

68th National School Games in Fencing

Subhanaya of J&K bags Sabre Individual Bronze; Haryana, Manipur, Maharashtra clinch Gold

STATE TIMES NEWS
JAMMU: Displaying extraordinary skill and showing character and temperament when it mattered the most in the crunch situation, J&K's gritty and gutsy Fencer, Subhanaya Sharma won Bronze medal to keep J&K's Flag high at the national scene, while Manipur's Pangambam Ambika Devi clinched Sabre Individual Gold, Maharashtra's Janhvi bagged Epee Individual Gold and Haryana boys claimed Epee team event in the ongoing 68th National School Games in the discipline of Fencing U-17 Boys and Girls, being organised by the Directorate of Youth Services and Sports, under the auspices of School Games Federation of India (SGFI) at Gymnasium Hall, University of Jammu here.



Medal winners posing for a photograph with dignitaries.

Earlier, in U-17 Girls Sabre individual event, the Gold medal was bagged by Pangambam Ambika Devi

of Manipur, the Silver medal was clinched by Anukriti Singh of Haryana, while the Bronze medal was claimed by Subhanaya Sharma of J&K and Antalya of Punjab.

went to the Punjab fencers namely Sudarshan Singh, Parteek Sharma, Tanish Jindal and Prabhnoor Singh Sidhu. The Bronze medal in this event went to Telangana and the fencers included Nirugonda Varshith, Cherka Vignesh, Bandavath Sairam and Mohammad Asif and the 2nd Bronze medal was bagged by the fencers from Manipur including Konsam Dronel Singh, Shambanduram Zenith Meitei, Tontang Haijam and Nelsom Hidam.

Advocate Supriya Chauhan was the guest of honour, who along with Ved Prakash, Joint Director Youth Services and Sports Jammu present medals to all the winners. The chief guest lavished praise on the organisers for holding the event in a most befitting manner. "It has been learnt that around 4000 athletes are taking part in these month-long 68th National School Games in the disciplines of Judo, Fencing, Wushu and Football. So the event is a historic one. Hats off to the Directorate of Youth Services and Sports," Dr Zaffar maintained. Former International Fencer and International Referee Rashid Ahmed Choudhary is the Competition Director, while former International Fencer and reputed Fencing Coach Ujjawal Gupta is the Competition Manager.

Govt SPMR College of Commerce hosts Inter-College Karate Tournament



Winner players posing with dignitaries after receiving medals.

STATE TIMES NEWS
JAMMU: Government SPMR College of Commerce on Tuesday organized an Inter-College Karate Men's and Women's Tournament for the Cluster University of Jammu. The event was graced by Prof. Pawan Gupta as the Chief Guest during the opening ceremony, with Dr. Vinod Bakshi, Director of Physical Education & Sports at CLUJ, serving as the Guest of Honor. The event also saw the

presence of distinguished guests such as Dr. Chetna Gupta, Prof. Sanjeev Verma, Prof. Isha Abrol, and Kajal Permi, Physical Director of GCW Gandhi Nagar. The tournament, held under the overall supervision of Ravi Kumar, the Physical Director of Govt. SPMR College of Commerce, was conducted by the Sports Committee of the college. It witnessed intense competition between various colleges from the Cluster University of Jammu.

In the Men's Section, GGM Science College emerged as the winner, while SPMR College of Commerce secured the runner-up position. In the Women's Section, SPMR College of Commerce claimed the top spot, with PSPS GCW Gandhi Nagar finishing as the runner-up. The tournament was officiated by Amit Kumar, Sahil Sagar, Ranjeet Singh, Rohit Thakyal, and Madhu Sharma, ensuring fair play throughout the competition.

Seven-day camp inaugurated by KC College of Education at Govt School Pounichak



NSS volunteers of KC College of Education during yoga camp at Govt. School, Pounichak.

STATE TIMES NEWS
JAMMU: The National Service Scheme (NSS) unit of KC College Of Education today inaugurated its 7-day camp on Communal Harmony Week at Govt. School, Pounichak, focusing on promoting unity, social cohesion, and holistic well-being. The camp commenced with a two-day yoga camp, led by renowned yoga instructor from Deptt. of Ayush Vandana Sharma and Riya Jamwal, emphasizing physical and mental harmony. This was followed by an insightful lecture on women's

hygiene and menstrual health by, Dr. Himani Bhutyal, Medical officer and Master Yoga Trainer from Deptt. of Ayush, Jammu. Dr Sanjay Tickoo, principal of the college inaugurated the camp and stressed the importance of communal harmony and youth engagement in nation-building. NSS Program Officer, Priya Gupta welcomed the gathering and outlined the camp's objectives, which include Promoting communal harmony and social cohesion; Fostering a culture of tolerance and understanding; Empowering youth to

become agents of change; and Encouraging holistic well-being through yoga and wellness practices. Over the next five days, the camp will feature workshops, group discussions, symposium, visits and activities focused on Interfaith dialogue and understanding; Gender equality and women's empowerment; Environmental conservation; and Community service and volunteerism. The camp aims to bring together 36 participants from diverse backgrounds, fostering a sense of unity and shared purpose.

36th Doda District Volleyball Championship begins

STATE TIMES NEWS
BHADERWAH: The 36th Doda District Volleyball Championship was inaugurated today at Government Degree College Bhaderwah by Add. SP Bhaderwah, Vinod Sharma.



Participating teams posing for a photograph with chief guest, VAK members and other officials.

The event, organized by the Volleyball Association of J&K in coordination with GDC Bhaderwah and under the aegis of the J&K Sports Council, features 13 teams from various regions of Doda district, including Sinoo, Daddkai, Changa, Thathri, Chinta, and more, competing for the championship title. In his inaugural address, the Chief Guest, Vinod Sharma, praised the efforts of the organizers for conducting such sports events across J&K UT. He emphasized the importance of channeling the energy of youth into constructive activities like sports, which also raise awareness against social evils, including drug addiction. He further appreciated the Volleyball Association of J&K for selecting

Bhaderwah as the venue for this prestigious championship and expressed his support for organizing future events aimed at preparing players for J&K UT-level and National-level volleyball competitions. Among the dignitaries present were Ravi Thakur (SDM, Retd.), who graced the event as the Guest of Honour, along with Sandeep Parihar (SHO Bhaderwah), Angrej Singh (Physical Director, GDC Bhaderwah), and others. The dignitaries were hon-

oured with mementos by the office bearers of the Volleyball Association of J&K, including Kuldeep Magotra (CEO), Vijay Magotra (General Secretary), and Romesh Sharma (Treasurer). The tournament kicked off with exciting matches, showcasing spirited competition. Today's Results: GDC Bhaderwah defeated Islamia Club by 2-0 (25-21, 25-22); Young Star Bhatyas Volleyball Club defeated Rewara Volleyball Club by 2-0 (25-15, 25-16); Tiger Sinoo Volleyball Club defeated GDC Bhaderwah-A by 2-0 (25-23, 26-24); Thathri Volleyball Club defeated Friends Volleyball Club Bhalessa by 2-0 (25-13, 25-

10); Friends Volleyball Club defeated Bhadarkashi Tiger Volleyball Club by 2-0 (25-20, 26-24); Sofi Volleyball Club Daddkai defeated Shining Volleyball Club Bharti by 2-0 (25-11, 25-22); Young Star Bhatyas Volleyball Club defeated Rewara Volleyball Club by 2-0 (25-15, 25-16); Tiger Sinoo Volleyball Club defeated GDC Bhaderwah-A by 2-0 (25-23, 26-24); Thathri Volleyball Club defeated Friends Volleyball Club Bhalessa by 2-0 (25-13, 25-

Tomorrow, the tournament will feature a quarter-final match, followed by two semi-final matches and the final match. The competition is being officiated by Mudasar Butt, Aftab Ahmed, Salma Rubi, Rajni Kotwal, Gulshan Ahmed, Amir Iqbal, Mohd Arif (Rana), ensuring the smooth conduct of the championship. The event has seen a large turnout of sports enthusiasts and volleyball stalwarts, all eagerly supporting the tournament.

Refresher course by DYSS at Udhampur begins



Pushpinder Kour, ZPEO Tikri posing with PETS/ReKs officials during inauguration of five-day refresher course.

STATE TIMES NEWS
UDHAMPUR: A five-day refresher course by Department of Youth Services and Sports (DYSS) started on Tuesday at Subash Stadium Udhampur involving 56 officials (PETS/ReKs) from all 11 zones of the district. The course was inaugu-

rated by Pushpinder Kour, ZPEO Tikri, who emphasized on the significance of continuous learning and skill enhancement. She said that the ultimate aim of the refresher course was to acquaint in-service Physical Education staff with new rules, regulations and techniques.

A distinguished panel of experts, including Ravinder Manhas (PEL), Anita Goswami (PEM), Ajit Singh (PEM), Som Dev Khajuria (PEM), Sanjeev Kumar (PEM), Rakesh Kumar (PEM), Raj Kumar Dogra (PEM), and Raman Kumar (PEM) will conduct sessions on advanced

teaching methodologies, sports management techniques, Sports Injury Therapy and physical fitness strategies. Other resource persons in the panel included Sanjeev Kumar Khajuria, Radha, Meenakshi, Abhishek Raina, Arjun Singh, Madan Lal and Ganesh Sharma.

Naveen Gupta of KCPS makes mark at national level science & technology platform for students

STATE TIMES NEWS
JAMMU: Vidyarthi Vigyan Manthan (VVM) is a national programme for popularising science and technology among school students of standards VI to XI, conceptualised with the intent of identifying "ignited minds", to use the words of Dr. APJ Kalam, with a scientific aptitude from amongst the student community. Naveen Gupta, a student of Class 11 at KC Public School has qualified Level 1 (District level) of the VVM and got 1st position in the UT of J&K. He has been invited to be part of the SSTV (Student Science and Technology Village) programme of IISF (India International Science Festival)



KCPS faculty felicitating Naveen Gupta.

2024 to be held at IIT Guwahati, Assam. SSTV is a flagship programme of IISF, designed to engage and inspire the younger generation and will be an integral part of the India International Science Festival, 2024. Naveen is one of the 60 students from India to have received the official invite from the Government of India to this event by way of encouragement for his continuous achievements in the field of science and technology. IISF 2024 brings

in an opportunity to demonstrate the strength and potential of Indian science and technology not only to the people of India but also to the entire international community. The event will consist of various round table conferences, debates, exhibitions, seminars, science parliaments, workshops and innovation challenges with various top scientists, industrialists and scholars from all over the world. VVM is India's first open book examination which consists of three stages and the national level winners are awarded cash prizes, monthly stipend and participation in many high profile events organised by the government of India.

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GGM Science College observes National Integration Day with poster-making event

STATE TIMES NEWS
JAMMU: GGM Science College celebrated National Integration Day with an engaging Poster-Making Event aimed at fostering the spirit of unity and harmony on Tuesday. The event was organized under the guidance of Principal Prof. (Dr) Romesh Kumar Gupta. Students from various disciplines enthusiastically participated, using their artistic talents to create posters based on the theme of 'Unity in Diversity'. Their creative expressions highlighted the importance of mutual respect, togetherness, and cultural integration in building a cohesive nation. Dr. Narinder Kumar and Dr. Jyotdeep Kour

reviewed the posters and commended the students for their innovative and thoughtful artwork, appreciating their efforts to effectively convey meaningful messages. The event was coordinated by NSS Programme Officers Dr. Rahul Kait and Dr. Neha Sharma, who emphasized the value of such initiatives in inspiring students to uphold the ideals of patriotism and social responsibility. This Poster-Making Event was one of several activities organized by the college to promote the principles of national integration, reinforcing the importance of unity and inclusiveness in shaping a progressive and harmonious society.



Dr. Narinder Kumar, Dr. Jyotdeep Kour posing with students of GGM Science College.

BSF School organises webinar-cum-interactive career counselling session

STATE TIMES NEWS
JAMMU: BSF Senior Secondary School Jammu under the aegis of BSF Welfare Association HQ BSF Jammu organised a Webinar-cum-Interactive Career Counselling Session for the senior X and XII class students in the Satish Auditorium on Tuesday. Other Frontier of BSF were also connected via a web link. The resource person for the session was Dr. Rashi Taggar, Assistant Professor School of Business Shri Mata Vaishno Devi University. Dr. Taggar discussed the various career options available in Science, Commerce and Humanities after class XII. She advised students to identify their talent, look for their interest and sincerely follow their ideas and convert them into reality. She also stressed upon following the dream which fascinates them and not to go for multiple ideas. She asked the students to do self assessment in order to understand whether they were team leaders, socially active members, team workers or logical workers. She also motivated them not to go for dummy institution rather choose government recognized institution and courses.



Principal Dr S K Shukla presenting memento to Resource Person Dr. Rashi Taggar.

Humanity Public School organises Bal Mela

STATE TIMES NEWS
SAMBA: Humanity Public School (HPS) organised a Bal Mela to commemorate and celebrate Children's Day. The Mela aimed to create a memorable day for the junior students of classes Pre Nur to 5th. The highlight of the Bal Mela was the array of food, gaming which were exclusively organized by the teachers. The teachers demonstrated their culinary skills by preparing and serving a wide variety of delectable delicacies, ensuring that the students had a delightful gastronomic experience. The teachers also designed and operated engaging games that challenged the young minds and encouraged healthy competition. Near about 700 students from Pre Nur to class 5th experienced and enjoyed the fun at the Mela. The Mela was organised in two rounds i.e. first round was for Pre Nur to UKG which was inaugurated by the Principal, Gaurav Charak and A.O, Ravinder Sadhu. The second round of Bal Mela was for classes 1st to



5th which was inaugurated by Anku Charak, the Vice Principal of the school and Incharges of different wings, Prasadhi Singh (Incharge Hr. Sec. Wing), Namrta Sharma (High Wing Incharge), Vandana Sharma (Incharge Primary Wing), Er. Varinder Kumar (IT Incharge), Aparna Billowria (Incharge of Pre-Primary Wing) and Mahan Singh (Sports Incharges). Gaurav Charak expressed that this event truly exemplifies our school commitment to holistic education and the overall development of our students. Anku Charak said, "We strive to create and nurture beside

academic excellence, creativity, camaraderie and leadership skills among the students." Meera Charak, Chairperson of the school congratulated the Incharges, the Co-ordinators and teachers for successfully organising the Bal Mela. The Bal Mela ended with two rounds of Lucky Draw Firstly Pre Nur to UKG. The winners of Lucky draw were Anaya Sharma of Class Nur-B, Kairav of Class LKG-A and Rudra Rajput of Class UKG-F. In second round of lucky draw of classes 1st to 5th Smrat of class 3rd -B stood third, Abhimanyu of class 3rd -A stood second and Parvej of class 4th-B stood first.