

Modi govt ensured benefits to weaker, neglected, oppressed sections: Koul

STATE TIMES NEWS
RAMBAN: Ashok Koul, General Secretary (Org.), Bharatiya Janata Party (BJP), Jammu & Kashmir along with other party leaders addressed the public meeting at Ramban.

Koul was accompanied by BJP District President Ramban Rajeshwar Kumar, Prabhari Puran Chand, DDC Members Rakesh Thakur & Balbir Singh Bali and former district President Ramesh during the programme.

Ashok Koul, while addressing the people, stressed on the increased role of youth in the nation in politics along with their prominent role in



Ashok Koul, General Secretary (Org.), BJP J&K addressing public meeting at Ramban.

leading the nation on various fronts like science, technology, innovation, entrepreneurship etc. He stressed that today, under the strong and

and stressed that this development spree has to be taken forward by the hard working youth of the nation.

"Modi government, in the past nine and half years, has ensured that the weaker, neglected and the oppressed sections get their rights. The Modi government has initiated the public welfare schemes that have provided direct benefit to the needy by weeding out irregularities that were deep rooted in the system earlier", said Ashok Koul and added that the Modi government is determined to continue the benefits to every needy with more public welfare schemes and policies. Ashok

Koul further said that the way the people have been showing the love and mass support to the BJP's programmes in the ongoing "Booth Jan Samvad Abhiyaan", speaks volumes of the people's faith in the party's policies. He also said that this faith and trust has been built on the strong dedication of BJP activists and the unprecedented development under the Modi government. Rajeshwar Kumar thanked the people for their participation in the programme and stressed on the party activists in taking the Modi government's schemes to the masses.

BJP brought about discernible turnaround in J&K's developmental scenario: Slathia

STATE TIMES NEWS
SAMBA: Having been steered out of the difficult situation during the past over four years, former minister and Vice President Pradesh BJP Surjeet Singh Slathia on Sunday said that Jammu and Kashmir is at the threshold of massive transformation with large scale investments pouring in various infrastructural sectors and development getting unprecedented impetus.

"The concerted initiatives will open up vistas of opportunities in terms of jobs, developmental revolution and economic upliftment across the Union Territory", Slathia said while addressing Karykarts during the "Booth Jan Samvad" programme of the party at Mandal Gurha Slathia in the Samba Assembly Constituency.

He said rapid industrialization and infrastructure upgradation is keyword for Naya Jammu and Kashmir under the dynamic leadership of Prime Minister Narendra Modi that has brought about discernible turnaround in the overall scenario across the Union Territory. As per the cherished agenda of Sabka Sath, Sabka Vikas, Sabka Vishwas Sabka Prayas the



Vice President Pradesh BJP Surjeet Singh Slathia addressing Karykarts during "Booth Jan Samvad" programme of party at Mandal Gurha Slathia.

BJP is working towards realizing this vision by ending discrimination and ensuring holistic development of all the regions and sub-regions in a steadfast manner, he added.

Slathia said the BJP is a mass movement, standing for empowerment of the people and support from all sections of the society is the biggest strength that enables it to fight for the just cause of the people and stand resolute in resolving issues confronting them. As a result of sustained efforts, the BJP has emerged as a force to reckon with, he added.

The former minister said the BJP is committed to address the issues of the youth, the marginalized and weaker sections besides women, asserting that the party will ensure to remove the disparity between regions and sub regions perpetrated by the successive governments over decades.

Slathia said the BJP has paved the way for the people to have access to all the privileges, rights and facilities available to their fellow citizens across the country. This was something not known in this part of the country due to wrong policies adopted over the years, he said adding that continued support of the people to the BJP will help in expediting the development and making Jammu and Kashmir part of the country's growth story.

Prominent among those present in the public meeting included Vice President BJP Samba Vijay Singh, Mandal President BJP Brijpal Singh, Sarpanch Jatinder Singh, Tajinder Kour Ex President BJP Samba, Amar Singh, Vinod Singh, Binny Corporator MNC Samba, Vikas Slathia and others.

SSP Mohan Lal inaugurates Shiv Shakti Driving Institute

STATE TIMES NEWS
AKHNOOR: SSP Mohan Lal Bhagat on Sunday inaugurated Shiv Shakti Driving Training Institute in Akhnoor. He was accompanied by councilor Shilpa Mahajan during the inaugural program.

SSP Mohan Lal while addressing the gathering said that the establishment of this center will greatly benefit the citizens of Akhnoor and surrounding areas. Mohan Lal said that road accidents are increasing rapidly in Jammu and Kashmir. In such a situa-



SSP Mohan Lal Bhagat inaugurating Driving Training Institute at Akhnoor.

tion, detailed knowledge of road safety and traffic rules is very important for every driver.

Congratulating Raj Singh, who opened Shiv Shakti Driving Training Institute, he requested that it should be

ensured that whoever comes to the institute to learn driving is given correct and complete information about traffic rules. He also requested the people present at the program not to allow children to drive without a valid driving license. He said that in the present times one should learn driving only from technical experts.

Shilpa Mahajan in her address said that today most of the people in the society know how to drive but it is important that they must have technical knowledge of

vehicles including when and where to use horn, dipper etc. To learn all this, one should learn driving from a registered institute only. She said that today large number of women are driving vehicles who all should get the basic knowledge about the traffic rules and road safety from the institute.

Dayal Singh, Rajinder Jamwal, Anu Manhas, Narinder Singh, Ashish Sarotia, Mohan Singh, Satpal Sharma, Arun, Roshan, Monu Sharma etc. were others present on this occasion.

SSP Samba interacts with Dhalout residents

STATE TIMES NEWS
SAMBA: Senior Superintendent of Police Samba Benam Tosh on Sunday interacted with public at village Dhalout in block Sumb of district Samba.

District Police Chief held interaction with a large number of villagers of village Dhalout and adjoining areas with a view to ascertain their grievances relating to



SSP Samba Benam Tosh along with Dhalout residents.

police, if any. However, people expressed great satisfaction with the working of Police in Samba district.

SSP Samba was accompanied by SHO Police Station Samba Daljit Singh and Chowki Officer Police Post Gouran Sajid Jaral during village tour.

Speaking on the occasion, SSP Samba Benam Tosh assured the people that Police would do even-hand-

Sajjad demands construction of bridge at Chapran Nallah

STATE TIMES NEWS
BANIHIAL: Jammu and Kashmir National Conference (JKNC) leader and district president Ramban, Mir Sajjad Shaheen, has expressed serious concern over the frequent blockade of Sangaldan -Gool road due to continuous landslide and sinking of a portion of road at Chapran, Harog since last many weeks.

During his day long tour to Bajmasta, Sumar, Harog and Sangaldan, Shaheen met various individuals and deputations who appraised him about their day today problems. Shaheen while interacting with the locals assured them that their problems will be taken up with the concerned authorities for immediate redressal.

Shaheen said that due to the blockade of only road linking entire sub division Gool with rest of the district has badly



JKNC leader Mir Sajjad Shaheen during tour to Bajmasta.

impacted the mobility and added to the miseries of the people. He added that people are immensely suffering particularly patients, students and traders particularly during rains.

Shaheen also visited the spot of the landslide and Chapran and brought the matter in notice of the management of BRO the agency that has been assigned the job of maintenance and improvement of the

Chapran as people are facing enormous problems due to frequent closure of the road.

Shaheen also referred to the depilated condition of Digdol-Bajmasta-Sumar road and said that the administration must take up the upgradation and improvement work of the road.

Shaheen has also expressed deep concern over the power crisis in peripheral areas particularly Khari, Trigam, Mahu-Mangit, Sarachi, Neel, Tajnihal, Rumigam, Dhak, Kharwan, Pogal-Paristan, Kunda, Gool, Sangaldan, Harog, Bajmasta, Ramsoo, Ukhrahal, Chamalwas, Chaknarva, Hinjhal, Phago, Thiachi, Nowgam, Tethar, Hinjhal, Sarbagni, Chaka, Amkoot, Sarachi, Indh, Chachwa,

Sumar, Meghdar, Kohli, Deeda and said that unscheduled power cuts have aggravated woes of people in these villages of Banihal constituency. He said that the unscheduled and frequent power cuts continue unabated and people are facing massive inconvenience due to power cuts.

Shaheen also drew the attention of the LG led State administration towards deficiencies in Education, power and Health sectors and sought immediate filling up of vacant posts as also stocking of an adequate quantity of Ration, Cooking gas and other essential commodities available to the people besides stocking of medicines in all the local Health institutions of the district.

Indira created history in world by dividing Pakistan: Ravinder

STATE TIMES NEWS
SUNDERBANI: JKPC Senior Vice President & Chief spokesperson Ravinder Sharma has said that Indira Gandhi had created history in the world by dividing Pakistan and creation of Bangladesh, for which every Indian feels proud.

Paying rich tributes to Indira Gandhi on her birth anniversary today at a meeting of prominent party workers including Mahila congress and youth congress, at Sunderbani, Sharma said that many leaders in the country and world try to copy & match Indira, but they are no match to her, so far, as She remains unmatched-



Congress paying tributes to late PM Indira Gandhi.

able. She was so decisive, bold & daring leader who could divide Pakistan and create a new country besides taking several other bold & timely decisions in the national interests.

Senior Congress leader said

nation are unmatched.

Her decision of nationalisation of banks & abolishing of privy purses of erstwhile Maharajas/ Rajas & several other such decisions were also a very bold & timely decisions which saved people's money & had to lay down her life.

Her political grooming under Mahatma Gandhi, Pt Jawahar Lal Nehru and several other stalwarts of congress was such that she could face every challenge and deal with every difficult situations. As a young leader, she led the Bharat Chhodo Andolan in 1942, when entire Congress leadership was jailed, while few

other so called nationalist were helping Britishers to crush the Congress and defeat the movement.

Block Presidents Nain Chand Sharma & Sdr Ajit Singh, Smt Manju Chadha, Smt Manju Kohli, Vijay Damral, Chuni Lal, Om Parkash, Yog Raj, Govind Sudan, President AYC, Th Hari Singh, Krishan Lal, Tilak Raj, Ashwani Sharma, Nobat Ram, Dr Ved Kukka, Doda Ram, Raj Kumar, Sher Kumar, Harmesh Sharma, Kuldeep Verma, Lok Nath Sharma, Pranab Kohli, Sanjay Kumar, Mani Sharma & several others also attended.

Divya International Foundation organises health check-up camp

STATE TIMES NEWS
POONCH: Divya International Foundation, in association with the Department of Horticulture (P&M), Department of Ayush, and allied departments of Agriculture, organized a free health check-up camp at Sheromani Dera Gurudwara Nangali Sahab Poonch.

The event was held in loving memory of Late S. Gurbaksh Singh and Dr. Dhanwant Kour, and aimed to provide essential healthcare services to the local community.

The camp was inaugurated by AGMO Poonch, Charankamal Singh, and



Foundation members honouring doctor.

witnessed the presence of esteemed medical professionals, including Dr. Mandeep Singh, Dr. Amandeep Singh Sasan, and Dr. Harmeer Singh, who specially traveled from Jammu to support the initiative and provide free medical check-ups.

Residents of Poonch and

Despite allotment of funds, construction of Sharda Mata Temple road not constructed: Priti

STATE TIMES NEWS
UDHAMPUR: Councilor Priti Khajuria visited Ward No.18 and listened to the problems of the residents. People in the area highlighted innumerable problems and alleged that there is the 3 kilometer road leading to Sharda Mata which got sanctioned for construction with Rs. 5.50 crores by PWD under NABARD scheme but funds were misused and diverted for



Councilor Priti Khajuria during visit to Ward No.18, Udhampur.

other works. Interestingly, under rules NABARD funds cannot be diverted and Vigilance department also initiated an inquiry in the matter, said Priti.

Priti further said again R5 7 crore funds have been released by the Govt for Sharda Mata road but now that road is being trying to closed by the forest department and some ban Vihar is being built there. She said that if there is a park in Jakhaini then why there is a need for another park in front of it. To reach Sharda Mata temple, road is more important rather than park.

Local residents present were Rosie Begum, Manzoor Ahmed, Jamal Deen, Nakae Mo, Noor Mohammad, Mohammad Yusuf Ganai, Shaukat Ali, Khalil Malik, Pula Ram, Jagannath, Yasir Ahmed, Ghulam Hussain, Mohammad Aslam, Ibrahim Khan, Ashraf Khan, Shakeel Ahmed, Rafiq Ahmed, Yakub Ahmed, Mohd Yusuf Manzoor Ahmed Qureshi.

Waves of the mind cause sorrow, happiness: Madhu Paramhans

STATE TIMES NEWS
AKHNOOR: Sadguru Madhu Paramhans Maharaj of Sahib Bandagi, while delighting the Sangat with the nectar of his sermons at Sungal Road, Akhnoor Jammu on Sunday said that the waves of the mind cause sorrow and happiness. Fulfillment of desires is happiness and non-fulfillment of desires is sadness. All that is illusory. Whatever happiness there is, it is happiness mixed with sorrow. But you are happy in remembrance. When you meditate, you become free from thoughts.

Wave is not the nature of the sea. The sea is calm. When winds come, waves arise. This is how imaginations arise in the mind and sorrow occurs. Suppose we come up with some idea and if the task is completed then we become happy. And if we imagine that some work has not been completed, we



become sad. The soul has nothing to do with happiness or sorrow in any way. But this mind is fickle 24 hours. Emotions keep rising inside it. But when you meditate, you become calm. You don't have to seek happiness from anywhere. There is happiness in you. Like you get a disease somewhere. If you get sick due to food or drink, weather, cold or heat, you become unhappy. You seek health. In olden times, whenever someone met someone, he used to inquire

about their well-being. First he used to ask whether his health was fine. This health was within you. This way happiness is within you. Where does happiness come from within you? The soul is joyful. There is joy everywhere in the soul. But that joy has been covered by mind and illusion. Why did it happen? Because they want you not to experience the Self. You should experience happiness only from the things of this world. So that you remain entangled in it. That's why the mind takes various resolutions and options and your soul's joy is lost.

How does remembrance bring happiness? There is light in the fire. Don't sacrifice. There is vibration in the air. In this way there is joy in the soul. Because it is a part of God. Happiness is not to be derived from anywhere. If you stop the thoughts and options of the

mind, then happiness is happiness. That's why everyone is saying to concentrate. You have to stay with yourself. Don't stay away from yourself. When you imagine a place, you move away from yourself. You had a fight somewhere on the road. When you started thinking, you reached the road. Meditation reached there. You have become distant from yourself. The pain that was felt at that time, the mind has given that pain again. You went somewhere. There were beautiful views. You were happy with that. When you remember that thing you become happy. It is only because of the waves of the mind that we all are experiencing happiness and sorrow. You have joy. But your mind will never let you experience the joy you have. When you experience the joy within yourself, you will leave all the things in the world.

GPC Ramban organises online webinar on career guidance

STATE TIMES NEWS
RAMBAN: Government Polytechnic College, Ramban organized an online Webinar on "Career Guidance on Financial Wellness enhancement, education & motivation in collaboration with Excellence Global Skill, Training & Development Organization.

As many as 80 students and staff members of the institution registered and subsequently participated in the event.

Jagdish Mane, Corporate Trainer was the resources person for the webinar.

During the webinar, the participants were educated about the aspects of achieving financial wellness by proper planning at the right time, besides discussing various career options in financial planning.

The program was coordinated by Abid Hussain Incharge Trainings under the overall supervision of Principal Er. Vivek Mahajan.

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