

# Maharaja Hari Singh Foundation initiates Diwali celebration at DPSs with JKRLM, UMEED

## STATE TIMES NEWS

JAMMU: In a groundbreaking initiative, Delhi Public School (DPS) Jammu, Katra, and Nagbani, under the leadership of Pro Vice Chairperson Kunwarani Ritu Singh, organised a Pollution-Free Diwali celebration focused on sustainability and cultural engagement. The primary objective was to blend traditional and cultural elements into the festivities while promoting an eco-friendly and sustainable approach. DPS collaborated with JKRLM and UMEED Rural Women Organization for a workshop and outreach program, emphasizing "Vocal for Local" and supporting rural women's economic empowerment.

Students from DPS Jammu, Katra, and Nagbani participated enthusiastically in an eco-friendly Diya and Toran making workshop. This eco-friendly Diwali celebration was enriched by the invaluable contributions of trainers from JKRLM and UMEED, who played a pivotal role in guiding and empowering the partici-



Dignitaries along with foundation members and others during the event.

pating students. The intricate art of crafting cow dung diyas was imparted skillfully by Sheela Devi and Reva Rajput from Block Udhampur. Meanwhile, the enchanting skill of creating marigold torans was shared by Madhu Devi hailing from Block Bhalwal.

Elevating the creativity further, the students were adeptly trained in customised toran making by Preeti Devi and Babli Devi from Block Khour. This collaborative effort not only instilled traditional craftsmanship but also promoted sustainable practices.

The young minds showcased their creativity by crafting beautiful diyas and torans using sustainable, eco-friendly materials, aligning with the school's commitment to environmental responsibility.

Parents of the participating students were invited to the event, where they not only witnessed their children's creative endeavours but also supported the cause by purchasing eco-friendly products from stalls run by rural women. Colourful and creative hand-made torans, diyas, home-made mala, and tikis adorned various stalls, captivating the

attention of attendees.

The event commenced with a serene rendition of the Om mantra by students from all three schools, followed by a Ganesh Vandana and cultural presentations by DPS Nagbani students. Kuwrani Ritu Singh, along with students, parents, and teachers, actively participated in encouraging and supporting the rural women's organisation, strengthening them economically.

The momentous occasion was graced by esteem SS Sodhi, Director/PVC DPS Jammu/ Katra Nagbani and

Shruti Uppal, Block Program Manager UMEED, Bhalwal enhancing the vibrancy of the celebration.

In a delightful addition, students presented hand-made Diwali greeting cards to guests, showcasing their artistic talents and spreading festive cheer. Further enhancing the cultural exchange, Khadi-certified curated by PVC Kuwrani Ritu Singh were presented to all guests as a symbol of sustainable and indigenous craftsmanship.

The occasion was enriched by presence of Ruchi Chabra, Principal, DPS Jammu, Meenu Gupta, Headmistress DPS Jammu, Simmi Sharma, Manager Administration of DPS Katra, and Manikarnika Sharma, In-Charge Principal, DPS Katra, contributed to the festive spirit with their esteemed presence. Raj Kumar Verma, the Principal, DPS Nagbani, along with Bhawna Madaan, Headmistress, graced the occasion, highlighting the collaborative spirit among the DPS community.

# SKUAST-Jammu celebrates 'Ayurveda Day-2023'

## STATE TIMES NEWS

JAMMU: Sher-e-Kashmir University of Agricultural Sciences and Technology of Jammu (SKUAST-Jammu) working under the dynamic leadership of Prof. B. N. Tripathi, Vice Chancellor celebrated National Ayurveda Day - 2023 at Krishi Vigyan Kendra, Jammu on Friday. The focal theme for Ayurveda day is 'Ayurveda for One Health' with Tag line 'Ayurveda for everyone on every day' i.e., 'Har din harkisikeliye Ayurveda' focusing on human-animal-plant-environment interface. 'Students from Woman College Parade, Jammu, farmers from districts of Jammu, Kathua, Samba and Udhampur, scientific and non-scientific staff of KVK participated in the celebration keeping in view the three main focal points of Ayurveda Day- 'ayurveda for students', 'ayurveda for farmers' and 'ayurveda for public health'. Dr. Punit Choudhary, Chief Scientist



SKUAST-J officials during the programme.

and Head, KVK, Jammu welcome the participants and given a detailed talk on use of botanicals and manures for enhancing production of food crops. He also highlighted the negative effects of chemical fertilizers and pesticides on plant and soil health.

Dr. Lalit Mohan Gupta, Prof. & Head, Division of Forest Products & Utilization discussed the importance of this day and role of medicinal plants for human and animal health. He encouraged the stu-

dents to take the medicinal plants as a skill course and to go for medicinal plants based startups so that they can provide employment to others too. Students and farmers were also given practical demonstration about the process of vermicompost preparation. Dr. Sheetal Badyal presented the vote of thanks. Dr. Ravneet Kour, Dr. Prem, Dr. Raju, Prof. Usha (Woman College, Parade, Jammu) and Prof. Bindu (Woman College Parade, Jammu) were also spoke during the occasion.

# Div Com reviews preparedness for Viksit Bharat Sankalp Yatra



Divisional Commissioner Jammu, Ramesh Kumar chairing a meeting.

## STATE TIMES NEWS

JAMMU: Divisional Commissioner Jammu, Ramesh Kumar on Friday chaired a meeting of Deputy Commissioners to review the preparedness for upcoming Viksit Bharat Sankalp Yatra in the Districts. The meeting was attended by Director Rural Development Department, Deputy Director Planning and other concerned officers, while Deputy Commissioners of Jammu division, District Urban Local Bodies participated through Video Conference. The Div Com directed DCs to go through the complete pro-

gram shared with them and plan activities accordingly. He also directed DCs to appoint district nodal officers for coordination of activities. The Div Com instructed DCs to establish a control room to synchronize the activities for optimum impact on the ground.

He also asked DCs to review district level arrangements and plan for saturation of schemes in their respective districts.

It was informed that the Yatra will focus on publicity of Government schemes in rural and urban areas.

# DDC Jammu reviews preparations for Viksit Bharat Sankalp Yatra

## STATE TIMES NEWS

JAMMU: District Development Commissioner Jammu, Sachin Kumar Vaishya on Friday mobilised the district administration for the upcoming Viksit Bharat Sankalp Yatra.

The yatra aims to raise awareness about the Government's achievements and promote the scope and benefits of Centrally Sponsored Schemes among beneficiaries.

Senior Superintendent of Police, Dr Vinod Kumar was also present in the meeting.

During the meeting, the DDC stressed the importance of flagship schemes and stressed on the need for effective projection of the same to maximise their impact.

He further urged officers to stay informed about the latest data on beneficiaries and scheme coverage,



DDC Jammu, Sachin Kumar Vaishya chairing a meeting.

stating, "In this era of swift governance, it is pertinent that all officers remain up-to-date and ready for the next stages of services delivery."

As part of the yatra, a Digital Van will traverse panchayats and municipal wards, delivering the Prime Minister's message and

hosting promotional events. The district administration will prepare a comprehensive schedule to cover all blocks and urban areas, with Nodal Officers assigned specific duties for a smooth yatra passage, the DC said.

Prominent schemes slated for promotion include PM SVANidhi,

PM Vishwakarma, PM Ujjwala Yojana, PM Mudra Loan, Startup India, Standup India, Ayushman Bharat-PMJAY, PM Awas Yojana (Urban), Swachh Bharat Abhiyan (Urban), PM Bhartiya Jan Aushadhi Pariyojana, Khelo India for urban areas and for rural areas, Ayushman Bharat-PMJAY, PM Garib Kalyan Anna Yojana, Deendayal Antyodaya Yojana, PM Awas Yojana (Rural), PM Kisan Saman, Kisan Credit Card and Har Ghar Jal - Jal Jeevan Mission.

The meeting was attended by Sub Divisional Magistrates, District Informatics Officer, Sanjeev Kapoor; ACD Preeti Sharma; Chief Planning Officer, Yoginder Katoh; Chief Medical Officer, Dr Harbaksh Singh and District Social Welfare Officer, Mamta Rajput in addition to various district officers.

# Rekha celebrates Diwali with children of Dashmesh Bharati Vidhya Mandir



BJP District President Jammu South Rekha Mahajan along with children and others during the event.

## STATE TIMES NEWS

JAMMU: Diwali, the festival of colors of lights, was celebrated today with great pomp and show in Dashmesh Bharati Vidya Mandir High School, Dashmesh Nagar Digiana in Jammu South in the esteem presence of BJP District President Jammu South Rekha Mahajan along with Councillor Pawan Singh, School Principal Meenakshi Sambyal, teachers, staff members include students partici-

pating in the festival event in the school premises. The event started with Saraswati Vandana and later cultural programmes were presented by children.

Besides the participants, the school staff also took great initiative in glorifying and embroidering the program during the Diwali festival with fervor and enthusiasm. The school was decorated with beautiful Rangolis, Torans, house boards, and diyas. The

day began with a cultural extravaganza where a beautiful cultural program was organized by the kids. An inter-house folk dance competition was also organized and another colorful event of the day was the rangoli competition.

Rekha Mahajan encouraged the students to celebrate pollution-free Diwali in connection

with Diwali. Dashmesh High School organized various competitions like Rangoli making, mehendi, Diya and pot making, card making, etc according to different age groups in its premises. Rekha admired and upgraded the morale of the students including the teaching staff. She noted every class displayed their talent and came up with a lot of innovative ideas which were visible in the designs made by them.

Rekha Mahajan addressed the gathering and underscored the essence of the Diwali festival a celebration of life, sharing of the light of goodness and happiness with each other, and praying for prosperity and happiness of all. She also conveyed the message of a clean, safe, and pollution-free Diwali. She also facilitated the teachers and staff on the occasion.

# Swami Vivekananda Hospital carries out total knee replacement

## STATE TIMES NEWS

JAMMU: The Swami Vivekananda Medical Mission Charitable Hospital Ambphalla Jammu achieved another milestone by operating a patient for total knee replacement in the upgraded modern orthopedic Operation Theater on 6th Nov, 2023. An elderly female patient of 68 years Sureshta Gupta, wife of Kulbhushan Gupta from Resham Ghar Colony, Jammu was suffering from pains in both knee joints for the last ten years and was diagnosed as a case of severe bilateral osteoarthritis. The patient was a known case of Diabetes Mellitus also. Total knee replacement was conducted by senior Orthopedic Surgeon Dr Madan Gandotra in association with



Team of doctors along with treated patient.

Dr Rajesh Gandotra and Dr Sham Jurangal Orthopaedic Surgeons free of cost under Ayushman Bharat Scheme. The patient was anaesthetized by Dr Arun Arora Sr. Anst. Dr Madan Gandotra was assisted by a dedicated team consisting of Dr Tapsy Sharma, RMO, Sahu Khatri, Mohinder Lai OT, Technicians, Parvez Chouhan Male Nurse,

Ashish Kumar DEO, Kesru Ram & Kewal Kumar Nursing Orderlies. Dr Madan Gandotra was highly appreciative of the Management Committee of SVMM and Administrator Dr Romesh Gupta for encouraging him and providing all type of facilities for conducting the surgery and making it successful.

# SAI holds NZ Judo League in Srinagar

## STATE TIMES NEWS

JAMMU: Sports Authority of India (SAI) has decided to hold third edition of the North Zone Khelo India Women's League at Sher-e-Kashmir Indoor Stadium, Srinagar from November 18 to November 21.

The event is being hosted by the Judo Association of J&K under the aegis of Judo Federation of India (JFI).

"Around 500 female Judokas from North Indian states and Union Territories (UTs), of Delhi, Uttar Pradesh, Rajasthan, Haryana, Uttarakhand, Chandigarh, Himachal Pradesh and Delhi are expected to compete in this mega event," informed joint secretary of JFI, Vikas Gupta.

Winners of different weight groups in this event shall be presented handsome cash prizes, medals and certificates by the SAI.

# JIAR celebrates 8th National Ayurveda Day



A section of dignitaries during the event.

## STATE TIMES NEWS

JAMMU: Jammu Institute of Ayurveda and Research, Jammu started a series of events for celebration of 8th National Ayurveda Day 2023 under the theme "Ayurveda for One Health" "Har Din Har Kisi Ke Liye Ayurveda". Dhanvantari Havan was conducted on this auspicious day of Dhan Trayodashi-Dhanteras followed by Shishyapanayana Samskara, Bantalab where 1st Prof BAMS and 1st year MD(Ayurveda) students took oath of a Shishya (student) and tied Mouli.

A programme was conducted where Chief Guest was

Vishal Shoor, SDPO, Domana. Other guests were the members of Vishwa Ayurved Parishad. Prize distribution of the various events conducted under series of 8th National Ayurveda Day celebration in which students were given prizes by the Chief Guest, Suman Sharma, Chairperson, Sain Charitable Trust for Higher Education and Research, Jammu, Ravish Sharma, MD, Japna Sharma, Jasudha Sharma, Dr Nitin Mahajan CEO's of Trust, Dr Sharada, Principal Jasudha Sharma delivered presidential note. The event was concluded with lunch for all.

## STATE TIMES NEWS

JAMMU: Dr Manmeet Singh, Chairman Ranjit Educational Trust Jammu who was Chief Guest for the Diwali occasion at Ranjit Global School (RGS), met students and staff and congratulated them for showcasing the rich traditions and customs of the festival by decorating the vibrant Diyas, Rangoli, greeting cards and sharing the traditional sweets. He also appreciated the class teachers for supporting this initiative and enhancing the cognitive skills of the students. He extended his best wishes to the students, staff and everyone else on the occasion of Diwali. This a wonderful way to make Diwali more eco-friendly and celebrate the



Chief Guest Dr. Manmeet Singh interacting with the students.

festival together. Dr. Baljinder Kour, the principal of the school expressed gratitude to Chief Guest Dr. Manmeet Singh for his visit and inspiring words to the students and staff of Ranjit Global School during the vari-

ous activities on the occasion of Diwali celebrations organized by this school. Its heartwarming to see such appreciation and encouragement for the students and staff efforts during this festive season.

# Vishwa Bharati Public School celebrates Diwali, Children's Day

## STATE TIMES NEWS

JAMMU: Students and staff members of Vishwa Bharati Public School Jammu showed a lot of zeal for celebrating Diwali as well as children's Day. Students participated in various activities like Rangoli, Diya and Toran making.

All the four houses of the school - Satyam, Shivam, Sundaram and Vishwa House made beautiful rangolies. The best rangoli was made by Sundaram House students namely - Sanehi from 9th B, Many from 9th A, Ashmita - 9th B, Manisha from 8th A.

Diya and toran was a part of class room activities. Students talked about the significance of the festival- the triumph of good over evil.

Speaking on the occasion, Madam Principal Annapurna Koul sensitized the students to the ill effects of crackers. She also shared the guideline on being safe



School management members carrying out Diwali Pooja.

while bursting them. Diwali Pooja was done by the school management members Prof. A.N. Sadhu Chairman Academic Committee Vishwa Bharati Women's Welfare Intuition, Dr.S.K Koul, Secretary Vishwa Bharati J&K Units, Yoginder Koul, Member Vishwa Bharati and B.L. Saraf Member Vishwa Bharati, teachers and Students.