### NATIONAL SECURITY

overnment of India formulated a national security strategy through the National Security Council Secretariat (NSCS). A national security strategy is a crucial document that outlines a country's approach to safeguarding its interests and addressing various threats. The fact that India is now working on such a strategy indicates a recognition of the evolving and complex security challenges facing the nation. A comprehensive national security strategy typically involves coordination among various sectors, including military, diplomatic, economic, and social policies. It aims to create a cohesive and integrated approach to address the diverse factors that influence a country's security. The publication of such a strategy will likely enhance transparency and public awareness regarding the government's approach to national security. It can also provide a framework for effective decision-making, resource allocation, and coordination among various agencies involved in safeguarding the nation.

## **Celebration of Cooperative**

Week in J&K UT OMKAR DATTATRAY he Cooperative week is celebrated every year from November 14, to 20 with an objective of highlighting the achievements of the cooperative sector in various sectoral areas and chalking out future strategies of growth based on dynamics of cooperative development in each sector. The 70th all India cooperative week was celebrated in spirit with the theme of dollar 5 Trillion Economy. Like other states and UT's of India, the 70th all India cooperative week was celebrated in Jammu and Kashmir union territory with great fanfare and in this connection various functions and programmes were held across the UT to mark the cooperative week. LG inaugurated 70th cooperative week celebrations in J&K .He said that we are grateful to PM Modi, home minister and cooperative minister Amit Shah for support, guidance in promoting cooperative movement in Jammu and Kashmir. The clarion call of 'Sahkar se Samridhi' revived values, principles of cooperatives , contributing to economic and social development. LG said that cooperatives will play an important role by spearheading the rural development developing critical infrastructure like godowns, cold storage facilities, access to institutional finance, national and international markets to realize the vision of Viksit Bharat @2047.LG launched various new initiatives in cooperative sector . Dedicating the new initiatives to the people , the LG said the onboarding of 537 primary Agriculture Credit Societies (PACS) as common service centres ,169 PACS as PM KisanSamridhiKendras and 25 PACS as Jan-Aushadhikendras will create new opportunities for cooperatives and develop a new business model .He said the launch of Sarhad Tourism Cooperative Ltd .in Uri aims to develop Uri-Boniyar tourism circuit and homestays in order to promote boarder tourism. This new initative will ensure greater engagement and inclusion of vouth in the cooperative movement in J&K .The LG said Unnati Behan Program will focus on women empowerment and train them for selling and developing various products by cooperatives .It will also accelerate administration's efforts to address gender equality in cooperative movement. At the inaugural ceremony ,the LG reiterated the commitment of J&K administration to explore more avenues for cooperatives in diverse sectors and extending its benefits to the population living in rural areas. The other projects launched and inaugurated by the LG are computerization of 537 PACS, Dashboards for Cooperative banks and Societies ,website for 07 cooperative Super Bazzars ,Apple Pulping Unit Plant at Wagoora under Unnati Multistate Cooperatives ,and Global Milk & Food processing unit at Bari Brahamna ,Smart classrooms and Science Labs for several cooperative schools .The LG also laid foundation stone for 60 works under Capex 2023-24 worth Rs 13.45 crore and also dedicated 21 completed projects under CAPEX 2022-23 worth RS 4.54 crore to the people .He also felicitated the members of cooperative societies and released Cooperative departments compendium .Jammu and Kashmir LG Manoj Sinha inaugurated the 70th All India Cooperative Week celebrations across Jammu and Kashmir and launched various new initiatives in the cooperative sector .Different functions and programmes are being held across Jammu and Kashmir union territory during the cooperative week which will focus on the development of the rural areas s social and economic growth is the mission of cooperative movement and the social and economic development and growth of the rural India is being attained with the active support and participation of the general public as the people know it better that their social political and economic destiny will be developed through cooperative movement and hence cooperatives are given much importance as without the role of cooperatives ,the rural India will not progress and therefore it is important to develop cooperative movement so that real India which resides in villages will be developed. Various programmes are being organized and held across the Jammu and Kashmir union territory to mark and celebrated the 70th cooperative week with the active cooperation and participation of the general public and these functions and programmes will result in the development and growth of India as the rural India will develop as the real India resides in villages and unless and until villages are not developed, no development of India will be possible and thus stress is laid on the development of rural India with the active involvement of the people and their representatives. The aim of celebrating the cooperative week is to make people aware about the role of cooperatives in the progress and development of the rural India and through celebrating of the cooperative week emphasis is laid on the development of rural India as without the development of rural India, the mission of developing India and making India as a developed nation by 2047 will merely remain a pious dream and will not materialize and therefore it is mandatory and imperative to give due and proper thrust to the growth and development of India and for this cooperative movement needs to be strengthened . For this various new initiatives are being devised to altar the ground situation so far as the development of rural India is concerned. With this end in view the cooperative movement needs to be strengthened so that in actual the people in the villages will get the fruits of India's development otherwise the developmental journey will be lopsided and thus we should focus on the development of rural India for the real development of the country. This can be done through revitalizing the cooperative institutions and cooperative societies in the country including the Jammu and Kashmir union territory . Therefore proper attention needs to be paid to the development of cooperative institutions so that they become real agents of economic and social change in order to benefit the people especially in rural areas .Thus the government of our UT should focus on the imperative of cooperative movement to harness the growth potential of the rural economy so that the people in rural areas will benefit from cooperative schemes .Let the cooperatives become the real engine of growth and development of the rural India in order to develop economy of India as the real India lives in villages. Therefore without wasting time and energy, the administrators ,planners and executors of the country should focus on the cooperatives so that through the cooperatives ,the country will be in a position to harness the development of the country particularly of the rural India .Let the cooperative movement and cooperative institutions become real engines of

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growth and development of the economy especially the rural

# Happiness of the kids on Universal Children's Day

#### MOHAMMAD HANIEF

hildhood is a universal experience. something Jevery adult across the world has gone through. For many, childhood is a time we are nostalgic for. It's a time of curiosity, imagination, exploration and incredible development. For many of us, a special adult helped us to learn and grow as children and led us to love learning. For some, it was a great teacher or wise neighbour. Others had parents, grandparents or other relatives who encouraged them to be curious and study hard. Even if your childhood wasn't easy, you probably had at least one inspirational adult in your life who encouraged you and was a role model.

Unfortunately, not everyone a good childhood. Proportionately, more children live in poverty than adults. 19.5 per cent of the world's children live in extreme poverty, and even though children are only one third of the global population, they are half of the poor. Around the world, many children live without access to clean water, enough food, or decent healthcare. Others live in extremely dangerous places and some are forced to join armies to fight wars they don't under-

Over 120 million children do not attend school and even those who do are not always learning: two out of five students leave primary school not knowing how to read, write or do basic maths. Even those who may have happy memories of childhood did not necessarily have an easy life as a kid. Children are dependent on the adults in their life for support, and not all adults treat children well.

Even though every day is, or at least should be, a day to nurture celebratechildren, Universal Children's Day is celebrated as a special day around the world on November 20. In 1989 the United Nations Convention on the Rights of the Child - a 54-item list describing the universal rights of children was signed. This document came out of the work of a lot of experts and representatives from many nations who met to create a child-specific version of the Universal Declaration of Human Rights that was signed



in 1948. The Convention on the Rights of the Child is the most widely and quickly signed treaty in history, meaning it was quickly adopted into the civil codes of most countries around

Universal Children's Day 2023 is a global observance that celebrates and promotes the rights and well-being of children worldwide. It serves as a reminder of the importance of ensuring that every child has the opportunity to grow, learn, and thrive in a safe and nurturing environment. Since its inception, Universal Children's Day has been an opportunity to advocate for children's rights and promote awareness of the challenges and opportunities facing children worldwide.

Universal Children's Day is a United Nations (UN) initiative that emphasizes the fundamental rights of children. It was established to promote and protect children's rights as outlined in the UN Convention on the Rights of the Child. These rights include the right to education, health, protection, and participation in decisions that affect their lives.

Celebrating Universal Children's Day involves activities and initiatives that promote the welfare and rights of children. Organize workshops, seminars, or educational events that raise awareness about children's

rights and the importance of quality education. Advocate for policies and actions that protect and support children's wellbeing, including access to healthcare, nutrition, and safe

Contribute to organizations that work to improve the lives of children through education, healthcare, and social programs. Encourage children to express themselves through art. music, and creative activities that celebrate their talents and voices. Ensure that all children, regardless of their background, have equal opportunities and access to education and

Mothers and fathers, teachers, nurses and doctors, government leaders and civil society activists, religious and community elders, corporate tycoons and media professionals, as well as young people and children themselves, can play an important part in making World Children's Day relevant for their societies, communities and nations

Children's Day in India is also popular as 'BalDiwas' and is celebrated every year across the country on November 14. This day honors the birth anniversary of India's first Prime Minister, Jawaharlal Nehru, broadly known as 'Chacha Nehru'. Nehru was a major advocate of children's education and rights. He had confidence in an inclusive education system and that a country could succeed. His vision focused on children being the future of the nation and the foundation of society. In 1955, he established the Children's Film Society India to give a platform to the issues of children.

In the year 1948, Children's Day was first marked as "Flower Day" on November 5. It was an effort by the Indian Council of Child Welfare (ICCW) to gather funds for the Unified Nations Appeal for Children (UNAC) through the offer of "flower tokens." Later, in 1954, Nehru's birthday was first celebrated as Children's

The importance of Children's Day lies in its significant emphasis on recognizing the importance of a protected and healthy childhood. It fills in as a reminder that childhood isn't simply a stage but a foundational period that shapes people and, thus, the general public they contribute to.

It promotes the privileges of kids as well as highlights the requirements for their general prosperity, including education, nourishment, and a safe family environment. The festival fills in as a societal reminder to protect the innocence and capability of children, considering them as the future leaders of our

Children's Day is observed by the tone of affection, gifts, and spoiling of students. Teachers in schools sort out special projects and performances for students which additionally incorporate contests, for example, debating, painting, quizzes, singing, and dancing. As a part of the celebrations, the exchange of gifts like books and cards additionally happens among students.

As universal Children's Day was created to change the way children are viewed and treated by society and to improve children's welfare. Universal Children's Day is a day to advocate for and champion the rights of children. Children's rights are not special rights or different rights. They are fundamental human rights. A child is a human being, entitled to be treated as one and should be celebrated as such.

Millions of children throughout the world live in extreme poverty. The children are often deprived of medicine, education and shelter. Many live without access to clean water. They are unprotected and oppressed, starved of affection and opportunity and trapped in a cycle of disadvantage passed from one generation to another, if they're able to survive past childhood.

Since the Convention on the Rights of the Child was adopted, the global mortality rate for children under five years old has been cut in half. The world community is beginning to give its best to children. It's improving the odds for every child, giving them a chance to rise above disadvantage and discrimination, to push past predators and abuse, to fight off disease, ignorance, malnutrition and shame so they may live up to their fullest potential.

There is a lot to be done to make the world a safer, more supportive place for children. The good news is, you're an adult and you have the power to influence the next generation in the most wonderful way. Start by explaining the Rights of the Child to the children in your life. Let them know that they, just like all human beings, have rights. Help a child learn to love learning, so they can become a motivated adult just like you.

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# Today we win hearts, tomorrow we will win the cup again

### It's like the cycle of birth and death; defeat seems like victory. Fought bravely, if not today then tomorrow

### ■ DR SATYAVAN SAURABH

inning hearts is more important millions of hands are with you, they will been good throughout the World Cup. It ing excellent performance. You continudoesn't matter if we don't win the final. V not over. You live 45 days out of 46 days. Our Indian team won 10 matches in the 2023 World Cup and today 140 crore Indians are heartbroken after losing the final. That's how we won two cups. We will work hard again in 2027 and we will win. There is always victory and defeat. But the performance of the Indian team has been good throughout the World Cup. It doesn't matter if we don't win the final. Then we will win further. Love to you boys in blue T-shirts. This heart will beat only for the Blue Boys every time. Many congratulations to our Indian team for continuously showing excellent performance. You took India forward with zeal and enthusiasm by continuously playing a brilliant game. We can't see our players crying. Stop these tears. In the game one team wins, and the other loses. Today was not the day of the Indian team. Tomorrow our day will return. What if you lose today? Australia also lost last time. Then we will prepare well for the coming World Cup. Now resolve to face just one defeat, we will take revenge every time from now on. A lot was learned from this defeat. Be patient, our team is very brave. You pledge that now we will deal with anyone at any cost. Will win again tomorrow.

Success is a public celebration, while failure is a personal mourning. This was written by Thomas Jefferson. That's why Captain, it's not tears, it's emotion, let it out, let it flow, that dilemma will continue to torment you and me for many vears. I have heard that crying together is like lightening the heart, but remem-

den in defeat, no matter how brilliant you played, the day of the final was bad for everyone. Too bad but remember it will be morning again tomorrow. A new morning, new lights. We will wait for you all again. After some time, expectations will be raised again, then there will be applause and noise, this is religion. This is the game. Cricket is also the same, whoever has a good day, wins. Whoever has a bad day is defeated. Then a day will come when we will win.

Winning hearts is more important than winning the cup. Cricket is not over. You live 45 days out of 46 days. Our Indian team won 10 matches in the 2023 World Cup and today 140 crore Indians are heartbroken after losing the final. That's how we won two cups. We will work hard again in 2027 and we will win. Before the match, our captain had said in the conference that one mistake could cost us dearly, and in the final, Shubman Gill made the mistake and the second mistake was made by Shreyas Iyer and Survakumar Yaday. What if you lose today? Australia also lost last time. Still, we will prepare well for the coming World Cup. Be determined now with just one defeat. We will take revenge for this every time in the future. Keep two or three all-rounders in the team. Learn to control your mood and pressure. Avoid famine. This pain scratched a 20-yearold wound but this defeat taught us a lot. Be patient, our team is very brave. You pledge that now we will deal with anyone at any cost. Will win again tomorrow.

There is always victory and defeat. But

Then we will win further. Love to you boys in blue T-shirts. This heart will beat only for the Blue Boys every time. India got a lot of fame till the semi-finals, but is it true that they have lost the final, let's defame them. It is not right to be the companion of happiness only. Sometimes someone is cursing the team. sometimes someone is cursing the guests who reached the stadium. If you are a true Indian then stop cursing and stand with your country and team. Lost the final. The whole country is sad about this. But we were more saddened to see our players crying. Victory or defeat is a matter of fate. Keeps happening. Some lose and some win. Don't lose heart in this. Don't be discouraged. The country is with you in every situation. The country was with us in victory as well as in defeat. You are the pride of the country. The country is proud of you. All the players played very well. It has been a great journey in all the last matches. This excellent performance of yours will always be recorded in the golden pages of the cricket world. You have lost the match, don't lose courage. We will wait for time. Will win the World Cup next time. really-

Whether in defeat or victory, I am not the least bit afraid.

Whatever is found on the path of struggle is also good.

Sometimes the 'destination' is just a step away.

But reaching the top is no less. The biggest victory is the spirit of sportsmanship. Many congratulations to

ber, the whole country The blessings of the performance of the Indian team has our Indian team for continuously showasm and excitement by playing the game brilliantly. We can't see our players crying. Stop these tears. In the game one team wins, and the other loses. Today was not the day of the Indian team. Tomorrow our day will return. What happened was that they lost a match. All is not lost vet, the Indian cricket team's unprecedented performance in the World Cup, willpower, passion and spirit for the game should continue in the future. We will win the world next time under the leadership of Sharma Ji. Winning and losing is part of the game. What matters is whether you played your part wholeheartedly or not. Now that the team has lost, people have started trolling and will do so in the future too but I know what the players are going through. Will find faults in the game but my heart is breaking after seeing all this. My prayers are for all the lovely blue t-shirt guys, the world will remember your World Cup journey. Not today, we will win tomorrow, we will become world champions, we are with the Indian team. It happens only in sports that a team has everything good and loses. Team India has lost the final. If the team had not been strong, it would not have reached the final. Heart is sad but courage is strong. At this time the entire country should support these players. Only then will the mind get support. You all have won the hearts of crores of sports lovers with your brilliant performance in the Cricket World Cup 2023. Those who lose today will win again tomorrow. The entire country is proud of the Indian cricket team.

### YOUR COLUMN **Harmless Plastic**

Scientists in Japan developed a new version of plastic that is not only stronger and more flexible than traditional versions, but is also partially biodegradable. Apart from this, its structure is so complex that even after heating it does not get spoiled for a long time. Due to the destructive impact of plastic on the environment, scientists around the world have been working for a long time with the goal of making ecofriendly alternatives to traditional plastics. In this episode, scientists from Tokyo University has successfully created this plastic, which is based on epoxy resin 'Vitrimer'.

Vitrimers are a relatively recent class of plastics that are known for their impressive strength at low temperatures, while also having the ability to be reshaped multiple times when exposed to higher temperatures. Scientists incorporated a molecule called polyrotaxane into the 'plastic synthesis process' to make the plastic more effective, resulting in a new plastic variant, which they have named VPR., VPR is the abbreviation for 'Vitrimer incorporated with polyrotaxane'. At low temperatures the strong internal chemical joints of this plastic retain their rigid shape, but as the temperature increases (up to about 150 °C) these joints begin to regroup. allowing the plastic to take different forms. Takes it. Apart from this, when plastic is heated and chemicals are applied on it, it easily breaks down into its components. During the test, when this plastic was immersed in sea water for 30

days, 25% of it Percent biodegradation occurred, with the polyrotaxane breaking down into a potential food source for marine life. This plastic is five times more resistant than a typical epoxy resin vitrimer. It can also repair itself 15 times faster, regain its original shape twice as fast and can be chemically recycled 10 times faster than normal vitrimer. It also biodegrades safely in marine environments, which is new for this material. plastic It harms the environment in many ways. Along with air, water and land pollution also occurs on a large scale due to plastic. Plastic does not get destroyed for many years, due to which groundwater is not recharged, due to which the environment has to suffer damage. In such a situation, these steps of scientists can make the use of plastic effective across the world.

Vijay Garg