

IIM Jammu observes Vigilance Awareness Week promoting ethical governance and transparency

■ STATE TIMES NEWS

JAMMU: The Indian Institute of Management Jammu (IIM)Jammu observed the Vigilance Awareness Week from October 30 to November 5, 2023, fostering a culture of integrity, ethical governance, and transparency at the Institute.

This year, the theme of the Vigilance Awareness Week is 'Say No to Corruption; Commit to the Nation'.

The week-long programme aimed to raise awareness about the importance of vigilance and to encourage collective efforts to combat corruption.

The session began with the inaugural address by Shailesh K Lohiya, Chief Vigilance Officer (CVO) and Librarian, IIM Jammu who mentioned in detail about the importance of ethics in an organization and urged the faculty, officers, staff members and students to make integrity a part of their daily lives by being vig-



Dignitaries taking pledge during the programme at IIM Jammu.

ilant to fight corruption and contributing to the nation at large.

The integrity pledge was administered on this occasion by all the faculty, officers, staff and students at the Institute.

He urged the faculty, officers, staff and students to incorporate integrity, honesty and sincerity as a part of their daily routine for

creation of an enlightened society thereby paving the path for a corruption free society.

He also reiterated to everyone to constantly work in the interest of the people and the nation.

Prof. B.S. Sahay, Director, IIM Jammu, delivered a thought-provoking address, reaffirming the institute's commitment to ethical and transparent practices in all its endeavours.

He mentioned that everyone should join hands to meet the objectives of Govt

by taking corrective actions wherever possible to fight any form of corruption and setting an ideal example transparent system of functioning.

Cmdr. Kesavan Baskaran (R), Chief Administrative Officer (CAO), IIM Jammu, addressed the gathering and underscored the role of vigilant administration in upholding the institution's reputation and values.

He reiterated the need to have preventive measures in place for fighting corruption at all levels and thereby instilling transparency and accountability in the overall

functioning.

Dr. Mahesh Gadekar, Chairperson of the Centre for Diversity and Inclusion and Centre for Small Business Development Units (SBDU), IIM Jammu, shed light on the involvement of students in such a crucial discourse and thereby nurturing the next generation of responsible citizens and leaders.

Students of IIM Jammu also took the stage to share their perspectives on vigilance, ethics, and the role of the youth in shaping a transparent and accountable future.

The programme culminated with the National Anthem, symbolizing unity and the collective commitment to fostering a corruption-free society.

The week's activities aimed to create a vigilant, informed, and proactive community that will work together to prevent corruption and promote good governance.



Our strength is rooted in our policy of truthfulness, public support: Bukhari

■ STATE TIMES NEWS

SRINAGAR: Apni Party President, Syed Mohammad Altaf Bukhari, on Sunday, underscored that Apni Party's strength is deeply rooted in the integrity of its leadership and the overwhelming support of the public.

He made these comments while addressing a massive public rally in the Wanabal Rawalpura area of Srinagar's Chanapora constituency on Sunday.

Addressing the rally, Bukhari shed light on Apni Party's core objectives and said, "Apni Party's strength is deeply rooted in the integrity of its leadership and the overwhelming support of the public."

Taking a dig at traditional political parties and their leaders, Bukhari said, "The past seven decades of history bear witness to the fact that our traditional political parties, primarily the two family-based parties, either chose to remain silent or fled when people needed them the most. They did the same in 1990 during the outbreak of violence and repeated it after August 5, 2019."

"However, when it comes



Apni Party President, Syed Mohammad Altaf Bukhari addressing public rally at Wanabal Rawalpura area.

to grabbing power, the same parties would come to allure people through deceptive slogans like 'Raishumari,' 'Autonomy,' self-rule, and so on. They have always deceived and misled people through deceptive and emotional sloganeering to gain power and remain in power," he added.

Apni Party President urged people to put an end to the political exploitation by traditional parties and said, "Come elections, they will once again approach you with alluring and deceptive slogans because they need your votes. It is your responsibility not to allow further exploitation. I appeal to you to join hands with Apni Party for the political and economic

empowerment of J&K's people. We will never mislead you, as we do not believe in fake promises and deceptive slogans. We are focused on attainable goals, ensuring peace, prosperity, and development for this land and its people."

Bukhari said, "It is painful to witness that people are being picked up every now and then. This practice must be stopped so that people can live peacefully." He also criticised the recent government order prohibiting government employees from resorting to protest or joining demonstrations for their legitimate demands. He termed the government directive in this regard as "unconstitutional" and "undemocratic".

E-bus facilities change entire scenario in Srinagar City

Long pending demand for night transport service resolved: Commuters

■ MASROOR AHMAD

SRINAGAR: The long pending e-buses project has been successfully launched in Srinagar.

The fleet of e-buses, formally launched by the Lieutenant Governor Manoj Singh for the City last week, are plying on routes with a fixed schedule. The air conditioned e-buses with CCTV cameras, procured under the Smart City Project, have digital on-boarding facilities and live tracking so that people can be aware of arrival timing of the buses.

Local residents of the Srinagar City welcomed the move as the commuters were facing a shortage of transport facilities in the morning and evening hours.

Commuters from the City



had submitted memorandum to the higher authorities several times to facilitate them with public transport, as they were suffering due to lack of public transport facilities, especially during the winter season.

On the other hand, the Transporter Association is anguished over the e-bus service in Srinagar, saying the e-bus

operation can prove to be disastrous for the public transport companies and many people associated with these will lose their jobs.

"We told the administration several times that the e-bus service cannot be helpful to the people and it is gross injustice to the transporters," the Transporter Association added.

Speaking to STATE TIMES, commuters, however, rejected the Transporters Association's claims.

"We have been repeatedly

requesting the administration for night bus service and proper public transport service as residents of Srinagar City, particularly women and students, are facing difficulties due to non-availability of public transport," one of the commuters said, adding that the transporters never paid heed to the demand of the common man and they were working as per their wishes.

Many people said that when the administration is providing us the best services and if the Transporters Association woke up now, the people will not pay attention to them.

In Srinagar, 49 buses of the fleet are playing till the charging facility comes up at two more places. According to an official, "We have a charging facility at Batwara Srinagar 32 buses can be charged; we need more charging facilities at Batmaloo and Hunhama, may

be more", he said.

According to officials currently, 75 e-buses are available and 25 more are being added.

These buses are expected to change entire system that has not seen any intervention in the last many years. This bus fleet will connect Srinagar with Budgam district as well. There is a possibility of a service to Ganderbal later.

Electric buses, as a means of public transport in the City, will be a great advantage, both economically as well as environmentally, concludes a study by the Indian Institute of Science, Banghuru. The researchers calculated that annually over 25 tonnes of carbon dioxide emission can be saved if just a single diesel bus is replaced by an electric bus. Further average profit earned per day, considering 93 days operation, was Rs 10,393 for the e-bus and Rs 5,692 for a diesel bus.

Sharad Mahotsav culminated in grand spectacle at Panjvaktra Mahadev Mandir



Netra Tickoo being awarded first prize in vocal category at Sharad Mahotsav in Panjvaktra Mahadev Mandir.

■ STATE TIMES NEWS

JAMMU: Sharad Mahotsav, first of its kind, ever in Jammu, culminated in a grand spectacle on Sunday at Panjvaktra Mahadev Mandir.

The Mahotsav based on classical devotional music comprised Bhajan Sandhyas by acclaimed artists of national repute; and musical contest (vocal and instrumental) for youth in the age group of 16 to 23. The Mahotsav commenced on Friday, 3rd November 2023, with recitation of Ganesh Vandna by Vidyanthis, residing in the Mandir. Acclaimed artists Radha Rani from Rishikesh and Dr Roshni Shaminotra from IMFA, commenced the Mahotsav with their soulful rendition on the first day.

On Saturday, Dharmesh Nargotra, celebrated artist of national repute, along with his disciples, brilliantly took the devotees soaring along the ecstatic spiritual bliss with intricate musical notes, displaying adept mastery over the art of devotional music. He was also ably accompanied by his son Aarav Nargotra on guitar. Suraj Singh, well known classical singer, on Sunday performed on the grand finale day taking the Mahotsav to another level.

He enchanted audience with devotional bhajans, transposing devotees to sublime level of spiritual transcendence.

The accompanist Amarjeet Singh on violin, Parshotam Kumar on Pakhwaj, Rakesh Anand on flute, Vinay and Anit on Tabla generated a perfect synergy with singers, in the Mahotsav, elevating performances to soothing mystical experiences. It was a mesmerising experience for everyone present in the audience. While, in the musical contest talented young artist from Women College Parade, Institute of Music and fine Arts and other institutions took part in the contest. The participants participated in Sanjeet Pratiyogita during the Mahotsav include Simran Sharma, Dheeraj Kumar, Ritisha Manhas, Poojan Kumar; Netra Tickoo, Rahul Mangotra, Nirmal Kumar, Arpana Kumar, Nirmal Sharma, Umika Sharma, Shriya Gurtoo, Simran Gurtoo, Mahima Chibbar; Rajni Devi, Danish Verma. Hilal Farooq, Sobia Kouser, Harman Kour and Komal Mangotra. Everyone in the audience deeply appreciated marvellous performances of talented contestants. Netra Tickoo was awarded first prize in vocal classical, while Harman Kaur was awarded first prize in instrumental category. Nirmal Kumar was awarded second prize in vocal classical and Sobia Kouser was awarded second prize in instrumental category. The third award was awarded to Shriya Gurtoo in vocal classical, while Danish Verma was awarded third award in instrumental category.

Acclaimed and nationally renowned Artists Seema Anil Sehgal, Amarjeet Singh, Ashutosh Magotra and Pankaj Pradhan were Jury members to adjudicate.

Jury profoundly appreciated the abundance of talent available in the Jammu region.

Sharad Mahotsav in Panjvaktra Mahadev Mandir, has created a unique position in the art, cultural and spiritual landscape of Jammu and has established Mandir as an authentic platform for performing artists.

A large number of Sangat, from the Mandir and music lovers from the city, gathered at the ancient Mandir; to flow in the spiritual ecstasy, creating a history of the sort.

Diabetic Heart: unaddressed and hidden issue: Dr Sushil

■ STATE TIMES NEWS

JAMMU: In view of the increased prevalence of diabetes and India becoming the diabetes capital of world and its association with cardiovascular ailments Head Department of Cardiology GMCH Jammu, Dr Sushil Sharma held a day long cardiac awareness Cum health Check up camp at Shri Ram Mandir, Nanak Nagar Jammu with main concern to educate the masses about preventive measures for diabetes and how it affects the heart and blood vessels thereby increasing the morbidity and mortality.

While interacting with the people, Dr Sushil stated that the incidence of diabetes mellitus (DM) continues to rise and has quickly become one of the most prevalent and costly chronic diseases worldwide.

A close link exists between DM and cardiovascular disease (CVD), which is the most prevalent cause of morbidity and mortality in dia-



Head Department of Cardiology GMCH Jammu, Dr Sushil Sharma examining patients.

betic patients. Cardiovascular (CV) risk factors such as obesity, hypertension and dyslipidemia are common in patients with DM, placing them at increased risk for cardiac events.

In addition, many studies have found biological mechanisms associated with DM that independently increases the risk of CVD in diabetic patients.

Therefore, targeting CV risk factors in patients with DM is critical to minimize the long-term CV complications of the disease.

This increased risk of CVD mortality in diabetic patients

is found in both men and women. The relative risk for CVD morbidity and mortality in adults with diabetes ranges from 1 to 3 in men and from 2 to 5 in women compared to those without DM.

He elaborated that both type 1 diabetes and type 2 diabetes are independent risk factors for cardiac ailments. Moreover, myocardial ischemia due to coronary atherosclerosis commonly occurs without symptoms in patients with diabetes.

As a result, multi vessel atherosclerosis often is present before ischemic symptoms occur and before treat-

ment is instituted. A delayed recognition of various forms of CHD undoubtedly worsens the prognosis for survival for many diabetic patients.

One reason for the poor prognosis in patients with both diabetes and ischemic heart disease seems to be an enhanced myocardial dysfunction leading to accelerated heart failure (diabetic cardiomyopathy).

Thus, patients with diabetes are unusually prone to congestive heart failure. Several factors probably underlie diabetic cardiomyopathy: severe coronary atherosclerosis, prolonged hypertension, chronic hyper-

Former CMD J&K Bank felicitates Nishant Bali for winning medal in 37th National Games

■ STATE TIMES NEWS

JAMMU: R K Chhibber, Director and former CMD J&K Bank on Sunday felicitated Nishant Bali on winning the bronze medal in the 37th National Games Goa in (Netball) and representing Jammu and Kashmir under the guidance of Akash Batra (Coach) J&K Netball Association.

"It's a great achievement, and I congratulate him for success," Chhibber said. "In a remarkable display of skill and determination, the Netball team of J&K has achieved a historic milestone by securing the first medal for the region at the 37th National Games. This achievement is a testament to the relentless efforts of the team and their dedication to the sport."

Chhibber said. "In a remarkable display of skill and determination, the Netball team of J&K has achieved a historic milestone by securing the first medal for the region at the 37th National Games. This achievement is a testament to the relentless efforts of the team and their dedication to the sport." Chhibber said. Under the exemplary leadership of Akash Batra, a Sher-i-Kashmir awardee and the team captain, the J&K Netball Team exhibited outstanding sportsmanship and teamwork throughout the tournament.



R K Chhibber, Director and former CMD J&K Bank felicitating Nishant Bali.

Farmers, border people, refugees suffer under BJP: Bhalla

■ STATE TIMES NEWS

RAMGARH: JKPC Chief Vikar Rasool Wani has said that BJP government at the centre and UT administration is afraid of the peaceful protests of it's own employees and put a ban on their democratic rights to seek timely release of their salary and GPB besides other dues of their hard work & termed it most undemocratic.

Addressing a Congress rally at Ramgarh assembly segment in Samba dist today, Vikar lashed out at the BJP for the worst sufferings of each & every section of society due to misgovernance on various fronts, for more than nine years.

AICC Secretary Co-Incharge J&K Manoj Yadav, Working President Raman Bhalla, Senior Vice President Ravinder Sharma, Vice President & former minister



AICC Secretary Co-Incharge J&K Manoj Yadav along with senior leaders during the programme.

Yash Pal Kundal, former minister Gurbachan Kumari Rana and also attended & addressed.

Addressing the gathering AICC Secretary Manoj Yadav lashed out at the dictatorial mindset of BJP and accused it of destroying the democratic atmosphere in the country by its policies of vendetta.

Raman Bhalla said that the people of border area are under continuous fear of Pak shelling and are great suffer-

ers of the government neglect. They gave several sacrifices on the border and in the army and defended the nation but face hardships in agriculture activities but the government has failed to hold special recruitment for their wards.

He said most of them are refugees of 1947, 1965 & 1971 but BJP betrayed them by not sanctioning the full package framed by congress government in 2014.

He said that unemployed youth are most frustrated due to lack of job opportunities while outside people are taking over here the private sector.

Ravinder Sharma hit out the BJP's anti farmers and anti poor besides anti youth & anti employees policies. Whenever election are held, BJP will face the consequences but BJP people have glued to the chairs & not holding elections so far.