

Dr Jitendra reviews 'Performance Indicators' of peripheral Northeast 'Aspirational District'

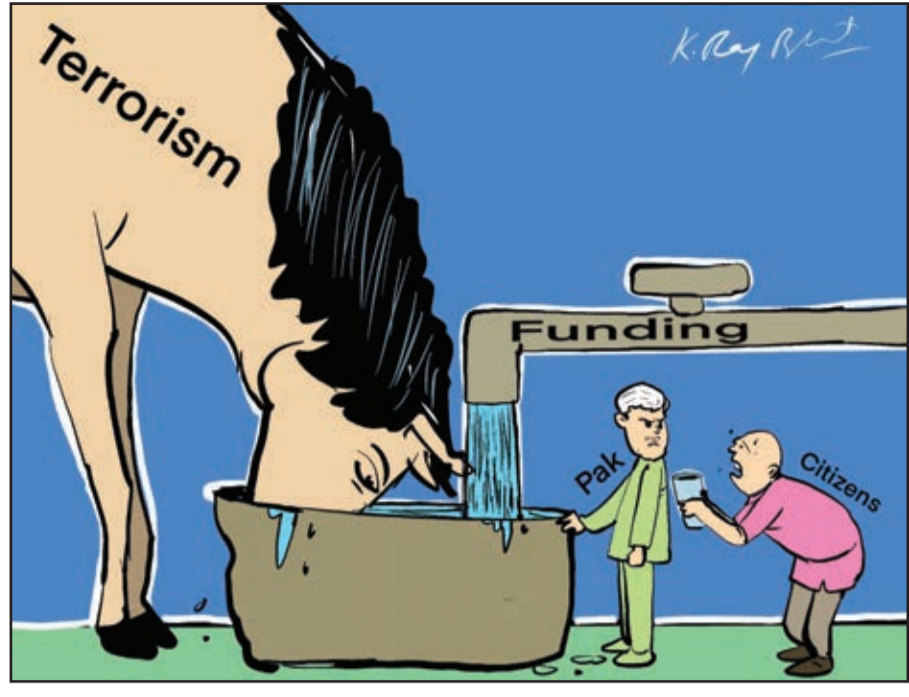
STATE TIMES NEWS
 NAMSAL: Union Minister, Dr. Jitendra Singh began his visit to Namsal district in Arunachal Pradesh on Sunday, marking a significant push for development under the Aspirational Districts Programme (ADP).
 Soon after his arrival, the Union Minister, accompanied by the Deputy Chief Minister of Arunachal Pradesh, Chowna Mein, convened a high level meeting of the administration to review "Performance Indicators" of the peripheral Northeast Aspirational District of Namsal.
 The three-day visit aims to assess progress, address challenges, and bolster efforts to transform the region into a model of inclusive growth.
 Earlier, upon his arrival, Dr Jitendra Singh was warmly received by Deputy Chief Minister of Arunachal Pradesh Sri Chowna Mein, senior officials, and members of the district administration. Following the ceremonial welcome, the dignitaries joined Dr. Jitendra Singh in a review meeting to discuss the district's development initiatives



Union Minister Dr. Jitendra Singh, flanked by Deputy Chief Minister Chowna Mein, convening a high level meeting of administration at Namsal, Arunachal Pradesh on Sunday.

and explore strategies for further improvement.
 The visit aligns with a recent directive by the Prime Minister Narendra Modi, encouraging Union Ministers to spend at least 48 hours in aspirational districts, emphasizing proactive involvement in evaluating progress and guiding future development strategies. This initiative aims to ensure that the parameters of these districts are comparable to the best-performing regions within the state and across the country.
 During the visit, the Minister is reviewing the efficiency of administrative mechanisms and the performance indicators used to monitor development in the district. By closely examining key sectors like health, nutrition, education, and basic infrastructure, the goal is to identify areas that require immediate attention and long-term strategies for improvement.
 The ADP has shown remarkable results over the past five years, with many districts witnessing significant

improvements in institutional births, educational outcomes, and agricultural productivity. As part of the review, the Minister is evaluating how effectively centrally sponsored schemes are being implemented on the ground, identifying best practices and gaps.
 The findings and recommendations from the Namsal visit will contribute to a comprehensive report to be submitted by December 15, 2024. This report will help refine policies to ensure sustainable and inclusive development in the region.
 Residents and officials alike have expressed optimism about the visit. "This level of engagement from the government reassures us that our challenges are being heard," said a senior official from the district administration. The Minister's presence and proactive involvement underscore the government's commitment to creating a future where even the most underdeveloped regions can thrive.
 Dr. Jitendra Singh's visit is a testament to the government's vision of inclusive growth, ensuring that every region becomes a vital contributor to the nation's development journey.



J&K Judicial Academy's 2 day conference on Criminal Justice concludes



Former District & Session Judge, M.S. Parihar speaking in a conference.

STATE TIMES NEWS
 JAMMU: The two day conference on "Criminal Justice Administration with special reference to New Criminal Laws and Discussion on Civil/Criminal Rules" organised by the J&K Judicial Academy for Judges of District Judiciary, Legal Aid Defence Counsels, Investigating Officers of Jammu Province and Research Assistants from High Court of J&K and Ladakh concluded here on Sunday at Jammu Wing, Janipur.
 The conference was held under the patronage of Chief Justice, High Court of Jammu & Kashmir and Ladakh (Patron-in-Chief, J&K Judicial Academy), Justice Tashi Rabstan, guidance of Justice Sindhu Sharma, Chairperson, Governing Committee for J&K Judicial Academy and members of Governing Committee for J&K Judicial Academy.
 On the first day, the sessions were conducted by Rajiv Gupta, Principal District Judge Rajouri, who discussed about various principles of criminal justice administration and stressed that the innocence of accused must be preserved until proven guilty. He added that how recent amendments impact our daily responsibilities in criminal justice administration. He said that with the rapid evolution of criminal laws, it becomes crucial to comprehend the practical implications these new laws on judicial processes. Rajiv Gupta guided the participants through these changes, shedding light on key legal updates and offering practical insights into implementing them effectively.
 On the second day, the sessions were conducted by M.S. Parihar, Former District & Session Judge who facilitated a constructive dialogue on applying civil and criminal rules effectively in real-life cases. The session was crucial for reinforcing our understanding of recent procedural developments and addressing challenges in their application.
 Sonia Gupta, Director J&K Judicial Academy conducted the proceedings for the Two Days Conference and presented the vote of thanks.
 All the sessions remained very interactive during which all the participants actively participated and shared their experiences, difficulties and also discussed various aspects of the subject topics. They also raised a number of queries which were answered satisfactorily by the worthy resource persons.

CBC inaugurates five-day Multi Media Photo Exhibition

STATE TIMES NEWS
 JAMMU: Central Bureau of Communication (CBC), Field Offices Jammu, Kathua and Samba organized a five-day multimedia exhibition as part of its Integrated Communication and Outreach Programme at Jhiri Mela, Marh.
 The event aimed to engage the public with critical themes including revamped criminal laws, nutrition, and environmental protection and water preservation through visual storytelling and interactive sessions.
 The event attracted dignitaries, government officials, and local participants who experienced first-hand the informative displays on the themed subjects.
 Districts Development Council Chairman Jammu, Bharat Bhushan who was the Chief Guest inaugurated the five-day exhibition in presence of Ghulam Abbas



DDC Chairman Jammu, Bharat Bhushan inaugurating CBC's five-day multimedia exhibition at Jhiri Mela in Jammu.

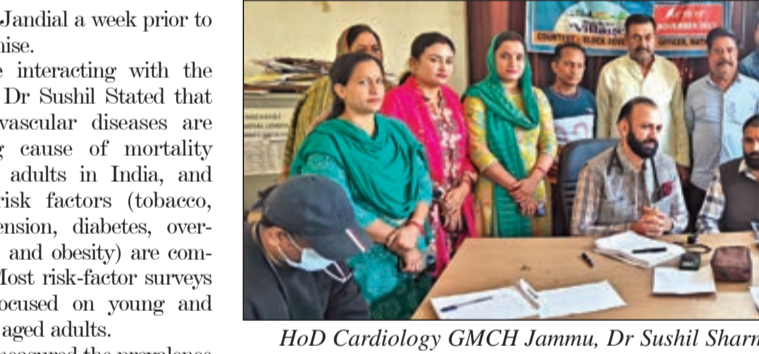
(IIS) Director C.B.C J&K and Ladakh and Ram Krishan Rathore Tehsildar Marh, Dr Nazam Khan Mela officer, Sarsa Ram Principal Hr Sec School Marh and Ram Ditta Sharma Mela Secretary.
 In his address, Bharat Bhushan urged participants to take full advantage of the exhibition's insights into the recently restructured criminal laws, including the Bhartiya Nayaya Sahita, 2023, Bhartiya

Development J&K thanked CBC J&K for selecting exhibition themes that address pressing, contemporary challenges.
 He urged the general public and especially the devotees of mela to attend the event in large numbers.
 Vikram Katryal Agriculture Extension Officer Zone Marh highlighted various schemes related to agriculture and showcased various success stories from Marh Zone.
 Er Shubam Gupta Assistant Engineer Jal Shakti Department spoke about Jan Jeevan Mission and its implementation by the department.
 The event also included a debate, open quiz and painting competition, where students from various schools shared their perspectives on the themed subjects, illustrating the importance of each and exploring ways to leverage their benefits.
 efforts can help society tackle nutritional and environmental challenges while staying informed about evolving laws and procedures. He encouraged students to become ambassadors of these themes, urging them to share what they learned with family, friends, and community members. He underscored the relevance of the exhibition's subjects in today's world.
 Kartar Singh Additional Secretary Rural

Cardiovascular disease in rural areas-Pandora box: Dr Sushil

Medical camp tribute to Devender Rana

STATE TIMES NEWS
 JAMMU: With the aim of disseminating awareness regarding cardiovascular disease particularly in rural areas Head Department of Cardiology GMCH Jammu, Dr Sushil Sharma held a day long Cardiac Awareness cum health Checkup camp at Panchayat Ghar Lower Jandial Block Mathwar, Jammu for the society as a mark of tribute and respect to visionary late Devender Singh Rana who will continue to inspire upcoming generations to work for upliftment and betterment of society in their respective sectors.
 Devender Singh Rana who always wanted us to organize medical camps for cardiovascular screening in each nook and corner particularly in Nagrota area of Jammu and wished for Medical camp for



HoD Cardiology GMCH Jammu, Dr Sushil Sharma and his team examining patients.

Lower Jandial a week prior to his demise.
 While interacting with the People Dr Sushil Stated that Cardiovascular diseases are leading cause of mortality among adults in India, and their risk factors (tobacco, hypertension, diabetes, overweight, and obesity) are common. Most risk-factor surveys have focused on young and middle aged adults.
 "We measured the prevalence of risk factors for CVD among elderly (age 60 years or more) in rural India. It is now well known that conventional risk factors (smoking, hypertension, diabetes mellitus, obesity, dyslipidemia, unhealthy diet, and reduced physical activity) together account for more than 95% of population-attributable risk for CVD, and novel risk factors have only a small

contribution to make. These risk factors, attributed to a set of life-style changes are prevalent both in urban and rural India" Dr Sushil said.
 He elaborated that some aspects of the CVD epidemic in India are particular causes of concern, including its accelerated buildup, the early age of disease onset in the population, and the high case fatality rate.
 "In India, the epidemiological transition from predominantly infectious disease conditions to non-communicable diseases has occurred over a rather brief period of time. Despite wide heterogeneity in the prevalence of cardiovascular risk factors across different regions, CVD has emerged as the leading cause of death in all parts of India, including poorer states and rural areas. The progression of the epidemic is characterized by the reversal of socioeconomic gradients; tobacco use and low fruit and vegetable intake have become more prevalent among those from lower socioeconomic backgrounds. In addition, individuals from lower socioeconomic backgrounds frequently

do not receive optimal therapy, leading to poorer outcomes. An additional cause of concern in Indians and South Asians is that they tend to have more severe manifestations of CVD and higher fatality rates. Despite having a lower conventional CVD risk factor burden, the incidence of major cardiovascular events and mortality among individuals of low-income countries (96% from South Asia, of whom 83% were from India) was higher than in middle- and high-income countries. The case fatality rates for cardiovascular events in low-income countries, represented largely by India, was 17%; this is much higher than in higher-income countries, which had a case fatality rate of 6.5%," Dr Sushil said.
 He added that countering the cardiovascular epidemic requires the development of strategies such as the formulation and effective implementation of evidence-based policy, reinforcement of health systems, and emphasis on prevention, early detection, and treatment with the use of both conventional and innovative techniques.
 Further he elaborated that In India, under diagnosis and underreporting of CVD are more frequent among the poor. Economically underprivileged patients with CVD are less likely to receive evidence-based treatments, because medical treatment often involves large out-of-pocket payments and with the introduction of Ayushman healthcare scheme this has been overcome and everyone irrespective of socioeconomic strata is able to achieve equitable and affordable healthcare, He Said
 Prominent members of the area Anjali Sharma, Sandeep Sharma, Ravinder Singh, Sohan Singh, Bobby Singh, Bhagwan Dass Sharma, Jagdeep Singh, Ankush Sharma and Romy Khajuria appreciated the efforts of Dr Sushil and his team for conducting cardiac awareness cum health checkup camp in their area and shows their heartfelt gratitude.
 Others who were part of this camp includes Dr Venkatesh Yellupu and Dr Dhaneshwer Kapoor.
 Paramedics and volunteers includes Ranjeet Singh, Amish Janwal, Rohit Nayyar, Paramveer Singh, Rajinder Singh, Vikas Kumar, Gurpreet Singh, Vishal Padha and Nirvair Singh Bali.

CSIR healthcare theme conclave under OWOT concludes

STATE TIMES NEWS
 SRINAGAR: The two-days HealthCare Theme Conclave organized by the Council of Scientific and Industrial Research (CSIR), concluded here today. This mega event was organized under CSIR's One Week One Theme (OWOT) Campaign, aimed at creating awareness about the scientific and technological developments and innovations of CSIR in the HealthCare sector.
 The event brought together stakeholders such as Policy makers, MSMEs, Startups, Scientists, Technocrats, Industry leaders, Academicians, Researchers, Students from Universities, Colleges and Schools, as well as members of civil society. This initiative provided a platform for the startups to display their innovative products and helped to ignite the young minds with an entrepreneurial spirit.
 The Conclave held from 16-17 November, at the Sher-i-Kashmir International



Dr. Zabeer Ahmed, Director CSIR-IIIM speaking at Health Care Theme Conclave in Srinagar.

Convention Centre (SKICC), Srinagar was inaugurated yesterday by Dr. Jitendra Singh, Union Minister for Science & Technology, Vice President of CSIR, who was the Chief Guest of the function. Satish Sharma, Cabinet Minister for Food, Civil Supplies & Consumer Affairs, Transport, Science & Technology, Information Technology, Youth Services & Sports and ARI & Trainings Departments, J&K was the Guest of Honour.
 On the second day, Dr. G.N. Singh, Advisor to Chief Minister, UP & Ex-Drug Controller General (DCGI), in his keynote address said that despite the existence of guidelines and appropriate policy framework for phytopharmaceuticals, there have been very few applications filed for their approval.
 He praised the efforts of the present-day government in reigniting interest in the Indian Traditional Systems of Medicine, including Ayurveda, which is fueling research and develop-

ment of plant-based drugs, with proper scientific validation and clinical trials.
 He informed the gathering that Jammu and Kashmir has a huge potential in this area due to its unique and rich biodiversity. Earlier Dr. Zabeer Ahmed, Director CSIR-IIIM introduced the institute and informed the gathering about various facets of research being carried out at the Institute, that includes drug discovery for diseases such as cancer, arthritis, infectious diseases, liver disorders.
 In his address, he discussed how this institute is supporting the farmers through the Aroma Mission and Floriculture Mission which have helped in generating livelihood as well as entrepreneurship development, with the help of Startup Incubators at CSIR-IIIM.
 He added that research in the institute has led to discovery and development of Saffron based

phytopharmaceutical for Alzheimer's disease and Cannabis based lead for relieving Cancer Pain.
 He also informed that CSIR-IIIM would soon begin clinical trials of single molecule modern drug for the treatment of Pancreatic Cancer, for which necessary permissions have already been obtained.
 He also informed the gathering how the idea and implementation of one week one theme (OWOT) will bring scientists and society together.
 A panel discussion moderated by Rakhee Bakshee, Senior Journalist and Communication Strategist, was also held on the second day of the Conclave, wherein Policy Makers, Experts from Industries, Scientists from Research Institutions and Startups, deliberated on the Challenges and Opportunities in the integration of Traditional Medicine with Modern Medicine.
 The panelists discussed in detail how geo-climatically different locations are useful in harnessing the newer drugs through phytopharmaceutical mode.
 Later, the startups which showcased their innovations in HealthCare and Agri-Products, during the exhibition at the Conclave, were felicitated.
 These startups included M/S Chenab Valley Zaitoon Tel, M/S Herbal Aura, M/S Sahil Apiaries and Beehive, Jagriti Products, Adoptive Biotech Pvt. Ltd., Alpha Environmental System, M/S Vipam Sons, M/S GauriCo., M/S Valley Agro Impex, M/S Al-Kareem Souq Pvt. Ltd., M/S Alriziq Foods LLP, M/S Kashmir Biotech Pvt. Ltd., M/S Shirin Aromatics - Rû Posh, M/S Zayaan Organics, M/S Hapico Industries Private Limited, Himalayan Products, Khorasan Hi-Tech Food Processing Industry, Gulmarg Mushroom Farm, Azmat the Brand, United Floritech, Zeeba Biotech, Pherobank Technologies, Noonley Green Food Innovation Pvt. Ltd., Aazin Formulations (Astraz), Cashmir Carbozone Pvt. Limited, Flora Garden Tech Achabal, and Himalayan Herbs by Zamrud Futuristic.
 The conclave was organized under the patronage of the Council of Scientific and Industrial Research, under the overall supervision of Dr Zabeer Ahmed, Director, CSIR-Indian Institute of Integrated Medicine, Jammu, assisted by his team including Er Abdul Rahim, Vikram Singh, HoDs, scientists, technical staff and students.