

Ekampreet Singh of JKPS Kunjwani shines in Duathlon 703



JKPS Kunjwani faculty felicitating winner student Ekampreet Singh.

■ STATE TIMES NEWS

JAMMU: Ekampreet Singh of JK Public School Kunjwani brought laurel to the school by securing First Position in the category of 15-20 years, in the Duathlon

703, organized by the Hill Sports Club at Kaluchak Jammu. He participated in 1.5 km Running, 10 Km Running and 40 Km Cycling. Director, JK Public School Kunjwani, Shashi

Chaudhary and Principal Rajesh Rathore congratulated the student and school Coach Shivdev Singh and encouraged the student to continue in the true spirit of sports.

Jammu Police accords send-off to superannuating officers

■ STATE TIMES NEWS

JAMMU: Jammu Police hosted a farewell function in District Police Line Jammu to bid adieu to the officers who superannuated from their services. The retiring police officials namely SI Jaswant Singh, ASI Swaran Singh, ASI Krishan Lal and L/Foll. Surinder Kour were present on the occasion. The send-off function was chaired by SSP Jammu Chandan Kohli, flanked by SP Hqrs Jammu Ramnisha Gupta, DySP DAR DPL Jammu KD Bhagat and other senior serving and retired Police officers. SSP Jammu congratulated the retiring officers for the dedication and devotion they exhibited while discharging their duties and wished them good health and long life for the next phase of their life. He also requested them to contribute in every possible way for the betterment of society in future.

PD TA celebrates National Unity Day



Poonch Taekwondo players posing with officials during National Unity Day celebrations.

■ STATE TIMES NEWS

POONCH: Poonch Taekwondo players and coaches celebrated National Unity Day 2022 under the banner of Poonch District Taekwondo Association (PD TA).

Over 200 players of Border District Poonch assembled at Fountain Garden Poonch and took

pledge of National Unity Day.

Speaking on the occasion, Rajinder Singh, Taekwondo Coach from Department of Youth Services and Sports told students that Ekta Diwas 2022 will be observed on October 31 in India. every year, this National Unity Day is celebrated in remembrance of Sardar

Patel, who was a great leader of India. He congratulated all on the occasion of National Unity Day. Junior Engineer, Power Development Department, Abhinav Dabur said that the children should take part in these events of national integration and always stay connected to physical activities that leads them

to right path of national building. The students also expressed their views on the occasion. A small 'Run for Unity' also organised in which all the players took part.

Prominent others present were Amit Sharma Joint Secretary PD TA and Ashaq Hussain Organising Secretary PD TA.

KC Public School students attend seminar at Welham School

■ STATE TIMES NEWS

JAMMU: Eleven senior school students of KC Public School, namely, Medhaj Pathania, Adhiraj Gaurav Jamwal, Sharanya Salathia, Prabhjot Singh, Arpit Gandotra, Shivam Raina, Suhani Bhalla, Dyuti Sharma, Daksheer Gupta, Asmita Gupta and Aditi Dhar attended a 2 days' long 'Military History Seminar' organized by Welham Boys' School Dehradun on October 28 and 29m 2022. They were escorted by Inderjit Kour and Ajay Thappa.

This edition like all the previous ones was extremely engaging and educative and had participation from more than 25 schools from across the country.

Extremely eminent retired personalities from defence services and other fields were invited as keynote speakers. They included Air Chief Marshal



KC Public School students and faculty after attending 'Military History Seminar' organized by Welham Boys' School Dehradun.

RKS Bhadauria, Admiral Karambir Singh, Air Vice Marshal Bahadur Mannohan, Lt Gen Mohinder Puri, Lt Gen PC Bhardwaj, Lt Gen Harinder Singh, Lt Gen KJ Singh, Lt Gen Shankar Prasad, Maj Gen Jagatbir Singh and Col Ajay K Raina.

A wide range of topics related to military events in India and the world was discussed during the seminar which was moderated by well-known media per-

sonality Shiv Kumar Verma.

Student delegates from all the participating schools were given the opportunity to express their views in exclusively students led group named Syndicates after listening to keynote speakers.

Kean Medhaj Pathania excelled in his Syndicate and was selected for the panel discussions with Lt Gen Shankar Prasad, Maj Gen Jagatbir Singh, Maj Gen Mohinder Puri, Air

Vice Marshal Bahadur Mannohan, Air Chief Marshal RKS Bhadauria and Admiral Karambir Singhon the theme of Russia-Ukraine Crisis.

The seminar concluded with vote of thanks by the Chairman of Welham School who observed that the younger generation is indeed more than ready to be exposed to critical subjects like military history which, unfortunately, does not form a part of our present curriculum.

Jamwal Pandit Biradari congregation on Nov 5

■ STATE TIMES NEWS

JAMMU: Bi-Annual Congregation of All India Jamwal Pandit Biradari is being held on November 5, 2022 (Saturday) at Data Dati Mandir, Purmandal.

All the Jamwal Pandit Biradari members have been requested to participate in congregation along with their families to seek blessings of Data Dati at Purmandal. Community Langar also organized by the Biradari members of this occasion. A Medical Camp shall also be organized by the renowned doctors and free medicine will be provided.

Bhandari Biradari congregation on Nov 2

■ STATE TIMES NEWS

JAMMU: The congregation of Bhandari Biradari will be held on November 2 (Wednesday) at temple premises in Subash Nagar, Jammu. The Bhog will be held at 11 AM. All the Biradari members have been requested to attend the congregation to seek the blessings of Kuldevi Maa Sajawati.

Directorate of AYUSH organises medical camp at KC College of Education

■ STATE TIMES NEWS

JAMMU: To commemorate the Birth Anniversary of Sardar Vallabhbhai Patel as National Unity Day, NSS wing of K.C. College of Education in collaboration with Environment Club of the college organized a one day "Ayush Health Checkup and Awareness" camp in the college.

The camp was organized under the aegis of Directorate AYUSH J&K and guidance of Dr. Mohan Singh, Director, Distt. Ayush officer.

Principal of the college, Dr. Sanjay Tickoo, welcomed the AYUSH team and introduced them to the gathering. He expressed hope that the camp shall be highly beneficial to one and all.

The programme included Health Check up, Awareness Lecture on Yoga for Health and Wellness followed by Yoga session and free medicine distribution.

At the very onset an awareness lecture on 'Yoga for Health and Wellness' was delivered by Dr. Neha Jolly wherein



Students and faculty of KC College of Education during a camp.

she talked at length about the significance of Yoga in today's life marked with stress and sedentary life style leading to various problems in youths. Mental, physical and spiritual health- all are important for a sound body. This was followed by a brief Yoga session concluded by 'Shanti Path'.

Dr. Kamini talked about Ayurveda for Diet. She talked at length about the various prevailing myths regarding diet. She also made the girl students aware of the various menstrual disorders and how they can be treated according to Ayurveda. A pledge was also conducted

on this occasion in which all the students, teaching and non-teaching faculty of the college and resource persons from Ayush participated. After this all the three resource persons Dr. Vaishali, Dr. Neha and Dr. Kamini started the task of individual health check up, assisted by pharmacists namely Sh. Girdhari and Sh. Romesh. This was followed by 'Run for Unity' from college to Udhewala and back to college. The programme was convened by Ms. Priya Gupta, NSS Programme officer and Dr. Puja Sharma, Convenor, Environmental Club.

Warm send-off accorded to SP Admn ZPHQ



ADGP Jammu Zone, Mukesh Singh according farewell to Romesh Pandotra SP Adm ZPHQ Jammu.

■ STATE TIMES NEWS

JAMMU: A fare well party was given to Romesh Pandotra SP Adm ZPHQ Jammu by staff member of Zonal Police Headquarter Jammu which was organised by ADGP Jammu Zone, Mukesh Singh.

The officer retired from the service on superannuation after rendering more

than 38 years of distinguished service in the Police Department.

The Officer joined in the Police department in the year 1985 as junior assistant and rouse to the rank of Superintendent of Police by dint of his hard work, dedication and devotion to the Police Department.

During his service, he

served in department in various capacity and remained posted in Distt, Jammu, District Kathua, Udhampur, PCR, Jammu, CID Hqrs J&K, JKAP 4th Bn Security, APHQ J&K, SSG J&K, IRP 11th Bn, PTTI Vijaypur, RPHQ Udhampur and SP Adm ZPHQ Jammu.

During his service he worked with great dedication, devotion to the satisfaction of his seniors. He is a professional and honest police officer. Besides, performing his legitimate duties in the department he has given good quality education to his family which shows his concern toward the family affairs.

Ashok Kumar, SSP Staff Officer to ADGP Jammu Zone, Janardhan Singh Slathia Dy.SP PS to ADGP Jammu Zone, other

Gazetted officers/NGOs and subordinate officials were present in the farewell party.

■ STATE TIMES NEWS

JAMMU: Committee on Career Counselling of The Institute of Chartered Accountants of India (ICAI) with the support of J&K branch of NIRC of ICAI organised a Super Mega Career Counselling programme on Monday at Teacher Bhawan Auditorium, Gandhi Nagar, here and various other locations in Jammu and Kashmir for promoting commerce education amongst government and government aided Secondary and Higher / Senior Secondary school students.

More than 2000 students from different schools physically participated the events across the UT with the help of Counselling Cells, DSEJ and DSEK.

At Teacher Bhawan Auditorium, Jammu more than 500 students participated in Career Counselling programme in the presence of Chief Guest Dr. Ravi

Shanker Sharma, Director School Education, Jammu.



Chief Guest Dr. Ravi Shanker Sharma, Director School Education, Jammu and other dignitaries at a programme.

Shanker Sharma, Director School Education, Jammu.

More than 15000 students from different regions were connected through virtual mode.

CA Nakul Saraf, Chairman J&K Branch said that the prime objective of the counselling programme is to bring out the true potential of students belonging to Jammu.

He emphasized that the commerce education plays an utmost important role in the inclusive growth of industry and the whole economy. With Jammu having a rich pool of

talent, the young students need to be nurtured in the proper way so that the young generation of today shall be able to contribute to the nation and society through its knowledge & skills. He further explained about the financial handholding done by the Institute in the form of 75 % waiver of the course fee for all levels of CA course for students from the Union Territories of Jammu & Kashmir; Ladakh & for North-Eastern States.

Dr. Ravi Shanker Sharma, DSEJ appreciated about the

initiatives taken by institute for the students so that benefit can reach to each student spread across the nook and corner of the country. He assured full support to ICAI for fulfilling the objective of providing Career guidance and promoting Chartered Accountancy Course in all the schools of Jammu division.

CA Vineet Kohli, Secretary J&K Branch took the first session and gave detailed presentation about Chartered Accountancy Course and appraised the gathering about the various initiatives taken by

ICAI for the benefit of the students and members at large.

CA Priya Seht, Executive Member took the second session where she appraised the gathering about the benefits after becoming a CA and various working opportunities for CAs. She further explained about post qualification courses and the acceptability of CAs abroad.

CA Ayush Sawhney, Treasurer J&K Branch conducted the proceedings and presented vote of thanks.

CA Vikas Purdhani, Vice Chairman, CA Sourav Pargal, Executive Member along with Officials from DSEJ- HR Pakhroo (Joint Director), Monika Bhandari (Chief Accounts Officer), Dr. Rajesh Attri (Personnel Officer), Dr. Romesh Kumar (Head Counselling Cell), Mamta Sharma, (Dy Director Planning), DS Manhas (DEPO) and Principals of the schools from the Education Department of Jammu graced the event.

Rashtriya Ekta Diwas: Pledge taking ceremonies held

■ STATE TIMES NEWS

JAMMU: Rich tributes were on Monday paid to Sardar Vallabhbhai Patel on his birth anniversary amid holding of Ekta pledges across Jammu division.

The day is celebrated as Rashtriya Ekta Diwas (National Unity Day), to commemorate the great contribution of India's Iron Man towards integration and unity of the country in the post Independence era. Divisional Commissioner, Jammu, Ramesh Kumar paid rich tributes to Sardar Vallabhbhai Patel as he administered the unity pledge to the officers and officials.

On the directions of **Excise Commissioner, J&K** Pankaj Kumar Sharma, and under the supervision of Deputy Excise Commissioner (Executive) Jammu, Kusum Sharma, Deputy Excise Commissioner (Distilleries), Ranjit Singh, Excise & Taxation Officer City Excise Range South Jammu, Swati Gupta, ETO Distillery wing Himanshi Gupta, and Sania Malik and officials of J&K Excise Department Jammu, observed Vigilance Week on the theme "Corruption free India for a developed nation in the office premises of J&K Excise Department Panama Chowk, Jammu. On the occasion Rashtriya Ekta Diwas Pledge and Integrity Pledge was undertaken by the staff of Excise Department and emphasis was laid on implementing the pledge in letter and spirit.

IIM Jammu organized "Rashtriya Ekta Diwas" on the birth anniversary of Sardar Vallabhbhai Patel at its both transit campuses Canal Road and Jallochak. The event was initiated with a floral ceremonial tribute by Prof. B.S. Sahay, Director, IIM Jammu at Canal Road Campus, and Prof. Jabir Ali, Dean Academics, IIM Jammu at Jallochak Campus. The Faculty, Staff members, and students actively took the "Rashtriya Ekta Diwas" and "Integrity" pledge on the solemn occasion. Prof. B.S. Sahay,



Prof. B.S. Sahay, Director, IIM Jammu with all the faculty, officers and staff members at National Unity Day event.

Director, IIM Jammu addressed the audience at canal road campus where he emphasized the actions of Sardar Vallabhbhai Patel, the monumental importance, and the grueling groundwork of the efforts put in by The Iron Man.

Nehru Yuva Kendra Jammu in collaboration with NSS, YS&S, Jammu University and Indian Post organized district level Run for Unity to commemorate birth Anniversary of Sardar Patel followed by concluding programme of month-long Clean India 2.0 programme. On this occasion NYK Jammu organized district level Run for Unity to commemorate the birth anniversary of Sardar Patel at Jammu and Samba district. In Jammu district, the district level unity run was flagged off by Bharat Bushan, DDC Chairman Jammu, who was the Chief Guest, in which more than 200 youth participated. SD NYKS J&K and Ladakh Nisar Ahmed Butt, Prof Naresh Padha Dean Academic Affairs, Prof. Prakash Anthal, Dean Student Welfare, Prof. Rakesh Vaid Faculty JU, Dr. Hema Gandotra NSS, Programme Coordinator, Dr. N. Suresh Rao Faculty Computer Science And Dr. Ankush Bhagat Sr. Superintendent Telecom Deptt also witnessed the programme.

Joint Director Central Bureau of Communication J&K, Ladakh administered the 'Rashtriya Ekta Diwas' pledge to a gathering of officials/ officers of CBC Jammu, Kathua, Leh and PIB Jammu staff in premises of Media centre Jammu at a special function organised to mark birth anniversary of Sardar Vallabhbhai Patel. Paying rich tributes to Sardar Patel, Ghulam Abbas, Joint Director, CBC J&K, Ladakh, said that contribution of Sardar Patel to integrate more than 560 princely states into Indian Union was immense. He also said that the leader did great work for the



Central Bureau of Communication officials talking 'Rashtriya Ekta Diwas' pledge.

unity and integrity of the country.

To celebrate the Rashtriya Ekta Diwas, the **National Service Scheme (NSS) Campus Units, University of Jammu**, organized a series of events under the aegis of 'Azadi Ka Amrit Kaal'. The function began with paying of tributes to Sardar Vallabhbhai Patel and lighting of ceremonial lamp, followed by Pledge Taking Ceremony. Prof Umesh Rai, Vice-Chancellor & Chairman NSS, University of Jammu, highlighted significance of this day. He further stressed on importance of such events to generate awareness



VC JU, Prof Umesh Rai lighting ceremonial lamp.

among students and staff to promote the National Unity and integrity for strengthening secular fabric of nation. A Run for Unity around the Campus was also flagged off by the Chief Guest. A large gathering of Officials, Faculty Members, Non-Teaching Staff, NSS Volunteers, NSS Programme Officers joined the Run for Unity and Pledge taking ceremony. The event was conducted under supervision and guidance of Dr. Savita Nayyar, Convener, NSS Campus Units, University of Jammu. Others present were Prof Pankaj Srivastava, President JUTA, Vijay Sharma, President Non-Gazetted Employees Association, Prof. Namrata Sharma, Prof. Satinder Kumar, Prof. Venu Koul, Prof. Rakesh Vaid, Prof. Shashi Manhas, Dr. Vinay Thusoo, Dr. Harish Chander, Dr. Skarma Nonzom, Dr. Pritam, Dr. Raj Kumar, Dr. Sunita Sharma, Dr. Tarsem Singh, Dr. Hema Gandotra, NSS Programme Coordinator, University of Jammu, Dr. Neelam Choudhary, Dr. Harginder Singh, Dr. Isha Sharma, Dr. Monika Bhardwaj, NSS Programme Officers, faculty members, teaching and non-teaching staff.