

# DC Jammu attends grievances redressal camp at Bahu

**■ STATE TIMES NEWS**  
JAMMU: Deputy Commissioner, Avny Lavasa, on Friday presided over a grievances redressal camp in Tehsil Bahu wherein several delegations and scores of individuals apprised her about the problems/issues being faced by them in day to day life.

The main issues highlighted during the programme were related to water supply shortage and erratic power, Revenue, land compensation, road connectivity, construc-



Deputy Commissioner, Avny Lavasa chairing a meeting.

tion of lanes and drains, cleanliness and sanitation in the area. The DC gave a patient hearing to the delegations and passed on the spot directions to the concerned officers for

early redressal of their genuine grievances. She assured that the highlighted issues of public importance will be taken up with higher authorities besides all the pendency and public service delivery slackness shall be reviewed thoroughly.

She also impressed upon the officers to work with zeal to achieve the targets and delivery of the benefits to the common masses. Tehsildar Dr Rohit Sharma, along with other officers were present at the programme.

## 60 youth with psychological issues successfully treated by experts of SUKoon

**■ STATE TIMES NEWS**  
SRINAGAR: Each passing day at Sukoon Mental Health Helpline centre touches new success, as the counselors and experts render empathic guidance, counseling and advice to those people seeking help to recover from psychological issues and abstain from substance abuse. The Incharge of SUKoon centre, Tahir Ahmad Magrey on Friday informed that more than 400 calls were received in last month during which callers held telephonic conversation with the counselors to receive remedial assistance. Out of those individuals, more than 60 callers have been perfectly treated till date who recuperated from various issues

including depression, negative thoughts, trauma etc while substance victims were also helped to quit the abuse and were rehabilitated, he added.

**Sher- e-Kashmir University of Agricultural Sciences & Technology of Jammu, Chatha, Jammu 180009**

**WALK-IN INTERVIEW**

Applications are invited from eligible and desirous candidates for a Walk-in-Interview for the temporary posts purely on contractual basis under ICSSR Project entitled “Farmer’s Willingness to Grow Organic Produce in North-Western Himalaya” on 11<sup>th</sup> November, 2022 at 11:00 AM in the Directorate of Extension, SKUAST-Jammu, Main Campus Chatha - 180009, Jammu (J&K). The detailed advertisement along with terms and conditions, eligibility and prescribed form can be downloaded from University website [www.skuast.org](http://www.skuast.org) An advance copy of application form along with a brief resume may be emailed at [pawanvatsya@gmail.com](mailto:pawanvatsya@gmail.com).  
**No: AUJ/DE/F-ICSSR/22-23/16**  
**Dated: 03-11-2022**  
**Sd/-**  
**DIP/J-3727-P/22** Project Director

**UNIVERSITY OF JAMMU**  
(NAAC Accredited "A+" Grade)

**NOTICE INVITING E-TENDER**

- On behalf of the Vice-Chancellor, University of Jammu - Jammu, sealed e-tender in technical bids are hereby invited from the reputed Chartered Accountants/Firms (CAG empanelled) for providing Accounting, Auditing and Tax related Services for the financial year 2023-24 to 2024-25.
- The tender document can be downloaded from the website [www.jktenders.gov.in](http://www.jktenders.gov.in) from 07/11/2022 (1400 hrs) to 28/11/2022 upto 1400 hrs. Tender document contains qualifying criteria for the tenderers, conditions and other details.
- The tender document shall be deposited in electronic format on the website [www.jktenders.gov.in](http://www.jktenders.gov.in) from 07/11/2022 (1400 hrs) to 28/11/2022 The technical bid received will be opened on or after 30/11/2022 (1500 hrs) online.
  - The complete bidding process will be online.
- The Tender fee of Rs. 2500.00 plus G.S.T (18%) paid online in account no 0345010100000001 in name of Registrar University of Jammu should be enclosed with the technical bid and upload the soft copy of payment proof.
- The earnest money deposit of Rs. 25,000/- in the shape of CDR/FDR pledged in favour of Registrar, University of Jammu should be uploaded with the technical bid.
- For further detail information about the E-Tender, please log on to University website [www.jammuuniversity.in](http://www.jammuuniversity.in) and JK tenders.

**No: JU/IA/22/1684-88**  
**Dated : 02-11-2022**  
**Sd/-**  
**DIP/J-3729-P/22 REGISTRAR**

Email: [cfjandk.fhd@jk.gov.in](mailto:cfjandk.fhd@jk.gov.in) Phone No.0194-2506484-85 (Sgr)  
0191-2572889 (Jmu)

Government of Jammu and Kashmir  
Office of the Commissioner Food and Drugs Administration  
Civil Secretariat, Jammu/Srinagar

**SHORT TERM QUOTATION**

Subject: Hiring of Third Party Audit for certification of Railway Station(s) Jammu and katra as Eat Right Station

Sealed Short term quotations are invited from 3<sup>rd</sup> Party Audit Agencies approved by Food Safety & Standards Authority of India (FSSAI) for carrying out the Audits of the Railway Station(s) Jammu & katra for certification of Eat Right Station as per guidelines of the FSSAI Eat Right India Initiatives/Scheme in UT of J&K as per the details mentioned in Annexure- A , should reach this office on or before 15<sup>th</sup> November 2022 subject to following terms and conditions:-

- The audit of the Station shall be strictly carried out as per FSSAI guidelines / checklist notified by the FSSAI for such purpose.
- The approved Audit agency shall commence the Inspections/Audit of the respectively Railways Station within a period of 07 days from the date of issuance of job order.
- The rate shall be inclusive of all applicable taxes, for the services provided by the 3<sup>rd</sup> Party Audit Agency & shall also include lodging/boarding and transport arrangement for the Auditor/Assessor to the venues.
- The Audit Agency shall not conduct audit independently, without prior intimation to the department.
- The payment to the 3<sup>rd</sup> Party Audit Agency shall be made only after successful generation of Eat Right Station certificate and after receipt of Inspections report by the Department.
- The Agency should have the experience of having conducted 3rd party Audit Inspections o the subject matter.

**Sd/-**  
**No: FADA/4/2021-05/C**  
**Dated 01 .11.2022**  
**DIP/J-11101/22**  
**Dated:-04/11/2022**

(Shakeel-Ur-Rehman) IAS  
Commissioner,  
Food & Drugs Administration, J&K

**GOVERNMENT OF INDIA**  
**MINISTRY OF CULTURE**  
**BTI SECTION**

**Financial Assistance for the Preservation and Development of Cultural Heritage of Himalayas**

Ministry of Culture invites applications in the prescribed format under the said Scheme for the year **2022-23** from Voluntary Organizations registered under the Societies Registration Act (XXI of 1860) or similar Act. The Organization against which previous grant/ Utilization Certificate under this scheme is pending will not be considered for fresh grant. The application in the prescribed format complete in all respect, duly spiral bound and continuously page numbered, alongwith check-list duly recommended should reach the Section Officer, BTI Section, Ministry of Culture, 2nd Floor, Puratatav Bhawan, D Block, GPO Complex, INA, New Delhi-110023 by **31.12.2022**.

- The organization shall also submit the requisite documents such as (i) Bond, (ii) Resolution, (iii) Bank Authorization letter and (iv) Agency registration form alongwith the application form. The details of the scheme and application form may be downloaded from Ministry of Culture website [www.indiaculture.nic.in](http://www.indiaculture.nic.in)
- The organization should register their society on the Website of Niti Ayog i.e “<http://niti.gov.in/content/ngo-darpan>” for obtaining Unique ID, if not registered earlier. The organization should also link their bank account number with PAN Card. The Unique ID of Niti Ayog and PFMS User ID is mandatory.

**CBC 09101/11/0022/2223**

**FOR BOOKING ADVERTISEMENT CONTACT**

91 9086175696  
[adv.statestimes@gmail.com](mailto:adv.statestimes@gmail.com)

**STATE TIMES**

**JAMMU AND KASHMIR PUBLIC SERVICE COMMISSION**  
**Solina Srinagar, Kashmir - 190001**

website:<http://jkpsc.nic.in> Jammu: 0194-2566528 (f) 2566530  
email:[jkpscsecretary@gmail.com](mailto:jkpscsecretary@gmail.com) Srinagar: 0194-2312829 (f) 2312631

Subject :- Interview for the post of Lecturer, Radiology, in the Institute of Mental Health & Neuro Science (IMHANS) Government Medical College, Srinagar notified vide Notification No. 03-PSC (DR-P) of 2022 dated 17.01.2022

**NOTICE**  
**DATED: 02.11.2022**

The interview of the following candidates for 02 posts (RBA=01 & SC=01) of Lecturer, Radiology, in the Institute of Mental Health & Neuro Science (IMHANS) Government Medical College, Srinagar, notified vide Notification No. 03-PSC (DR-P) of 2022 dated 17.01.2022, shall be held at J&K Public Service Commission Office, Resham Ghar Colony, Bakshi Nagar, Jammu on 23.11.2022 at 10:00 AM.

S. No	NAME OF CANDIDATE	PARENTAGE
1.	DR. WASEEM AHMED SHEIKH	MOHD SADIQ SHEIKH
2.	DR. YASSAR SHEIKH	MOHD AZIM
3.	DR. ARIF AHMAD WANI	GUL JU WANI
4.	DR. IQBAL HUSSAIN DAR	SAIFU DIN DAR

**Note:**

- The candidature of all the candidates is purely provisional. The documents of the candidates will be again verified at the time of interview. In case, any discrepancy with regard to age and other eligibility conditions is noticed at the time of interview or thereafter, the candidate(s) shall not be allowed to appear in the interview or where the candidate has already appeared in interview, the candidature shall be deemed to have been cancelled ab-initio.
- The candidate(s) shall produce their original certificates/testimonials along with hard copy of application forms on the date of interview.
- Experience Certificate, if any, or as applicable shall be submitted by the candidate as per the prescribed format either before the commencement of interview or at the time of interview.
- The candidates shall ensure that the publications/presentations/books/book chapter which they intend to place before the interview board for evaluation shall be properly bound and indexed with cover page in the format available on the website <http://www.jkpsc.nic.in>.

**Sd/-**  
**No. PSC/DR/Lect/ Radiology /H&ME/2022**  
**Dated: 02.11.2022**  
**DIP/J-11111/22**  
**Dated:- 04/11/2022**

**(Bashir Ahmad Dar) JKAS**  
**Secretary**  
**J&K Public Service Commission**

Tele/FAX NO. =01912578774  
**TRAFFIC JAMMU**

**POLICE**  
**CITY**

EMAIL ID: [sspstrfcjmu@jkpolice.gov.in](mailto:sspstrfcjmu@jkpolice.gov.in)

**TRAFFIC ADVISORY FOR JHIRI MELA 2022**

Annual Jhiri Mela shall start w.e.f. 07.11.2022 , where a large gathering is expected to witness the Mela from outside the UT of J&K and within the UT of J&K In order to ensure smooth flow of traffic from Jammu to Jhiri and vice-versa, the general public is requested to follow the following traffic diversions/restrictions for smooth plying of vehicles, so that no inconvenience to general public is caused:-

**RESTRICTION/DIVERSIONS:-**

- All the Inter-state buses/devotee vehicles coming from Punjab, Kathua, Samba, Kunjwani, Satwari will be diverted from Hotel Asia to Bhagwati Nagar Jammu via 4<sup>th</sup> Tawi Bridge and to adopt Akhnoor Road( flyover) to Sua No. 1 for Jhiri and back from same route.
- All Buses /Mini buses/commercial vehicles plying from Bus Stand Jammu will adopt Bus Stand- Maheshpora Chowk-Bakshi Nagar Pulli to adopt Akhnoor Road and will take left turn from Sua No. 1 for Jhiri.
- All private LMVs and Medium Vehicles will take left turn from main Jammu-Akhnoor Road at Simbliwalla & Chak Mani to Jhiri.
- All the heavy vehicles viz passenger buses, trucks & load carriers of other States on Jammu-Akhnoor road meant for Jhiri will adopt route from Sua No.1 - Chack Soodian - Chak Kranti.
- All the internal local route PSVs/ LMVs shall be diverted from the Cut off point at Hari Singh Ghat .
- No heavy vehicle shall be allowed to ply on the road from Mishriwala Chowk(NHW) to Jhiri .
- "One way Traffic" will be implemented on road from Mishriwala (NHW) to Jhiri. Only LMVs/ 2 wheelers shall be allowed to ply back from Jhiri to Mishriwala & no vehicle in any case shall move/ply on the road from Mishriwala Chowk to Jhiri
- All the vehicles of the devotees/participants shall remain parked in the designated parking slots around the Venue and approaching roads shall be kept free for vehicular movement.
- No vehicle shall be allowed to be parked on either side of the road. Action under the provisions of M.V.Act/rule shall be taken against the violators by the officer Incharge.
- All the motorists/vehicle operators shall follow the Traffic diversions made in connection with Jhiri Mela in the jurisdiction of Traffic City Jammu.
- Public in general and devotees in particular are requested to co-operate with Traffic Police for their convenience during the Mela period and park their vehicles in parking slots not on road side.

**Parking Arrangement :**

- Near Main Temple Jhiri ( only VIP parking)
- Mini Bus Parking at Chak Mani Road
- Bus/Truck Parking ( behind Temple)
- LMVs/Two Wheelers Parking near Jhiri Bridge towards Mishriwala/Temple

For any traffic related assistance, Traffic Control Unit (TCU) Jammu may please be contacted on

**0191-2459048 & 94191-47732.**

**No: TPOJ/PA/Press/2022/19417-19**  
**Dated: 04 .11.2022**

**Sd/-**  
**DIP/J-11123/22**  
**Dated:- 04/11/2022**

**Sr. Superintendent of Police,**  
**Traffic City Jammu**

**GOVERNMENT OF JAMMU AND KASHMIR**  
**OFFICE OF THE EXECUTIVE ENGINEER MECHANICAL DIVISION RTIC JAMMU**  
**Short Term Notice INVITING TENDER**  
**e- NIT MDJ/RTIC/28 of 2022-23 Dated 21-10-2022**

For and on behalf of the "Lt. Governor of Union Territory of Jammu and Kashmir", The Executive Engineer Mechanical Division RTIC Jammu, invites online bids by e tendering mode from eligible bidders/ tenderers /firms dealing with electromechanical /electrical works.

Name of the Work	Name of the Division	Cost of Tender Document/Tender Fee(In Rs)	Earnest Money	Validity of Rates
Recapitalization of 4000 Amp incomer feeders and its allied works at Lift Irrigation Station Raya.	Mechanical Division RTIC Jammu	200.00 (Rs. 100/- for PMT DIC/SSI Registered Firms) (Non-Refundable) In the shape of treasury Challan only in favour of the Executive Engineer, Mechanical Division RTIC Jammu payable at Jammu	Rs.3600/= (Rs 1800 for DIC/SSI Registered Firms) In the shape of CDR/FDR pledged to the Executive Engineer Mechanical Division RTIC Jammu	Bid shall be valid for 90 days

**Position of Funds**

- Bid documents can be seen at and downloaded from the website <http://jktenders.gov.in> from 22-10-2022 (10:00 A.M) and uploaded upto 07-11-2022 (1:00 P.M). The tender shall be opened on 09-11-2022 (1:00 P.M).
- The complete bidding process will be online <http://jktenders.gov.in>
- Bids must be accompanied by cost of Tender Document and bid security/ earnest money as specified in column 3 & 4 of the table. The cost of tender documents should be in the form of Treasury Challan only in favour of Executive Engineer, Mechanical Division RTIC Jammu.
- Furnishing of Hard copies of documents pertaining to e bids immediately after submission of e tenders have been dispensed with as per Govt Order No. O.M. no. A/24(2017-651) dated 07-06-2018. The same shall be obtained only from the bidder who is declared as L-1 after opening of Financial Bids.
- The hard copy of cost of tender document in shape of Treasury Challan and Earnest Money including other relevant documents must be delivered by L-1 to the office of the Executive Engineer, Mechanical Division RTIC Jammu within 03 days of opening of tender.
- The bid shall remain open for acceptance for a period of 90 days from the date of opening of bids. If any bidder/ tenderer withdraws his bid/ tender before the said period or makes any modifications in the terms and conditions of the bid, the said earnest money shall stand forfeited.
- The Technical Bids of the tender document received shall be opened online in the office of Executive Engineer Mechanical Division, RTIC, Jammu on 09-11-2022 at 1:00 P.M
- The Financial Bids of the tender document of the qualified bidders shall also be opened online in the office of the Executive Engineer Mechanical Division, RTIC, Jammu during office hours on a convenient day.
- Other details can be seen inside the detailed tender document.

**No: MDJ/RTIC/1027-30**  
**Dated 21-10-2022**

**Sd/-**  
**DIP/J-11089/22**  
**Dated:- 04/11/2022**

**Executive Engineer**  
**Mechanical Division**  
**RTIC, Jammu**

**Directorate of School Education Jammu**  
**Counselling Cell**

**NASHA MUKT J&K ABHIYAAN**

**RISK FACTORS OF DRUG ADDICTION**

- Changes in physical appearance, such as wearing inappropriate or dirty clothing and a lack of interest in grooming
- A noticeable lack of energy levels when performing daily activities.
- Changes in sleeping patterns i.e. Sleeping too much or lack of sleep
- Changes in speech patterns
- Dilated or constricted pupils and red eyes
- Changes in appetite, such as a decreased appetite and associated weight loss.
- Difficulties at school, disinterest in school-related activities, and declining grades.
- Missing school, poor work performance, being chronically late to School and appearing tired.
- Social withdrawal, isolation, or secretiveness about whereabouts and activities.
- Sudden, unexplained spending habits than usual or requesting to borrow money.
- Altered behavior, such as an increased desire for privacy
- Irritability and argumentativeness
- Loss of interest in activities, social and family withdrawal
- Acting inappropriate, or obnoxious and childish
- Appears easily confused
- When confronted, offers strange excuses, justifications, and rationalizations for their behavior
- Blame-shifting and diversion
- Defensiveness when asked about substance use

**PROTECTIVE FACTORS**

- Be vigilant about your child's/student's behavioral changes.
- Strong parental bonds and family relationships.
- Positive parental engagement in child's life.
- Life skill training program for students to deal with life pressures.
- Seek help for mental health issues.
- Community based Drug abuse prevention programs (Schools, clubs, media, faith based organizations)
- Promotion of positive student engagement activities in schools to relieve stress like exercise, sports, yoga, etc.
- Learn to ignore peer pressure.
- Involvement of community and school in ensuring no sale of Tobacco/drug or any other substance near school campus.
- Promotion of healthier life style free from addiction.
- Promotion of positive mental health.

**In case of any grievances call/whatsAap**  
**Aao Baat Karein Tele counselling Helpline**  
**6006800068**

**If you or your loved one are exhibiting signs of addiction but you don't know where to turn, DIAL**  
**1800110031 (National Toll free helpline for drug de-addiction & 14466 (National Helpline for Nasha Mukta Bharat )**

**DIP/J-11122/22**