

World Diabetes Day observed in all health institutions across J&K

STATE TIMES NEWS

JAMMU: World diabetes Day was observed on Monday with great zest across Jammu and Kashmir, with the aim to increase awareness and screen people for diabetes in line with this year's theme "access to diabetes education".

All levels of health facilities from medical colleges to health and wellness centres organized education camps in which people were invited and provided information on preventing diabetes and ensuring early diagnosis. It was supplemented by providing free diagnostic services in which blood sugar was estimated in addition to hypertension screening.

In today's world diabetes day, more than 52000 were educated on diabetes prevention, risk factors and benefits of controlling blood sugar. In addition, 42000 were screened for diabetes from which 1900 new diabetes were identified who were

counseled regarding further steps to be undertaken. The screening and awareness campaign will help in early detection of diabetic patients and in generating mass awareness about the disease.

Pertinently, World diabetes day is marked every year on 14th November, the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922. This year diabetes day is special as it marks a century of insulin discovery which revolutionized diabetes care.

World Diabetes Day provides an opportunity to raise awareness of diabetes as a global public health issue and what needs to be done, collectively and individually, for better prevention, diagnosis and management of the condition.

The theme for World diabetes day 2022 is "Access to Diabetes Education" which aims to focus on the importance of improving knowledge about diabetes among general

population, healthcare workers and policy makers.

Jammu & Kashmir National Health Mission is implementing multiple health programs which aim to improve lifestyle behaviours, early diagnosis, free treatment, early identification/management of diabetic complications and provision of specialized health services. The comprehensive primary health care programme has already done risk assessment for 24 Lakh individuals and screened more than 7 lakh individuals aged 30 years and above this year.

J&K has recently framed an action plan to achieve universal screening for common Non Communicable Diseases which includes diabetes and aims to complete universal screening by January 2023 under which all individuals aged 30 years and above will be screened for hypertension, diabetes, oral cancer, breast cancer and cervical cancer.

Power shutdown

STATE TIMES NEWS

JAMMU: Chief Engineer (Distribution), JPDCL, Jammu has informed that the power supply to Denis Gate, Prem Nagar, Part of Jewel Parade, Link Road, Part of Trikuta Nagar and adjoining areas shall remain affected on November 15 from 8 am to 12 noon.

Similarly, the power supply to Keeran Local, CNC, Keeran Industry and other adjoining areas shall remain affected on November 15 from 10 am to 5 pm.

Likewise, the power supply to Suhagpur and its adjoining areas shall remain affected on November 15 from 7 am to 1 pm.

Similarly, the power supply to Gho Manhasa, Marh, Gajansoo Kherian, Haipur Jagir, Saroda, Puran de Kothi, Trilokpur, Pounichak and adjoining areas shall remain affected on November 15 from 8 am to 2 pm.

Progress on ongoing projects of H&ME Deptt reviewed

STATE TIMES NEWS

JAMMU: Secretary, Health and Medical Education, Bhupinder Kumar, on Monday reviewed progress on various ongoing projects of Health and Medical Education department being executed under CAPEX, NABARD and PMDP.

Managing Director, JKPC, Chief Engineer, PWD Jammu and Kashmir; Managing Director J&K Housing Board and Managing Director J&K Police Housing Corporation were present in the meeting.

Secretary directed all the HoDs and the executing agencies to expedite execution of these vital works so that

these are completed during the current financial year. He asked for ensuring booking of expenditure against the work done claims before 31.12.2022, as clause of expenditure restriction shall be invoked as per the standing instructions of the Finance Department for maintaining financial discipline. He also instructed the executing agencies to fast track the execution of mega projects under Prime Minister Development Package (PMDP) and NABARD so that intended objectives are realized on ground through improved delivery mechanism.

He impressed upon the executing agencies to complete

the tendering process, technical evaluation, allotments within next one week. He also emphasized to ensure that the allocated funds are fully utilized within the financial year itself to avoid lapsing of funds. While reviewing the physical and financial progress on works under various schemes, Secretary impressed upon the need for adopting a holistic approach towards selection of projects.

The new projects should be conceived objectively on output-outcome based approach, he said adding that only those projects should be taken up which can be completed within two to three financial years. He instructed the HoDs and

the executing agencies to work in a coordinated manner with a focused approach towards execution and completion of the projects in a timely manner. In this regard, HoDs were asked to review progress with the executing agencies on regular basis to remove bottlenecks.

The meeting was also attended by Principal Government Medical Colleges, Director, Health Services Kashmir, Director, AYUSH J&K, Controller Drug and Food Organization J&K, Director Finance, H&ME, Joint Director Planning H&ME, Deputy Director Planning H&ME among others officers of the department.

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