

JKPS Kunjwani girls volleyball team crowned champions amidst triumph



JK Public School, Kunjwani faculty felicitating winner volleyball girls team.

STATE TIMES NEWS
JAMMU: Displaying grit, grace, and glorious sportsmanship, the Girls Volleyball contingent of JK Public School, Kunjwani emerged as the undisputed champions of the Junior Girls Volleyball

Championship, triumphing over Govt. Degree College, R.S. Pura in a pulsating final clash. The young athletes dazzled the court with powerful serves, sharp reflexes, tactical precision, and admirable unity, winning

hearts and thunderous applause from the audience. Hosted at the Headquarters of JKAP 8th Battalion, Miran Sahib, Jammu, the prestigious championship was organized under the Civic Action

Programme-2025 of the J&K Police from October 24 to November 3, 2025. The event unfolded under the leadership and meticulous stewardship of Suram Singh, JKPS, Commandant, JKAP 8th Bn. The champions and runners-up were felicitated with trophies, medals, cer-

tificates, uniforms, and tracksuits by Suram Singh, JKPS-SSP, who applauded the players for upholding the values of discipline, teamwork, and integrity on the court.

Appreciated by participants and spectators alike, the tournament stood as a shining example of constructive youth engagement, camaraderie, and the powerful role of sports in fostering harmony and strengthening police-public bonds. Shashi Chaudhary, Director JK Educational Society and Rajesh Rathore, Principal JK Public School congratulated the winners and felicitated them in the School Assembly. They also lauded the School Coach Shubham Mehta and HOD (Sports) Subash Chander for this great achievement.

This proud victory stands as a testament to the tireless dedication of the student-athletes and their mentors. JKPS Kunjwani celebrates this milestone with immense pride, reaffirming its resolute commitment to nurturing champions - not just in academics, but in every field of life.

Mr. J&K Bodybuilding and Physique Sports Championship 2025 on Nov 29



BBAJK office bearers addressing press conference on Wednesday in Jammu.

STATE TIMES NEWS

JAMMU: The Body Building Association of Jammu and Kashmir (BBAJK) on Wednesday announced the Mr. Jammu & Kashmir Bodybuilding and Physique Sports Championship 2025, set to take place on November 29, 2025, at the Police Auditorium, Jammu. The announcement was made by Rajesh Dutta, Body Building Association of J and K (BBAJK), during a press conference held at International Gym, Jammu.

Addressing members of the media, Dutta stated that the upcoming championship will bring together some of the finest athletes and bodybuilders from across the Union Territory, providing them a platform to showcase their strength, discipline, and dedication to fitness.

He highlighted that the championship aims to promote bodybuilding as a healthy lifestyle choice and to inspire the youth to embrace sports and physical fitness as a vital part of their lives. "We are committed to providing a strong platform for our local talent to shine and to elevate the standard of bodybuilding and physique sports in Jammu and Kashmir," said Dutta. "I invite all fitness enthusiasts, coaches, and gym owners to join us and make this event a grand success."

Dutta expressed confidence that the championship will witness enthusiastic participation from athletes across Jammu and Kashmir.

He also announced that the winners of this event will qualify for national-level competitions and may earn the opportunity to represent India in international bodybuilding and physique sports events. He further appealed to the media and fitness community to extend their support in promoting the championship and motivating young athletes to strive for excellence in the sport.

Speaking on the occasion, Vinay Sharma said the event aims to promote physical fitness, discipline, and a healthy lifestyle among the youth of the Union Territory. "This championship is more than just a competition-it's a celebration of dedication, strength, and perseverance," said Vinay Sharma. "Our athletes have consistently shown remarkable commitment despite challenges, and this platform will help them showcase their hard work at a professional level," he added.

Among those present at the occasion were Arun Sharma, Naresh Gupta, Rahul Bakshi, Sachin Singh Jamwal, Sanjay Bali and several other prominent members of the fitness community, who expressed their support and enthusiasm for the event.

2nd J&K Masters Games begin

Over 400 master athletes participate in five-day multi-sport event



DIG JSK Range, Shiv Kumar Sharma inaugurating 2nd Jammu & Kashmir Masters Games.

STATE TIMES NEWS

JAMMU: A spirit of sportsmanship and vitality filled the air at M.A. Stadium Jammu today as the 2nd Jammu & Kashmir Masters Games were officially inaugurated by Deputy Inspector General of Police, Jammu Samba Kathua Range, Shiv Kumar Sharma. The grand sporting event, organized by the Jammu & Kashmir Masters Games Association (JKMGA)-affiliated with the Super Masters Games and Sports Federation (India)-celebrates the joy of lifelong fitness and athletic excellence.

The inaugural ceremony witnessed an impressive march past and oath ceremony, showcasing the vibrant energy of more than 400 master players and 70 officials from across the Union Territory. The gathering included several former national and international players who have returned to the field to inspire the next generation. The event was graced by Guest of Honour Sh. Ranjit Singh Sambyal, IPS, Principal Police Technical Training Institute Samba, and Capt. Murti Gupta, ex-Army Officer, President J&K Lawn Tennis Association, and Editor-in-Chief of Greater Jammu.

Spanning five days, the Masters Games will feature a diverse range of sports disciplines including athletics, handball, kho-kho, table tennis, powerlifting, weightlifting, yoga, roller hockey, pickleball, kabaddi, tinnikot, lawn tennis, badminton, basketball, chess, football, hockey, swimming, rope skipping, and tennis ball cricket. Speaking on the occasion, Chief Guest DIG Shiv Kumar Sharma lauded the participants for their enthusiasm and commitment, emphasizing that the Masters Games not only

encourage healthy competition but also promote a balanced, active, and positive lifestyle among citizens of all ages. He noted that such initiatives play a vital role in fostering discipline, fitness, and camaraderie across communities.

Sh. Ranjit Singh Chib, former SSP, international handball player, and President of JKMGGA, highlighted the association's mission to promote sports among individuals aged 30 and above. He emphasized that age is no barrier to excellence, as master athletes continue to inspire society through their dedication and perseverance. "These games are a celebration of lifelong fitness and a testament to the power of sport in uniting people," he said, reaffirming JKMGGA's commitment to strengthening the culture of fitness and wellness across Jammu & Kashmir. The event proceedings were conducted gracefully by Mamta Bajaj, Vice President of JKMGGA, whose enthusiasm and energy kept the audience engaged. A heartfelt vote of thanks was delivered by Ashok Sharma, Executive Member of JKMGGA. Prominent dignitaries present on the occasion included Secretary General Neete Kaur, Treasurer Romesh Sharma, Vinay Saraf, Som Raj Gupta, Kuljeet Singh, Sanjay Puri, Prabal Sharma, Rameshwar Singh Manhas, Rakesh Singh Salathia, and several other distinguished members of the sports fraternity.

With passion, experience, and community spirit coming together, the 2nd J&K Masters Games promise five days of thrilling competition and camaraderie-truly embodying the message that sports have no age limit and fitness is a lifelong celebration.

VCAJK XI, Royal Legends CC declared joint winners in 3rd J&K Master's Cup T20

STATE TIMES NEWS

JAMMU: In a nail-biting finish that kept spectators on the edge of their seats, Veteran Cricket Association J&K XI and Royal Legends CC were declared joint winners of the 3rd Edition of the J&K Master's Cup T20 Cricket Championship held at MA Stadium, Jammu. The final encounter turned out to be a heart-stopping spectacle as both teams displayed

single ball." He also commended the Veterans Cricket Association J&K for organizing the tournament that not only offers a platform to veteran players but also inspires the younger generation to take to the sport.

Vivek Suri, General Secretary of VCAJK, expressed pride in the growth of veteran cricket in the region. "When we started promoting veteran cricket a few years ago, there were few tak-

Suri, Armaan, Nazar, and Vishav shared two wickets each. Chasing 130, VCAJK XI started strongly but faced consistent wicket falls. A 49-run partnership between Vishav and Mansoor brought them close to victory, but the team fell one run short in the final over-riding the match in a tie. In the Super Over, both sides again managed only 3 runs each, resulting in the decision to declare both teams Joint



Winner team receiving trophy.

remarkable skill, determination, and sportsmanship. The match ended in a tie, and even the Super Over failed to produce a winner-making it a truly memorable contest for the tournament's history.

Eminent journalist Sohail Kazni graced the final as Chief Guest, accompanied by Vikal Singh, Manager MA Stadium Jammu; K.S. Jamwal, Senior Vice President; and Vivek Suri, General Secretary, Veterans Cricket Association J&K.

Speaking on the occasion, Sohail Kazni lauded the high-quality cricket and the spirit of the players, saying the final was "full of heart-stopping moments with fortunes changing every

ers. Today, J&K has a vibrant ecosystem of veteran cricket. Our association was also instrumental in conducting the first-ever night match and night tournament at MA Stadium with the support of Nuzhat Gul, Secretary J&K Sports Council," he added.

In the final match, Royal Legends CC, led by Anchal Singh, won the toss and elected to bat. However, a disciplined bowling display by Armaan and Syed of VCAJK restricted them to 43 for 5 in 10 overs. A late recovery by Ujjawal (36) and Manu Khajuria (35) helped the team post 129/9 in 20 overs. For VCAJK, Syed took 3 wickets, while Vivek

Winners. During the ceremony, several players were felicitated for their outstanding performances in the tournament. Ujjawal was honoured with the Man of the Match award while Rafiq received the Best Batsman of the Tournament title for his consistent and powerful batting. The Best Fielder award went to Jameel Bhat, who impressed everyone with his agility and sharp fielding skills. Anchal Singh emerged as the star of the event, bagging both the Best Bowler and Player of the Tournament awards for his all-round brilliance and match-winning performances throughout the competition.

Katrina, Lovyia win gold for J&K in Shooting

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Shooting competition.

JAMMU: Promising shooters from J&K, Katrina Kaif

Gold in the ISSF 10M Air Rifle Sub-Youth Women category with a score of 629.7, while Lovyia won gold in the NR 10M Air Rifle Sub-Youth Junior Women category with an impressive 397/400 score. Both shooters not only topped their respective categories but also outper-

formed participants across Sub-Youth, Youth, and Junior divisions in both men and women events. The J&K Rifle Association president, Surinder Singh Sodhi congratulated the athletes and applauded the efforts of Coach Vishal Mehra (ISSF) and NRAI (MOSA), a Khelo India accredited academy. Katrina Kaif displayed outstanding precision to clinch

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PM Modi meets victorious Indian women's cricket team

STATE TIMES NEWS

NEW DELHI: Prime Minister Narendra Modi on Wednesday met the triumphant Indian women's cricket team at his residence and lauded the players for their "remarkable resilience and comeback" in the World Cup after enduring a tough phase marked by three consecutive defeats.

Captain Harmanpreet Kaur recalled meeting the Prime Minister in 2017 without the trophy. She said now that they have met him with the trophy, they would wish to meet him more often.

Vice Captain Smriti Mandhana said the PM had motivated them and has been an inspiration for all of them. The victorious Indian women's cricket team led by Harmanpreet Kaur had arrived in the national capital on Tuesday evening for the meeting.

The team won its first global trophy -- the 50-over World Cup -- after beating South Africa by 52 runs in the final in Navi Mumbai on Sunday, marking a defining moment for the women's game in the cricket-obsessed country.

Inaugural Ladakh UT Kho Kho Championship marks milestone in indigenous sports development

STATE TIMES NEWS

KARGIL: The inaugural Ladakh Union Territory Kho Kho Championship 2025 concluded at the University of Ladakh, Kargil Campus, marking a historic step in promoting India's indigenous sport in one of the country's highest regions. Organized by the Ladakh Kho Kho Association under the aegis of the Kho Kho Federation of India (KKFI) and supported by the University of Ladakh, the two-day event featured 15 teams competing across Senior, Junior, and Sub-Junior categories for both boys and girls.

District Kargil teams dominated the finals, winning top honors in multiple divisions. In the Senior Boys' and Senior Women's categories, Kargil clinched gold ahead of District Leh. Jawahar Navodaya Vidyalaya (JNV) Kargil triumphed in both Junior Boys' and Junior Girls' events, while also leading the Sub-Junior Boys' and Girls' categories, followed by Government Model High School Biathang and PM Shri



A kho kho match in progress at Kargil.

Lungba Trespone, respectively. The closing ceremony was graced by Professor (Dr.) Saket Kushwaha, Vice Chancellor, University of Ladakh, as Chief Guest. He was welcomed by Syed Mehraj Uddin Shah, General Secretary, Ladakh Kho Kho Association, along with dignitaries including Dr. Mehboob Ali, Dr. Jaffar Ali Khan, Anayat Ali, Abdul Hamid, and Ghulam Mustafa. Dr. Kushwaha lauded the Association for successfully hosting its first UT-level championship and reaffirmed the

University's commitment to nurturing sports and indigenous talent. "Ladakh's youth possess immense potential, and with proper infrastructure, they can excel nationally," he said. Syed Mehraj Uddin Shah thanked the University and KKFI for their support, appreciating the guidance of KKFI President Sudhanshu Mittal, General Secretary Upkar Singh Virk, and Chairman Dr. M.S. Tyagi. Mittal hailed the event as a proud milestone, symbolizing Kho Kho's growing reach. Virk emphasized its role in uniting

youth through agility and teamwork, while Dr. Tyagi highlighted its power to connect communities across India. The championship concluded with medal and memento presentations to players, officials, and dignitaries.

In the Boys' Category, District Kargil emerged as a dominant force in the Senior division, clinching the Gold medal, while District Leh secured Silver, and the University of Ladakh bagged the Bronze.

In the Junior Boys' section, Jawahar Navodaya Vidyalaya

(JNV) Kargil continued its stellar run, claiming Gold, followed by Government Model High School (GMHS) Goma Kargil with Silver, and District Kargil taking home the Bronze.

The Sub-Junior Boys' event also saw JNV Kargil on top, winning Gold, with GMHS Biathang finishing as Silver medalists.

In the Girls' Category, District Kargil once again led the Senior division, capturing the Gold medal, with District Leh taking Silver, and the University of Ladakh securing Bronze.

The Junior Girls' competition was dominated by JNV Kargil, who earned the Gold, while Government High School (GHS) Kaksar and Council Model High School Goma Kargil won Silver and Bronze, respectively.

In the Sub-Junior Girls' category, JNV Kargil maintained its winning streak by clinching Gold, followed by PM Shri Lungba Trespone with Silver and GMHS Biathang with Bronze.

J&K shines at 31st Sub-Junior & Senior National Thang-Ta Championship 2025



Medal winners J&K team with officials.

STATE TIMES NEWS

JAMMU: The Jammu & Kashmir Thang-Ta Team delivered a stellar performance at the 31st Sub-Junior and Senior National Thang-Ta Championship 2025, held in Madgaon, Goa, from October 28 to 30, 2025.

Representing the Union Territory with pride, a strong contingent of 82 players showcased exceptional skill, discipline, and teamwork against participants from 26 states across

India. With an inspiring display of dedication and technical excellence, the J&K team secured an impressive 14 Gold, 21 Silver, and 17 Bronze medals, achieving a commendable 2nd place overall in the national championship. This outstanding result reflects the growing prowess of Thang-Ta in Jammu & Kashmir and the increasing interest of youth in this traditional martial art form.

The success stands as a tribute to the relentless efforts of the players, the guidance of their coaches, and the continued encouragement from the Jammu & Kashmir Sports Council. It not only highlights the sporting strength of the Union Territory but also motivates young martial artists to embrace and excel in indigenous disciplines. The championship marks another proud milestone in J&K's expanding legacy in the field of martial arts.