

LG addresses 'All India Vedic Conference-2024' at Haridwar

'Science', 'Sanskar' important for balanced growth of humanity: Sinha

STATE TIMES NEWS

HARIDWAR: Lieutenant Governor Manoj Sinha on Friday addressed the 'All India Vedic Conference-2024' at Haridwar, Uttarakhand. The event was also graced by Param Pujya Mahamandleshwar Acharya Shri Swami Vishveshvaranand Giri Ji Maharaj.

In his keynote address, the Lieutenant Governor highlighted the need to create fine balance between material advancement and developing a compassionate society, kind and noble human being. He emphasised the role of scientists and spiritualists in achieving the said goal.



Lt Governor Manoj Sinha addressing 'All India Vedic Conference-2024' at Haridwar.

'Science' & 'Sanskar', both are equally important for balanced growth of humanity. Vedas taught us about the science, math, medicine and science ensured new inventions,

innovations and findings, serving the cause of humanity, the Lieutenant Governor said.

He said: "Spiritual odyssey lit our path in the process of self-realization while scientific

quest gave us new technologies, health, food, means of communication, travel, quality of life and it ensured welfare of humankind".

"Vedas gave us the true

meaning of life and continue to guide us towards a noble path. Timeless wisdom of Vedas nurturing minds and hearts of young generation. I truly believe Vedic ethics and values will ensure we prosper materially and also follow the path of righteousness and Dharma," the Lieutenant Governor said.

The conference was convened under the auspices of the Maharishi Sandipani Ved Vidya Pratisthan and Vedasthali Shodh Sansthan, Suratgiri Ashram.



Dr Jitendra inaugurates International Diabetes Conference, advocates prevention before symptoms appear

STATE TIMES NEWS

NEW DELHI: Union Minister Dr. Jitendra Singh, a renowned professor and diabetologist, on Friday inaugurated the 52nd Annual Conference of the Research Society for the Study of Diabetes in India (RSSDI), held at New Delhi's Yashbhoomi Convention Centre.

The event brought together over 20,000 healthcare professionals and diabetes experts from across the globe to address India's growing diabetes burden and explore strategies for effective prevention and management.

In his address, Dr. Singh stressed the importance of proactive diabetes prevention, particularly before symptoms appear and at the pre-diabetic stage. He highlighted that early intervention can help prevent damage to vital organs such as the kidneys and heart, which often suffer irreversible harm due to uncontrolled diabetes.

The Minister also called for strict preventive measures, especially targeting young people and pregnant women, stressing that complications



Union Minister Dr. Jitendra Singh speaking after inaugurating the International 52nd Annual Conference of the Research Society for the Study of Diabetes in India (RSSDI) at Yashbhoomi, Dwarka, New Delhi on Friday.

often begin silently before symptoms become apparent.

Dr. Singh emphasized "primordial control" during pregnancy, a strategy focused on controlling glucose levels from early pregnancy to reduce hereditary risks and foster healthier conditions for the unborn child. He highlighted the urgency of addressing Type 2 diabetes, particularly through increased awareness and early intervention.

The conference also saw the release of the RSSDI report, which painted a grim picture of India's diabetes epidemic. With over 101 million dia-

nosed cases and an additional 136 million people in the pre-diabetic stage, India faces a national diabetes prevalence rate of 11.4%. The report raised concerns about the rapid rise in diabetes cases in rural areas, now quickly catching up to urban rates due to lifestyle changes and limited healthcare access.

In response, the RSSDI proposed a comprehensive approach to combating diabetes, which includes expanding telemedicine services, improving rural healthcare facilities, and pushing for policies that integrate dia-

betes care under national insurance schemes. The organization also emphasized the importance of regionally adapted dietary guidelines to make diabetes management more accessible and effective across India's diverse population.

The event, featuring international experts including Prof. Peter Schwarz, President of the International Diabetes Federation, also included interactive workshops, plenary sessions, and keynote addresses focused on diabetes prevention and clinical care.

Satish Sharma visits Chhamb, interacts with delegations

STATE TIMES NEWS

JAMMU: Minister for Food, Civil Supplies & Consumer Affairs, Transport, Youth Services & Sports, Science & Technology and Information Technology, Satish Sharma, on Friday conducted an extensive tour of Chhamb constituency.

The Minister visited several places including Neeli Nallah, Bhattal, Jogwan, Bardoh, Thanger, Kachrial, Chowdrala and many other places where he met various delegations, inspected different projects and also inaugurated drilling work of three tube wells.

Satish Sharma paid obeisance at Dev Sthan Mallah where he interacted with local residents and enquired about their grievances/issues.

The local residents raised many issues pertaining to their respective areas including construction of link roads, staff strength of teachers in schools and doctors in PHCs, streamlining of ration card issuance,



Sports Minister Satish Sharma addressing public meeting at Chhamb constituency.

irregular power and water supply, playgrounds besides related matters concerning welfare and development of their respective areas.

The Minister assured that the issues raised by them would be taken up with the concerned authorities and all public grievances and concerns would be addressed promptly.

While addressing the people, the Minister said that he will work with utmost zeal and vigour to bring enhanced development and prosperity in the region.

Satish Sharma asked the officers of the line depart-

ments to put in their sincere efforts in rendering their services to the people of the state. He instructed them to work in synergy so that people don't face any kind of inconvenience.

He also inaugurated drilling work of three tube-well at Jogwan, Bhattal and Kallah.

The Minister was apprised that all three tubewell have been commissioned under JJM scheme at an estimated cost of 76.45 lakh each with disbursement capacity of 5000 Gallon/Hour.

While inaugurating the tubewell, Satish Sharma

said that these tube wells will help in augmentation of water supply system addressing the issue of water crisis in the area.

The Minister directed the officers to ensure timely completion of all development works and cautioned them against any unnecessary delay in execution of these vital works.

The Minister said that the recently formed government is committed towards satiating developmental aspirations of people while taking care that no one is deprived of his basic requirements and all are served equally.

He also visited Assan Shiv Mandir, where an encounter broke out following an attack on army convoy and three terrorist was killed during the counter terror operation.

Later, Satish Sharma distributed cricket kits, football and volleyball to the children and encouraged them to adopt sports to remain physically and mentally fit and stay away from drugs.

JMC launches newly procured Antismog Guns to mitigate dust pollution



STATE TIMES NEWS

JAMMU: In continuation of its efforts to provide a clean, green & healthy environment to citizens, Jammu Municipal Corporation on Friday launched two recently purchased state of the art Antismog Guns with Water Sprinklers to mitigate air and dust pollution in high traffic areas.

These are special purpose anti smog guns each fitted with water sprinklers possessing 9000 liters capacity, have been procured under NCAP pro-

gramme.

On the directions of the Commissioner, the water sprinkler gun operations were conducted in Dogra Chowk, Canal road, Secretariat road, Shakamtala, Raj Bhawan, BC Road, Residency Road, Wazarat Road, Amphalla to High Court Road- Kachi Chawni Palace Road, Vivekanand Chowk to Indra Chowk in North zone Jammu.

The drives will continue to Vikram chowk - Airport, Vikram Chowk, Panama

Chowk, Green Belt Road, Gandhinagar, Channi and Trikuta nagar in Jammu South.

JMC is continuously making efforts to mitigate air and dust pollution by sprinkling water on roads and air at different locations of Jammu city.

With the induction of these vehicles, the JMC now has increased its in its fleet of water Sprinklers of different capacity & ranges to 6, even as these two freshly procured vehicles are having additional feature of Anti Dust Gun on rear side of the vehicle, which increases the thrust of very fine spray particles to cover an area up to 30ft height from the ground level.

The utilization of these special purpose vehicles will also help to meet the guidelines of NGT & POLLUTION CONTROL BOARD authorities issued to take minimum basic measures for improvement of the quality of Air in Jammu Urban areas.

JU, JKSTIC organise workshop on core purpose of Biotechnology Park

STATE TIMES NEWS

JAMMU: The School of Biotechnology, University of Jammu in collaboration with J&K Science Technology and Innovation Council, Department of Science and Technology, UT of J&K on Friday organized one day awareness program on the "Implementation of Biotechnology-Park" here in the Seminar-hall of the department.

Director AcSIR and former Vice Chancellor University of Jammu Prof. Manoj Kumar Dhar, the chief guest, highlighted the priority being given to Science and Technology in the last ten years under the dynamic leadership of Minister of Science and Technology Dr. Jatinder Singh. He also emphasised the need to quickly adapt and evolve according to the new challenges in order to be worthwhile for the future job market.

The upcoming biotechnology park at Kathua will pro-



Former VC JU Prof. Manoj Kumar Dhar and others at awareness programme in JU.

vide a platform to up-skill the students and make them industry ready to be job providers.

Prof. Yash pal Sharma, Dean Life sciences and Rector Udhampur Campus, University of Jammu- the Guest of Honour, emphasised Nature to be the biggest creator and as Human beings need to innovate more which he termed as "Navachar". He mentioned about the challenges, importance and bottlenecks involved in the formulation of new products through innovation. He highlighted the young minds especially the Undergraduates for being

better innovators provided their ideas are better communicated and channeled by good mentorship.

Earlier, Prof. Sanjana Kaul, Director School of Biotechnology, University of Jammu, welcomed Prof. Manoj Dhar, Director AcSIR, Prof. Yashpal Sharma, Dean Faculty of Life Sciences, Shruti Khanna, District Coordinator JKSTIC and guest speakers Dr.Swarkar Sharma, Associate Professor, Centre for Molecular Biology, Central University of Jammu and Prof. Lalit Mohan Gupta, Head Division of Forest Products and Utilization,

SKUAST-Jammu.

She briefed the audience about the inception and the various activities being conducted by the School of Biotechnology. She emphasised on being job creators rather than seekers. Ms Shruti Khanna also spoke about the mandate of JKSTIC and the role of Biotechnology-park in giving a platform to the students to sharpen their skills. Dr.Swarkar Sharma talk focused on invention and innovation and how innovation can revolutionize the existing concepts. Dr. Sharma gave a detailed overview of the

process of innovation involving research, development, production, marketing and use. The incentives of Innovation like patents and copyright were also highlighted. The second speaker Prof. Lalit Mohan Gupta talked about the use of Medicinal plants for commercial purposes and the support which the Government is providing in the agriculture sector. He also highlighted the various medicinal plants being grown in the J & K region with the help of the Government of India. The formal vote of thanks was presented by Dr. Sheetal Ambardar.

Others present on the occasion include Prof. Sushel Verma, Dr. Suresh Rao, Prof. Jyoti Vakhlu, Dr. Ritu Mahajan, Dr. Nisha Kapoor, Dr. Yashpal Khajuria, Dr. Ankit Mahajan, Dr. S. Bharthiraja, Scholars and Students of the University. Ms. Nitika Sharma carried out the proceedings of the event.

Omar Abdullah should relook NC's Election Manifesto and make Orders & Proposals for delivering the promises

DAYA SAGAR

It is not out of place to mention here that in the Election Manifesto placed before the voter citizen during the 1st Elections to the Legislative Assembly of UT of J&K Omar Abdullah as Vice President of NC had said < "This manifesto is not just a list of promises; it is a pledge with the people. It reflects the blood, sweat, and tears of those who came before us, who dreamed of a prosperous and peaceful Jammu and Kashmir. It is your voice, your aspirations, your resilience, and your resolve. I stand before you as your son, your brother, your friend committed to seeing every promise in this manifesto fulfilled">. Pledge has a sanctity and the voter citizen should/ takes that in that sense only and must carry that after the governments are formed. The 'manifesto' promises that attract immediate attention of the voter citizen and could be taken for immediate delivery after the governments are installed when reference is made Election Manifesto -2024 like that of National Conference could be briefed like (i) The Jammu and Kashmir assembly, in its

first list of business after elections, will pass a resolution against the centre's decision to strip the region of its statehood and special status. (ii) Formulate a policy to provide land to the landless and those who have been in uninterrupted possession of state lands for an extended period, granting ownership rights under a considered policy (iii) The JKNC is strongly committed to the dignified return and rehabilitation of Kashmiri Pandits (iv) Ensure that passport verification procedures are simplified, removing hurdles and making it easier for people to obtain passports (v) To-up all vacancies in government departments within 180 days (vi) The Job Application will be made free for all the examinations (vii) Provide 200 units of electricity free (viii) will implement a one-time settlement for pending electricity bill arrears in both rural and urban areas (viii) Provide Rs. 5000 per month to female heads of households to EWS (ix) Provide 12 cylinders free of cost per year to EWS (x) We will enhance the old age and widow pension to 3000 (xi) Women shall be entitled to travel free in

all public Transport (xii) will work towards the establishing of Minority Commission (xiii) Increasing FREE rice allocation to 10 kg per person per month (xiv)The general public will also be entitled to 10 kg rice/Atta per person per month.(v)will explore new tourist destination in J&K, including regions in Pir Panjal, Chenab, and other areas (xvi) Free education for all upto University level (xvii) shall make all efforts for all engineering and medical examinations to be conducted locally including NEEET and other exams.(xviii) will formulate a policy for regularisation in a time bound manner for Paramedical staff in Associated Hospitals, GMC ??Casual labours. ?Daily wagers ?CIC operators ?Contractual Employees ?Home Gard Rehbar-e-Khel and other category of temporary employees(xix)In view of the experiences of states who have opted for old pension scheme. We will find ways to reinstate the old pension scheme. (xx) We will resolve land lease policy and ensure all genuine leases are



A Look through the Mist Part-II

renewed. A brief on some related parts of the text of LG's address to the 1st Session of UT Legislative Assembly on 4 Nov 2024 will surely give an idea of the level of satisfaction felt by the voter citizen who would have seriously took the Election Manifesto of the National conference and the briefs related to items of immediate relief excluding long process promises/ programmes are (i) . Speaker, Members, It gives me great pleasure to welcome all the newly elected members of the Legislative Assembly to the inaugural session of the Assembly. These elections, the first since the abrogation of Article 370 in August 2019 and the reorganization of Jammu and Kashmir into a Union Territory, are a critical milestone in restoring democratic governance after a period of political uncertainty. It is a privilege to witness the restoration of this august house, which once again reflects the aspirations of the people of Jammu and Kashmir.(ii) 2. One of the most encouraging aspects of

the 2024 elections was the high voter turnout, reflecting the enduring faith of the people in democratic processes (iii) 5. Our people now look up to the Government with many hopes and expectations. My Government is fully geared up to realize these hopes and fulfil these expectations. The aspiration for a return to the Statehood remains strong! Prime Minister, on several occasions, has already expressed his commitment to restoring statehood, which has been a source of rekindled hope and reassurance for the people. The Council of Ministers of Jammu and Kashmir has recently passed a unanimous resolution calling for the immediate restoration of statehood. This resolution reflects the collective will of the elected representatives, echoing the aspirations of the people for the reinstatement of full democratic governance. My Government will make all efforts for restoration of full Statehood and Constitutional Guarantees available to the State (iv) 6. My government is fully committed to implementing the promises made to the people for further political empowerment and for

creating an enabling environment for employment, sustainable development, social inclusiveness and expansion of the economy for enhancing the overall quality of life (v) 13. My Government is committed to provide 200 units of free electricity to deserving households for which modalities are being worked out.(vi) 16. My Government is committed to providing Free, Clean and Safe Drinking Water to All. For quality assurance of drinking water, and Kashmir. Healthcare facilities and services in rural areas, People are still hopefully expecting that the Omar Abdullah Government will come with orders and proposals which immediately concern the common man for day to day requirements and living with possible ease .No doubt programmes that involve finances would require matching inputs but people expect that any such limitations must have been assessed by the vote seekers before making electoral promises. (The writer is a Sr Journalist & a known analyst of J&K affairs).