

Schools must act as sports-schools to fetch Olympic medals: JKPS Principal

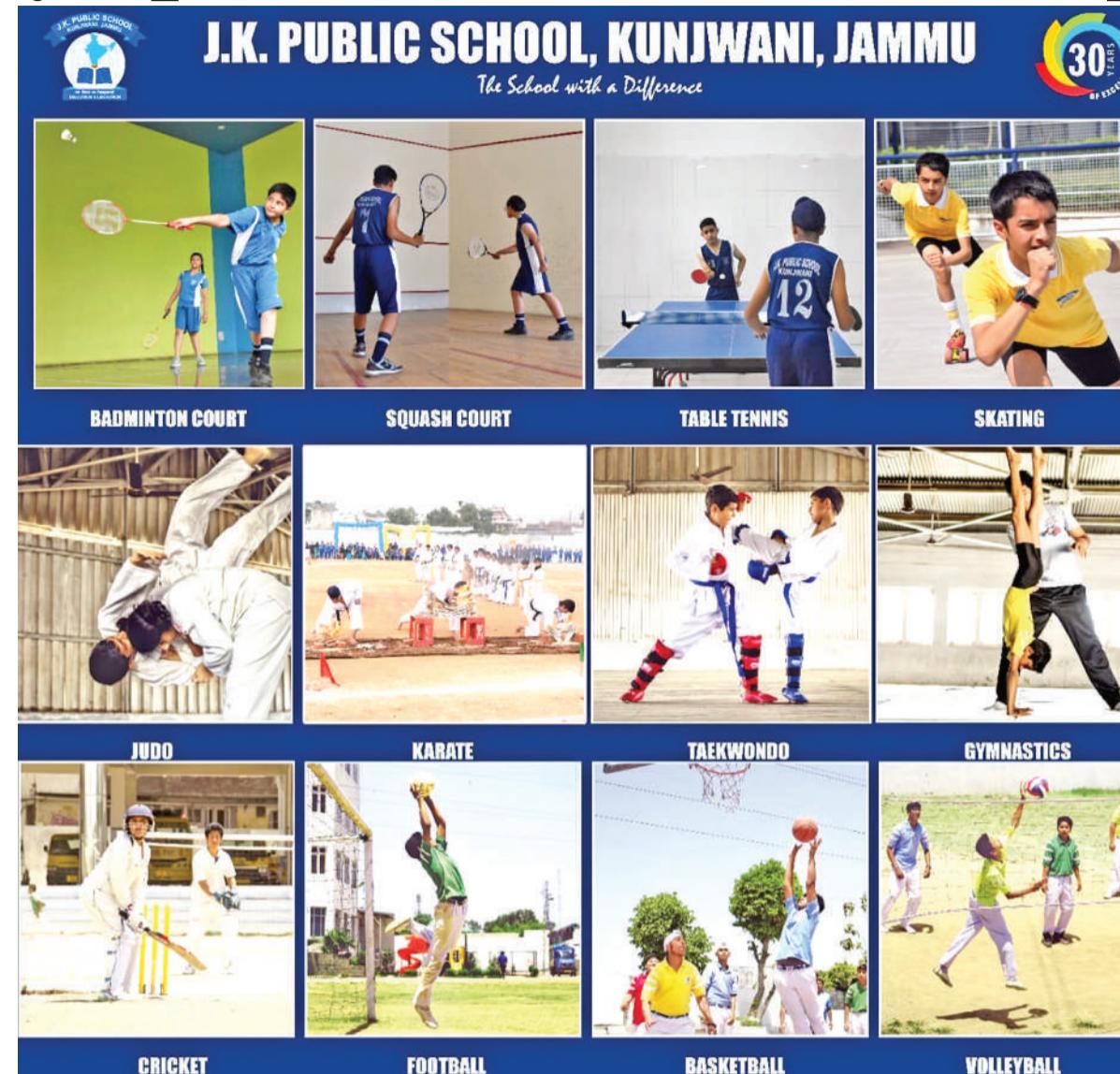
■ STATE TIMES NEWS

JAMMU: JK Public School Kunjwani is known for producing gems in various sports disciplines right since its inception in 1992.

Reflecting on the glorious legacy of Sports infrastructure and Sports culture, Rajesh Rathore, Principal JKPS Kunjwani stated, "JKPS firmly believes that good education has to imbibe good lessons from the play fields. The strong tradition of excellence in academic programme is carried over to the play fields, where JKians have been shining like stars for the last three decades. The collaboration and co-operation demanded by team sports, the growth and development that stems from testing the athletic talents and skills, and the development of personal character forged in competitive track and field events have been an integral part of JKPS Kunjwani athletics programme".

"Hence, the sports programme striving to develop every student's physical capabilities and qualities such as courage, confidence, self discipline and sportsmanship is encouraged through Soccer, Basketball, Volleyball, Badminton, Tennis, Table Tennis, Squash, Cricket, Swimming, Judo, Karate, Taekwondo, Gymnastics, Athletics etc", he added.

The School Director, Shashi Choudhary always appreciates students and staff for bringing laurels to



the Institution. Responding to the query pertaining to the Sports infra of the school recently, she said "JKPS Kunjwani has the

best sports infrastructure along with a team of trained and professional coaches who have made students excel in various sports disciplines". She further added, "Sports are an important pre-requisite for the development of body and mind. They teach us many qualities like discipline, team spirit, cooperation and self-conduct. It is well said that books develop our mind and efforts in sports develop our

body".

During the school morning assembly, highlighting the importance of sports in life, the Principal, Rajesh Rathore invoked every child on the rolls to pursue their chosen sports with passion and dedication. He made a clarion call to boys & girls to leave no stone unturned and transform themselves into their best versions. Thus, they may extend their best services to the institution & empower all the teams of JKPS.

He also appreciated the endeavours of passed out children, who brought laurels to their Alma mater in every sports discipline: whether it was Jammu Sahodaya sports events or other events organized at District/State/ SGFI level.

Unless every school acts as a Sports School, we can't dream of lifting medals in Olympic Games/ Asian Games/ Commonwealth Games.

He also took the opportunity to highlight the phenomenal contributions of Vickrant Mahajan, the founder of Superpositivity movement and Motivational Coach of renowned Olympians, namely, Neeraj Chopra, Ravi Dahiya etc.

JKPS Kunjwani is in the process of inviting the Super positivity Coach & Sports motivator of Team India for Olympics Vickrant Mahajan to the school to inspire its Sports enthusiasts for the lifetime.

Govt Polytechnic College Jammu organises Trekking event



Students and faculty of Government Polytechnic College Jammu during a trekking.

■ STATE TIMES NEWS

JAMMU: Government Polytechnic College Jammu organized Trekking involving its students and staff members from Aithem to Baba Bhai Devta and back covering a distance of eight kms through the jungle using the narrow pathways, ravines, and small tributaries of Tawi river.

In total, 60 member group, including 15 staff members, took part in the trekking experiencing the rich flora and fauna of the place and getting acquainted with birds, animals, and wild fruits.

The students also experienced the natural environment and beauty. They also got acquainted with each other being from different engineering streams.

The trekkers enthusiastically completed the trek with all zest and zeal to make the said program very vibrant and successful.

The event was organized under the supervision and

guidance of Arun Bangotra, Principal Government Polytechnic Jammu. Interacting with the group, he said, "Trekking is an exceptional way to introduce students to nature, a basic understanding of being in nature, and helps students to build leadership skills and makes them more empathetic towards others."

The event was coordinated by Tareq Amin, sports secretary and HoD Travel and Tourism; Chamel Singh (PEM) and Toshi Devi (PET).

While sharing their experience, students and staff said that it was refreshing and an adventure to take a walk on the hills and thank the college administration for organizing such programs.

Students were accompanied by staff members, PK Angral, Amit Sharma, Akash Dasgupta, Neena Dulloo, Mannu Rajput, Ajay Dogra, Janeeta, Ashok Dogra, Rakesh Khullar and Talib Hussain.

Choudhary (R.S Pura), Aiyaz Ahmed Madni (Poonch), Shadab Shameem (Anantnag), Danish Nazir Bhat (Baramulla), Musharaf Khan (Poonch), Sumit Singh (Kathua), Haroon Rashid (Pulwama), Arun Sharma (Jammu), Avinash Singh (Jammu), Ayoush Sharma (Rajouri), Mohd. Hafeez (Poonch) and Aarif Hassan Bhat (Kupwara).

GIRLS: Champa Devi (Jammu), Krishna Charak (Samba), Simran Kumari (Samba), Shazia Qurashi (Jammu), Suman Kumari (Samba), Minhaza Muzzafar (Anantnag), Muskan Choudhary (Samba), Shizra Farooq (Kulgam), Komal Katal (Samba), Rushali Rajput (Samba), Farheen Tanveer (Kulgam) and Pragya Sharma (Jammu).

The divisional Sports Officer Central, J&K Sports Council Nusrat Gazala also interacted with the both the teams and provided tips of the games to compete in the national championship.

The Team BOYS: Mannat

J&K teams declared for 48th Junior National Volleyball C'ship

■ STATE TIMES NEWS

JAMMU: J&K Junior Volleyball (Boys & Girls) Teams are going to participate in 48th Junior National Volleyball Championship to be held at MA Stadium Jammu from November 14 to 19, 2022.

Prior to participation for national participation, the teams underwent 19 days intensive coaching camp organized by Volleyball Association of J&K with the collaboration of J&K Sports Council at MA Stadium Jammu under the supervision of Ashok Singh Divisional Sports Officer (J), J&K Sports Council Jammu and Volleyball Coaches

and Volleyball Coaches Nareesh Kumar, Ramiz Tariq and Shubham Sharma, Shivali Dogra qualified NIS Level-1 & Level-2 FIVB, In reply, J&K was bundled out for paltry 134 runs in 39.2 overs. Skipper Arya Thakur top scored with 55 runs off 62 balls, studded with 9 fours and one six, while Rydham and Mir Aqeel contributed 22 and 17 runs respectively.

Umar Khan and Musheer Khan took 2 wickets each for Mumbai while Prince Badiani claimed one wicket.

Dani top scored with 102 runs off 217 balls, studded with 9 fours and one six, while Umar Khan con-



J&K Boys and Girls teams posing for a photograph with office-bearers of VAJK at Jammu.

coaches course.

Sidharth Daluja, President Volleyball Association of J&K and Vijay Kumar Magotra Honorary General Secretary of the VAJK wished the teams for achieving the good results in the National Championship besides providing uniform kits and track suits to all participants for

upholding the image of J&K in volleyball.

Akbar Ali and Veena Devi are accompanying as managers of the teams.

J&K Boys team is placed in Pool-A and shall play their matches against Tamil Nadu, UT Ladakh, Puducherry, Himachal Pradesh, Orissa and girls team placed in Pool-

D and shall play their matches against Kerala, Haryana, Assam, Madhya Pradesh, Uttar Pradesh and Uttarakhand.

Ashok Singh Sports Officer (J) and Satish Gupta Manager Indoor Stadium J&K Sports Council Jammu, who conducted the screening of J&K Junior Volleyball

boys and girls teams, wished the teams for best of luck on the occasion.

The divisional Sports Officer Central, J&K Sports Council Nusrat Gazala also interacted with the both the teams and provided tips of the games to compete in the national championship.

The Team BOYS: Mannat

Vijay Hazare Trophy

J&K thrashes Baroda by 94 runs to script 2nd consecutive win

■ STATE TIMES NEWS

JAMMU: All Jammu and Kashmir Chess Association (AJKCA) shall hold two-day Jammu division senior open chess competition at IIT Jammu in the outskirts of the city, here from November 19.

Organised by the Jammu Division Selection Committee, shall pave way for the selection of the divisional probable for the upcoming National event,

a handout issued by the AJKCA here today informed.

Interested players can contact Ajit Singh (9906017469) and Arvind Sharma (7006939984) for further information, the handout mentioned.

Both these batters along with Faizil showed stellar grit and tenacity to notch up brilliant half-centuries. Henan too was solid and composed in his 60-ball knock. Jatin Wadhawan (27) and Abid Mushtaq (11*) were the other contributors.

For Baroda, medium pacers LI Meriwala and Varun Aaron bagged 2 wickets each, while A Sheth and Bhargav Bhatt claimed one wicket each.

In reply, Baroda top scored with 282 runs in 49 overs, losing 6 wickets in the process. Opening batter Vivrant Sharma and explosive Abdul Samad scored 64 runs each, while Faizil Rashid contributed 55 runs and Henan Malik made 45 runs. While Vivrant hit 7 fours and one six in his 87 ball, Samad smashed 3 fours and 2 sixes in his brisk 52-ball knock.

Earlier, winning the toss and batting first, J&K scored a big total of 282 runs in 49 overs, losing 6 wickets in the process. Opening batter Vivrant Sharma and explosive Abdul Samad scored 64 runs each, while Faizil Rashid contributed 55 runs and Henan Malik made 45 runs. While Vivrant hit 7 fours and one six in his 87 ball, Samad smashed 3 fours and 2 sixes in his brisk 52-ball knock.

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For J&K, Vivrant Sharma

captured 4 wickets by conceding 22 runs in his 4.3 overs, while Abid Mushtaq bagged 3 wickets by giving away 33 runs in his 10 overs. Sahil Lotra took 2 wickets by conceding 28 runs in 10 overs, while Luvdriv Singh claimed all important wicket of Rayudu.

J&K will take on Nagaland in the next outing on November 14. The Sub Committee Members of JKCA including Brig Anil Gupta, Member-Administration; Advocate Sunil Sethi, Member Legal Affairs and Cricketer Mithun Manhas, Member Cricket Operations and Development JKCA congratulated the team for this splendid victory.

"#Vijay Hazare Trophy. After a nail biting win yesterday a comprehensive vic-

■ STATE TIMES NEWS

JAMMU: Two-day J&K State level Silambam Championship 2022 Sub-Junior and Senior concluded here successfully at Sacred Heart College Paloura.

The championship was organised by Silambam Association of Jammu which is affiliated to all India Silambam Federation. More than 450 participants from different districts viz Jammu, Reasi, Doda, Poonch, Pulwama, Anantnag, Srinagar, Kulgam and Samba participated in the tournament.

Earlier, the tournament was declared open on the first day by Udhay Bhamu Chib Youth Congress President.

On the second day of the Tournament, Sandeep Mehta, SSP was the Chief

Guest and Dr Arvind was the Guest of Honour of the closing ceremony.

Birinder Singh President Silambam Association of J&K, Kaka Ram General Secretary of SAJK, Shubam Sharma, Ankush Sharma, Nihal Lalota, Anuj Puri, Naresh, Chetan Puri, Konika Gupta, Prachi Mahajan, Nitish Kumar, Tashvi Hans,

Sachin Padha (39) and Faheem Tak (15) gave Media XI a quick start as the opening duo garnered 43 runs off the first 4 overs before Faheem got out after middling a half volley into the hands of mid-on.

Sunil Bali (28) along with

Guest and Dr Arvind was the Guest of Honour of the closing ceremony.

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