Activity fest for Prep Wing held at JKPS Panjtirthi



STATE TIMES NEWS

JAMMU: JK Public School (JKPS) is a school with a difference as it has multifaceted school curriculum which includes literary

ties and meaningful academics for the holistic development of the chil-

Exuberating, motivating which includes literary , engaging and encouraging like worksheet competiactivities, physical activities are the best words to tions on various themes,

the Saturday describe activities which is a regular part of the curriculum of JKPS Panjtirthi.

An array of activities

look and speak, Show and tell, colour the healthy food, etc were organised to enhance child's vocabulary pronunciation, fluency, knowledge confidence, to build their scientific tem-

perament, to inculcate creative expressions, reflective thinking, observation power, logical reasoning, to strengthen their values and to remove stage fear.

students in such activities actually improve their brain function, enhance and development their physical skills, comprehension skills, communication skills and time management skills. Each child spoke on the mike as per the theme of activity allotted.

The Principal of JKPS Panjtirthi, Suman Banbah said, "To give real service to society we always add some-

thing to our curriculum, which cannot be bought and measured with money. JKPS provides the greatest platform to students for recreation , rejuvenation

LG presents Certificate of Excellence award to Para Archers Sheetal Devi, Rakesh Kumar, Coach, Abhilasha Choudhary



Lt Governor Manoj Sinha presenting Certificate of Excellence to Para Archers Sheetal Devi, Rakesh Kumar and Coach, Abhilasha Choudhary.

STATE TIMES NEWS

Governor Manoj Sinha interacted with the Para Archers Sheetal Devi and Rakesh Kumar at Raj He also honoured the

Abhilasha Choudhary Bhandari, Principal Secretary to Lt Governor, Anshul Garg, Bhawan on Wednesday. CEO, SMVDSB also graced the occasion.

prodigious Para Archers, the Lt Governor said their outstanding performance at 4th Asian Para Games held in Hangzhou, China have inspired the youth and the entire Union Territory is proud of them for bringing glory to the nation.

The Lt Governor said the strong winner's instinct of Sheetal and Rakesh will popularize robust sports culture in J&K.

The Lt Governor also support staff of Academy for remarkable contribution to promotion of sports in the Union

JKCA's Chitra Singh in North Zone Women's T20 squad ■ STATE TIMES NEWS

JAMMU: Consistency and display of skills in all the departments of the game departments of helped Jammu and Cricket Association's (JKCA's) talented all-rounder Chitra Singh Jamwal to seal berth in the prestigious North Zone Women's T20 squad for Inter-Zonal Championship scheduled to be held from November 24 to December 4, 2023 at Lucknow, Uttar Pradesh.

The selection meeting was convened by Haryana Cricket Association in the



Anirudh Chaudhary and the members of Senior Women North Zone Selection Committee including Ms Amita Sharma (Delhi), Ms Poonam Bharadwaj (Haryana), Ms Surabhi Dadheechi (J&K), Ms

Gurdeep Kaur (Punjab), Ms Richa Sehgal Chandigarh, Mr Surender Mehta (Himachal Pradesh).

Chitra was part of J&K's Senior Women's T20 squad in the recently concluded BCCI's Senior Women's T20 Trophy, wherein she performed very well with both the willow and the ball as well.

She scored around 150 runs in 6 innings' with 4 thirty plus scores and captured 9 wickets in 5 innings' in the league phase of the tournament.

Her 3/24 against strong Madhya Pradesh and 3/21

against Hyderabad were her Verma and Tanya Bhatia. best figures in the tourna-It is pertinent to mention

here that Chitra, a toporder batter and a medium pace bowler, had also performed well in the JKCA practice matches played against formidable sides of Himachal Pradesh and Chandigarh at home prior to the official tournament.

Chitra will be rubbing shoulders with the likes of International cricketers like Shafali Verma, captain of North Zone squad; Harleen Kour, her deputy; Sushma

Pacer bAmanjot Kaur and U-19 stars Sehrawat, Kashvi Gautam and Mannat Kashyap are also part of the 15-member squad. SQUAD: Shafali Verma

(Captain), Harleen Kour, Shweta Sehrawat, Parushi Prabhakar, Sushma Verma (WK), Tanya Bhatia (WK), Amarjot Kaur, Kashvi Gautam, Neelam Bisht, Mannat Kashyap, Parunika Sisodia, Chitra Singh Jamwal, Amandeep Kaur, Suman

Climber Shivani leaves for Indonesia with Certificate of appreciated efforts of Lieutenant Shri Mata Vaishno Devi Excellence. Dr Mandeep **STATE TIMES NEWS** Shrine Board, coaches, Kumar

JAMMU: Shivani Charak of J&K, a top ranked sport climber of India, left today for Indonesia to compete in the Olympic Qualifying competition, an Asian Qualifier herein four Olympic Quota places in Sport Climbing shall be up for grabs for the Paris Olympics-2024.

The Asian Qualifier is being held at Indonesia from November nine to November



Mountaineering Foundation (IMF), the apex body for sport climbing in the country, climber for the event Shivani has been sponsored by Meters Ltd, Secure Udhaipur.

The Association has expressed its gratitude to the Ltd). It is pertinent to mention here that Shivani Charak is the first female athlete of

J&K to compete in the Asian Games (19th Asian Games, Hangzhou, China) during the last 75 years.

Inter-collegiate volleyball (men) tournament gets underway

STATE TIMES NEWS

JAMMU: The Inter-Collegiate Volleyball (Men) Tournament, organised by the Directorate of Sports and Physical Education, University of Jammu got underway at University Volleyball Ground, on Wednesday. Today's results: GDC Gool beat Dogra Degree College by 2-0 (25-18 25-17); GDC Doda beat GDC Samba by 2-0 (25-18, 25-17); GDC Banihal beat IGGDC College by 2-0 (25-11, 25-21); GDC Paloura beat GMC Rajouri by 2-0 (25-17, 25-20); GDC Marh beat GDC Khilotran by 2-0 (25-21, 25-20); GDC Rajouri beat GDC Surankot by 2-0 (25-22, 25-14); GDC Udhampur beat GDC Ramban by 2-1 (25-21, 25-20); GDC Kunjwani beat GDC Pouni by 2-0 (25-21, 25-19); GDC Ramgarh beat GDC Chenani by 2-0 (25-13, 25-10); and GDC Khour beat GDC Bhaderwah by 2-0 (25-14, 25-19). The matches were officiated by Amit Sharma, Mulkh Raj, Sh. Anil Sapolia, Buneet Singh, Manu Singh Pawar and Vikas Karlopia.

Govt Polytechnic Jammu organises **Inter-department Carrom Tournament**



Winner players posing for a photograph with faculty members.

STATE TIMES NEWS JAMMU: Government Jammu on Polytechnic Wednesday organised Inter-department Carrom Tournament in consonance with the annual calendar of Sports activities. As many as 85 students from ten different departments of the institute participated. The Tournament was

held from November to November 2023. The final of Inter-department competition was held today in Principal Government Polytechnic Jammu, ${
m Er.}$ Arun Bangotra was the chief guest.

Speaking on the occasion of felicitation function, he said "In Sports and life the success depends on planning and believing, and execution of the plan. Only those who plan well succeed in Sports and life." He also laid stress on all HODs to encourage girl students to participate more in sports activities.

In the 1st semifinal, Rohit Parihar student of Mechanical Engineering beat Mohammad Idrees student Engineering department. In the second Semi Final, Nakul Bhagat student of Electrical Engineering beat Dheeraj Pande student of Travel and Tourism Department. In the Final of Boys category, Nakul Bhagat of Electrical engineering department beat Parihar Rohit Mechanical engineering department. In Girls category the Final was played between Nancy student of Architecture and Deepika Sharma studentInformation Technology

and in a close contest Nancy emerged Victorious. Amit Kumar Sharma, Sport Secretary presented the vote of thanks to the chief guest and all the guests of honour who spared their valuable time for the occasion. Those present in the closing ceremony were Er. Raj Kumar Mechanical Engineering, Er Manjeet Singh HoD Electrical Engineering, Er Sukhdeep $_{\mathrm{HoD}}$ Engineering, Er Sanjay Koul, HoD Computer Engineering, Er Jasdeen

HoD

Kour

Instrumentation

Control department, Er.

Amit Gupta, Er. Akash

Er. Vicky Sharma, and Ashok Verma.

The Matches were officiated under the supervision $_{
m Dheeraj}$ Kumar Lecturer Travel & Tourism, Chamel Singh PEM, Toshi Devi PET and Rakesh Khullar Inst. Repairer.

Dasgotra, Snehjot Kour,

GDC Kunjwani wins Inter-College Hockey (Men) Competition **STATE TIMES NEWS** JAMMU: Students of GDC Kunjwani brought laurels to the college by winning overall trophy in Inter-Collegiate

Hockey Men Competitions recently held at University of Jammu. The performance of Manmeet Singh and Gourav Kumar of semester 3rd and





Principal Dr. Ravender K. Tickoo. Dr. Ravender emphasized on the importance of sports in the present day stressful life and encouraged the students to participate in the sports competitions organized at various levels.

He congratulated the winners and motivated them to continue with the same spir-

standing and helped the Baroda wins National Disability Triangular T-20 Cricket Series



Winner Baroda team posing with chief guest and other dignitaries after receiving trophy.

STATE TIMES NEWS JAMMU: Baroda defeated Jammu & Kashmir by seven wickets in the final and lifted the trophy of National Disability Triangular T-20 Cricket Series organized by the J&K Divyang Welfare Association in association with the Divyang Cricket Control Board of India at Country Cricket Stadium,

Gharota,

Wednesday. Earlier, Baroda won the toss and elected to field first. Jammu and Kashmir, batting first, managed to score 98 runs for the loss of 10 wickets in 17.1 overs.

The top scorers for Jammu and Kashmir were Rahul Sharma (32 runs off 45 balls), Shah Aziz (24

runs off 26 balls), and Saurabh (13 runs off 6

balls). Rohit Kumar and Yogesh Shinde from Baroda took three wickets each, while Imran, Rajinder, and Abhinandan claimed one wicket each.

In reply, Baroda successfully reached the target of 98 runs for the loss of three

wickets in 17.1 overs. Gopal played a fine inning of 42 runs off 52 balls, followed by Abhinandan with 27 runs off 23 balls and Vibha Rabari with 11 runs off 12 balls. Wassem from Jammu & Kashmir took two wickets and Niyaz grabbed one wicket.

In the final match Shakti Pathak, DIG Jammu, Rajan Singh, former President YRS, Ghazal Khan, CEO DCCBI, Rahul Charak, SP Rural Jammu, Mohan Lal Sharma, SDPO Akhnoor, KD Bhagat, DySP DAR, Kuldeep Raj, BDC Chairman, Sushil Sharma, KK Verma, Ajay Kumar, Local Sarpanches and Panches were present. They presented the awards as well as the winning and runner-up trophies.

HPS boys excel in u-14 basketball championship

STATE TIMES NEWS

SAMBA: The boys of Humanity Public School Bassi Kalan,

ning runner (Silver medal) Inter-District Divisional l e v e l Basketball Competition held at APS Udhampur



recently. Mohit Verma, Raghav Singh and Aryan Kumar of class 8th and Ankit Kumar of class 9th were the participant of basketball. The boys gave a neck to neck competition to the winner team.

The another achievement for school is that Raghav Singh of class 8th and Ankit Kumar of class 9th won gold medals in Long Jump in Under-19 Category.

A Special assembly was organised to honour the winners. The Principal, Gaurav Charak along with Vice-Principal, Anku Charak lauded the efforts of students who showed excellent performance under the guidance of Head Coach, Mahan Singh along with other coaches, Shamsher Singh, Surjeet Kumar, Rajan Singh and Meenali Jamwal.