

# JK Public School Kunjwani honours its staff with gifts, sweets on eve of Diwali



JK Public School Kunjwani faculty presenting Diwali gifts amongst its staff members.

■ STATE TIMES NEWS

JAMMU: The magnanimous management of JK Public School Kunjwani has always strived to spread happiness amongst its staff members whom they consider to be an

integral part of their school's family. The school continued with its policy of spreading shine on the faces of the staff by distributing gifts amongst the admin staff which

includes drivers, helpers, supervisors, multi tasking staff, Safaikaramchhari, plumbers, electricians, gardeners, security guards and office staff. Director Shashi Choudhary,

handed over gifts and sweets on behalf of the management. She congratulated the admin staff who works with resilience as conviction to ensure propriety of school-affairs.

The School Principal Rajesh Rathore, Vice Principal Roopinder Kour and School Coordinator Inderjeet Kaur were all praises for the management and thanked them for their noble gesture.

# Govt SPMR College of Commerce lifts wrestling men trophy

■ STATE TIMES NEWS

JAMMU: Govt. SPMR College of Commerce lifted the Wrestling (Men) trophy in Inter College Wrestling (Men) competition organised by the Cluster University of Jammu in Govt. SPMR College of Commerce on Thursday.

Satyan Shree Gupta, Financial Advisor, Cluster University of Jammu was the Chief Guest and Dr. Surinder Sharma, Principal SPMR College of Commerce was the Guest of Honor during the occasion.

The tournament was organised under the overall supervision of Dr. Vinod



Chief Guest interacting with players.

Bakshi Director Sports, Cluster University of Jammu and Physical Director GGM Science College and under the supervision of Dr. Vinod

vision of Aijaz Malik, Physical Director SPMR College of Commerce. Govt. SPMR College of Commerce won the title by

obtaining 38 points. GGM Science College remained in second position with 27 points and Govt. MAM College remained in third position with 20 points.

Dr. Shafkat Jahangir, Prof. Harpreet Kour, Prof. Gurucharan Singh, Prof. Deepika Sharma, Dr. Jaswinder Singh and Dr. Sana of SPMR College of Commerce and Neenu Sawhney, Physical Director Govt. MAM College, and were among the various dignitaries present during the occasion.

The match was officiated by Aditya Chib, Sudhanshu Raina and Upasana Jamwal.

# ASCOMS, PG Law & Science JU win in JU cricket

■ STATE TIMES NEWS

JAMMU: ASCOMS and PG Law & Science department University of Jammu (JU) registered wins in the ongoing Inter-Collegiate Cricket (Men) Tournament, organised by the Directorate of Sports and Physical Education, University of Jammu at the University Cricket Ground, here on Thursday.

In today's matches, ASCOMS beat GDC Kunjwani by two wickets and PG Law & Science JU beat GDC Khour by three wickets.

# Shiksha Niketan school celebrates Children's Day

■ STATE TIMES NEWS

JAMMU: Shiksha Niketan Senior Secondary School, Jeevan Nagar- Jammu on Thursday celebrated the Children's Day as a Bal Mela at the school premises. School students and teachers participated enthusiastically.

Principal of the School, Rameshwar Mengi encouraged and cheered the children during the celebration and shared the day with children.

Rameshwar Mengi welcomed both Special Guests Lavish Uppal (CA) and Sahil Mahajan (DySP).

Both the Special Guests along with the Principal inaugurated the Bal Mela and encouraged the students as well as teachers for their respective role and



Chief Guest and faculty members visiting stall during Bal Mela.

also motivated them for their future endeavours or progress in life.

An array of stalls with a variety of Spicy and Savory Mouth Watering food items and Exciting Games were the main attraction of this Bal Mela.

The celebration of such like events promote the message of equality &

brotherhood amongst the children and broaden their outlook and General Knowledge.

The Chief Guests blessed the students and also Praised the Teachers and other staff members for their "Guidance and Support" to make the Occasion of this Bal Mela - a Memorable Event.

# Inter District Gymnastic Competition for girls held



Medal winner girls posing for a photograph with dignitaries.

■ STATE TIMES NEWS

JAMMU: The Department of Youth Services and Sports of District Jammu on Thursday hosted Inter District UT Level Gymnastic Competition for girls at Gymnasium Hall MA Stadium, here. In the competition, about 30 players/student (girls only) participated from three Districts of Jammu viz District Jammu, Kathua and Samba. The competition are being organised under the patronage of Director Youth Services and Sports JK UT Subhash Chander Chibber under the guidance of Joint Director Youth Services and Sports Jammu Suram Chand Sharma (JKAS) and the overall supervision of DYSSO Jammu Sukhdev Raj Sharma. Trophies and certificates has been distributed

among the participants in presence of ZPEO Jammu Harvinder Kour, technical officials and other officials of the department were present during the conclusion ceremony.

'Today Result:-

Girls U/19 Gymnastic: Shivangi, (Jammu), 1st, Himani (Jammu), 2nd and Riya (Kathua), 3rd.

U/17 Artistic: Sddhani (Jammu) 1st, Jeevanotsarg (Jammu), 2nd and Chandil (Kathua), 3rd.

U/14: Anubhuti, (Jammu), 1st, Hargun (Jammu), 2nd and Shiyangi (Samba), 3rd.

U/14 Rhythmic Gymnastic: Prachin (Jammu) 1st, Advita (Jammu), 2nd and Shrenya (Jammu), 3rd.

# KCPS students excel at district level skating competition 2023



KCPS faculty felicitating medal winner students.

■ STATE TIMES NEWS

JAMMU: Students of KC Public School put up a remarkable show in the Jammu District Skating Championship organized by Roll Ball Association of J&K under the aegis of the Sports Council of Jammu & Kashmir at MA stadium on November 8.

The group Skating contests were held under two different age group categories, namely, Under-11 and Under 14.

The eight members Under-11 KCPS team consisted of Daksh Rajput, Mridul Mahajan, Rajiya Vardhan Slathia, Aryansh Sawhney, Aarav Sharma Harshul Gupta, Sakshar Lall and

Akshit Charak.

The team of the same strength Under-14 age category consisted of Sayed Faizaan Hussain Shah, Aarav Mattu, Abu Bakar, Daksh Tockoo, Gurtajbir Singh, Shivansh Bhat, Aaira Sharma and Aaksh Sharma. Both the teams won Bronze medals in the competition. Chairman Raju Chowdhary, Vice Chairman Arjun Chowdhary, MD Arti Chowdhary, Principal Amarendra Kumar Mishra and Headmistress Sofia Rana congratulated the participants and their Skating Coach Vansh Sharma for their award winning performance in the competition.

# J&K athletes-from pretenders to contenders

■ STATE TIMES NEWS

SRINAGAR: The 37th National Games that concluded on Thursday in Goa has scripted a new chapter in the sport's history of the J&K with its athletes stamping an authority of talent, grit, determination, hardwork, and perseverance.

While the foundation for J&K's best-ever performance was laid by rhythmic gymnastics bagging silver medals thereafter the performances came rolling one after the other aggregating as many as forty-six medals; including fourteen gold, fourteen silver, and eighteen bronze medals and the team J&K figured in the first twelve performers in the games.

Before this participation, the J&K team had seldom crossed the double figure mark except for two occasions, one in 2011 when the National games were held at Jharkhand and the team bagged twelve medals including four silver and eight bronze titles however the team was ranked twenty-sixth in the medal tally. Similarly in 2015, the team J&K pocketed as many as fifteen medals, including three gold, two silver, and ten bronze

medals.

The success achieved by the J&K athletes did not come to the fore overnight but is the hard work of athletes over the years backed by some remarkable transformations in the background.

Sports enthusiasts believe that one of the main factors contributing to the rise of performance can be easily attributed to the transparency in the selection process when fielding athletes for major competitions. Ipso facto the process has been made multilayered to ensure that the best athletes reach the arena. The battery of coaches, the best in the business are available at the beck and call of the athletes, guiding, helping, and supporting them to realize their potential and achieve success in the niche they compete in.

Moreover, the training and learning facilities have come a long way to help athletes hone their skills and the advent of high-performance centres has only made things better in terms of preparations when comparing it to the past. The international-level facilities coupled with expert advice and training have played

a crucial role in this year's performance said one of the members of the contingent. With around a hundred Khelo India Centres to train athletes professionally, the number is the highest in the country in addition to the Centre of Excellence in Water Sports and Fencing.

The performance of the athletes is not limited to any sports discipline but they are excelling in almost every field they take to.

The effort pooled in both by the players and the UT administration bears a testimony to the sincerity of the purpose and defeating strong competitors like SSCB, Gujarat, Delhi, Maharashtra, Haryana, Gujarat, and West Bengal etc is quite an accomplishment for everyone to take note of.

Advisor R.R Bhatnagar while extending his congratulations to members of the J&K contingent said that the relentless dedication and unyielding spirit of the athletes has led them to this momentous journey. "The countless hours of rigorous training, strategizing, and hard work you have put into honing your craft

have paid off in the most glorious fashion," said Bhatnagar.

"Your outstanding performance not only brings honour and glory to J&K but also serves as an inspiration to aspiring athletes across the region, remarked Advisor. "You have showcased what can be achieved through unwavering determination and a belief in one's abilities, he added.

Congratulating the J&K team, Sarmad Hafeez Commissioner Secretary, Youth Services and Sports Department extended his warmest congratulations to the J&K contingent on their splendid performance and putting up an exemplary show in the national games.

The remarkable achievement in the 37th National Games held in Goa is a testament to the relentless efforts put in by our athletes, coaches, and support staff, said Sarmad. "I am filled with immense pride seeing our players shine on the big-

ger stages, bringing glory to our union territory, he added. "The athletes have showcased their exceptional skill levels and coupled their passion with determination and commitment to bring laurels to the J&K and performances like this always give you a sense of great satisfaction though I ardently believe that our athletes can touch skies," said Sarmad Hafeez.

Terming the medallists as an inspiration to aspiring athletes and a source of pride, Secretary Sports Council, Nuzhat Gull congratulated the medallists on their exceptional performances. Gull said that each triumph of our athletes is a testament to hard work, talent, and unwavering spirit. "Each member of the J&K Winning Team has demonstrated unparalleled sportsmanship, passion, and commitment, setting an example for others to follow", Gull concluded.

Pertinently the sports

policy 2022 which incentivized sports is the major boost to the toil that athletes go through. The policy provides for the monetary benefits and government employment to the best performing athletes of the union territory of J&K. Moreover, the allowances entitled to athletes are transferred to their personal accounts through DBT mode to ensure every single penny reaches to the beneficiaries directly.

Meanwhile, congratulatory messages are pouring in from all quarters on the outstanding achievement of the team J&K. "Hope athletes continue the winning streak in the future endeavours too" wrote many sports buffs while taking to the microblogging sites. One of the sports enthusiasts Waheed wrote that you have made all of us immensely proud, and we cannot wait to witness the incredible achievements that lie ahead for each one of you.

# J&K wins 2 Gatka medals in National Games



J&K Gatka team after winning medals.

■ STATE TIMES NEWS

JAMMU: Likewise two other disciplines of Rollball and Kalaripayattu, the indigenous game of Gatka, introduced for the first time in National Games, clinched two medals in the ongoing 37th National Games at Goa.

The eight-member J&K contingent returned with

two bronze medals won in individual and team event of Farrie Soti. While promising Prabhjot Kour bagged secured individual Bronze, third place in team event of Farrie Soti came through Simranjeet Kour, Paramjeet Kour, Manjot Kour and Manpreet Kour (reserve player).

The team was accompanied by Harjinder Singh

and Taranbeer Singh as coaches while Ravinder Singh was manager.

Meanwhile, on team's return, the office bearers of Gatka Association of J&K congratulated the medal winners and appreciated the support and guidance from the accompanying officials. They Association hoped for more such achievements in near future.

# J&K wins 4 Kalaripayattu medals in National Games



■ STATE TIMES NEWS

JAMMU: The indigenous sports discipline of Kalaripayattu helped J&K improve the medal tally with four medals won

in the 37th National Games 2023 at Goa.

The Kalaripayattu impressed with medal count of a Silver and three Bronze medals. Dua

Mukhtar clinched Silver in girls High Kick event (above 5.6 feet).

Prince Aaqib Yousuf, Aarizoo Mushtaq and Danish Ali Bhat clinched a Bronze medal each in Boys Kaipporu (50-65 Kg), Girls Kaipporu (50-60 Kg) and High Kick (above 5.6 feet) respectively, details provided by the J&K Kalaripayattu Association informed.

Meanwhile, the Kalaripayattu Association congratulated the medal winners and the coaches for the exemplary performance in the prestigious event.