

Antim - the Final Truth box office prediction: Salman Khan reveals what sort of opening his fans and the trade should expect from the movie



The one thing that may be slightly bothering both Bhai fans as also the trade is how good an opening Antim will take at the box office and would it be as good as what one expects from a Salman Khan movie? Apparently, not, and that's not something to worry about much either according to Salman himself.

Antim: The Final Truth, starting Aayush Sharma and Salman Khan, was launched today, 25th October, at Bandra Kurla Complex (BKC) amidst a huge event, where the media, and of course, Bhajaaan's fans, turned up with a vengeance. Also present were the film's leading lady, Mahima Makwana, and Director Mahesh Manjrekar. Thankfully, it seems like the Antim trailer had created just the necessary impact to provide the stimulant needed for both Salman Khan fans and the family audience in general to return to theatres in full force.

However, the one thing that may be slightly bothering both Bhai fans as also the trade is how good an opening Antim will take at the box office and would it be as good as what one expects from a Salman Khan movie? Apparently, not, and that's not something to worry about much either according to Salman himself.

Opening up about how the trade needs to alter their expectations post two lockdowns and what would be the new normal, Salman Khan said, "What used to be the opening (for his films) expect 50 or even 60% less of that. The trade and everybody will have to temper their expectations. Things have changed a lot and we have to set new benchmarks. What was considered a normal opening for any kind of film, take half of that now. But, if people start coming (to theatres) then we could also expect things to gradually pick up."

Beware of these flu symptoms if you have a heart disease



People with pre-existing heart conditions need to be very careful, considering other illnesses may increase their risk of developing further complications. Since it is known that heart patients are already prone to a cardiac arrest, a stroke or a heart attack, viral infections like COVID-19 or the flu are likely to make it more difficult to handle cardiovascular ailments.

Given that amid the coronavirus crisis, flu infections have surged considerably, experts warn against a possible 'twindemic'. This can not only be concerning for everyone, but those with underlying heart conditions are at a greater risk of hospitalization and even death.

According to the Centre for Disease Control and Prevention, "Among adults hospitalized with flu during recent flu seasons, heart disease was one of the most common chronic (long-term) conditions—about half of adults hospitalized with flu have heart disease."

Further, the health agency highlights that studies have shown an increase in heart attacks and stroke due to flu illness.

While the COVID-19 pandemic, the associated measures to curb the spread and maintaining proper hygiene lowered the risk of contract-

Alia Bhatt-Ranbir Kapoor wedding date: Soni Razdan shares Exciting Update

Alia Bhatt and Ranbir Kapoor's wedding has been the talk of the town ever since the two stars got together. They're very much in love and contrary to all the odds, their relationship has lasted longer than many had bet against. Now, with long relationships, especially in Bollywood, come the usual talks of wedding bells, and in the case of Alia Bhatt and Ranbir Kapoor, rumours of them tying the knot keep resurfacing every few days. So, we thought of settling the speculations once and for all, when, during an exclusive interview with Alia's mother, Soni Razdan, for her upcoming Netflix series, Call My Agent, we posed the question of her daughter's wedding date.

Responding to our query, Soni Razdan said, "Even I don't know when it'll (the wedding) happen. Even I'm waiting for some information."

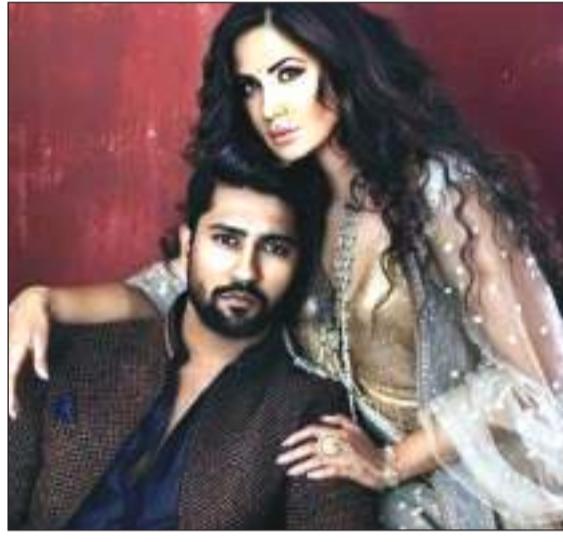
Upon being probed further to give Alia Bhatt's fans at least something, who've been waiting with bated breath since ages, Soni added, "Well, there's a lot of time left. It'll happen some time in the future, and that's a long way off."



Now, when it'll happen, I don't know. Maybe, you'll have to call Alia's agent for that (a jovial reference to the web series she's done), but even her agent might not know."

A new film, new ad, December wedding: Katrina Kaif and Vicky Kaushal's latest outing spark exciting rumours

Katrina Kaif and Vicky Kaushal are one of the most loved celeb rumoured couples. While it is not official, fans just love to ship them together. Every now and then, there are rumours about their engagement and shaadi. Something similar happened today. They were spotted together, and it sparked some speculations. Some publications went a bit far in their imagination and said they are planning to get married in a month on two. It also said that their wedding outfits are being designed by Sabyasachi and they are currently in the process of choosing fabrics. There is also a buzz about them visiting a celebrity manager's office abode to plan their big day. However, the reality is far from different. They were seen together for a shoot. Now, it is believed that they will either be starring in a film or an ad shoot. There is no truth to them planning to get married. Reliable inside source that there's not a vestige of truth to this new rumour mill of VieKat's wedding. "This is absolutely rubbish. The two actors have no such plans. It has become a trend for some to circulate such stories about Vicky and Katrina every few months," reveals a close hand.



Recipes

Masala Rice



Ingredients

1 cup boiled rice, 1 large tomato
1 capsicum (green pepper), 3 tablespoon peas
1 teaspoon garlic paste, 1/4 teaspoon asafoetida
1/4 teaspoon cumin seeds, 1 teaspoon red chilli powder
2 tablespoons cashews-roasted, 1 medium onion
1 carrot, 6 green beans
1 teaspoon ginger paste,
2 tablespoon rice bran oil
1/2 teaspoon mustard seeds, 1/4 teaspoon turmeric
1/2 teaspoon coriander powder
salt as required

Method:

Firstly chop all the veggies like onion, tomato, capsicum, carrot and green beans. Set them aside.

Now heat oil in a pan. Add asafoetida, cumin seeds, mustard seeds and let them splutter for a minute. Now add onion, ginger-garlic paste and mix them. Let them saute for another one minute. Now add chopped tomato along with salt. Give them a mix and cook for a few minutes, until they turn mushy.

Add all the veggies like carrot, capsicum, peas and green beans. Add turmeric, red chilli powder and coriander powder. Give a nice mix and cover the pan with a lid. Let the veggies cook for five minutes.

Lastly, add cooked rice to the pan and gently mix them with the masala. Add garam masala and give a final mix. Make sure you don't break the rice in the process. Cover the pan with a lid and cook for two more minutes.

Once cooked, garnish with roasted cashews and serve.

How to treat under eye dark circles



Dark circles are a combination of various components like pigmentation (darkening), wrinkling, anatomical variations like deep set eyes or tear troughs (the depressions under the eyes) which together contribute to a darkened appearance. There is no instant solution. These can be reduced by a combination of various techniques such as skin tightening, eye peels, hyaluronic fillers to correct tear trough and eye creams for home care.

Dark circles can be a major skin problem for many people especially women. So they try to hide those circles by using many type of eye creams which may not be good for eyes. After some time your eye will not look so good and that will spoil your overall look. Irregular sleep can cause dark circles, dull skin and the stress it

has on our body can cause breakouts.

Eyelid Surgery: Incision taken in hidden areas creases help in the correction of drooping upper eyelids by removing excess fat, skin and muscle. Puffy bags below the eyes are rectified by either a removal or repositioning of the bulging / herniated fat in a lower lid blepharoplasty. Pamper your self with timely facials, use skin specific moisturiser, stick to super foods & water, sleep enough to avoid puffy eyes.

You could try home remedies like....applying cool tea bags on the eyes and waiting for 15 mins....applying cucumber juice and potato juice. Put them on your face the abundance of antioxidants like ascorbic acid, caffeine acid and silica inside a cucumber helps rejuvenate the skin in a quick and easy manner.

The facial helps attain firmer and younger looking skin. It smoothes lines and wrinkles, it lightens dark circles and eliminates puffy eyes. It helps enhance skin elasticity and reduce sagging.

If you are going to a party in this hot weather you can hide your dark circles and puffy eyes with makeup. For dark circles try moisturising the skin before makeup followed by a concealer, try using a smudge proof eyeliner and kohl pencil, can also try using a light eyeshadow under the eyes as a concealer check the color that suits you.

Even after getting enough sleep some patients do not respond to improvement in the dark circles also vitamin B injections and injection Glutathione help in improving dark circles.

Dark circles or under a hollows can be treated with natural or bio filler using patients own blood and Plasma in a gel form.

General Knowledge Question

1.Which one of the following waves are used by the common TV remote control?

- A.Radio waves
- B.Lasers
- C.Infrared waves
- D.Ultrasound waves

2.Given below are the psychological manifestations of noise pollution.

- (i) Constriction of blood vessels
- (ii) Increase in the rate of heart beat
- (iii) Digestive spasms
- (iv) Dilatation of pupil of the eye

Select the correct options

- A.(i) and (ii) are correct
- B.(i) and (iii) are correct
- C.(ii) and (iv) are correct
- D.(i), (ii), (iii) and (iv) are correct

3.Which gas is safe and an effective extinguisher for all confined fires?

- A.Nitrogen dioxide
- B.Carbon dioxide
- C.Sulphur dioxide
- D.Nitrous Oxide

4.Which one of the following statements is incorrect about laser?

- A.It is a technique for producing intense beams of light, ultraviolet or infrared radiation of different wavelength.
- B.Even in diamond laser beam can drill a hole.

C.A variety of lasers have been made from solids like the ruby crystal and semi conducting materials, liquids and gases.

- D.All waves in laser, travel in phase.

5.Which one of the following elements the drum of a Photostat machine is made up of:

- A.Aluminium
- B.Selenium
- C.Barium
- D.Caesium

6.If we say the child has an IQ of 100, what does this means?

- A.The performance of the child is below average.
- B.The performance of the child is above average.
- C.The mental age of the child is equal to his actual age.
- D.The performance of the child cannot be better.

7.Which bacteria is responsible for the formation of curd?

- A.Lactic acid bacteria
- B.Lactobacillus Acidophilus
- C.Lactobacillus aureus
- D.Bacillus radicicola

8.Which one of the following bacteria present in the soil produces a peculiar smell if it rains on perched soil?

- A.Streptomyces
- B.Staphylococcus
- C.Diplomyces
- D.Micrococcus

ANSWERS:
1. Infrared waves
2. (i), (ii), (iii) and (iv) are correct
3. Intense beams of light, ultraviolet or equal to his actual age.
4. It is a technique for producing intense beams of light, ultraviolet or infrared radiation of different wavelength.
5. Selenium
6. The mental age of the child is 101, i.e., 100.

9.In poorly ventilated buildings which one of the following inert gases can be accumulated?

- A.Helium
- B.Neon
- C.Argon
- D.Radon

10.Honey is sweeter than cane sugar or corn syrup. Which one of the following carbon sugars is responsible for this?

- A.Dextrose
- B.Levulose
- C.Sucrose
- D.Fructose

11.Which Polymer is used in making non-stick kitchen ware?

- A. Nylon
- B. Teflon
- C. Polystyrene
- D. Bakelite

12.Name the polymer used in making bullet proof glass?

- A. Melamine
- B. Bakelite
- C. Lexan
- D. Vinyl rubber

13.For pipe insulation which polymer is used?

- A. PVC
- B. Polythene
- C. Teflon
- D. None of the above

ASTRO SPEAK



ARIES
MAR 21 - APR 20



TAURUS
APR 21 - MAY 20



GEMINI
MAY 21 - JUN 20



CANCER
JUN 22 - JUL 23



LEO
JUL 24 - AUG 23



AQUARIUS
JAN 21 - FEB 19



PISCES
FEB 20 - MAR 20

LIBRA
SEP 24 - OCT 22

SCORPIO
OCT 23 - NOV 22

SAGITTARIUS
NOV 23 - DEC 22

CAPRICORN
DEC 23 - JUL 20

VIRGO
AUG 24 - SEP 23

LIBRA
SEP 24 - OCT 22

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