

Aquib Nabi's dream run continues as J&K bowlers hold Delhi to 211

J&K tottering at 31/3

STATE TIMES NEWS
NEW DELHI: Aquib Nabi's phenomenal spell once again turned the tide for Jammu & Kashmir as he led the bowling attack against a formidable Delhi side, restricting them to a modest 211 in their Ranji Trophy Elite Group-A clash at the Arun Jaitley Cricket Stadium. Nabi's unwavering determination and precision were evident, dismantling the Delhi batting lineup and reaffirming his reputation as one of the most exciting fast-bowling talents in Indian domestic cricket.



evolving matchcraft, laying the foundation for J&K's fightback against a star-studded Delhi batting order. Such brilliance on a major stage deserves the highest praise-Aquib Nabi's dream run is not only a reflection of personal growth, but also a beacon for aspiring cricketers from Jammu & Kashmir: His lethal spell was complemented by disciplined support from left-arm spinners

Vanshaj Sharma and Abid Mushtaq, and left-arm seamer Sunil Kumar, but it was Nabi who stood tall as the wrecker-in-chief, carrying the hopes of his team with his inspiring performance. Nabi's exceptional spell is a shining example of sporting excellence, his surge in form now a recurring headline in Indian cricket. With his relentless determination and breathtaking skill, Nabi has etched his name into the annals of the Ranji Trophy, turning each match into a showcase for his burgeoning talent and leaving a lasting impression on teammates, fans, and rivals alike. Brig Anil Gupta, Member Administration JKCA while congratulating Aquib Nabi said "Well done Aquib Nabi for another five wicket haul, third in four matches. You

SCOREBOARD	
DELHI 1ST INNINGS	
Arpit Rana c Abdul Samad b Auqib Nabi	00
Sanat Sangwan c Khajuria b Sharma	12
Yash Dhull c †Wadhawan b Kumar	01
Ayush Badoni (c) lbw b Sharma	64
Ayush Doseja lbw b Abid Mushtaq	65
Sumit Mathur not out	55
Anuj Rawat † c Abdul Samad b Auqib Nabi	00
Hrithik Shokeen c †Wadhawan b Auqib Nabi	00
Manan Bhardwaj lbw b Auqib Nabi	00
Simarjeet Singh lbw b Abid Mushtaq	00
Money Grewal c Abdul Samad b Auqib Nabi	00
Extras	07
Total	211/10
J&K 1ST INNINGS	
Qamran Iqbal c Sanat Sangwan b Simranjeet Singh	14
Shubham Khajuria c Ayush Doseja b Simranjeet Singh	04
Vivrant Sharma not out	10
Sunil Kumar b Simranjeet Singh	01
Paras Dogra (c) not out	02
Extras	00
Total	31/3

are giving sleepless nights to the National Selectors."

Jammu District Open Tennis C'ship U-14 enters day 3; Aarav to face Mayank in final

STATE TIMES NEWS
JAMMU: The Jammu District Open Tennis Championship Under-14, organized by the Jammu and Kashmir Lawn Tennis Association (JKLTA), entered its third day on Saturday at the Lawn Tennis Courts, M.A. Stadium, Jammu.



Players posing for a photograph before start of the match at M.A. Stadium, Jammu.

The event witnessed a series of thrilling matches, as young players from across the district showcased their talent, determination, and sportsmanship. In the U-14 Girls (Main Draw - Round Robin) category, Arushi Kumari continued her winning streak, emerging as the standout performer of the day. She defeated Sarah Mahajan (7-6), Aratrika Khajuria (7-1), and Areeba Feyaz (7-2), securing the top position in her group. Sarah Mahajan also displayed fine form, beating Aratrika Khajuria

(7-3) and Areeba Feyaz (7-4), while Areeba Feyaz registered a win over Aratrika Khajuria (7-2). The matches were marked by long rallies and close finishes, highlighting the growing competitiveness among young female players. In the U-14 Boys category, the semi-final matches were dominated by strong performances. Aarav Sharma registered a commanding 9-0 victory over Nakul Mehra in the first semi-final, while Mayank Gupta cruised past Prithvi Sharma (8-0) in the second. The stage is now set for a high-voltage final between Aarav and Mayank. The ongoing championship aims to promote grassroots tennis and nurture emerging talent in the Union Territory. JKLTA officials commended the participants for their enthusiasm and discipline, expressing confidence that the tournament will inspire more youngsters to take up the sport.

Masters Games Tennis Championship continues Sayam Khosla, Amar Sharma enter semifinals

STATE TIMES NEWS
JAMMU: The Masters Games Tennis event, organized by the Jammu and Kashmir Masters Games Association in collaboration with the J&K Lawn Tennis Association (JKLTA), entered its second day on Saturday at the Lawn Tennis Courts, M.A. Stadium, Jammu. The tournament saw intense competition across age categories, with seasoned players showcasing skill, strategy, and sportsmanship. In the Master Men 30+ category, the quarter-final match between Sayam Khosla and Abhinav Sharma ended in favor of Khosla, who triumphed 8-3 after a tightly contested game. The 35+ category witnessed Amar Sharma dominate his semi-final clash against Kosheen Koul, securing a convincing 8-1 victory, moving him a step closer to the final. Meanwhile, in the 50+ category, players competed in a round-robin format. Hemchandra Singh emerged victorious in a commanding fashion, defeating Rakesh Kumar 8-0, demonstrating his experience and tactical prowess.



Players posing for a photograph with officials before start of the match at MA Stadium.

Jammu District Athletics Championship on Nov 16

STATE TIMES NEWS
JAMMU: The Jammu District Athletics Association will organize the Jammu District Athletics Championship on November 16 (Sunday), 2025, at the University of Jammu's Synthetic Athletics Track. The event, for both boys and girls, is being held under the aegis of the J&K Amateur Athletics Association and J&K Sports Council in collaboration with the University of Jammu. All interested athletes can register by contacting 7006123519, 8492090026, or emailing jmdathletics@gmail.com. on or before November 16 by 8:00 AM. Participants must bring photocopies of their date of birth certificate and Aadhaar card. The competition will commence at 8:30 AM.

10th District Jammu Handball C'ship culminates Sampark, Sandeep Pal Clubs lift women, men trophies

STATE TIMES NEWS
JAMMU: Three days 10th District Handball Championship in senior men and women and Junior Boys and Girls categories concluded at Playfield Shastri Nagar here on Saturday. The championship was organized by Player Association Handball Jammu in collaboration with J&K Handball Association and Sponsored by J&K Sports Council. Joint Director Information, Deepak Dubey was the Chief Guest while Achyut Dubey, Advocate Legal Advisor and Standing Counsel for J&K Handball Association was Guest of Honour at the valedictory function, where they presented trophies and medals to the winners and runners-up teams, along with individual prizes. In his address, chief guest praised the sports talent in J&K, highlighting the achievements of local athletes at national and international levels and encouraged further nurturing of talent by the J&K Handball Association (JKHA). He congratulated the winners, runners-up, and all participating teams, lauding the sportsmanship exhibited during the final matches. and congratulated the Player Association Handball Jammu office bearers for organizing the championship. Earlier, the organizing secretary of the championship, Rajesh Kapoor welcomed the guests, players, officials, spectators and media persons. Among others present on the occasion were Rajesh Kapoor Vice President, Rajesh Chandan General Secretary, Sanjeev Jamwal



Joint Director Information, Deepak Dubey presenting trophy to winner team.

Treasure, Sulekha Kundal Joint Secretary of JKHA and other member present on the occasion. About 140 Players of different Schools and Handball clubs of the district Jammu are participating in the tournament. The final match in the Senior men section was played between Sandeep Pal Club and Jammu Club in which Sandeep Pal Club defeated Jammu Club by 14-11 goals. The main scorer for Sandeep Pal Club was Sahil Padha, who scored six goals, while Nikhil scored four goals. The final match of Senior Women section was played between Sampark Handball Club and Sandeep Pal Club in which Sampark Handball Club defeated Sandeep Pal Club by 12-11 goals. The main scorer for Sampark Handball Club was Tanuja Mehra who netted five goals while Richa Rajput scored four goals.

Inter-District UT Level Under-17 Girls Karate Tournament concludes

STATE TIMES NEWS
KATHUA: The Inter-District UT Level Under-17 Girls Karate Tournament concluded successfully on Saturday at the Sports Stadium, Kathua. The event was organized by the Department of Youth Services and Sports (YSS), Kathua, under the overall supervision of the Director General, YSS J&K. The competition witnessed enthusiastic participation from young karatekas representing various districts across the Union Territory. During the concluding ceremony, medals and awards were presented to the winners by the chief guest, Dr. Rajeev Jasrotia, and Inspector Anit Sangra. The dignitaries lauded the efforts of the young athletes and encouraged them to continue excelling in the field of sports, emphasizing the importance of discipline and fitness.



Medal winner players posing with dignitaries.

The final results reflected impressive performances from players across districts. In the -32 kg category, Priya Devi of Kathua clinched gold, while Madhi Devi of Udhampur secured silver. In the -36 kg category, Barsha Devi of Kathua won gold and Sobiya Naseer of Kupwara bagged silver. In the -40 kg category, Shrutika from Jammu earned gold, and Pinki Devi from Kathua won silver. The -44 kg category saw Saundarya Rajput from Kathua take gold, followed by Anshika from Jammu with silver, while Tanzeela Khurshed from Anantnag and Rudhrakshi from Udhampur shared bronze. In the -48 kg category, Tijaaz Malik from Srinagar won gold, Abhijeet from Jammu secured silver, and Mufeedha Muzafar (Anantnag) and Sajya Tariq (Budgam) claimed bronze. In the -52 kg category, Bumika Sharma from Udhampur took gold, Ridhima from Jammu earned silver, and Harjeet Devi (Kathua) along with Nadia Meyajid (Rajouri) shared bronze. The -56 kg category saw Sumanshi Sharma of Udhampur winning gold, Chandani Kumari of Kathua claiming silver, and Sheikha Hafsatika (Kupwara) and Manna Sharma (Rajouri) securing bronze medals. In the -60 kg category, Haleema Akhter from

Rajouri won gold, Aania from Jammu took silver, while Sofia Hasan (Budgam) and Akriti Thakur (Udhampur) shared bronze. In the -64 kg category, Sukhmani from Jammu bagged gold, Shabroze Akhter from Budgam silver, and Shajia Akhter from Kathua bronze. The -68 kg category witnessed Sonakshi from Jammu taking the gold medal and Ayushi Rajput from Udhampur the silver, while in the +68 kg category, Aridah Majid from Budgam won gold and Riddi Basumatary from Udhampur secured silver. The Department of Youth Services and Sports appreciated the dedication of all participants and organizing staff for ensuring the event's success. The Under-19 category competition is scheduled to be held tomorrow at the same venue.

J&K UT Cycling Championship from Nov 15

STATE TIMES NEWS
JAMMU: The Cycling Association of Jammu and Kashmir, in collaboration with the J&K Sports Council, is set to organize the Jammu and Kashmir Union Territory Cycling Championship on November 15-16, 2025, at the MA Stadium, Jammu, starting at 9:00 AM. The two-day event will feature competitions in Road, MTB, and Track categories for senior, junior, sub-junior, and under-14 age groups, both boys and girls. Participants will compete across various categories, including Elite, U-18, U-16, and U-14, with winners in the open category qualifying for the upcoming National Cycling Championship. Each participant is required to pay an entry fee of Rs 200 and submit their Date of Birth Certificate, Aadhaar Card, Domicile Certificate, and two recent passport-size photographs along with the entry form. Entry forms are available through all district cycling units, and participants must be recommended by their respective district secretaries. For registration and further information, interested cyclists may contact Tajinder Singh (9419153980), Om Parkash Sharma (9419100980), or Sarwant Singh Gill (9419108337). The Association has extended invitation to all aspiring cyclists to take part and display their skill, endurance, and passion at this prestigious championship.

Handball trials from Nov 10
STATE TIMES NEWS
JAMMU: The J&K Handball Association will conduct selection trials for the 54th Senior Men's National Handball Championship scheduled to be held at Chinsurah, Hooghly (West Bengal) from December 15 to 20, 2025. The trials will take place at the Playing Field, Shastri Nagar, Jammu, from November 10 to 11 at 4:00 PM. Rajesh Chandan, General Secretary of the Association, urged all Presidents and Secretaries of affiliated units to send their players for participation in the trials.

69th NSG: JD-YSS Jammu chairs Managers' Meet, issues key directions

All 34 participating teams arrive in Jammu

STATE TIMES NEWS
JAMMU: The Joint Director of Youth Services and Sports Jammu, Vinakshi Koul, who is also the Organising Secretary of the 69th National School Games-2025 in the disciplines of Taekwondo and Table Tennis, chaired a crucial meeting of team managers representing various contingents from across India at the lodging centre in Jammu. She was accompanied by Megha Baogia, Deputy Director (Activities) and Convener of the Accommodation and Mess Committees, along with the Conveners of the Ceremonies, Reception, and Publicity Committees. Welcoming the Managers, Koul extended warm greetings on behalf of the department and assured them of excellent arrangements and hospitality in the City of Temples. She emphasised the need to uphold the spirit of



Joint Director of Youth Services and Sports Jammu, Vinakshi Koul chairing a meeting.

sportsmanship and discipline throughout the tournament, asserting that every effort would be made to ensure the event's grand success. Addressing the gathering, Baogia briefed the Managers on essential logistics and operational details, reiterating the department's commitment to providing seamless support to all participants. In a gesture of goodwill, gift bags were presented to all Managers, who in turn lauded the organisers for the outstanding arrangements and efficient coordination. Both the dignitaries appreciated the role of Commissioner/Secretary to Government Youth Services and Sports Department, Yasha Mudgal and DG YSS, Anuradha Gupta for their leadership and dynamism. With the arrival of all 34 participating teams, Jammu is set to host a spirited and memorable edition of the 69th National School Games-2025. Participating teams represent the vibrant sporting spirit of India, with contingents arriving from Assam, Andhra Pradesh, Odisha, Arunachal Pradesh, Bihar, Chandigarh, Chhattisgarh, CISCE, Delhi, Goa, Gujarat, Himachal Pradesh, Haryana, IPSC, Jharkhand, Jammu and Kashmir, Karnataka, Kerala, KVS, Ladakh, Madhya Pradesh,

Maharashtra, Mizoram, NVS, Puducherry, Punjab, Rajasthan, Tamil Nadu, Telangana, Uttar Pradesh, Uttarakhand, Vidya Bharati, West Bengal, and CBSE.

Salman Khurshid qualifies Ph.D

STATE TIMES NEWS
JAMMU: Salman Khurshid Malik, son of Khurshid Ahmad Malik, resident of Miyan Dhar, M u g h a l M a i d a n, Kishitwar, has been declared qualified for the award of the Degree of Doctor of Philosophy (Ph.D.) in Physics by the University of Jammu. He worked on the topic, "An event-by-event study of local fluctuations in multiparticle production at ALICE," under the supervision of Prof. Ramni Gupta.

Jammu's Men Masters handball team strikes gold at 2nd J&K Masters Games



STATE TIMES NEWS
JAMMU: In a remarkable display of determination, skill, and unyielding spirit, the Jammu District Men's Masters Handball team clinched the gold medal at the 2nd J&K Masters Games, held at the DPL Ground, Jammu. Proving that passion knows no age, these seasoned athletes showcased that true champions never stop playing - they just get better with time. Led by former national handball player Sanjay Puri, the 30+ Men's team delivered a thrilling performance throughout the tournament. In a nail-biting final, Jammu edged past Nowshera by 13-11, securing victory with just two goals. Puri, playing as the goalkeeper, made several crucial saves that turned the tide in Jammu's favor. Adding strength to the side, former international players Ranjit Singh and Vivek Sharma displayed exceptional form, inspiring the entire squad with their skill and experience. While Nowshera, led by Captain Romy, fought valiantly with a younger lineup, the tactical brilliance and composure of Jammu's

veterans ultimately prevailed. In the battle for bronze, Baramulla, captained by Tariq, defeated Udhampur, led by Ashok Kumar, with a final score of 13-10, securing third place and a well-deserved spot on the podium. Speaking at the occasion, Neete Kour, General Secretary of the J&K Masters Games Association (JKMGA), lauded the spirit of all participating teams. "Age is just a number," she said. "Dedication, discipline, and determination can make anything possible. These remarkable men are not just athletes-they are role models who've redefined the meaning of strength, commitment, and team spirit." The tournament served as a heartwarming reminder that sportsmanship transcends age, and the fire to compete and excel only grows stronger with experience. The triumph of Jammu's Masters Handball team stands as an inspiring example of perseverance - proving that when passion drives you, there truly are no limits. Unstoppable at any age - Jammu's champions have shown that golden years can still bring golden victories!