled union territory face the worst kind of political instability and uncertainty thanks to the rigid attitude of the centre government and the main stream political parties of the Jammu and Kashmir. The political uncertainty of Jammu and Kashmir is neither in the interest of the Jammu and Kashmir nor in the interest of the centre government or the country. So, all efforts should be made to install a duly elected government in the union territory. Therefore to end the political deadlock in the union territory the much needed elections of the UT assembly should be held to usher a democratic era in Jammu and Kashmir. So to end the political uncertainty and instability the elections in the union territory should be held as early as possible and the people should be given their right of vote to elect their government. Since a peoples government is definitely superior to the central arrangement and so the centre government should not wait for long to install a democratically elected government to address the problems of the people of Jammu and Kashmir: Thus efforts on a war footing should be made for the ushering an era of true democracy in Jammu and Kashmir so that the people do not experience a political vacuum and the uncertainty for long. Hence the centre government should take necessary steps to hold the much due elections in Jammu and Kashmir and wipe tears from the eyes of the people of Jammu and Kashmir: The people of the troubled union territory have

seen many ups and downs during the last over three decades and now the uncertainty should cease and for this the only condition is the initiation of the political process in the union territory to redress the genuine problems of the people. As a first step the delimitation of the assembly constituencies should be taken to its conclusion as this should precede the political process of elections. So after the delimitation exercise the much due elections should be held to give the people a democratic government as the people's government is the sine qua non for all the ills and troubles of the people. Thus there is urgent need to have the people's government in Jammu and Kashmir so that the problems of the people are solved by their representatives. The gap between the people and their elected representatives is bridged in the democratic government and such a government is alive to the issues and problems of the people. Therefore all efforts should be made in the direction of the democratic process so that the political uncertainty will end in the union territory and the people will have their own government which is more responsive to the problems of the people of Jammu and Kashmir. Since the Governor's rule or the centre rule is no alternative to the democratic government and thus the people's government should be installed in the Jammu and Kashmir to end the political instability and uncertainty as soon as possible. The political uncertainty in Jammu and Kashmir is not in the interest of the union territory and also is not in the interest of the country. So, all the required steps should be taken to give the people of the troubled Jammu and Kashmir a democratically elected government at an earliest so that the people will heave a sigh of relief. The governor's rule or the centre rule is a temporary arrangement or a stop gap arrangement and is not the alternative of the democratic government. Therefore the need of the hour is a people's government which can redress the genuine problems and issues confronting to the people. Thus various stakeholders of the union territory should shun their rigid stands and urge the centre government to hold the elections so that a democratic government is given to the people who can solve the problems and issues of the people. Therefore without wasting the time the centre government should start the

democratic process in Jammu and Kashmir so that the people who are denied their own government are given their right to elect the government of their choice. So different political parties whether national or regional should stand up and demand the political process in Jammu and Kashmir: Force should be exerted on the centre government to initiate political process in the union territory so that the genuine problems and issues of the people are solved and the people's government is formed. Thus the centre government, LG's administration, political parties national and regional should play their role and initiate the much needed political process in Jammu and Kashmir so that a duly and democratically elected government is given to the people who will be responsive to their problems and issues. A responsive and people friendly government is needed in the union territory which can address the problems of the people. Such a government is only the democratic government of the people and the centre rule is no answer in the ultimate analysis. Therefore the mainstream political parties national and regional should work in unison and urge the centre government to initiate the political process in Jammu and Kashmir at the earliest so that the people of the troubled union territory are given their own government which can wipe the tears from the eyes of the people and redress their genuine problems. Since in a centre rule or the governors rule there is big gap between the people and the government and so the people feel orphaned .Therefore the political hibernation, confusion and chaos should end and this is possible only when a duly elected government is given to the people. So to end the political uncertainty the elections to the assembly of Jammu and Kashmir should be held at an earliest to give the people a democratically elected government which is more responsive and transparent and the gap between the rulers and the ruled is bridged. To be brief the assembly elections should be held at an earliest for government formation which will give them a healing touch and relieve them of their problems and ills. Thus assembly elections are needed in the union territory to end the political instability and uncertainty and give the alienated people their own government and remove their alienation.

(The writer is a columnist and social activist).

YOUR COLUMN

Rename Jammu Airport after Martyr Naik Yadunath Singh PVC

Dear Editor,
The article written by Daya Sagar in your esteemed daily dated November 10, 2021 must serve as an eye-opener to all Indians especially people of Jammu and Kashmir wherein battle of Nowshera in District Rajouri

has been discussed at length and how our brave soldiers sacrificed their lives to safeguard mother India from enemies. Nowshera's battle was one of the most dreadful where Pakistani forces almost captured most of Rajouri-Poonch districts. It was valour of our Army and soldiers with the twin districts of Rajouri and Poonch were vacated by Jawans by sacrificing their lives. Martyr Naik Yadunath Singh PVC was one such valorous soldier who killed more than 200 enemy soldiers before attaining martyrdom. Prime Minister Narendra Modi has taken an initiative to name different institutions in the name of martyrs and LG's administration in Jammu and Kashmir has

Ram Rajya-core of secularism

■ SHYAM SUDAN

India is a unique and one of the oldest civilization of the world. Unity in diversity is the basic fabric of its strength and firmness. It is a multilingual and multi-religious country of the world.

People of different religions, caste and sections are living here with peace and harmony since time immemorial. Many times lot of plunderer and raiders had tried to destroy the unique culture of this great nation. But despite facing all the odd circumstances at different occasion, people of this unique land stood again with more energy and enthusiasm, because it is a holy land of great philosophers, saints and sages.

In Treta Yug the incarnation of Bhagwan Ram had shown the way of life and meaning of a good governance to the common masses of this land.

His way of good governance is still relevant at present time. He was a great ruler of Ayodhya at that time. His governance which is popularly known as Ram Rajya at that time has a very unique significance for any civilization. Based on various norms and values of life it is full with morality, ethics and virtues. Ram Rajya (Ruling of King Rama) is totally based on all the democratic values and norms.

In his Ram Rajya there was no discrimination with anyone based on his color, caste and creed. Everyone was given equal priority and there was no discrimination with anyone. People were living with peace and harmony.

There was no binding and legal restriction over anyone for cherishing their goals and aims which are not against in another's life and way. In Ram Rajya there was provision of hearing the voice of every depressed and exploited persons with dignity and honour.

Even the doubts and uncertainty of every person has the equal weight age and preference as compared to some reputed persons.

But ironically the Ram Rajya ruling is compared with dictatorial ruling of Hindus. Some religious orthodox elements and pseudo seculars wrongly quoted the meaning of Ram Rajya. They have created the fake propaganda and myths in this pretext.

They have created fake and baseless allegations that Ram Rajya means only caring for a special religious section. According to their opinion only Hindus may be benefitted by this framework of governance i.e., Ram Rajya. As Hindus are devotees of Lord Rama so the Ram Rajya is purely design for their welfare and comfort. They even believed that the concept of Ram Rajya is totally against the system of secularism.

But this is a totally wrong notion in the mind of such people.

Basically the doctrine of Ram Rajya and secularism is the different side of the same coin.

We can't differentiate between the two. In secularism there is equal treatment and opportunities for all and respect for every religion. Moreover in secularism there is no place for any kind of discrimination with others based on their religious beliefs.

Similarly in Ram Rajya preference was given to this thing .ironically it is bitter reality of our political system that those who favours the doctrine of Ram Rajya at present moment receives the designation of anti secular. Here secularism means only caring for the minorities and their benefits.

Those who favours the majority of this nation and talks for their betterment and welfare treated as anti secular. And those who favours the ruling of Ram Rajya treated as anti secular and specific religious minded.

However it is very difficult to provide Ram Rajya at present scenario by any government and political system because still there is lot of penury, poverty, depression and gloom in the society.

Majority of our population is living in a very miserable condition.

A lot of social crimes and other anti social activities are prevalent in society. Exploitation of poor by rich and autocrats are still present in our society.

In Lord Rama administration there was no place for such antisocial activities and things. Moreover in Ram Rajya there was no special preference for any special religion or caste. But in present scenario people has changed the entire concept of Ram Rajya and secularism.

Ram Rajya ruling is compared with the ruling of Hindu minded political parties and secularism is compared with the minority favouring political parties.

Some political parties creates misbelieves in the mind of people that we cannot think for Ram Rajya because this will create danger for minorities in the country.

The role of a good political leader is to remove the doubts and uncertainties from the minds of people and not to create hatred and jealousy by his fake propaganda and myths. Basically Ram Rajya is an extended version of true secularism and such kind of doctrines. Secularism is the basic essence of Ram Rajya governance.

We can't imagine the governance of Ram Rajya without the norms of secularism in it. Bhagwan Ram is not only the inspiration and brainwave figure of Hindu religion.

But he became the great torch bearer of all the people of different religions in this holy land. Life of Bhagwan Ram gives the inspiration to every feeble and weak that how can we fight and struggle for the welfare of our family and for the sake of society. Ruling of Bhagwan Ram gives the inspiration to present day politicians that what are the different ways by which we can think for the betterment of our people and how we can adopt the techniques of good governance in our political system.

We can easily follow the unique idea and doctrine of Ram Rajya in our political system too. provided that there is no place for favouritism, nepotism and other petty political interests in one's mind.

also taken certain measures in this direction. Daya Sagar has rightly raised the issue through medium of his article in your esteemed paper STATE TIMES before LG Manoj Sinha to rename Jammu Airport in the name of Martyr Naik Yadunath Singh PVC. I, on behalf of the people of Poonch and Rajouri districts, support the contents of the article and urge LG Manoj Sinha to issue directions to concerned authorities for initiating necessary measures in this direction, as it would be a befitting tribute to the hero of Battle of Nowshera.

Adv Sanjay Raina
President, People Forum Poonch.