

GCoE Jammu signs MoU with AYUSH



GCoE and AYUSH representatives after singing MoU.

■ STATE TIMES NEWS
JAMMU: Government College of Education (GCoE) Jammu on Tuesday signed a Memorandum of Understanding with AYUSH, J&K, Department of Health and Medical Education, in a programme held on Saturday in the college.

The programme began with a formal address by Dr. Rajinder Kour, Convener of the programme.

It was followed by address of Dr. Kulvinder Kour, Principal of the College.

In her address, she said that education and health are integral to each other, after the onslaught of

COVID, the world has come to the realization of importance of Ayurveda and being future teachers and teacher educators, it is important for teacher educators, to get trained and then propagate the idea of holistic health.

Dr. Vandana Dogra, Medical Superintendent Govt. Ayurvedic Hospital, Jammu said that Ayurveda is 'Mother of all healing' and the blend of Ayurveda and Education will help in popularizing the idea of natural way of living and going back to our ancient roots of life that was in sync with the environment.

Dr. Arun Gupta, Medical Officer also congratulated

the college on signing the MoU with AYUSH and he assured all possible help from the Department for the propagation of good physical and mental health.

The Medical Officers, Dr. Aruna Bhatt, Dr. Rajesh Gupta and Dr. Vishnu from J&K AYUSH were also present in the meeting.

One of the M.Ed student, Payal Sharma also presented her thoughts on the importance of Ayurveda in holistic development.

The programme was conducted by Prof. Shalini Rana.

The programme was organized by Dr. Rajinder Kour and Dr. Jyoti Parihar.

Vote of Thanks was presented by Prof. Shapia Shameem.

The faculty members present on occasion were Prof. Koushal Mangotra, Dr. Anuradha Seth, Dr. Sushma Bala, Dr. Taahira Shah, Dr. Shalini Sharma, Prof. Rubina Yasmeen, Dr. Deep Bangotra, Prof. Vinay Lata, Prof. Seema Kumari, Prof. Neeraj Verma and Prof. Sarita Dogra.

Tributes paid to Bawa Jitto at Krishi Bhawan



Director Agriculture Production & Farmers' Welfare Jammu, K. K. Sharma and other officials paying tributes to Bawa Jitto.

■ STATE TIMES NEWS

JAMMU: An impressive tribute paying function was on Saturday organized in the premises of Krishi Bhawan, Talab Tillo to pay homage to Shri Bawa Jitto (Baba Jit Mal Dev ji Maharaj) - a legendary saint farmer of the area who made a supreme sacrifice about 650 years ago for rights and justice of the farmers. Department of Agriculture Jammu paid rich tributes to this epitome of farming community and saluted his courage against injustice and suppression by the landlords of that time. The programme is organized jointly by the All J & K Agriculture Employees Association, Drivers Union and staff of

the Directorate of Agriculture every year after the annual Jhiri Mela.

Director Agriculture Production & Farmers' Welfare Jammu, K. K. Sharma on the occasion said that all of us should get inspiration from his life and work to contribute for the betterment of the farming community. He recalled Baba Jitto's supreme sacrifice for the farming community. Senior officers of the Directorate of Agriculture, retiree officers and Staff of the department participated in the programme. A special adoration and worship was performed on the occasion which was followed by distribution of Prasad and Bhandara.

Dr Tandon nominated as National Faculty to frame treatment guidelines by ISRPT

■ STATE TIMES NEWS

JAMMU: Prof Dr Vishal R Tandon from GMC Jammu has been nominated as National Faculty to frame Evidence Based National Treatment Guidelines of most common diseases like Hypertension, Diabetes Mellitus, Dyslipidaemia and COVID-19 etc for prestigious Indian Society of Rational Pharmaco-therapeutics (ISRPT). These Guidelines shall be framed as per existing level of scientific evidence and grade of Recommendations in their favour with help of leading clinicians and Pharmacologist of repute from the country who shall serve as Guest Faculty.

Dr H S Reehan, Director Professor Pharmacology, Lady Harding Medical College New Delhi and Dr Vishal Tandon, Professor, GMC Jammu shall be finally editing and compiling these National Treatment Guidelines for society after series of deliberations at national level in form of a book, which shall also be published in leading journal for



Prof Dr Vishal R Tandon from GMC Jammu and others at a meeting.

wider utility of practitioners. Dr Tandon was also the invited Faculty/chairperson in recently held prestigious 13th National Conference of ISRPT 2021 held at Indore. He chaired various sessions on 'Clinical trials in COVID-19; Accelerated Preclinical Paths for Rapid development of COVID Therapies and Pragmatic Clinical Trials'. He also delivered an invited Guest Lecture on drug safety 'art of Medical Content writing of adverse drug reactions'. He was also a judge in Poster Presentation competition where various original studies were presented by research scholars. In his lecture, he stressed to maintain Good

Pharmacovigilance Practices and provide Complete medical Information of adverse drug reaction for speedy generation of drug signal/alerts so that drug safety can be enhanced for the patients. Further, he proposed to start a National certification course in drug safety and rational drug prescription at National level by the society in coloration with Drug regulatory authorities and Indian Pharmacopoeia Commission, Govt of India and WHO, to deal with problems of Underreporting and incomplete information of ADRs presently reported in the National Programme and deal with the problem of Irrational drug prescription.

JKAACL Kathua organises Bhajan Sandhya



JKAACL artists during Bhajan Sandhya.

■ STATE TIMES NEWS

KATHUA: The Sub-Office Kathua of J&K Academy of Art, Culture and Languages (JKAACL) organised a 'Bhajan Sandhya' at Sukrala Divi Temple, Billawar here on Saturday in connection with the 'Azadi Ka Amrit Mahotsav'.

The programme was witnessed by the localities who came Sukrala Devi Mata to pay obeisance. SOCA, Kathua Sanjeev Gupta, while addressing the people, shared that JKAACL is coming up with a programmes at various shrines of Kathua and Samba district.

In this segment, this is the first programme of the series

which will further come up with the programme in the shrines of Sanba & Kathua.

He also said that we are trying to do best of efforts for the preservation and promotion of the art and culture of the Union Territory of Jammu and Kashmir.

The programme was started with the vibrant singing of Om Basotra and Party, Narinder Kumar and Party and Ajit Singh & Party who made everyone spellbound with their mesmerising soulful singing.

The programme was culminated by the performance by CS Kattal and Party. The show was conducted by Janak Bhardwaj.

NYKS Rajouri hosts awareness prog on 'Catch the Rain, COVID-19 & Self Employment' schemes

■ STATE TIMES NEWS

RAJOURI: Nehru Yuva Kendra Rajouri, under the Ministry of Youth Affairs and Sports, Government of India, organised a Mega Awareness Programme on Catch the Rain (Jal Shakti Abhiyan-2), Combating Covid-19 Mass Awakening and Action Campaign and Self Employment Schemes here at Dak Bungalow, Manjakote.

Pawan Kumar Parihar (Assistant District Development Commissioner) graced the event as the Chief Guest.

The Resource persons for the event were Vikrant Sharma (Social Activist, National Youth Awardee, State Level Resource Person NYKS), Saddam Zia (Incharge Implementation Support Agency), Dr Javed Shah (Health and Medical Education Department), Tariq Aziz (Functional Manager, District Industries Center), Mohd

Aslam Baig (District Employment and Counselling Center), Bhushan Sharma (District Level Subject Matter Specialist Dept. of Agriculture), Lukman Ahmed (Extension Officer Fisheries Dept.), Jyoti Prasad (DLSMS, Dept. of Horticulture).

At the outset, Nitin Hangloo District Youth Officer Nehru Yuva Kendra Sangathan Rajouri welcomed the Chief Guest and the Resource Persons of different Departments, who were present there to enlighten the youth about various Schemes of the Govt.

He said that the program is based on the theme Catch the Rain (Jal Shakti Abhiyaan-2) and the awareness component of Self Employment and Public Welfare have been integrated to achieve convergence.

The Chief Guest elaborated on the 24 agenda-works that every department is

focusing on. He advised the youth to carefully listen to all the resource persons to benefit from Public Welfare Schemes of the Govt.

He also urged the youth to apply for Golden Cards. He also urged the youth to become Entrepreneurs and act as Role Models for society.

The lecture on the Topic Water Conservation and Jal Jeevan Mission was delivered by Saddam Zia. He enlightened the gathering about the strategy to conserve water as India is facing a scarcity of drinking water. He added that rain-water harvesting is an effective way to save water. He further said that judicious use of water should be the way of life.

Mohammad Aslam Baig, Employment Officer, DECC Rajouri enunciated on Self Employment Schemes that can benefit the youth in entrepreneurship. He advised the public to get the benefits of vari-

ous types of loans provided by the department to start their own business. He further stated about various schemes of Mission Youth such as Mumkin, Tejasvini.

Bhushan Sharma (District Level Subject Matter Specialist Dept. of Agriculture), Lukman Ahmed (Extension Officer Fisheries Dept.), Jyoti Prasad (DLSMS, Dept. of Horticulture) also delivered lectures on the Public Welfare schemes of their respective Departments and urged the youth to get benefitted from them.

The stage was managed by Sangeeta Sharma, National Youth Volunteer Block Lamberi, NYK Rajouri. The event was coordinated successfully by National Youth Volunteers Rabia Mughal, Irfan Mukhtar (Manjakote). Numerous members of youth clubs were also involved in the successful organisation of the program.

Give befitting reply to BJP in ensuing elections: Mula Ram

■ STATE TIMES NEWS

JAMMU: Castigating BJP for its overall failure on almost every front, senior Congress leader and former Minister, Mula Ram alleged that BJP has future of Jammu & Kashmir as youth are suffering due to record-high unemployment. He was addressing a public meeting held at Patta Chungi. Senior leaders including DCC Rural President, Th Hari Singh Chib and Vice President, Rajinder Kumar Happy besides a number of other leaders and party activists were also present on the occasion.

The former Minister fur-

ther said that ensuing assembly elections will provide a golden opportunity to people to give a befitting reply to BJP for its anti-people policies by throwing it out of power.

"The need for the hour is that people should get united against those leaders who failed to meet aspirations of people. People should vote and support Congress as it is the only party which has track record of rendering public service for last many decades," said Mula Ram, cautioning people against nefarious designs of BJP which want to divide community on name of religion and

caste. He further urged people to stand guard like a rock to protect centuries-old traditions of brotherhood, communal harmony and secularism which are hallmark of J&K. He further requested people to participate actively in ensuing elections for supporting the party, as only Congress can steer them out of the morass.

Prominent among those present on the occasion included Rattan Lal Sharma, Bittu Rampal, Shanta Bhagat, Karanjot Singh, Choudhary Deva Singh, Shashi Kant, Jagdish Sarpanch, Sagar Choudhary, Vikas Dayal, Pardeep Slaria, Vishal Kesar, Rajat Sharma, Vishal Choudhary, Balkar Singh, Shamsher, Choudhary Janak Singh, Arun Mehta, Shubam Sharma, Sham Singh and Both Raj.

PGCIL organises Medical Camp



Doctor examining a patient during a camp.

■ STATE TIMES NEWS

SAMBA: Power Grid Corporation of India Limited (PGCIL) on Saturday organised free health checkup camp at Samba Substation.

The camp was organized as a part of Azadi Ka Amrit Mahotsav celebrations. On the request of PGCIL, CMO Samba had deputed a team of doctors and pharmacist for this camp. Free medicines were also distributed in the camp. Facility for COVID

vaccination was also available in the camp.

Senior officers from PGCIL, BDC Chairperson, DDC Member, Sarpanch Rakh, BMO Samba were among the dignitaries present in the camp.

A large number of local people were benefitted from the medical health camp and got vaccinated.

The beneficiaries and the local authorities thanked PGCIL for organizing the camp.

COVID-19 vaccination awareness organised by NSS GGM Science College



NSS volunteers of GGM Science College making people aware about vaccination.

■ STATE TIMES NEWS

JAMMU: NSS unit of GGM Science College under the patronage of Principal Dr. Ravender Tickoo and guidance of NSS PO Dr. Deepali Mahajan organized COVID-19 vaccination awareness.

The NSS volunteers accelerated vaccine campaign through the door to door awareness drive in order to succeed the campaign free vaccination to all in India.

The vaccination drive

against Covid-19 needs 'Har Ghar Dastak' approach to achieve its target.

In its fight against the COVID-19 pandemic, the nation has achieved a major milestone of administering 100 crore vaccine doses. It is recommended that both doses of vaccine should be taken for realising the full benefit of vaccination. Both doses must be of the same vaccine type.

Department of Environmental Sciences JU organises 'Heritage Walk'

■ STATE TIMES NEWS

JAMMU: Department of Environmental Sciences, University of Jammu, and Green Campus Task Force (GCTF-JU) in collaboration with INTACH Jammu Chapter organized a Heritage Walk to Traditional Mata Vaishno Devi Route, Bamyal, Jammu to celebrate Azadi Ka Amrit Mahotsav- A Jan Utsav" to commemorate the 75th anniversary of India's Independence.

"The heritage walk has been organized to make our students aware about the rich natural as well as built heritage of Jammu region," said Prof. Piyush Malaviya (Head, Department of Environmental Sciences, JU while flagging off the Walk along with Prof. Jyoti Bhatti, Principal, Food Craft



Students posing with faculty before leaving for Heritage Walk.

Institute (FCI) Bamyal, Jammu.

S.M. Sahni, retd. KAS officer and Convener, INTACH (Jammu Chapter) highlighted the importance of the traditional Mata Vaishno Devi route since ancient times and talked about various initiatives and programmes run by INTACH

to promote, conserve and preserve heritage tourism in

Jammu. Dr. Deepika Slathia, Member Secretary GCTF-JU explained in detail about the unique features of the natural heritage sites (springs, step wells, wells, ponds).

She said that these traditional water bodies constitute a unique part of Indian architecture and are testimony to the traditional water-harvesting systems developed in ancient

times. 'Our traditional water bodies are very important and there is utmost need to conserve them for our future generations,' she said, while interacting with the students. The Heritage walk started from Oli temple at the tail end of Jammu district and culminated at Pangali temple, where students were shown a traditional step well with chambers for filtration which is believed to be more than 100 years old structure. Among others who participated in the Heritage walk included Dr. Meenakshi Khajuria, Kotwal, INTACH Jammu Chapter; and the Master's students from the Department of Environmental Sciences, University of Jammu. The students also interacted with the locals during the walk.

Dogri Folk Dance competition organised

■ STATE TIMES NEWS

JAMMU: VJ Dancing Academy on Saturday organized a Dogri Folk Dance Competition at KL Sehgal Hall Jammu where many students participated.

Sandhya Gupta, Founder Chairperson of Maharaja Harisingh Dogra Samman was the chief Guest and Sapna Soni famous actress, producer and director in J&K were Guest of Honour, Ravi Sharma, Founder of Dhanraj Studioz, Janipur, Vishav Chib, Owner of infinite Nutrition, Raj Shavotra, Director and Choreographer, Acharya Dance and Aerobic Academy, Sweety Joysthi, Youth National Games General Secretary, Sunny Music/Sound Operator & Manikdeep Kour, Anchor for

the event were present there.

The judgment of the competition was done by Pratiksha Sharma, Choreographer and National Dogri Folk

Dancer/Performer. Ravi Sharma, founder of Dhanraj Studioz Janipur also announced that the winner of this Dogri Folk competition will feature in the Next Dogri Folk song as Dhanraj Studioz is fully committed to promote, Dogri Culture and Tradition & Talented Artists of J&K.

The participants of this dance competition were Suprit, Pakeeza, Sukriti, Ritesh, Ojas, Nipun, Shivansh, Gunjan, Chetan, Radhika, Divyarn, Aradhya, ritvik, Arya, Arnnav, Dhairya and Vaishnavi.