

# Breaking Boxes, Building Bridges : creativity takes centre stage at JKPS Kunjwani



Principal JK Public School Kunjwani Rajesh Rathore and students addressing morning assembly on Saturday.

**STATE TIMES NEWS**

JAMMU: Quoting George Bernard Shaw, "Some men see things as they are and say, 'Why?' I dream things that never were and say, 'Why not?'" Shivanya of Grade VII Maple conducted the morning assembly on the theme "Thinking Out of the Box" along with her classmates at JK Public School, Kunjwani.

problems and decisions in a creative and unconventional way - by challenging assumptions and seeking new perspectives rather than relying solely on traditional methods. It is about finding imaginative solutions and redefining possibilities.

The assembly resonated with the spirit of innovation as students reflected on how every great invention - from the light bulb to the internet - was born from a mind unafraid to defy convention.

As Thomas Edison rightly said, "There's a way to do it better - find it." The message was clear: progress belongs to those who dare to think differently, to question the ordinary, and to imagine the impossible.

A poetic spark was added by Aaliya, who recited: When everyone follows the same old way, I stop to wonder and think, "Why stay?" The world is wide, the sky is high, New dreams are born,

when we dare to try! Rules are fine, but not the end, Ideas can twist, They can bend. A spark of thought, a shining clue, Can change the old and make it new.

Further enhancing the spirit of creativity, Aishani enthralled the audience with another inspiring poem: Think bold, think bright, Don't fear to fail. Let curiosity set your sail. Edison was once a child

Who thought outside the box; Transformed the world And changed darkness to light!

Under the Quotations Segment, the presenters drew upon the wisdom of great thinkers and leaders: Mridul reflected upon Albert Einstein's timeless thought: "Imagination is more important than knowledge. For knowledge is limited, whereas imagination encircles the world."

Mankirat highlighted

Matsheena Dhillwao's profound insight: "Thinking outside of the box allows you to get rewards outside of your reach."

Ridhaan resonated with the spiritual depth of Deepak Chopra, quoting: "Instead of thinking outside the box, get rid of the box."

Krishiv invoked the visionary words of Dr. A.P.J. Abdul Kalam: "Dream, Dream, Dream. Dreams transform into thoughts, and thoughts result in action."

Navroop echoed the pragmatic wisdom of Jim Ferries, asserting: "It is not enough to think outside the box. Thinking is passive. Get used to acting outside the box."

Sparsh concluded the segment with Bob Lutz's insightful observation: "Being able to think out of the box presupposes you were able to think in it."

Applauding the presenters for their creative deliberations, Principal, JKPS Kunjwani Rajesh Rathore

remarked, "Innovation blossoms where courage meets curiosity. The ability to challenge conventions, to imagine fearlessly, and to turn ideas into impact defines the leaders of tomorrow."

"At JKPS Kunjwani, we celebrate such young visionaries who break boxes and build bridges to conquer new horizons. Let's continue to inspire our students to dream differently, dare greatly, and redefine the future with imagination and integrity," he summed up.

## Khatana calls for united fight against drug abuse to protect youth, society



**STATE TIMES NEWS**

JAMMU: A Substance Abuse Awareness Programme was held at the Gurjar Desh Charitable Trust (GDCT) Complex, Jammu, where Rajya Sabha MP Gulam Ali Khatana attended as the Chief Guest. The event was organised by the Brigadier Khuda Bakhsh Memorial Public Higher Secondary School under the aegis of the GDCT to raise awareness among students, parents, and the community about the increasing menace of drug abuse and the importance of safeguarding youth from this growing threat.

In his address, Gulam Ali Khatana described drug addiction as one of the gravest challenges confronting society today, calling for collective social responsibility to combat it. He emphasised that drugs destroy not only individual lives but entire families, and that this fight cannot be left solely to the government. Parents, teachers, and commu-

nity elders, he said, have a vital role to play in educating and protecting young people from the lure of drugs. Khatana highlighted that Jammu and Kashmir faces an alarming rise in drug abuse, particularly among the youth aged 17 to 33 years, posing a major social and developmental concern. He asserted that the issue extends beyond law and order-it is a social epidemic requiring a united response from government, society, and families alike.

Alongside strict action against drug traffickers, he stressed the need for awareness campaigns, rehabilitation centres, and youth engagement in sports, education, and skill development to channel their energy positively. Khatana appealed to citizens to form village- and community-level anti-drug committees, and called on parents and teachers to guide the younger generation toward healthy, disciplined, and pro-

ductive lives.

Speaking about the welfare of tribal and marginalised communities, Khatana mentioned that the Modi Government has launched several initiatives such as the PM Janjati Adivasi Nyaya Maha Abhiyan (PM-JANMAN), PM Awas Yojana, and various education and skill development programmes aimed at improving the socio-economic condition of backward sections. He said it is essential that the youth remain drug-free to fully benefit from these opportunities and contribute to national progress.

Khatana appreciated the Gurjar Desh Charitable Trust and school management for organising the event and promoting awareness among students. The programme saw enthusiastic participation from students, teachers, parents, and local residents, who collectively pledged to work for a drug-free and progressive Jammu & Kashmir.

IGP Jammu Zone Bhim Sen Tuti, DIG J-S-K Range Shiv Kumar Sharma, SSP Jammu Joginder Singh, Commandant IR 24th Battalion Udhampur Chowdhary Iftikhar Ahmed, and SP South Jammu Ajay Sharma were present on the occasion.

## DLSA Jammu hosts awareness event to mark National Legal Services Day-2025

**STATE TIMES NEWS**

JAMMU: District Legal Services Authority Jammu, under the guidance of Y. P. Bourney, Chairman (Pr. Distt. & Sessions Judge) and overall supervision of Secretary, Dr. Smriti Sharma, on Saturday organised an awareness programme to commemorate National Legal Services Day-2025. The programme focused on this year's theme "Access to Justice for All- Bridging the Legal Awareness Gap."

The event witnessed the participation of judicial officers, Members of the Bar Association, Mediators, Legal Aid Defense Counsels, Panel Lawyers, Para-legal Volunteers, and staff of DLSA Jammu.

The programme commenced with a welcome address delivered by Dr. Smriti Sharma, Secretary DLSA Jammu. The Secretary highlighted the significance of the day and emphasized the importance of equal access to Justice for all sections of the society.

The event featured two distinguished resource persons, Additional District Judge Family Court Jammu, Prem Sagar and Deputy Legal Aid Defense Counsel Jammu, Advocate Poja Janwal.

In his address, the Additional District Judge



Y. P. Bourney, Chairman (Pr. Distt. & Sessions Judge) distributing certificate to Legal Aid Defense Counsel.

highlighted the importance of legal awareness and the pivotal role of Judiciary in safeguarding citizens' rights. He discussed the Theme of National Legal Services Day 2025 - "Access to Justice for All- Bridging the Legal Awareness Gap."

The Deputy Legal Aid Defense Counsel Jammu discussed the role and responsibilities of LADCs, Panel

Lawyers, and PLVs in effective implementation of legal aid schemes under the aegis of NALSA and its subordinate bodies with a special focus on the role of District Legal Services Authority as interface between the legal system and the public in implementing NALSA's vision at the grassroots level.

Y. P. Bourney, in his address, emphasized the importance of the Legal Services Authorities Act, 1987 and the need to continue working towards ensuring free and competent legal services for the underprivileged sections of society. He high-

lighted the critical role played by legal aid providers in strengthening justice delivery mechanisms and upholding the constitutional promise of equality before the law. As part of the celebration, appreciation certificates were distributed to Mediators, Legal Aid Defense Counsels (LADCs), Panel Lawyers and Para-Legal Volunteers in recognition of their exemplary dedication and service in advancing the objectives of legal aid and public welfare. The program concluded with a vote of thanks by Dr. Smriti Sharma, Secretary DLSA Jammu.

## Display Your Talent 2025 (Tawi Zone) concludes



**STATE TIMES NEWS**

JAMMU: The three-day cultural extravaganza Display Your Talent 2025 (Tawi Zone) concluded on Saturday amid enthusiasm and celebration of creativity at the Government College for Women (GCW), Parade Ground, here.

Conceptualized under the visionary guidance of Prof. Umesh Rai, Vice Chancellor, University of Jammu, the event is a landmark initiative in the University's cultural calendar, providing a vibrant platform for students from affiliated colleges, teaching departments, and offsite campuses to showcase their artistic excellence and creative spirit.

Organised by the Department of Students Welfare (DSW), the event aimed to promote artistic expression, cultural

awareness, and healthy competition among students. In Classical Dance (Solo), Ajay Agarwal from IMFA secured the first position, followed by Akshita Lamba from IMFA and Neelakshi Anand from GCW Parade Ground, Jammu. Creative Choreography saw GCW Parade Ground, Jammu bag the top spot, while KC Law College stood second. In the Group Folk Dance category, GCW Parade Ground, Jammu emerged victorious, with the Department of Law and the Centre for Distance and Online Education claiming the second and third positions respectively.

The Debate competition, on the topic "In the opinion of the house, social media contributes more to awareness than to distraction," witnessed remarkable oratory skills from twelve

teams. The Centre for Distance and Online Learning, JU won first place, followed by GCW Parade Ground, Jammu and The Law School, University of Jammu.

In Cartooning, based on the theme "Swachh Bharat and Wrong Parking," Sahreen from GDC Paloura won first place, while Tanish Kumari from GDC R.S. Pura and Sachan Dev from IMFA secured the second and third positions. The Poster Making competition on the theme "Viksit Bharat and Operation Sindoor" was won by Rupinder Singh from GDC R.S. Pura, followed by Vanshika Rajput from the Centre for Distance and Online Education and Abuzar Ali from IMFA. The valedictory function, marking the grand finale, was graced by Prof. Neelu

Rohmetra, Dean Research Studies, JU, as the Chief Guest, and Padma Shri Rajendra Tiku as the Guest of Honour. Prof. Rohmetra, an alumna of the college, lauded the institution's growth and emphasized the importance of blending academics with cultural learning. Rajendra Tiku praised the University for nurturing artistic potential and fostering discipline and creativity among students. Prof. Prakash Anthal, Dean Students Welfare, commended the collaborative spirit that made the event a resounding success. The event concluded with the felicitation of winners and dignitaries, followed by the National Anthem. The vote of thanks was presented by Dr. Gurpreet Kaur.

The programme was conceived and coordinated by the DSW team led by Prof. Prakash Anthal, along with Prof. Monika Chadha, Prof. Sarika Manhas, Dr. Pritam Singh, Dr. Shalu Sharma, Dr. A.R. Manhas, Dr. Harleen Kaur, Dr. Ripudaman Parihar, Mansi Mantoo, Sumet Sharma, and members of the Campus Cultural Committee.

Jammu to Srinagar	
IIndiGo	10:05 AM - 10:45 AM
SpiceJet	11:10 AM - 12:00 PM
Air India Express	12:50 PM - 1:40 PM
Air India Express	1:35 PM - 2:45 PM
IIndiGo	1:55 PM - 2:35 PM
IIndiGo	6:40 PM - 7:20 PM
Srinagar to Jammu	
IIndiGo	11:45 AM - 12:35 PM
Air India Express	12:10 PM - 1:05 PM
SpiceJet	12:35 PM - 1:30 PM
Air India Express	2:20 PM - 3:35 PM
IIndiGo	3:15 PM - 4:05 PM
IIndiGo	5:20 PM - 6:10 PM

FIND TRAIN SCHEDULE	
<b>11078 Jhelum Express</b>	
Departure	: 23:35 from Jammu Tawi
Arrival	: 11:15 at New Delhi
<b>12426 Jammu Tawi - New Delhi Rajdhani Express</b>	
Departure	: 21:25 from Jammu Tawi
Arrival	: 05:55 at New Delhi
<b>12446 Uttar Sampark Kranti Express</b>	
Departure	: 21:50 from Jammu Tawi
Arrival	: 06:55 at New Delhi
<b>Train 26401 - Katra to Srinagar (Morning Service)</b>	
Departure	: 8:10 AM from Katra
Arrival	: 11:10 AM at Srinagar
Intermediate Stop	: Banihal at 9:58 AM
Fare:	
Chair Car (CC):	715
Executive Chair Car (EC):	1,320
Booking:	Available on IRCTC
<b>Train 26403 - Katra to Srinagar (Afternoon Service)</b>	
Departure	: 2:00 PM from Katra
Arrival	: 05:00 PM at Srinagar
Fare:	
Chair Car (CC):	660
Executive Chair Car (EC):	1,270
Booking:	Available on IRCTC

FIND CINEMA	
<b>EK DIWAANE KI DEEWANIYAT</b>	
WAVE ONE MOVIE JAMMU	4:40 PM / 10:00 PM
PVR KC JAMMU	10:35 AM / 08:30 PM
<b>THAMMA - HINDI</b>	
WAVE ONE MOVIES JAMMU	7:40 PM
PVR KC JAMMU	11:20 AM
<b>HAQ - (HINDI)</b>	
WAVE ONE MOVIE JAMMU	11:00 PM / 1:50 PM / 7:30 PM / 10:20 PM
PVR KC JAMMU	1:40 PM / 8:00 PM / 10:55 PM
<b>HAPPY KHUSH HO GAYA - (PUNJABI)</b>	
WAVE ONE MOVIES JAMMU	11:15 AM / 2:40 PM
<b>IKK KUDI</b>	
WAVE ONE MOVIE JAMMU	2:00 PM / 10:35 PM

HELPLINE	
<b>TELEPHONES</b>	
Directory Enquiry	197
Fault Repair	198
Local Assistance	199
Trunk Booking	180
Trunk Assistance	181
International Trunk Booking	2447952, 2577951, 2573638
Billing Complaints	2543896, 2548415
Billing Complaints Computerize	1955
Change No. Announcement	1951
Gandhi Nagar Exchange	2451953, 2430953
<b>HOSPITALS</b>	
Government Medical College	2584290, 2484291
Psychiatry and Disease Hospital	2577444
Ambulance Rajouri	2571147, 257084, 257375
Blood Bank/Eye Bank - SMGS Hospital	2547639, 2547637
Emergency	2549669
Blood Bank	2547637, 2547638
Chest Disease Hospital	2577064, 2548012
Dental Hospital	2544670
Govt Hospital Gandhi Nagar	2430041
Emergency	2431740
Child Hospital	2577023
Acharya Shri Chander College of Medical Sciences and Hospital	262270
<b>AMBULANCES</b>	
Indian Red Cross Society	2549413
Jammu University	2453165, 2543525, 2435248
<b>FIRE STATIONS</b>	
Gandhi Nagar	101, 2435283, 2457705
City	2544263
Canal	2554064
Roop Nagar	2597522
Gangyal	2480026
Bari Brahmana	220020
Akhnor	252481
Kathua	234313
Samba	243280
Katra	232451
Udhampur	270897
Police Control Room	100, 2542001, 2545481-82
Police Exchange	2547621-22, 2547624
Civil Defence Control Room	2549100, 2548645, 2544920
Civil Defence	2548645, 2549100, 2544920
Hot Line	383
<b>TOURISM</b>	
Tourist Officer, Airport	2431917
Tourist Officer, Railway Station	2430078
Tourist Reception Centre	2579554
<b>BUS SERVICES</b>	
JKSRTC General Manager	2435262
JKSRTC Bus Stand	2577475
JKSRTC Jammu Srinagar, Service Punjab Roadways	2576562
2547282	
<b>WATER SUPPLY</b>	
Company Bagh	2542582
Parade	2544979
Bakshi Nagar	2543557
Panjthirthi	2547501
Narwal	2430031
<b>ELECTRIC SUPPLY COMPLAINTS</b>	
Canal	2554147, 2554199
Parade	2542289, 2543398
Nanak Nagar	2430776
Gandhi Nagar	2430180
Shastri Nagar	2430781
Janipur	2543828, 2579258
Satwari	2452816
<b>FIRE SERVICE : (Control Room)</b>	
	101
<b>CIVIC SERVICES</b>	
Municipality	2547846, 2542192
Health Officer	2547440
Garbage / Carcass Removal	2547440