

Five Star XI wins Shaheed Maj Amit Inter-Tehsil T-10 trophy

STATE TIMES NEWS

POONCH: Five Star team won the Shaheed Maj Amit Kumar Thengi Inter Tehsil T-10 Cricket Tournament organized by Army at Mendarh.

The grand trophy to Five Star team and individual prizes were awarded to team members.

The tournament developed cohesiveness amongst the youth of the area and has strengthened existing cordial relationship with army.

On the occasion, Indian Army encouraged the youth for their efforts to make the



Winner and Runner-up teams posing with army officials after receiving trophies.

best use of such a platform to display their sporting talent and also laid emphasis on the

importance of games and sports for their overall development.

Over 3.5 lakh pilgrims take holy dip at Gangasagar on Makar Sankranti

STATE TIMES NEWS

POONCH: District Youth Services and Sports Department Poonch organised an Inter-block cricket tournament here at GHSS Seri Khawaja ground.

Final of the cup was played between Panchayat Seri Chowana and Panchayat Kalai teams.

After winning the toss Seri Chowana made 67 runs in 10 overs. Kalai failed to achieve the target and collapsed on 59.

Pt. Seri Chowana A won the match by 8 runs, Pervaiz Malik Afridi was declared man of the match who played an innings of 21 runs and Took 3 wickets.

The PET Iftakhar Bhatti



DYSS Officer Poonch, Ch. Mohammad Qasim posing with teams and other officials.

and Imran Fazali acted as match umpires. Score was managed by Manzoor Ahmed Lone.

District Youth Services and Sports Officer Poonch Ch. Mohammad Qasim was the chief guest, while the

sports event was held under the supervision of ZPEO Surankote Vipin Khajuria. Anis Ahmed PET, Wasim Akram PET, Iftekhar Bhatti PET, REK's including Shabir Malik, Ajaz Malik, Manzoor Ahmed Lone, Manzoor Rather, Sajjad Rather, Ch Israr, Ch Irfan, Javed Iqbal, Imran Fazli, Shahid Ahmed and Pervaiz Malik Afridi were also present as field staff and officiated the whole tournament.

Organization of Surya Namaskar held at Central Sanskrit University

STATE TIMES NEWS

JAMMU: National Service Scheme (NSS) at Central Sanskrit University, Shri Raunib Campus on Friday performed Surya Namaskar. The program was conducted by Pankaj, Program Officer, NSS. Surya Namaskar was done to the volunteers and teachers and employees of the NSS by Maninder Singh, a Physical Teacher and Yoga Instructor. The vote of thanks was presented by Dr. Yogendra Dixit, Program Officer, NSS. Sharat

DYSS organises Surya Namaskar across J&K



Students performing Surya Namaskar in Udhampur on Friday.

faces in Kashmir division and the hilly areas in Jammu division.

As per the planning and decision of Government of India, around 75 lakh people across the globe virtually took part in the programme.

The officers, the field staff and the general youth were part of the event.

Bearing chill and inclement weather conditions, the field staff and the youth enjoyed the activity even on snow sur-

Namaskar burns over 13 calories, and the magical number to apply Surya Namaskar for weight loss is 12.

The programme was attended by the Physical Education Lecturers, PEM's, PET's, REK's, NYC's and students via virtual mode.

relay at the Kalinga Stadium where eminent sportspersons of the state will be present.

"It is a momentous and historic occasion for us. It is a great honour for Odisha to receive the Queen's Baton and be part of its journey prior to the commencement of the Commonwealth Games 2022," said Tirkey. It began on October 7 last year at the Buckingham Palace, where Queen Elizabeth II placed her message onto the baton, signifying the start of the 294-day relay to the 72 nations and territories of the Commonwealth.

The baton will be in Bhubaneswar for the night, and on Saturday, it will tour Puri and Konark where dignitaries and senior district officials will receive it.

It will then return to Bhubaneswar for the symbolic

state Anuradha Biswal and Shradhanjali Samantray were present to welcome the Queen's Baton.

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It was received by Odisha Hockey Promotion Council chairman Dilip Tirkey and officials of the Sports and Youth Services Department.

Eminent sportspersons of the

of the Lieutenant Governor administration and police to protect centuries-old religious heritage temples and shrines in Kashmir."

Functionaries of the Youth All India Kashmiri Samaj and global Kashmiri Pandits Diaspora, too, demanded a speedy investigation into the case.

Locals said 'arti' is not performed at the temple off late as it remains at closed.

Police, for their part, said an Army team had cleaned and sanitized the temple in the midnight and the fire may have triggered during the cleanup. The Army, however, did not respond to queries.

The target of 212 wasn't a tough ask and starting the day at 101 for two, young pretender Kegan Petersen (82, 113 balls) along with Rassie van Der Dussen (41 not out) added 54 runs for the third wicket to seal the match before Temba Bavuma (32 not out) helped in putting the final touches.

Young Petersen comes of age as South Africa wrap-up series with seven-wicket win

AGENCY

CAPE TOWN: A South African team going through one of its toughest transition phases embarrassed a star-studded Indian team with a clinical seven-wicket victory in the third Test to clinch a memorable 2-1 series triumph here on Friday.

"We didn't allow anyone without RT-PCR test and double vaccination certification this time. The screening was done at all embarkation points, including Kolkata's Babughat and South 24 Parganas' Namkhana and Lot 8. As of now, an estimated 3.5 lakh pilgrims took the holy dip," he said.

President RASC Jindrah, Arya Vir Singh gifting books to Rosana Viana.

Speaking on the occasion, President RASC, Arya Vir Singh said that he shared an idea of setting a reading place in the restaurant, which was highly appreciated by Rosana and she offered some space in her restaurant for the noble initiative besides accepting gifted books. Another member of

Club, Valeria Penfold was also present on the occasion and also gifted some good spiritual books.

Rosana expressed gratitude towards Roller Athlete Skating Club Jindrah for sharing an idea of developing a reading space besides presenting a number of useful books for book-lovers.

It was a momentous occasion for the club, as the president handed over the books to Rosana Viana.

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