

Inter-collegiate Basketball, Kho-Kho tournaments begin



Basketball match in progress and Director Sports JU, Dr Daud Iqbal Baba posing with Kho-Kho teams and other officials at Campus ground.

■ **STATE TIMES NEWS**
JAMMU: The Inter-Collegiate Basketball and Kho-Kho (M&W) Tournament 2021-22 being organized Directorate of Sports and Physical Education, University of Jammu commenced on Monday at campus ground. Various colleges affiliated with the University of

Jammu are participating in the tournament.
Today's results:
WOMEN: GCW Parade beat GDC Kunjwani by 24-04 score; and PG Department beat GCW Udhampur by 26-04 score.
MEN: GDC Kathua beat MIET Jammu by 32-14 points.
Today's matches were offi-

ciated by Ranbir Singh, Shubham Sharma, Shubham Bhardwaj, Vishal Sharma and Vishal.
KHO-KHO: WOMEN: PG Department beat GDC Basohli by 7 points; GCW Parade beat GDC R S Pura by 3 points; GDC Bhaderwah beat GDC Reasi by 6 points; GDC Marh beat Dogra Degree College by 7

points; GCW Udhampur beat GDC Mishriwala by 7 points; GDC Chenani beat GMC Rajouri by 8 points; GDC Hiranagar beat GDC Khour by 8 points; GDC Kunjwani beat GDC Mendhar by 6 points; and GDC Bhaderwah beat GDC Ramnagar by 10 points.
MEN: GDC Reasi beat GDC Billawar by 10 points;

and GDC Rajouri beat GDC Mendhar by 4 points.
Kho-Kho matches were officiated by the technical panel of experts including Anil Sharma, Ajay Gupta, Dheeraj Sharma, Aminder Pal Singh, Raman Kalaria, Pablinter Singh, Pooja Sharma, Surbhi Anthal, Jagdev Singh and Anil Kumar.

SR College conducts JKAS Mains Test Series

■ **STATE TIMES NEWS**
JAMMU: SR College of Competitions has started a comprehensive general studies Test Series for JKAS Mains 2021.
The test series includes 14 Sectional/ Component wise tests including four Full Mock Tests.
The tests have been prepared by the respective subject experts who have wealth of experience in the Civil Services.
The response of the students was overwhelming and they were satisfied as the test series really helps them in assessing their level of preparation, time management and the weak areas where they need to focus on.
The College has promised



Aspirants appearing in test at SR College of Competition.

timely evaluation and feedback to the students.
"The sectional tests and the full mock tests are being prepared on the same pattern and the same lines as prepared by the JKPSC" said Parveen Sharma, the Director of SR College. Recently the Jammu and Kashmir Public Services

Commission declared the JKAS Prelims result and the JKPSC has notified 14 Feb as tentative date for the mains Examination. "The College has planned test series for Optionals also and schedule for the same will be notified shortly" informed Gautam Kumar, SR College faculty member.

Poonch Volleyball meet begins



Volleyball teams posing for a photograph with dignitaries.

■ **STATE TIMES NEWS**
POONCH: District Volleyball (men and women) Championship, organised by District Volleyball Association, started on Monday at Sports Stadium, here under the aegis of Volleyball Association of J&K (VAJK).
The opening match played between Shaheed Manjit Singh Club and Mandi Club. Earlier, the competition

declared open by Chief Account Officer of District Fund Office, Mohd Farhad Saddique, who was the Chief Guest.
Other prominent persons present were Nirdosh Kumar Sharma (Manager Sports Stadium), Mushtaq Ahmed (Boxing coach), Mohd Tariq Khan (Chairman Shaheed Manjit Club), Mukesh Sharma (PTI GDC Poonch), Pawan

Kumar (PEL DYSS), Ramiz Tariq (Volleyball coach), Daljeet Singh (PEM) and Sanjay Raina (PET). Sourab Sharma is the Convenor of this championship while Neeraj Sharma is Organising Secretary.
The technical panel comprised Shafat Hussein Shah, Jatinder Pal, Sachin Sharma, Aman Sharma and Ram Parkash Sharma.

Jammu Kickboxing meet from Dec 4

■ **STATE TIMES NEWS**
JAMMU: District Jammu Kickboxing Association, under the banner of Kickboxing Association J&K (KAJK), shall conduct two-day District Jammu Championship at Indoor Hall, Bhagwati Nagar, here from December 4.
The Association shall also conduct first stage of the selection trail for upcoming Sub-Junior and Junior National Championships to be held simultaneously at Pune in Maharashtra from December 21 to 25, a handout issued by the Association here on Monday informed.
Interested players have been advised to contact the organising committee at the given venue bringing along Aadhaar Card. For more details, players can contact Danish Padha (849295212) and Irfan Choudhry (+91 70064 65520).

IRP 11th Bn organises Inter-Coy tournament at Anantnag



Commandant IRP 11th Battalion, SSP Sandeep Mehta interacting with players and posing for a photograph with teams and other officials.

■ **STATE TIMES NEWS**
ANANTNAG: In continuation with its drive to achieve excellence in the field of sports and other co-curricular activities, IRP 11th Battalion Anantnag organised Inter Coy Volleyball Tournament on Monday.
The Commandant of the

Battalion, SSP Sandeep Mehta declared the event open in an impressive ceremony in the lawns of DPL Anantnag.
Speaking on the occasion, he stressed upon personnel to maintain their physical standards and participate in the tournament with full zeal.

Stressing on the mantra that "Healthy mind stays in a Healthy body" he emphasised the role of health in the overall personality of a person particularly of a Jawan.
In a week long tournament, a total of eight teams are participating out of which the best talent will be

chosen for the Inter Zonal and state level sports events.
Mubashar Bukhari, Dy CO, Abdul Aziz Ganai DySP DAR Anantnag, Company Commanders and other officers of the Bn and district Anantnag were present on the occasion.

Media-XI Jammu beats DCC in friendly cricket match



Media XI Jammu team posing for a photograph after winning the match.

■ **STATE TIMES NEWS**
JAMMU: Media XI Jammu defeated DCC by 27 runs in a friendly cricket match played at Rehail Stadium, Bishnah.
Earlier after winning the toss, Media XI Jammu led by captain Vivek Suri opted to bat first, scoring 119 runs for the loss of six wickets in 15 overs.
Media XI started on a brisk note as their opening pair of Amit Kumar and Vishal Khajuria contributed 37 runs in five overs before Vishal departed at his individual score of 14 runs. Amit was ably supported by Raghav and they kept the momentum in scoring the runs at a brisk rate. Amit Kumar fell short of fifty as he was out at his individual

score of 46 runs off 32 balls. A little cameo of 18 runs off 14 balls by Sumit Dhar and 24 runs off 15 balls by Raghav took the score of Media XI to 119 in stipulated 15 overs for the loss of six wickets.
From DCC, Ravi was the pick of bowler, who took two wickets whereas Captain of DCC Sonu, Koushal, Sumit and Kaushal claimed one wicket each.
In reply, DCC started at a disastrous note as in form batsman Kavi was out on a peach of a delivery on the bowling of Vivek Suri at the second ball of first over.
Media XI bowlers kept the pressure on DCC batsmen and Vivek Suri cleaned up Sumit on two runs and Ravi on nine runs who was bril-

liantly stumped by Vishal Khajuria.
Vishal Manchanda and Sonu Malhotra tried to cope up with the asking rate but it was too much a task for DCC batsmen. The team was all out for 92 runs in 19.4 overs with Vishal Manchanda remained top scorer for DCC with 20 runs, Sonu 14 and Rajneesh 11 runs.
From the bowling side, Vivek Suri took three wickets, Varun Sharma and Varun Kumar took two wickets while Rahul Khatri took one. Pawan Parihar was instrumental in two run-outs with his brilliant piece of fielding. Vivek Suri, Captain Media XI Jammu was declared as Man of the Match for his match winning spell of 3/12 in 3 overs.

■ **STATE TIMES NEWS**
JAMMU: Nagrota Premier League (NPL) T20 Cricket Tournament got underway at Khel Gaon Cricket Stadium, Nagrota, near here on Monday.
The Tournament was inaugurated by Dr Roopali Slathia, BCCI Level-II Coach and CAC Member JKCA as the Chief Guest, while Rajesh Dhar, former Chairman Media Committee JKCA presided over the function.
The tournament is being organised with a twin objective of promoting sports in



Dignitaries cutting ribbon to inaugurate NPL T20 Cricket Tournament at Khel Gaon, Nagrota.

the Union Territory and 'Say no to drugs and yes to sports' by Team Jammu, under the overall supervision of the organisers-

Naveen Koul and Anil Langleh.
Earlier, winning the toss and batting first, RWCC scored a modest total of 96

runs in the stipulated 20 overs, losing six wickets in the process. Rudrakshi Chib top scored with unbeaten 49 runs off 71 balls, while Heena Kouser and Shivangi contributed 10 runs each. Rudrakshi in particular was in sublime form who hit five magnificent boundaries in her knock. Extras contributed 19 to the total.
For Jammu Warriors, Ananaya Sharma, Deepakshi, Nimani, Rifat Chowdhary and Mehak claimed one wicket each.
In reply, Jammu Warriors chased the target easily in 16 overs by losing five wickets, thus won the match by five wickets. Sanjana was the top scorer with 54 runs, studded with nine fours, while Rifat contributed 16 runs to the total. Bawandeep, who recently represented India C team in U-19 Challengers Trophy scored just five runs. For RWCC, Anvi took two wickets, while Shivangi, Nadia and Madhu claimed one wicket each. Rudrakshi was expensive in her two overs, conceding 22 runs.
Speaking on the occasion, Dr Roopali Slathia lavished

praise on the organisers for this initiative and appreciated the Department of Youth Services and Sports for establishing standard sports facility at Khel Gaon Nagrota.
She said that J&K's women cricket is on upswing, adding that selection of Sarla Devi and Bhawandeep Kour in BCCI's prestigious Challenger Trophy speaks volumes. Rajesh Dhar in his speech appreciated the organisers for holding the event in a befitting manner.
He said, women empowerment is the need of the hour and holding such events is a step forward towards empowering women.
Both the dignitaries termed Khel Gaon Nagrota as the sports hub in Jammu, which is catering to the needs of thousands of youths in the disciplines of Cricket, Football, Volleyball, Kabaddi, Kho-Kho etc.
The organisers said that apart from a galaxy of individual awards, the winners and runners-up teams will receive a cash award of Rs 25,000 and 15,000 respectively.

Jammu District Power Lifting & Deadlift Championship concludes

■ **STATE TIMES NEWS**
JAMMU: Two-day Jammu District Powerlifting and Deadlift Championship unequipped and equipped Sub Junior, Junior, Senior & Master (Men & Women) concludes at Indoor Stadium, Bhagwati Nagar, here on Monday. The championship was organized by Jammu District Power Lifting Association under the banner of All J&K UT Power Lifting Association and was held under the observer of J&K Sports Council. SDPO Gandhi Nagar Parshotam Mengi was the Chief Guest on the occasion while Deepak Jasrotia SHO Satwari were the special guest who distributed medals among the winner and runner-up players. In Powerlifting Championship, Gourav Sharma and Adeela Shafi won best lifter in Senior unequipped while Gourav Sharma & Anksuh Chib won best lifter in Senior equipped, & Unequipped, Bhuvan Vasudev & Samreen Kour won best lifter in Junior unequipped while Saksham Chib and Dushant Balaria won best lifter in sub junior unequipped and equipped, Umesh Raina won best lifter in master 1 category & Rajesh Gupta won best lifter in master 2 category. In deadlift championship Vikas Mehra won best lifter award in senior; Bhuvan Vasudev & Rajay Kumar won best lifter in Junior Unequipped &

equipped category, Sumit Thakyal won in sub junior and Priyanka Bhat won in senior category and Sanchita Kohli won best lifter in Junior unequipped category. Around 150 players participated in this championship. The officials of the association who organized Jammu District Benchpress CHAMPIONSHIP in well mannered under the rule and regulation of Power Lifting India include Ajay Sharma General Secretary, Rahul Sawhney Senior Vice President, Gulzar Singh and Vikram Singh, Vice President, Sunil Choudhary District President, Adil Ashraf Khan District General Secretary, Sanjeev Singh Joint Secretary, Vinay Sharma Media Secretary and executive member of the association namely Deepak Jyoti, Sumit Gupta, Joginder Kumar, Sandeep Bamotra, Gourav Gupta, Vikranjeet Singh, Aslam Kohli and Vishal Sharma. The championship was sponsored by Galaxy Gym.

WOMEN Gold: Ojaswi Kohli, Sanchita Kohli, Priyanka Bhat, Tanvi Sharma, Anjali Gupta, Adeela Shafi, Samreen Kour, Monika Anand, Anuradha Ralli and Tamana.
MEN Gold: Anket Singh, Kanu Chib, Sumit Thakyal, Nitan Sharma, Lakhman, Ashish Sumbria, Imran Alam, Manu Singh Chib, Shanwaz Ansari, Vikas Mehra, Aman Singh, Harsh

Poonch U-17 boys to represent J&K in Nehru Hockey



Poonch U-17 team posing with dignitaries.

■ **STATE TIMES NEWS**
POONCH: District Poonch celebrated the victory and subsequent qualification of its under-17 boys team for the 49th Sub Junior Nehru Hockey Tournament (Boys) for Nehru Cup to be held at New Delhi in the last week of December.
The qualifying round of the competition took

place at Sports Stadium, Udhampur under the banner of Department of Youth Services and Sports (DYSS).
Important to mention here that out of 16-member team, 13 boys belongs to Sham Lal Hockey Club and train at Sports Stadium Poonch under hockey coaches, Pawan Kumar, Mukesh Kumar and Navjot Singh.

LIC honours winners of Olympic, Paralympics



LIC officers honouring Olympic, Paralympics medal winners.

■ **STATE TIMES NEWS**
JAMMU: To recognize the achievements of Indian Athletes in recently concluded Tokyo Olympics 2020, LIC on Monday felicitated the gold, silver and bronze medal winners in different streams.
To encourage the players who reached up to the 4th position, but missed the bronze medal, they too were felicitated by LIC.
Events were organized in the home towns of the players and the Cash Award was handed over to the players by senior dignitaries of LIC.
Nothing succeeds like success! After Tokyo Olympics 2020, our performance in recently concluded Tokyo Paralympics 2020 was indeed stunning. This is a historic event with

India registering its best ever performance which will be an inspiration for the future generations.
The grit and excellence displayed by our athletes is admirable. The nation registered its best ever performance with a haul of nineteen medals including five Gold, eight Silvers and six Bronzes.
Honouring the Paralympic winners in a manner similar to honouring the winners of Tokyo Olympics encourages all such athletes to excel in their field.
LIC honoured not only nineteen medalists with cash prize but also felicitated the seven players who occupied 4th position in their respective events. Events were organized in the home towns of the players.