

Mohan Lal inaugurates road macadamization project in Panchayat Devipur

STATE TIMES NEWS
AKHNOOR: In a major boost to local infrastructure, the MLA of Akhnoor, Mohan Lal, inaugurated the macadamization of a vital link road in Panchayat Devipur on Monday. The project, covering the stretch from Nai Basti canal bridge to Mill via Radha Swami Ashram up to the house of Jagdish, is set at an estimated cost of 9.0 lakhs. This road will improve connectivity and benefit countless residents in the area. Prominent community leaders, including Bhushan Bral, Member of the District Development Council; AEE PWD Ashish Bhasin; JE Devinder Kumar; Ex-Sarpanch



MLA Akhnoor Mohan Lal inaugurating macadamization of link road.

Ganesh Dass; and respected community figures Jugal Dogra, Gullu Ram, and Ajay Singh Manhas, were present at the inauguration, marking a unified community commitment to progress. Addressing a gathering of local residents, MLA

Mohan Lal expressed his vision for Akhnoor's future, stating his unwavering dedication to transforming it into a model constituency. "We are committed to ensuring that every village in Akhnoor enjoys modern, high-quality infrastructure," he declared. "This

project is a step towards fulfilling our promise of connectivity, safety, and progress for all residents." The MLA took the opportunity to emphasize the importance of maintaining quality standards. He urged the engineers and officials of the PWD Department to strictly adhere to quality protocols to ensure that the road serves the community for years to come. "I call upon our engineers to uphold the highest standards in this work, as every project we undertake reflects our commitment to excellence and the trust the people have placed in us," he added. Mohan Lal went on to highlight his broader development agenda, assuring the public that this road project is only part of his larger vision for Akhnoor. His plans include improving healthcare facilities, enhancing educational infrastructure, and creating employment opportunities for the youth. "Our work doesn't stop here. We are equally focused on uplifting every aspect of life in Akhnoor. I pledge to work tirelessly alongside you, ensuring that every citizen feels the positive impact of our efforts," he stated. The gathering expressed gratitude for the MLA's dedication, appreciating his relentless focus on development.

ABRSM starts membership drive



Mahasang members during the meeting at Udhampur.

STATE TIMES NEWS
UDHAMPUR: A meeting was held at district Udhampur under the Presidentship of Dr. Khem Raj, District President Akhil Bhartiya Rashtriya Shikshak Mahasang (ABRSM) and in presence of State President Rattan Sharma. In the meeting Subhash Brahmanu was made the Convener and Bharat Thakur as Co-Convener by

unanimous decision. With this the ABRSM State President said that the annual transfer drive of this year is still pending which is quite late. The adjustment of master grade has also not been done yet which is pending even after saying it repeatedly. The RET transfer policy should also be made soon which is a very old demand of ABRSM. In the presence of district General Secretary Pritam

Singh, the membership drive was starting to strengthen the organization. While speaking in the meeting Rattan Sharma urged all the members of District unit Udhampur to gear up for membership drive with zeal and zest. Other members present in the meeting were Parkash Chand, Mool Raj, Amit Choudhary, Pawan Kumar, Hoshiar Singh and Maan Singh.

GDC Vijaypur organises Slogan Writing Competition



STATE TIMES NEWS
VIJAYPUR: National Education Day is celebrated on November 11 every year in honor of Maulana Abul Kalam Azad, the first Education Minister of independent India and a prominent educationist. This day highlights the importance of education in shaping India's future. To mark the importance of the day a slogan writing competition on the theme, "Building a Brighter Tomorrow

eracy, especially in remote and underprivileged areas. This day reminds us that education is a basic right and that literacy can empower individuals to make their own informed decisions. The first position was secured by Ankush of B.A Sem 1st, the second position was shared between Shruti Jamwal and Lovepreet Kour of Semester 5th and the 3rd position was achieved by Kusum Rani of semester 3rd. The event was coordinated by Dr. Gunjeet Mahiwal and Dr. Noreen Jaral (Lecturers, Dept. of Education). The competition was adjudged by Prof. Mamta Gupta (H.O.D. Commerce), Prof. Poonam Kundan (H.O.D. Environmental Sciences) and Dr. Naseem Chowdhary (H.O.D. English). Certificates were distributed among the winners and participants.

eracy, especially in remote and underprivileged areas. This day reminds us that education is a basic right and that literacy can empower individuals to make their own informed decisions. The first position was secured by Ankush of B.A Sem 1st, the second position was shared between Shruti Jamwal and Lovepreet Kour of Semester 5th and the 3rd position was achieved by Kusum Rani of semester 3rd. The event was coordinated by Dr. Gunjeet Mahiwal and Dr. Noreen Jaral (Lecturers, Dept. of Education). The competition was adjudged by Prof. Mamta Gupta (H.O.D. Commerce), Prof. Poonam Kundan (H.O.D. Environmental Sciences) and Dr. Naseem Chowdhary (H.O.D. English). Certificates were distributed among the winners and participants.

GDC Neeli Nallah organizes workshop under Ayush Mahostava

STATE TIMES NEWS
UDHAMPUR: Today on 11th November 2024, NCORD Unit of GDC Neeli Nallah Udhampur organized a workshop on Anti Tobacco Campaign and also included Concept of PCOS and Yoga 2024 in collaboration with Directorate of Ayush, J&K District AYUSH Officer Udhampur under the guidance of Dr. (Prof.) Seema Arora Principal of the college to aware the students about Drug abuse, PCOS and Yoga for women empowerment and drug abuse. The programme started with key note address by Principal of the college. She emphasized that Drug effects can be minimized by adopting Yoga in routine life which can lead to overcome various diseases and stress in women lives and also to get rid of drug abuse by performing certain Yoga asanas. Dr. Rakesh Gupta (MD) and Dr. Vilakshi



Dignitaries during the workshop at Udhampur.

Jamwal (MO) were the resource persons. Dr. Rakesh Gupta gave Power point Presentation on Drug abuse and Launching of Nasha Mukta Bharat Abhiyaan (NMBA). Dr. Rakesh Gupta deliberated on drug abuse in his presentation. He talked about the harmful effects of drug abuse which changes the behaviour of an

addict such as mood swings, increased aggression toward others, sleep or experiencing insomnia, upset stomach, dry mouth, and drowsiness. Drug using is life threatening and causes disability or permanent damage and in female during pregnancy causes birth defects. He said that sometimes students make use of drugs to stimulate their performance

in sports and studies because of peer pressure of scoring good rank. He stressed upon the students to adopt sports and yoga activities as a part of their daily life in order to enhance their performance in sports and studies instead of using drugs. Students were encouraged to display their concern in combating the side effects of the drugs through Posters and Slogans. Dr. Vilakshi Jamwal spoke on the topic, "PCOS Polycystic ovary syndrome (PCOS) is a heterogeneous disorder characterized by hyperandrogenism and chronic anovulation. Depending on diagnostic criteria, 6% to 20% of reproductive aged women are affected. Symptoms of PCOS arise during the early pubertal years. Both normal female pubertal development and PCOS are characterized by irregular menstrual cycles, anovulation, and

social and economic consequences of drug addiction and its impacts on individuals and communities. The Principal of the school presented the vote of thanks and underlined the need to hold such programs on regular intervals to update students about the welfare schemes launched by the government. Later, the Department of Social welfare gave away School bags and wrist watches to meritorious girls under the aegis of BBBP and water bottles to needy boys under Nasha Mukti Bharat.

DC Ramban reviews winter preparedness measures

STATE TIMES NEWS
RAMBAN: Deputy Commissioner Ramban, Baseer-Ul-Haq Chaudhary, chaired a comprehensive meeting with district and sectoral officers to review the district's winter preparedness. Attendees included SSP Ramban Kulbir Singh, SSP Traffic NHW, Rohit Baskotra, ADC Varun-Jeet Singh Charak, ACR S. Harpal Singh, PD NHAI, DFOs, Executive Engineers, AD FCS&CA, CMO, CEO, and other senior officers. In his directives, the Deputy Commissioner urged a strategic approach to ensure the uninterrupted provision of essential supplies and services. He



DC Ramban, Baseer-Ul-Haq Chaudhary chairing a meeting.

instructed officials from NHAI, BRO, PWD, and PMGSY to prioritize snow clearance on NH-44 and link roads, emphasizing efficient deployment of machinery and optimal use of resources for prompt road clearance and restoration of connectivity. The Deputy Commissioner

reviewed the NH-44 four-laning project, addressing issues related to the completion of construction at critical locations in Ramban. The Deputy Commissioner directed the CMO to ensure accessible healthcare services in all health institutions, with particular attention to the needs of pregnant women.

This includes preparing for potential winter-related challenges and ensuring timely medical arrangements. Additionally, the Forest Department was tasked with implementing preventive measures against forest fires and ensuring the adequate availability of firewood in depots across the district. Further, the DC instructed the Power Development Department (PDD) to ensure a regular power supply, minimize unscheduled outages, and maintain an efficient repair system for timely replacement of damaged lines and transformers. The Food, Civil Supplies & Consumer Affairs

Department was directed to stock essential items, including rations, LPG, petrol, and diesel, especially in remote areas, ensuring easy access to supplies across all district sales centers. In addition, the PHE Department was instructed to ensure adequate water supply across the district and submit panchayat-wise status reports. The DC also tasked Tehsildars with overseeing the implementation of these directives within their respective jurisdictions and conducting regular reviews to ensure the effectiveness of all measures, providing seamless winter services to the people of Ramban.

SWD Udhampur organises awareness camp on women centric schemes

STATE TIMES NEWS
UDHAMPUR: SANKALP- Hub for Empowerment of Women Udhampur, under the guidance of Deputy Commissioner Saloni Rai and supervision of District Social Welfare officer Kanika Gupta, on Monday hosted an awareness programme on Digital literacy, Scholarship schemes, 'Nasha Mukta Bharat Abhiyan' besides a Career counselling program at Government Higher Secondary School Pakhlai. The event was attended by around 200 participants including the

Principal, staff and students. Gender Specialist HEW and resource person from TSWO office highlighted the importance of digital literacy and listed different women centric schemes including provision of Pension for Widows, SMAS, loan schemes, PMMVY etc. They also introduced the students to pre-matric and post-matric scholarship schemes offered by the social welfare Department with certain eligibility criteria. The program also highlighted the psychological,

social and economic consequences of drug addiction and its impacts on individuals and communities. The Principal of the school presented the vote of thanks and underlined the need to hold such programs on regular intervals to update students about the welfare schemes launched by the government. Later, the Department of Social welfare gave away School bags and wrist watches to meritorious girls under the aegis of BBBP and water bottles to needy boys under Nasha Mukti Bharat.

BJP leader dies of cardiac arrest

STATE TIMES NEWS
SUNDERBANI: Former Municipal Vice president and BJP senior Leader Mohan Lal Prasher died of a heart attack during a programme in the Dak Bungalow Sunderbani to honour MLA Kalakot Sunderbani Randir Singh. People took him to the Sub District Hospital Sunderbani, where doctors declared him dead. According to report after the assembly session ended, today MLA Kalakot Sunderbani Randhir Singh held a public meeting to meet the people. During the Mohan Lal fainted and fell down. He was taken to hospital, where doctors declared him as brought dead.

Beware of divisive agenda of BJP: Congress

STATE TIMES NEWS
DODA: The Congress fact finding team reached out to the party workers of District Doda Kishitwar, Ramban and held detailed deliberations at Doda and Batote, Ramban. The team headed by Ravinder Sharma, Chief spokesperson and comprising Former Legislative Council Chairman Jahangir Mir, Former MLCs Ved Mahajan, Naresh Gupta koodaa, Former MLA Dina Nath Bhagat held day deliberations with senior leadership, party candidates, district and block functionaries besides PRI members of Chanab region and discussed the outcome of recent elections and challenges before party and



PCC Chief spokesperson Ravinder Sharma and others after the meeting at Doda.

suggestions for strengthening of organization at grass roots level. The committee met delegations of prominent workers of eight assembly segments of chenanab region and listened their views and their inputs. The workers told

them that Congress fully supported the alliance wherever there was no friendly contest, however there was polarisation besides use of huge resources by BJP. Former MLC Sham Lal Bhagat, Ashok Dogra, District Presidents

Rashid Malik, Abdul Rashid Naik, Mohd Ishaq Naik, Sdr Janak Singh, Runyal and several other prominent leaders attended. Senior Congress leaders cautioned the party workers against the divisive agenda of BJP and asked them to stay united. They told them to fight against the divisive agenda of BJP and other such forces. They told the Congress workers that unity in diversity & secularism is the basic principles of strength of our pluralistic nation. They asked them to strengthen the organization at grass root level with due representation to all sections of society.

the present educational scenario including NEP leading to a brighter future through education. Sonia Sharma, Sanjana Devi & Diksha Sharma secured 1st, 2nd and 3rd position respectively. The programme ended with a formal vote of thanks by Dr. Ravinder Kumar, Convener Career Counseling and Guidance cell. Other faculty members who were present in the occasion include Dr. Ajay Kumar Sharma, Prof. Yash Paul, Prof. Yash Kumar, Dr. Varun Kumar, Dr. Ravi Kumar & Dr. Rifat Ara.

DC Kathua reviews progress of Jal Jeevan Mission Projects



DC Kathua, Dr. Rakesh Minhas chairing a meeting.

STATE TIMES NEWS
KATHUA: Deputy Commissioner Kathua, Dr. Rakesh Minhas, on Monday chaired a review meeting in the DC Office Complex, assessing the progress of the Jal Jeevan Mission (JJM) initiatives in the district. At the outset, XEN PHE Kathua presented updates on both financial and physical progress achieved under the Mission. It was informed that 88 JJM projects have been completed in the district. The meeting was further informed that all 162 OHT projects have been assigned, of which 109 are complete. Detailed discussions were held on ongoing water supply schemes, including a detailed sub-division and scheme-wise analysis. The DC directed executing agencies and contractors to accelerate pace to achieve project timelines.

The DC emphasized the role of recently appointed Junior Engineers (JEs), instructing them to conduct on-site inspections of water supply schemes, assess work quality, and identify any barriers affecting progress. Addressing challenges impeding progress, particularly in areas where contractors face obstacles with pipeline installations, Dr. Minhas called on the Revenue authorities to act swiftly, ensuring timely completion of water supply schemes. He stressed the importance of cooperation among the Jal Shakti Department, contractors, and other stakeholders to overcome any bottlenecks. The DC highlighted the importance of a focused, target-driven approach to complete projects within set timelines, reinforcing the administration's commitment to the Jal Jeevan Mission's objectives.

DISCLAIMER
"STATE TIMES" does not take responsibility for the contents of the advertisements (Display/Classified) carried in this newspaper. The paper does not endorse the same. Readers are requested to verify the contents on their own before acting there upon."

GCW Udhampur organises symposium in celebration of National Education Day

STATE TIMES NEWS
UDHAMPUR: To commemorate the birth anniversary of Maulana Abul Kalam Azad (The first Education Minister of Independent India) for his great contribution to the cause of education in India, The Department of Education, Government College for Women (GCW) Udhampur in collaboration with Institution Innovation Council observed National Education Day. The main theme of the programme was "Building a brighter Tomorrow through Education." A symposium



was organized on the theme. Around hundred students participated as audience and ten students spoke on the occasion. The programme started with the welcome address by Mr. Pardeep Singh, HOD Department of Education. In

his welcome address he while throwing the light on the life, teaching and educational contributions of Maulana Abul Kalam Azad, he also highlighted their importance in present context. Prof. (Dr.) Nalini Pathania, Principal, Government

College for Women, Udhampur in her presidential address highlighted the educational contributions of Abul Kalam Azad in establishing top educational bodies including UGC, AICTE, CSIR, & IIT's etc. All the speakers spoke on