

# Let each student on the school rolls be a Future Charity Ambassador: JKPS Kunjwani Principal



Principal JK Public School Kunjwani, Rajesh Rathore and students addressing morning assembly on Wednesday.

**STATE TIMES NEWS**  
JAMMU: "Charity is an act of kindness, wherein a person who has more than the required amount, contributes a part of surplus income for the fulfillment of the need of those who are less capable", stated Aastha Sharma from Grade XI A.

"Charity is possible in various forms. The broader meaning of charity is donating money or goods to an organization for the fulfillment of the purpose for which it has been established", she further added.

Adding more substance to the content, another presenter from the class Tejpal Singh

stated, "It is essential to note that charity does not only mean contributing to a charitable organization. There goes a famous saying: Charity begins at Home. This means that it is not enough to contribute money to the charitable organizations alone. Let's take an example, suppose if your domestic help at home is in dire need of money, you should help him/her; as he/she works for you only. No one in the society will support your domestic help as he/she is your responsibility but anyone can donate to a charitable organization".

Finally Arshdeep Kaur

pitched in by saying, "Charity begets empathy. It's of paramount importance in today's materialistic society because it helps us grow as individuals by developing a sense of responsibility, empathy and awareness of the world around us. When we work to address real community issues, like, supporting education for underprivileged children, caring for the environment or assisting the elderly; we develop qualities like kindness, team work and problem solving. We are not just learning from books; we are learning from life.

Principal Rajesh Rathore

lauded the endeavours of the students from Grade XI A for creating a positive ambience during the morning assembly. He said, "Charity is the phenomenon that cannot be described in words. In fact, if we extend our helping hand to a downtrodden person with a pure heart, expecting nothing in return, the Omnipotent will certainly bless us with multitudes of it. We must believe in charity, if we expect anything from God. Without giving others, we have no right to ask for anything from the Lord Almighty."

Invoking the GenNext, he

sought a promise from the audience to be extremely successful in their professional lives ahead and involve themselves in variety of charity initiatives. He appealed to everyone in the audience, "Let each student on the school rolls be a future Charity Ambassador".

# Abhyaas Club lifts 36th District Samba Volleyball Championship trophies



Participating teams posing for a photograph with MLA Chander Prakash Ganga and other dignitaries.

**STATE TIMES NEWS**  
SAMBHA: Abhyaas Club won men and women trophies of the 36th District Samba Volleyball Championship (2024-25) organized by District Samba Volleyball Association under the aegis of Volleyball Association of Jammu and Kashmir (UT) at Abhyaas Volleyball Academy

Tarlokpur, Jakh, here on Wednesday. In men final, Abhyaas Volleyball Club beat Barjani Volleyball Club by 3-1 (17-25, 25-15, 25-14, 26-24) while in women final match, Abhyaas Volleyball Club defeated Bari Brahmana Club by 3-0 (25-16, 25-16, 25-9).

MLA Chander Prakash Ganga was

the Chief Guest of the championship, Dalbir Mehta (Manager of Sports Stadium, Samba Distt) was the Guest of Honour.

Other dignitaries who were the part of the championship include Romesh Kumar Sharma, President District Volleyball Association Samba, B.S Jamwal Secretary district Volleyball Association Samba, Variender Singh (Ex Panch), Retd Subedar Parshotam Kumar, Rakesh Kumar, Ns sub Shamsheer Singh, Charanjeet Singh (Athletic Coach), Mohinder Sharma and Kamal Sharma, Chuni Lal, Suresh Singh Chib, Surjeet Singh Manhas, Ratan Sharma, Rohani Devi, Ayisha Tabssum and Shivali Kumari.

Today's matches were officiated by Sat Paul, Neeraj Kumar, Aman Kumar, Akshay, Anku, Panku, Ishima Verma, Lavanya, Monika and Nazish Akhtar.

# Inter Collegiate Football Tournament 2024-25 gets underway at JU

**STATE TIMES NEWS**  
JAMMU: The ongoing Inter-Collegiate Football (Men & Women) Tournament for the academic year 2024-25, organized by the Directorate of Sports and Physical Education, University of Jammu, has been held with great enthusiasm at the football ground of Jammu University.

The tournament brought together talented athletes from various affiliated colleges, offering them a platform to demonstrate their skills and passion for the sport.

Dr. Daud Iqbal Baba, the Director of the Directorate of Sports and Physical Education, University of Jammu, addressed the players during the matches, motivating

them with words of encouragement. He emphasized the importance of discipline, teamwork, and fair play in sports, urging athletes to uphold these values on and off the field.

Results Men's: ASCOMS defeated UIET Kathua by 2-0; IGGDC won against GDC Gaghwah by 2-1; MIET triumphed over MBS College with a 3-0 victory; GMC

Kathua beat GCET by 2-1; GDC Samba secured a 2-1 win over GDC Marh; PG Department JU emerged victorious over GDC Kathua with a dominant 5-1 score.

The matches were officiated by a dedicated team of referees, including Dheeraj Menia, Abhishek, Dil Bhadur, Kartik Sharma, and Gagan Kumar.

# Alumni Guest Lecture on 'Idealism' at MIER College



Dr. Ashu Jolly, Assistant Professor and Head of Education at GDC Marh with MIER College faculty.

**STATE TIMES NEWS**  
JAMMU: The Alumni Committee of MIER College of Education organized an inspiring guest lecture on "Idealism" for the students of B.Ed. and B.Ed. Special Education Semester I. Held in the H.L. Gupta Auditorium, the event saw enthusiastic participation from both students and faculty members.

The lecture, aligning with the curriculum of

Philosophical and Sociological Perspectives in Education and Contemporary India and Education, was delivered by Dr. Ashu Jolly, Assistant Professor and Head of Education at Govt. Degree College, Marh. An esteemed alumna of the B.Ed. class of 1999 at MIER College, Dr. Jolly brought her extensive expertise to the session, making it a memorable experience.

The event commenced with

a warm welcome and introduction of the speaker by Arpana Koul. Dr. Jolly's lecture provided deep insights into the core principles of Idealism, its historical evolution, and its relevance in contemporary educational philosophies. Her engaging delivery encouraged students to approach philosophical perspectives with renewed interest.

An interactive session followed, where students asked thought-provoking questions, sparking a dynamic exchange of ideas. Prof. Adit Gupta, Director and Principal of MIER College of Education, extended heartfelt gratitude to Dr. Jolly, presenting her with a certificate of appreciation for her invaluable contribution.

The session concluded with a vote of thanks by Kavayam Mahajan, a B.Ed. Semester I student, who expressed her gratitude to the speaker and the organizers for the enriching and informative experience.

# Mansha Gul qualifies Ph.D

**STATE TIMES NEWS**  
JAMMU: Mansha Gul, daughter of Advocate Ghulam Ahmad and Shaheena Gul, and resident of Srinagar, has been declared qualified for the award of the Degree of Doctor of Philosophy (Ph.D.) in Plant Physiology by the Shere-Kashmir University of Agricultural Sciences and Technology of Jammu (SKUAST-J).

Her research, titled "Study on Management of Irregular Bearing of Apple (Malus x domestica) in Jammu and Kashmir," was conducted under the supervision of Professor B.K. Sinha, Division of Plant Physiology, Faculty of Basic Sciences, SKUAST-Jammu.



# Sofi Club Dadkaie retains 36th Doda District Volleyball Championship trophy

**STATE TIMES NEWS**  
BHADERWAH: The 36th Doda District Volleyball Championship, organized by the Volleyball Association of J&K in collaboration with the J&K Sports Council, concluded on Wednesday at Govt. Degree College Bhaderwah.

The championship saw last year's winner, Sofi Club, retain their title by defeating Thathri Volleyball Club in a thrilling final, with a score of 3-1 in sets (25-19, 19-25, 25-23, 25-22).

In the semifinals, Thathri Volleyball Club triumphed over Bhatyas Volleyball Club with a 2-1 set victory (21-25, 29-27, 25-20). Sofi Club Dadkaie also secured a place in the final by defeating Sinoov Volleyball Club 2-0 (25-17, 25-23).

A total of 13 teams from various far-flung areas of Doda district, including Gandoh, Bhalessa, Sinoov, Dadkaie, Changa, Thathri, Chinta, Seri, Jai, and Bhatyas, participated in the championship.

The Chief Guest at the event was ADC Bhaderwah, Sunil Kumar, who emphasized the importance of sports in transforming society and urged youth to participate in such events to combat issues like pollution and drug addiction.

He also expressed gratitude to the organizers for advocating drug de-addiction and for identifying talented volleyball players for J&K and



Chief Guest presenting trophy to winner Sofi Club.

National Championships. Prof. Rakesh Sharma, Principal of GDC Bhaderwah, was the Guest of Honour, and other dignitaries present included Ravi Thakur (SDM, retired), Angez Singh (Physical Director of the college), and other officials. The Chief Guest distributed trophies and medals to the winners and runners-up teams, while the office bearers of the Volleyball Association of J&K-Kuldeep Magotra (CEO), Ramesh Sharma (Treasurer), and VK Magotra (General Secretary)-honoured the dignitaries with mementos.

The Services of Mudasir Butt, Aftab Ahmed, Salma Rubi, Rajni Kotwal, Gulshan Ahmed, Amir Iqbal, Mohd Arif (Rana) utilized as technical officials for smooth conduct of the two days championship in which total 12 matches were played on knock out basis.

With Picture  
Refresher course for Reasi PETs by DYSS concludes

REASI: A five-day residential refresher course for Physical Education Teachers (PETs) and Rehbar-e-Khel (REK) officials concluded in district Reasi.

The program was designed to enhance participants' instructional techniques, introduced them (PETs) to modern training methodologies, and equipped them to better nurture young talent.

Tarsem Singh, District Youth Services and Sports Officer (DYSSO) Reasi was special guest in the valedictory function of the course. Speaking to the gathering, he emphasized the importance of enhancing and updating the knowledge base of those technical individuals of the department.

The penal of resource persons included Ajay Billa, Ashoka Kumari, Madan Mohan, Balwan Singh, Romesh Kumar, Jagdev Singh, Arundev, and Rahul Bakshi. The programme was coordinated by Mohd. Raiz, Ankush Sharma, and Anoop Jyoti.

# PG Department JU lifts Inter Collegiate Boxing (Men ) trophy 2024-25

**STATE TIMES NEWS**  
JAMMU: The Inter-Collegiate Boxing (M&W) Championship for the academic year 2024-25 was organized by the Directorate of Sports and Physical Education, University of Jammu at Boxing Ring University of Jammu. The tournament held with great enthusiasm and brought together talented athletes from various affiliated Colleges University of Jammu, providing them with an excellent platform to showcase their skills and determination.

The Overall Championship trophy in Men section was clinched by PG Deptt. JU with 34 points. The Runner-up Trophy was bagged by GDC Doda.

Dr. Daud Iqbal Baba Director, Directorate of Sports and Physical Education, University of Jammu, awarded the trophies and medals to the winners and runner up teams.

Results of final Bouts (M): (48-51) Kg: Ankit Saini, PG Deptt JU, G o l d and Mohit Sharma, G D C Kathua, silver. (51-54) Kg: Salamat Hamid, PG Deptt JU, gold, Parveen, GDC Udhampur, silver and Sumit Sangra, GDC Kathua, bronze; (54-57) Kg: Vishal



Director Sports JU, Dr. Daud Iqbal Baba with others at boxing meet.

Dr. Rupali Slathia, Dr. Mahak, Inderjeet Singh, Rishiv Sharma, Manjeet Kotwal, Richa Mandla, Vandna Sharma and other dignitaries, players, officials from participating colleges.

Dr. Daud Iqbal Baba, Director, Directorate of Sports & Physical Education, University of Jammu, awarded the trophies and medals to the winners and runner up teams.

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Jabotra, GDC Kunjwani, gold, Rohit Kumar, PG Deptt JU, silver and Shagat Vinkel Bhagat, GDC Doda, and Keshuam, UIET Kathua, joint bronze; (57-60) Kg: Shubham Singh, GDC Ramban, gold, Mohd. Zaeher, GDC Poonch, silver, Dalbir, PG. Deptt. JU and Tarun Sharma, GDC Udhampur, joint bronze; (60-63.5) Kg: Mahesh, PG Deptt JU, gold, Navid Asger, GDC Rajouri, silver, Sahil Singh, GDC Udhampur, and Sumit Sharma, GDC Kathua, joint Bronze; (63.5-67) Kg: Atvaz Ali, GDC Udhampur, gold, Krish Bijjal, GDC Doda, silver, Shubham, Dogra Degree Law College, and Raighav Sharma, UIET Kathua,

joint bronze; (67-71) Kg: Hanish, PG Deptt JU, gold, Aneet Singh, UIET Kathua, silver, Rudraksh Goswami, Dogra Degree Law College and Sanju Kattal, GDC R.S Pura, joint bronze; (71-75) Kg: Deepak Kumar, GDC Paloura, gold, Gurmahar Singh, GDC Kunjwani, silver, Tarun Chaudhary, PG Deptt JU, and Azeen Iqbal, MIET Jammu, joint bronze; 75-80 Kg: Kavya Thakyal, GDC Vijaypur, g o l d, Chandan Sharma, G D C Kathua, Silver, Avais Shamim, PG Deptt JU and Mohd Umar, GDC Rajouri, joint bronze; (80-86) Kg: Adnan Farooq, GDC Doda, Gold, Jagmohan Singh, PG Deptt JU, silver, Rishi Singh Jamwal, GDC Kathua, bronze; (86-92) Kg: Gurmeet, GDC Vijaypur, gold and Arunjeet Singh, GDC Doda, silver; (92+) Kg: Shoeb Malik, PG Deptt JU, g o l d, Vikrant, GDC Paloura, silver and Mohd. Asad, MIET Jammu, bronze.

Matches were officiated by Anil Chib, Haradesh Singh, Sandeep Singh, Anshuman, Akash Chib and Shahzad.

# 68th NSG: With twin bronze on day-4 J&K bags 11 medals in Fencing

Manipur fencers continue to blossom; Kulraj of Chandigarh, Sapam of Punjab win Gold

**STATE TIMES NEWS**  
JAMMU: Jammu and Kashmir fencing duo of Vansh Raina and Harsh Dubey claimed Bronze medals in their respective events, thus taking J&K's medal tally to 11, while the fencers from Manipur continued their dominance, winning Gold medal in Girls Foil Individual, Sapam of Punjab clinched Gold in Boys Foil Individual and Kulraj of Chandigarh won Sabre Individual Gold in the ongoing 68th National School Games in the discipline of Fencing, being organised by the Directorate of Youth Services and Sports, J&K, under the auspices of School Games Federation of India (SGFI) at Gymnasium Hall University of Jammu ground here on Wednesday.

Out of a total of 11 medals, J&K has won six medals in the recently held U-14 Boys and Girls Fencing Championship, with 2 Gold, 2 Silver and 2 Bronze medals and 5 medals in the ongoing U-



Medal winner players posing for a photograph with dignitaries.

17 Boys and Girls Fencing Championship with one Silver and 4 Bronze medals.

Earlier, in U-17 Boys Sabre Individual, Kulraj Panav Sharma of Chandigarh won Gold, Prakhars Singh of CBSE Welfare Sports Organisation bagged Silver, while the Bronze medals were claimed by Vansh Raina of J&K and S Abitlin Shanu of Tamil

Nadu in this event. In U-17 Boys Foil Individual, Sapam Heyday Kumar Singh of Punjab clinched gold, Kangabam Prithibir Singh of Manipur bagged Silver, while Sagar Singh of Chandigarh and Harsh Dubey of Jammu and Kashmir claimed Bronze. Takhella m b a m mangaleibi of Manipur clinched Gold in U-17 Girls Foil Individual,

while Prachi of DAV College Managing Committee bagged Silver and the Bronze medals in this event went to Navisha Bharadwaj of CBSE and Berishmira Rabha of Assam in this event. The medals were presented to the winners by Harvinder Kaur, Convener Ceremonies Committee and Ujjwal Gupta, Former International Fencer and Competition Manager.