

# 69th NSG: J&K to host 34 teams across India for Taekwondo Nationals

Officials from visiting states describe arrangements as outstanding

**STATE TIMES NEWS**  
JAMMU: Jammu and Kashmir is all set to become the epicenter of youthful energy and sporting excellence as it welcomes 34 teams from across the country for the 69th National School Games (NSG) in the discipline of Taekwondo (U-19 Boys and Girls). The championship will be held at the state-of-the-art Indoor Sports Complex, Bhagwati Nagar, Jammu, under the banner of the Department of Youth Services and Sports (DYSS) and under the aegis of School Games Federation of India (SGFI).



The event is part of a series of four prestigious national-level tournaments being hosted by the Department this season, reaffirming J&K's growing stature as a hub for major sporting events. To ensure a seamless experience for all visiting contingents, the Department has made comprehensive arrangements covering accommodation, transport, dining, and sporting facilities. Every logistical aspect has been meticulously planned to provide participants with a safe, comfortable, and inspiring environment.

Under the patronage of Commissioner/Secretary to Government, Youth Services and Sports Department, Yasha Mudgal, under the leadership of Director General, Youth Services and Sports, Anuradha Gupta, and with Vinakshi Koul, Joint Director YSS Jammu, serving as the Organising Secretary, a well-structured system of committees has been put into motion. Strict directions have been issued to all conveners and stakeholders to maintain the highest standards of organization and discipline throughout the championship.

Speaking about the event, Gupta emphasized that the Department aims to set new benchmarks in professionalism and hospitality. She called upon all officers and officials to execute their duties with utmost dedication, ensuring the event stands as a proud testament to Jammu & Kashmir's sporting capability.

Rajasthan, Tamil Nadu, Telangana, Uttar Pradesh, Uttarakhand, Vidya Bharati, West Bengal, and CBSE.

Out of a total of 34 States/UTs/Organizations, five have already arrived in Jammu. These include Kerala, Jharkhand, Arunachal Pradesh, Assam and Vidhya Bharathi.

The Coach and the Manager of Kerala team namely Joseph Sejeesh and Jeni Jose have termed the arrangements at the lodging centres as fantastic. Jharkhand and Assam team's Coaches and Managers echoed the same views.

With top young athletes set to display skill, discipline, and sportsmanship, the 69th National School Games Taekwondo Championship promises to be a celebration of strength, unity, and youthful determination - a true reflection of India's sporting spirit.

# Ranjit wins Pickleball gold at 2nd J&K Masters Games

**STATE TIMES NEWS**  
JAMMU: The Pickleball event of the 2nd Jammu & Kashmir Masters Games concluded with great enthusiasm and sportsmanship at the RS Sports Academy, Miran Sahib, Jammu, bringing together seasoned players who showcased remarkable skill, determination, and a true love for the game.



Gold medal winner Ranjit Singh Chib with others.

Organised by the Jammu & Kashmir Masters Games Association (JKMGA) in affiliation with the Super Masters Games and Sports Federation (India), the tournament witnessed vibrant participation from players, reflecting the growing popularity of Pickleball in the region.

In a thrilling final match, Ranjit Singh Chib clinched the gold medal after defeating Rameshwar Singh Manhas in a nail-biting contest that kept spectators on the edge of their seats. The final scores stood at 10-05, 9-10, 10-9, demonstrating the fierce competition and sportsmanship between the two talented

athletes. Praval Sharma secured third place in the 50-plus age group, adding to the spirit of inclusivity and healthy competition that defined the event.

General Secretary Neete Kour Khalsa lauded all participants for their energy and commitment, emphasizing that such events serve as a wonderful platform for adults to stay active, healthy, and connected to the sporting community.

Rameshwar Singh Manhas, owner of RS Sports Academy, felicitated the Jammu & Kashmir

Masters Games Association for the smooth and successful organization of the tournament. He praised the collective efforts of the organisers for their role in promoting sports and fitness among senior athletes, highlighting how the event fostered camaraderie, teamwork, and the spirit of fair play.

The successful conclusion of the Pickleball event not only celebrated the achievements of the players but also reaffirmed Jammu & Kashmir's growing reputation as a hub for masters-level sporting excellence.

# 2nd J&K Masters Games: Badminton Event concludes

**STATE TIMES NEWS**  
JAMMU: The Badminton event of the 2nd Jammu & Kashmir Masters Games concluded successfully at the RS Sports Academy, Miran Sahib, Jammu, bringing together seasoned players who displayed remarkable skill, determination, and sportsmanship.



Badminton players posing for a photograph.

The tournament was organised by the Jammu & Kashmir Masters Games Association (JKMGA) in affiliation with the Super Masters Games and Sports Federation (India), and witnessed enthusiastic participation across various age groups.

The matches were held under the supervision of Ramesh Sharma, Treasurer of JKMGGA, who ensured smooth and fair conduct of all fixtures.

The competition was divided into two age categories - 30 to 45 years and 45 to 65 years - and featured several closely contested encounters that kept spectators engaged throughout.

In the 30 to 45 years category, Akshay Behal emerged as the winner in the men's singles event, defeating Balwinder Saini, who settled for the silver medal.

The bronze medals were shared by Amit Dalal and Pankaj Vig. In the doubles event, the pair of Mohit Jain and Makrand Mehta clinched the gold medal, while Amit Dalal and Amit Bhat bagged the silver.

The bronze medals were won jointly by the pairs of Pankaj Vig with Ankush Jamwal, and Balwinder Saini with Romesh. The 45 to 65 years category also witnessed intense

matches and impressive displays of experience and endurance. Vivek Slathia claimed the gold medal in men's singles, with Joginder Pal Sharma securing the silver. The bronze medals were shared by Amit Singh and Jasvinder Singh. In the doubles event, Amit Singh and Jasvinder Singh joined forces to win the gold medal, while the combination of Vivek Slathia and

Joginder Sharma took silver. The bronze medals were shared by the pairs of Narinder Singh with Chaman Sharma, and Romesh Raina with Rameshwar Singh Manhas.

President of JKMGGA and veteran international handball player, Ranjeet Singh Chib, congratulated all the participants for their enthusiasm and commitment, emphasizing the importance of sports participation among masters.

"The Masters Games are not just about competition, but about celebrating the enduring passion for sports and the spirit of healthy living," Chib said. General Secretary Neete Kour Khalsa also lauded the participants, noting that such events inspire adults to remain active and connected to the sporting community.

Rameshwar Singh Manhas, owner of RS Sports Academy, felicitated the Jammu & Kashmir Masters Games Association for the successful conduct of the event and praised the efforts of the organisers for promoting sports and fitness among senior athletes.

He expressed his appreciation for the spirit of camaraderie and healthy competition displayed by all participants.

The event concluded with warm appreciation for all participants, officials, and organisers, marking another successful chapter in the ongoing 2nd Jammu & Kashmir Masters Games.

The spirit of camaraderie and fitness that filled the RS Sports Academy stands as a testament to the growing popularity of Masters-level sports in the Union Territory. He emphasized that such

# Masters Games Tennis event enthalls veterans at MA Stadium

**STATE TIMES NEWS**  
JAMMU: The Masters Games Tennis event was organized by the Jammu & Kashmir Masters Games Association in collaboration with the J&K Lawn Tennis Association (JKLTA) at the Lawn Tennis Courts, M.A. Stadium, Jammu.

The tournament witnessed an overwhelming response from veteran tennis players across the Union Territory, who displayed exceptional skill, sportsmanship, and enthusiasm throughout the competition.

The event was inaugurated by Ranjeet Singh (Retd. SSP), President of the J&K Masters Games Association, who lauded the efforts of both associations for promoting an active and healthy lifestyle among senior sportspersons.

He emphasized that such

events provide an excellent platform for experienced players to continue their sporting journey and inspire younger generations to embrace fitness through sport.

In the 35+ category, the matches were highly competitive and showcased remarkable performances.

Quarterfinal Results: Romit Sharma beat Nihar Handoo 8-2, Ashish Bali beat Arurh Khajuria 8-1, Sanchit Gupta beat Sahib Mahajan 8-1, and Amar Sharma beat Abhinav Sharma 8-1.

Semifinal Result: Romit Sharma beat Ashish Bali 8-7.

The event concluded with appreciation for all participants and organizers for their collective efforts in ensuring a successful and spirited tournament.

# 6th J&K UT Level Yogasana Sports Championship concludes



**STATE TIMES NEWS**  
SRINAGAR: The 6th Jammu & Kashmir UT Level Yogasana Sports Championship 2025 concluded successfully with great enthusiasm at the Multipurpose Indoor Hall, Polo Ground, Srinagar. Organized by the Jammu & Kashmir Yogasana Sports Association in collaboration

with the J&K Sports Council under the banner of "My Youth My Pride", the three-day event from 5th to 7th November witnessed participation from athletes representing over 20 districts of the Union Territory.

The Closing Ceremony was graced by Chief Guest Nuzhat Gazala, Divisional Sports Officer, J&K Sports Council.

Guests of Honour included Mushtaq Ahmad Zargar (Asian's Strongest Man and Weightlifting Coach) & Shafiqat, a renowned Judo Coach, who motivated the participants with their inspiring words & encouraged youth to adopt Yogasana for holistic well-being & mental strength.

The Organizing Team comprised Zubida Lateef Khan (Competition Director), Basit Nabi Wani (Organizing Secretary), Mohammad Altaf Bhat (Competition Manager) & Shabir Ahmad Dar (Senior Yogasana Coach, J&K Sports Council).

The championship reflected discipline, teamwork & athletic excellence, promoting a culture of fitness & mindfulness. The organizers extended heartfelt gratitude to J&K Bank for their continued support & encouragement.

# First Volleyball Intramural Tournament organised at GDC Bani

**STATE TIMES NEWS**  
BANI: In a spirited initiative to promote sports culture and physical fitness among students, Government Degree College (GDC) Bani organized its first Volleyball Intramural Tournament, marking another milestone in its ongoing series of sports intramurals.

The event was organized by the Department of Physical Education under the Khelo India and Fit India Movement of the Ministry of Youth Affairs and Sports, Government of India, in alignment with the Sashakt Bharat, Viksit Bharat, and Play Green Initiative.

The primary objective of the intramural was to encourage student participation in sports, especially among those who are physically fit but not actively



GDC Bani faculty with participating teams.

engaged in regular competitions, and to identify talented players for future representation.

The event was inaugurated by Prof. Naseeb Bhagat, Head, Department of Environmental Science, GDC Bani, in the presence of Dr. J.S. Soodan, Physical Director/PTI, Dr. Resham Singh, Prof. Akash Zutsi, and Rashpal Sharma. The tournament was held under the overall

supervision of Prof. (Dr) Manohar Lal, Principal, GDC Bani.

Dr. Manohar Lal appreciated the efforts of the Department of Physical Education for channelizing students' energy towards positive and healthy pursuits. He praised Dr. J.S. Soodan for his dedication and initiative in promoting a vibrant sports culture across departments. He further emphasized that

such intramurals not only build physical stamina but also nurture teamwork, discipline, and leadership among students.

The competition featured two categories - Men's and Women's Volleyball. In the men's section, the first match was held between the Science Department and the Department of Physical Education, with the latter emerging victorious by 7 points. In the women's cate-

gory, the Sania Mirza Team defeated the P.T. Usha Team by 9 points.

The final match in the men's category saw a thrilling contest between the Arts Department and Science Department, where the Science team clinched the trophy by 7 points. In the women's final, the Sania Mirza Team once again showcased exceptional teamwork, defeating the P.T. Usha Team by 9 points.

The matches were officiated by Muzamil and Manoj Kumar, and coordinated by elite players Jeevan Singh and Priti Devi.

The winner and runner-up trophies will be presented by Principal Prof. (Dr) Manohar Lal in the upcoming award ceremony. The event concluded with great enthusiasm and encouragement for more such sporting initiatives.

# School of Business Studies CUJ organises lecture on 'Digital Hygiene'

**STATE TIMES NEWS**  
JAMMU: The Department of Human Resource Management and Organizational Behaviour (HRM&OB), School of Business Studies, Central University of Jammu, organized an eminent lecture on the theme "Digital Hygiene" under the mentorship of Prof. Sanjeev Jain, Hon'ble Vice Chancellor of the University.



CUJ faculty presenting memento to M. Y. Kichloo (IPS).

The event was graced by M. Y. Kichloo (IPS) from the Jammu and Kashmir Police Department, who was the keynote speaker. The occasion was attended by faculty members, including Prof. Jaya Bhasin, Head, Department of HRM&OB; Prof. Yashwant Singh, Registrar, CUJ; Prof. Neelika Arora, Dean, SBS; Dr. Gowhar Rasool Assistant

Professor HRM&OB; Dr. Asif Ali Assistant Professor HRM&OB, Dr. Anju Thapa Assistant Professor MSCM, Dr. Mahendra Kumar Associate Professor TTM, Dr. Ranjeet Kumar Raman Head TTM, Dr. Arun Kumar Assistant Professor MSCM, Sh. Biswa Bhushan Pradhan, Assistant Professor

TTM and Dr. Susmita Ekka, Assistant Professor HRM&OB.

The programme was formally inaugurated by the Dignitaries. Earlier, Prof. Jaya Bhasin, welcomed the august gathering and appreciated the Department's initiative in organizing an event of such contemporary rele-

vance under the dynamic leadership of Prof. Neelika Arora, Dean School of Business Studies. The importance of digital innovation was highlighted.

Prof. Yashwant Singh, Registrar, CUJ encouraged the students to make the most of the opportunity to learn from the distinguished resource person, whose insights would help them better understand the nuances of digital safety and responsible online behavior.

In his keynote address, M. Y. Kichloo elaborated on the concept of digital hygiene, emphasizing the importance of maintaining safety and security in the digital domain. He discussed the responsible use of technology, data protection, and the growing need for awareness about cyber threats in today's

digital era. His session was highly informative and engaging, offering valuable takeaways for both students and faculty members.

The event witnessed enthusiastic participation from students of BBA-MBA (Integrated) and MBA (Semester I & III) programmes. The session concluded with an interactive Q&A segment, during which participants expressed their appreciation for the insights shared.

Formal vote of thanks was delivered by Dr. Gowhar Rasool, the coordinator of the event. The programme was coordinated by all faculty members from the Department of HRM&OB including Dr. Anjali Pathania, Dr. Gowhar Rasool, Dr. Asif Ali and Dr. Susmita Ekka.

# GDC R S Pura congratulates medal winners in inter-college Sports Competitions

**STATE TIMES NEWS**  
RS PURA: Government Degree College (GDC), R.S. Pura congratulated its outstanding athletes for their remarkable achievements in the recent inter-college sports competitions.

The college teams showcased exemplary talent, discipline, and sportsmanship across various events. The Volleyball (Girls) team brought silver medal in open Volleyball competition organised by JKAP 8 Bn. Police line Simbal glory through their spirited performance and teamwork.

The Kho-Kho (Men) team displayed exceptional agility and coordination, earning a well-deserved 3rd place among the top performers. The GATKA (Men) contingent demonstrated great skill and valor; upholding the rich tradition of this martial art and bring Bronze medal while the



Boxing (Men) players fought with determination and strength, securing impressive victories in their respective categories and won silver medal in open weight category.

Principal of the college, Prof. (Dr.) Preetpal Kour, lauded the winners for bringing laurels to GDC R.S. Pura and appreciated the efforts of the Physical Education Department, Sports committee and coaches for their constant guidance and motivation.

She emphasized that such achievements reflect the institution's commitment to promoting sports and holistic development among students.

The entire college fraternity extends heartfelt congratulations to the medal winners and wishes them continued success in future tournaments. Principal, Staff and students also congratulate the Indian women cricket team, who won the World Cup 2025, everyone enjoy the moment by cake cutting in the college.