

Sunil, Aquib, Kanhaiya, Samad, Qamran sparkle; J&K take firm control

STATE TIMES NEWS

JAMMU: Left-arm seamer Sunil Kumar delivered a sensational performance with a five-wicket haul, while right-arm pacer Aquib Nabi impressed with four crucial wickets, dismantling the Hyderabad batting line-up in the ongoing Ranji Trophy Elite Group-D match at the JKCA Hostel Ground on Monday.



Sunil Kumar was the pick of the bowlers for J&K, who took 5 wickets by conceding 29 runs in 13.2 overs, while Aquib Nabi bagged 4 wickets by giving away 39 runs in 16 overs.

Building on their bowlers' brilliance, Kanhaiya Wadhawan, Abdul Samad and Qamran Iqbal put J&K firmly in the driver's seat, remaining unbeaten with commanding half-centuries. Their confident batting consolidated J&K's advantage, putting the hosts in a commanding position against the traditionally strong Hyderabad side.

Earlier, resuming from an overnight score of 88/6, Hyderabad bundled out for a paltry total of 121 runs, thus conceding a first innings lead of 49 runs. Skipper Rahul Singh Gehlot top scored with 48 runs.

J&K were comfortably placed at 275/4 in 71 overs in their second essay, thus having a lead of 324 runs. Kanhaiya Wadhawan played a brisk and brilliant innings of 82 runs off 98 balls, studded with 10 fours and one six, while Abdul Samad was unscathed at 77 runs off 134 balls stud-

SCOREBOARD

JAMMU & KASHMIR 1ST INNINGS	170/10
HYDERABAD (INDIA) 1ST INNINGS	
Tanmay Agarwal c Umar Nazir b Auqib Nabi	00
Abhirath Reddy c Sahil Lotra b Auqib Nabi	05
Rahul Singh (c) c †Wadhawan b Kumar	48
Kodimela Himateja run out (Khajuria)	00
P Nitish Reddy c Umar Nazir b Auqib Nabi	03
Rahul Radesh † b Kumar	07
Tanay Thyagarajan c †Wadhawan b Kumar	16
Aniketreddy b Kumar	03
Rakshan Readdi c †Wadhawan b Auqib Nabi	11
Kartikeya Kak b Kumar	10
B Punnaiah not out	00
Extras	18
Total	121/10
JAMMU & KASHMIR 2ND INNINGS	
Qamran Iqbal lbw b Raksham Readdi	50
Shubham Khajuria b Kartikeya Kak	05
Vivrant Sharma e Agarwal b Thyagarajan	45
Paras Dogra (c) b Raksham Readdi	05
Abdul Samad not out	77
Kanhaiya Wadhawan † not out	82
Extras	11
Total	275/4

ded with 6 fours and 4 sixes. Promising Qamran Iqbal also scored a magnificent fifty (50) and Vivrant Sharma contributed 45 runs to the total. CTL Raksham took 2 wickets, Kartikeya Kak and Tanay Thyagarajan claimed one wicket each.

Kathua District Volleyball Championship concludes Upper Mela, Billawer Volleyball Club win trophies



Dignitaries at closing ceremony of Kathua District Volleyball Championship.

STATE TIMES NEWS
KATHUA: The Kathua District Volleyball Championship organized by the Kathua District Volleyball Association under the aegis of the Volleyball Association of Jammu and Kashmir and sponsored by the Jammu and Kashmir Sports Council, concluded with an impressive display of talent and sportsmanship. The two-day championship, held from 15th to 16th November 2025 at Bhatiyari (Hiranagar),

Kathua, saw participation from 18 boys' teams and 4 girls' teams across the district. In a spirited final showdown, Upper Mela Volleyball Club emerged as champions in the boys' category, while Billawer Volleyball Club clinched the title in the girls' section. The boys' final was played under floodlights, drawing a massive crowd, who gathered to witness the thrilling contest and cheer for their favourite teams. The concluding ceremony

was graced by Vijay Sharma, MLA Hiranagar, as the Chief Guest, along with the SHO Hiranagar as the Guest of Honour. Both dignitaries praised the organizers for successfully conducting the championship and encouraged young athletes to continue their dedication to sports. Matches were officiated by Saparsh Sharma and Sahil Sharma, who ensured fair and smooth conduct of all games throughout the tournament.

VAJK to hold selection trials for national championship

STATE TIMES NEWS

JAMMU: The Volleyball Association of Jammu & Kashmir (VAJK) has announced to conduct Junior Boys and Girls Selection Trials to shortlist players for the 49th Junior National Volleyball Championships, scheduled to be held at Pilani, Jhunjhunu, Rajasthan, from 16th to 21st December 2025. Sharing details about the upcoming trials, Kuldeep Magotra, CEO of VAJK, said, "These trials are an important opportunity for our young and outstanding volleyball talent to represent Jammu & Kashmir at the national stage. We are committed to ensuring a transparent and merit-based selection process."

The trials will take place at M.A. Stadium, Jammu, from 28th to 30th November 2025, and will be conducted by the official selection committee of the Association. Players born on or after January 1, 2008, are eligible to participate. Emphasizing the need for proper documentation, Magotra added, "All participating players must bring their original Date of Birth certificate-preferably Municipal Certificate-along with Aadhaar Card, educational institution certificate, domicile certificate, and a valid medical certificate. These documents are mandatory to ensure age verification and eligibility as per national championship norms."

VAJK has requested all district units to send their outstanding junior players for the trials. Following the selection process, a coaching camp will be organized under the supervision of qualified volleyball coaches at the same venue from 1st December to 14th December 2025.

Magotra expressed confidence that the selected team will perform exceptionally well at the national level, reflecting the growing volleyball talent in Jammu & Kashmir.

Kho-Kho trials on Nov 21

STATE TIMES NEWS

JAMMU: To name district team, the Jammu District Kho-Kho Association shall hold one-day selection trials from 2.30 pm onwards at Green Play Fields, here on November 21.

The selected team shall represent district Jammu in the proposed 25th J&K UT Kho-Kho Championship by the Jammu and Kashmir Kho-Kho Association.

The participating players are requested to come with valid Aadhar Card, UID and four passport size photographs for verification and related purposes, a handout issued here today said.

For trials related queries, player can contact concerned individuals via Mobile Nos. 9419141007, 9149509617 and 9906204257 or email: jkkhokho@gmail.com.

Heritageans excel at UT Roller Skating Championship 2025

STATE TIMES NEWS

JAMMU: Students of Heritage School delivered an exceptional performance at the UT (State) Roller Skating (Sports) Championship 2025, held at M.A. Stadium, Jammu, from 4th to 7th November. Organized by the Jammu & Kashmir Roller Skating (Sports) Association, the championship witnessed remarkable displays of speed, skill, and teamwork as the young skaters of Heritage School secured an impressive tally of 43 medals, including 23 Gold, 10 Silver and 10 Bronze across Jonex Quads, Inline Speed, and Roller Hockey events.

In the Jonex Quads category, Jaisvi Kaur Sarkaria (Class I D) clinched a Gold Medal in the U-8 Girls 500m Rink Race, marking a strong start for the school. The Inline Speed category saw another stellar perform-



Heritage School faculty felicitating winner students.

ance from Adhyansh Verma (Class II F), who won one Gold and two Silver medals in various U-8 Boys races. Puneesh Puri (Class IX D) emerged as a standout athlete, securing three Gold medals in the U-15 Boys category, showcasing outstanding endurance and technique.

The Roller Hockey events brought further glory to the school, with students demonstrating exceptional teamwork and coordination.

In the Tiny Tots category, Bhumik Singh Salathia, Prehaan Tripathi, and Adhyansh Abrol secured Gold medals, while Yashaavin Singh Reen earned Silver. The Cadet Boys category was dominated by Heritageans, with Parmarth Bral, Abheek Digna, and Adhrit Suri winning Gold, followed by multiple Silver medalists including Agastya Shivpuri, Tej Pratap Saigal, Sidharth Singh, and others.

The Cadet Girls also put up a commendable show. Bronze medals were bagged by Prashasti Sharma, Kamaakshi Mahajan, Neyonika Slathia, Tvisha Sharma, and Aadriti Sharma, while Aujasvi Bral secured a Silver. In the Sub Junior Boys and Girls categories, Navdeep Kour and Kumar Vanishree N Verma won Gold, and Vihaan Sharma claimed Bronze. The Cadet Mixed Event further highlighted the

school's depth of talent, with a sweeping haul of Gold medals by Agastya Shivpuri, Sidharth Singh, Kiaan Charak, Raghav Dhiman, Samarthya Singh, Aadriti Sharma, and others. Bronze medals were also won by Parmarth Bral in this category. In the Sub Junior Mixed Event, Navdeep Kour, Kumar Vanishree N Verma, and Vihaan Sharma added Bronze medals to the tally.

The outstanding achievements of the students are a testament to their dedication and the consistent support of their coaches. Their success once again highlights Heritage School's commitment to promoting sports excellence and fostering all-round development.

Heritage School congratulated all the winners for their remarkable performance and extended best wishes for their continued success in future competitions.

69th National School Games U-19 Girls Taekwondo C'ship From grit to Gold: Athletes of Uttarakhand, KVS and Maharashtra dazzle

STATE TIMES NEWS

JAMMU: The spirit of determination, discipline, and excellence defined the finals of the 69th National School Games U-19 Girls Taekwondo Championship, where athletes from Uttarakhand, Kendriya Vidyalaya Sangathan (KVS), and Maharashtra dominated the arena, capturing Gold in their respective categories. The thrilling contest unfolded at the Indoor Sports Complex, Bhagwati Nagar, Jammu.



Dignitaries with winner players posing for a photograph.

Organized by the Department of Youth Services and Sports, Jammu and Kashmir, under the aegis of the School Games Federation of India, the championship is being held under the dynamic leadership of Ms. Anuradha Gupta, Director General, Youth Services and Sports, J&K. Ms. Vinakshi Koul, Joint Director, Youth Services and Sports, Jammu, serves as the Organising Secretary of this prestigious event.

Showing exceptional talent and technical brilliance, Astha Joshi of Uttarakhand secured the Gold Medal in the U-19 Girls -40 kg category. Syed

Karishma of Andhra Pradesh won the Silver, while Supriya Pal of Uttar Pradesh and Babita Kumari of Jharkhand shared the Bronze. In the fiercely contested U-19 Girls -63 kg category, Radhika Sharma of Kendriya Vidyalaya Sangathan emerged victorious with a Gold Medal. The

Silver Medal went to Simran of Chandigarh, while Sumedha Pal of West Bengal and Vaishnavi of CBSE claimed the Bronze. Meanwhile, in the U-19 Girls -46 kg category, Siddhi Atul Bendale of Maharashtra demonstrated outstanding form to clinch the Gold Medal. Lakshita Malik of Haryana earned

the Silver, with Rajrupa Dey of West Bengal and Sakshi Meghvanshi of Rajasthan taking home the Bronze.

The medal ceremony was graced by Sangeeta Shoinik, Principal, JNV Akhnoor, who presented the medals to the winners, accompanied by Harvinder Kaur, Zonal Physical Education Officer, and several distinguished guests.

Despite valiant efforts, the athletes from Jammu and Kashmir faced stiff competition and missed out on podium finishes so far.

The ongoing championship has brought together nearly 450 players from 36 States, Union Territories, and Organizations across the nation-each striving for excellence and sporting glory in this grand celebration of talent and teamwork.

Hiteshwar, Suvidha to represent India in Roll Ball World Cup

STATE TIMES NEWS

JAMMU: In a proud moment for Jammu and Kashmir, Hiteshwar Singh and Suvidha Sareen, have been officially selected to represent India at the 7th Senior Roll Ball World Cup 2025 scheduled to be held in Dubai.

Organized by the International Roll Ball Federation (IRBF), the Senior World Cup is a prestigious global tournament that brings together top athletes from around the world. The event is set to take place in Dubai from December 14 to December 18, with participation expected from over 30 Nations, a handout issued by the Roll Ball Association of J&K here today informed.

Both athletes earned their place on the national squad following their exceptional performance at the 20th Senior National Championship, held in Indore (M.P) in October last. Hiteshwar and Suvidha have consistently showcased remarkable skill, unwavering dedication, and exemplary sportsmanship in the field



of Roll Ball. Expressing their happiness on being selected, they said, "It is a dream come true to wear the Indian jersey once again and compete on the world stage. We are deeply grateful to our coaches, parents, and mentors who have supported us throughout our journey. We will leave no stone unturned to keep the Indian flag flying high and aim for a podium finish."

Madhu Sharma, Head Coach of the Indian Senior Roll Ball Team, along with Rita Rehan, Assistant Coach of the women's team, expressed immense pride in the duo and conveyed confidence in their ability to shine internationally.

Meanwhile, Jammu and Kashmir Roll Ball Association congratulated Hiteshwar Singh and Suvidha on the achievement and extended best wishes for a successful campaign in Dubai.

Notably, Secretary Sports Council, Nuzhat Gul, has also been invited by the International Roll Ball Federation as a Special Guest for the World Cup, the handout added. Before departing for Dubai, both athletes will attend the preparatory Coaching Camp in Pune, commencing from November 10. The Indian contingent will leave for Dubai on December 13.

GGM Science College, Commerce College Register wins in Inter-collegiate Cricket Tournament

STATE TIMES NEWS

JAMMU: The intercollegiate cricket tournament organized by the Cluster University of Jammu witnessed a thrilling day of high-quality cricket at the GGM Science College Ground, where both GGM Science College and SPMR College of Commerce secured dominant victories in their respective matches.



Participating teams posing for a photograph with dignitaries.

In the opening match, GGM Science College showcased remarkable batting prowess against GCOE Jammu. After winning the toss and electing to bat, the team amassed an imposing total of 273 runs for the loss of just three wickets. The innings was powered by a blistering century from Dilshant Thakur, who hammered an extraordinary 102 runs off merely 43 balls. He received solid support from

Mohd. Kaif, who contributed a fluent 84, and Mohd. Shahryar, who added a well-crafted 53. GCOE Jammu, in response, struggled to build momentum and succumbed to disciplined bowling, managing only 84 runs before being bowled out. GGM Science College thus clinched a comprehensive 193-run victory. For his explosive century and signif-

icant all-round impact, Dilshant Thakur was declared Man of the Match. The second encounter between SPMR College of Commerce and MAM College Jammu also offered exciting cricketing action. Batting first, MAM College posted a competitive total of 158 runs, bolstered by a crucial 48-run knock from Shourya Sharma. Chasing the target, SPMR

College of Commerce displayed resilience and teamwork. Steady contributions from Aayush Sharma (24 runs), Dhruv (20 runs), and Aditya (19 runs) ensured the team crossed the finish line with four wickets to spare. With a decisive three-wicket haul that shifted the course of the game, Manav Sharma earned the Man of the Match award. Earlier, the tournament

was inaugurated by Prof. (Dr.) Romesh Kumar Gupta, Principal, GGM Science College Jammu, in the presence of Dr. Vinod Bakshi, Director, Sports and Physical Education, Cluster University of Jammu. Dr. Gupta emphasized the vital role of sports in holistic student development and encouraged players to uphold true sportsmanship.

37th District Udhampur Volleyball Championship from Nov 20

STATE TIMES NEWS

JAMMU: The Volleyball Association of District Udhampur, under the aegis of the Volleyball Association of Jammu and Kashmir and with sponsorship support from the Jammu and Kashmir Sports Council, has officially announced the 37th District Udhampur Volleyball Championship for men and women. The much-awaited sporting event will take place from November 20 to 21, 2025 at the Mini Stadium, Udhampur. The championship aims to promote volleyball at the grassroots level while encouraging greater participation from youth across the district. The association has urged all interested institutions and clubs within District Udhampur to complete their registrations in time to ensure smooth coordination and active involvement in the tournament. For registration and further information, teams and clubs can contact Ashok Padha, President (9796887474), or Amit Chander Singh, Secretary (9596969007).

Srinagar Judo meet from Nov 21

STATE TIMES NEWS

JAMMU: Srinagar District Judo Association shall hold two-day district championship at Polo Ground Stadium, here from November 21. As per a handout issued here today, the championship shall be held under the aegis of Judo Association of J&K (JAJK) and J&K Sports Council. Those interested eligible players have been advised to report to concerned coaches along with registration form and Aadhar Card. Gowhar Khan, joint secretary of JAJK has been made organising secretary of the tournament.