

68th National School Games U-17 Boys Judo

Delhi emerges overall Champion; Haryana, Punjab claim 2nd & 3rd spot

Tara honours champions; terms participating athletes as ambassadors

STATE TIMES NEWS

JAMMU: Securing a total of 20 points by winning one gold, four silver and 3 bronze medals, formidable Delhi emerged champions of 68th National School Games U-17 Boys Judo, organised by the Directorate of Youth Services and Sports, J&K, under the auspices of School Games Federation of India (SGFI) at Indoor Sports Complex Bhagwati Nagar here on Monday.

Winning two gold and one silver medal and securing 13 points, Haryana remained on the second spot, while the third place went to Punjab by winning one gold, one silver and one bronze medal to secure a total of nine points. Jammu and Kashmir stood at 12th spot out of a total of 35 participating teams in the Championship, winning one silver medal which was



DG YSS, Rajinder Singh Tara presenting trophy to winner Delhi team.

claimed by Ridhum by producing a stellar performance. Saiyam Choudhary of Chandigarh, who took part in -50 kg category, was declared as the best Judokas of the Championship. The Director General Youth Services and Sports, Rajinder Singh Tara was the chief guest on the Medal Ceremony, who along with the Joint Director Youth Services and Sports Jammu,

Ved Prakash, Deputy Director Youth Services and Sports, Jitendra Mishra and a galaxy of District Youth Services and Sports Officers, presented medals to the winners and the technical and officiating panel of the Championship. Describing the participating Judokas as the ambassadors of the nation, the Director General Sports said that the sportspersons are

the messengers of peace, harmony and prosperity, adding mega events like this apart from promoting sports, also promote tourism, besides helping youth not to derail from the mainstream. He lavished praise on the participating team and the organising team for showing the sporting spirit, thus making the event a grand success.

"Completion of U-17 Boys Judo Championship is just a tip of an iceberg as three more Championships under SGFI will be hosted by J&K in the historic month-long series of tournaments including Fencing, Wushu and Football apart from Judo," said Tara. Meanwhile, the observer from SGFI while appreciating the arrangements, rated the event as the best ever; he has observed in his entire tenure. It is pertinent to mention here that the 68th National School Games U-14 Boys and Girls Fencing Championship will commence at Gymnasium Hall University of Jammu tomorrow. A total of 21 States/UTs will be participating in the Championship, out of which 18 have already reached Jammu.

STATE TIMES NEWS

JAMMU: Senior Teachers at Jodhamal Public School underwent an insightful session on Best Practices in Education, conducted by Premchand Paley, Founder, C-For, a national survey agency.

Associated with Education Sector for more than three decades, Paley has visited many prominent schools across the country, including Dhirubhai Ambani International School, Mumbai, The Vasant Valley School, New Delhi, The Valley School, Bangalore etc.

He is looked forward to by many prominent schools in the country for his unparalleled expertise in the field. In the content-rich Session conducted exclusively for Jodhamal teachers, Paley shared this wisdom on the Best Practices being followed by many prominent schools of the

Teachers' Training held at Jodhamal by eminent educationist



Educationist posing with faculty of Jodhamal Public School.

country. His thrust upon 4-Cs and 3-Rs in a teacher's life was the key takeaway for all participants. He further accentuated the importance of Equality and Empathy as key elements needed for the bright generation of humans in future which can only be imparted by the right kind of education. The eye-opening session left the teachers inspired and awestruck. The Session was a two-way communication in which

the participants also shared the Best Practices being followed by Jodhamal School. Thanking Paley, Nandan Kuthiala, Trustee of the School, said that such sessions not only broaden our horizons, but also inspire us to learn from each other, thereby creating an atmosphere of educational camaraderie. Jodhamal's belief that an enlightened mind empowers others was fulfilled by the Session.

GDC Vijaypur starts three days Intra College Sports Meet Competition



GDC Vijaypur faculty at a sports meet.

STATE TIMES NEWS

VIJAYPUR: GDC Vijaypur organises three days Intra College Sports Meet competition under the banner of "Nasha Mukh Bharat Abhiyaan".

The activity was organised under the supervision and guidance of Prof. (Dr.) Vandana Verma, Principal of the college. She inaugurated the event and delivered the

welcome note. While addressing the participants, she encouraged the students to actively participate in the various sports events organised by the sports committee of the college. The meet was organised by Dr. Anoop Kumar Bhagat (Convener, Nasha Mukh Bharat Abhiyaan), Dr. Manoj Heer (Convener, Sports Committee), Dr. Jan Mohd. Wani (PTI) and co-ordinated by Prof. Mamta Gupta, Prof. Ritu Bhagat, Prof. Poonam Kundan, Dr. Naseem Chowdhary, Prof. Meetu Sharma and other committee members of Sports and Nasha Mukh Bharat Abhiyaan.

Cultural fervor unleashes in day 4 of Yuvtarang-2024 at CLUJ

STATE TIMES NEWS

JAMMU: The ongoing cultural extravaganza, Yuvtarang-2024, organized by the Department of Students Welfare, Cluster University of Jammu (CLUJ), continues to captivate the university community. Under the esteemed patronage of Honourable Vice Chancellor, Senior Prof. K.S. Chandrasekar, Day 4 of the festival saw a vibrant display of student talent at GCW Gandhi Nagar and MAM College, with competitions in Western Vocal Solo, Western Vocal Group, Western Instrumental Solo, One-Act Play, and Mimicry. The events culminated in a grand valedictory and prize distribution ceremony, attended by Prof. S. P. Saraswat, Principal of GCW Gandhi Nagar, and Dr. B. B. Anand, Principal of MAM College. Dr.



Winner students posing for a photograph with dignitaries.

Zubair Ahmed Kalis, Dean of Cluster University Jammu, and D.S. Manhas, Director of the Placement Cell, CLUJ, also observed the competitions. The events were expertly coordinated by Dr. Babita Janwal, Chairperson-cum-Cultural Convener at GCW Gandhi Nagar, and Dr. Amit Pal Kour,

Associate Dean-cum-Cultural Convener at MAM College, along with their dedicated teams. At GCW Gandhi Nagar, in the Western Vocal Solo competition, Richima Bajpai from GCW Gandhi Nagar won first place, followed by Urvasi Bharti of GGM Science College

in second, and Sharad Chettri of MAM College in third. MAM College claimed first place in the Western Vocal Group competition, while GCW Gandhi Nagar and GGM Science College secured second and third positions, respectively. Sunny Topno of MAM College emerged victorious in the

Western Instrumental Solo category. At MAM College, the One-Act Play competition was dominated by MAM College, with GCW Gandhi Nagar and SPMR College of Commerce securing second and third places. In the mimicry competition, Akash Katoch from MAM College was the winner, followed by Savi from GCW Gandhi Nagar in second, and Lakshmi Sharma from MAM College in third. Dr. Monika Sharma, Dean of Students Welfare, provided exceptional leadership in organizing the event, with support from a dedicated team of faculty members. The day's events highlighted the creative spirit of the students, fostering unity and enthusiasm across the Cluster University community.

BBAJK to hold trials for Mr India and physique sports championship on Nov 15

STATE TIMES NEWS

JAMMU: Body Building Association of Jammu and Kashmir (BBAJK) is holding selection trial at International Gym, Rehari Colony, here on November 15 between 11:00 AM to 1:00 PM. The trial will be held to pick up the team for 1st Physique Sports Championship. Scheduled to be held from December 21 to 22, 2024 at Gurugram, Haryana and 16th Senior Body Building and Physique Sports Championship to be held from January 14 to 16, 2025 at Belaoavi, Karnataka. Interested and eligible participants are asked to contact Rajesh Dutta at BBAJK (7006202407) for details regarding the selection trials. Players are required to bring the necessary documents during registration to facilitate the selection process, as stated in the official document.

Ramban District Volleyball Championship to begin on Nov 24

STATE TIMES NEWS

JAMMU: The Volleyball Association of Jammu & Kashmir is thrilled to announce the commencement of the Ramban District Volleyball Championship for the 2024-25 season. The championship, sponsored by the Jammu & Kashmir Sports Council, will take place from November 24 to 25, 2024, at PM Shri Govt Higher Secondary School, Tethar, Banihal. This championship offers a remarkable platform for volleyball teams, players, and clubs to compete and showcase their talent at the district level. All registered volleyball clubs, institutions, and players who wish to participate are requested to submit their entry forms by 18th November 2024. For further details and inquiries, interested teams can contact Mujahid Hussain at Mobile No. 9419214259.

GGM Science College organises walkathon as part of ongoing Vigilance Awareness campaign



Principal GGM Science College, Prof (Dr.) Romesh Kumar Gupta with faculty and students at walkathon.

STATE TIMES NEWS

JAMMU: In an effort to promote the values of ethics, integrity, transparency and accountability in public life, GGM Science College Jammu hosted a vibrant Walkathon on Monday. The event was organized by Grievance Redressal and Vigilance Committee under the patronage of the Principal of the College, Prof

(Dr.) Romesh Kumar Gupta and overall supervision of Prof Netar Parkash, convener of the committee. The event aimed to engage the student community and faculty in a collective effort to raise awareness about the significance of vigilance in combating corruption and fostering a culture of honesty. The Walkathon was flagged

off by Principal, who emphasized the importance of vigilance in fostering accountability and good governance. He said, "The youth are the pillars of our nation, and it is essential that we instill the values of honesty, integrity, and accountability among them at an early stage, through initiatives like this Walkathon." The Walkathon commenced

at front lawn of the Principal chamber and concluded at the main gate of the college, covering a distance of about 2 kilometres. The route took participants through key areas of the campus and nearby localities, encouraging active participation and making a visual statement of commitment to a corruption-free society. The event saw enthusiastic

participation from over 300 of students, faculty members, all walking together to symbolize unity and collective responsibility. Prof.NP. Sharma encouraged and appreciated the students for their enthusiastic participation in the event and asked them to spread the message of pledge to general public to fight against the corruption. Prof Rajeev Kumar steered the Walkathon under the guidance of Prof. Surinder Singh (co-convenor). Committee members who participated include Dr. Arun Sharma, Dr. Neha Mahajan, Dr. Sheetu Raina, Dr. Gourav Gupta, Prof. Vishal Sharma, Prof. Sahil Bangotra, Dr. Rajeev Kumar, Dr. Ameer Rehman and Dr. Mohd. Maqeen.

Philately exhibition inspires young collectors at APS Ratnuchak

STATE TIMES NEWS

JAMMU: A two-day Philately Exhibition was organised at APS Ratnuchak to celebrate India's postal heritage and bring together students, families, and military personnel of all ranks. The event opened with an address emphasizing philately's role in preserving history and culture. Students from classes 6th to 9th participated in a dedicated workshop led by experienced philatelists from Jammu and Amritsar, where they explored techniques and stories behind stamp collecting. A thematic competition on "The Indian Army" and "Save the Environment" encouraged students to creatively express these themes, showcasing their knowledge and artistry. The exhibition featured diverse collections, including stamps of Indian Army regiments, rare historical issues, vintage manuscripts and coin collections creating an immersive experience for all attendees. The event concluded with a closing address, followed by the felicitation of prize-winning students and contributing philatelists.



IIMC Jammu organises special lecture on 'History of Journalism in J&K'



IIMC faculty and students posing for a photograph.

STATE TIMES NEWS

JAMMU: The Indian Institute of Mass Communication (IIMC), Jammu, on Monday organized an insightful guest lecture on the 'History of Journalism in J&K' delivered by seasoned political journalist Dinesh Manhotra. Students of English Journalism, Hindi Journalism, and Digital Media attended the lecture under the distinguished presence of IIMC Jammu's Regional Director Dr. Dilip Kumar. Manhotra shared his deep knowledge about media, its history and the evolution of newspapers, particularly focusing on the expansion of media in Jammu and Kashmir. He highlighted the significant growth of media in the region, particularly after the rise of terrorism, emphasizing how the media landscape in Jammu and Kashmir differs from the rest of

India. The guest speaker captivated the audience with compelling real-life stories and engaged students by addressing their queries. He provided valuable guidance on reporting in conflict zones, drawing from his own experiences in the field. The session commenced with a warm welcome by Akshita Wadhwa from the English Journalism department, followed by a brief introduction of the guest speaker by Preeti Chaubey of the Digital Media department. The lecture concluded with a vote of thanks by Nisha Sahu from the Digital Media department, who expressed gratitude to the guest speaker and faculty for their invaluable contributions to the session. Along with students, faculty members Dr. Vinit Utpal, Dr. Ravia Gupta, Gulshan Kumar, and Madhusudan also attended the lecture.

KC Public School holds session on parenting

STATE TIMES NEWS

JAMMU: KC Public School hosted a special session on topic 'Parenting with Love and Logic' for the parents of its students recently. The session aimed to provide parents with valuable insights and tools to navigate the challenges of raising children in the modern world. Salony Priya, Director, Umneed Counselling and Consulting Services, Kolkata, a counselling psychologist with over 24 years of experience, conducted the session. Salony Priya shared her expertise and practical advice on fostering healthy parent-child relationships, effective communication strategies, and managing emotions in children. The session covered a range of topics including setting boundaries, discipline techniques, and fostering resilience in children. The session was attended by a large number of parents who found the information provided by Salony to be insightful and helpful. Many parents expressed their gratitude for the opportunity to learn from a seasoned pro-



Salony Priya, Director, Umneed Counselling and Consulting Services, Kolkata interacting with faculty of KCPS.

fessional and gain a deeper understanding of their child's emotional and psychological development and requested the school authorities for conducting of more number of such sessions. KC Public School is committed to providing holistic education and support to students and parents. The school regularly organizes workshops, seminars, and events aimed at enhancing the overall well-being of the school community. Salony Priya has already trained a batch of thirty teachers at KC Public School in Basic Counselling Skills and is in the process of training another batch of

Rajinder Koul takes over as Hockey J&K President

STATE TIMES NEWS

JAMMU: In the Annual General Meeting of Hockey Jammu and Kashmir, held here, witnessed a No Confidence motion against President Gurdeep Singh Sangral. Following the motion, Rajinder Koul, Senior Vice President of Hockey J&K, was unanimously appointed as the Working President of Hockey Jammu and Kashmir, effective immediately. Koul will serve in this capacity until the next elections, bringing stability and continuity to the organization. This leadership change heralds a new era for Hockey Jammu and Kashmir, with Koul at the helm. His vast experience and expertise will undoubtedly steer the organization towards greater success and growth. The Hockey J&K community looks forward to this new chapter, filled with promise and excitement.

