

Let 2022 level up our consciousness and bring growth, success, and happiness

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A new year always motivates us to be the best version of ourselves and continue to work hard. Let's cheer to 2022 and say goodbye to 2021 and worries and pandemics.

Aries:
You want to level up in life but feel stuck. You can expect your growth in the mid of 2022 as the planet of abundance, Venus enters your sign in May, be ready to enjoy the perks of your hard work. Look for short-term gains in terms of investments. cheerful communication with family and loved ones is a blessing to your love life. A great year ahead. Stay focused!

Taurus:
This year you will receive a major push from the universe to transform into a more evolved version of yourself. communication flows like water, especially in your love life. This is an ideal time to have conversations about moving in together. New beginnings are all around you, and remember, the best is yet to come.

Gemini:
Identify what you want, and then map out a plan to get it. You may get some exciting news about money during this time. Expect romantic dates, relax at home and set intentions, which will help you manifest the career, the final few months are about action and results.

Cancer:
You're empathetic, creative, and emotional. Never conflate emotional depth with weakness. The first half of 2022 asked you to step up as a nurturer for the people you love. But the second half of the year, darling Cancer, is all about getting what you want.

Leo:
Financial conditions will improve this year. A positive professional relationship with your seniors will directly impact your reputation at work. Focus more on your health this year. Good food habits and lifestyle modification are the need of the hour. Stay healthy!

Virgo:
The year will bring great hope for you. It seems that money, property, fame,



and success will be waiting for you this year. You will get the full result of your labor. You will not be worried about any matter. This year, enjoy the company of new friends, & acquaintances.

Libra:
Time to re-establish your goals regarding love and money. Explore self-soothing techniques to keep your emotions in check at work brainstorm, learn, and soak up new information that will benefit you in the latter part of this year.

Scorpio:
Hey Sagittarius! As per the yearly horoscope 2022, you will have a pleasant time this year. On the professional front, you will grab success on finger clicks. Be calculative, rethink before investing money or seek advice from a learned person. mixed results in terms of love matter are expected.

Sagittarius:
Hey Sagittarius! This year think out of the box and test your luck, both financially and professionally. new sources of employment hit around the middle of the year. Be patient and take the right decision according to the situation.

Capricorn:
You may feel overloaded with work this year as you believe in long-term gains rather than choosing shortcuts. Try to balance between professional and personal front. although your professional status will rise and you will make contacts with influential people which will enhance your career prospects this year. Adopt clean food habits and indulge in yoga and meditation to balance out emotions. Stay healthy!

Aquarius:
Be dynamic in your approach to attract the opportunities ahead, you can face some stiff competition but your high energy will tilt the balance in your favour. set high targets! Be proactive.

Pisces:
Work-related travel is in your chart this year. Utilize your experience to catch new opportunities and build trust with your coworkers to get the best out of them. exiting relationships will blossom leading to beautiful memories and a cheerful year ahead.

(The writer of this article is a renowned astrologer and numerologist.)

THE FACT CORNER



Complimenting yourself each morning while looking into a mirror can improve self-esteem



The Egyptians were the first to create a dream dictionary in 4000 BC



The underwater park created every year in Austria when snow melts from surrounding mountains



Dark Chocolate is surprisingly good for your teeth. It can help fight against bacteria in the mouth and stop dental decay

BRAIN TEASERS

1 Q. Three coins are tossed in the air and two of the coins land with heads face upwards. What are the chances on the next toss of the coins that at least two of the coins will land with heads face upwards again?

2 Q. Add three consecutive letters of the alpha bet to the group of letters below, without splitting the consecutive letters of the alphabet, to form another word.
GERE

3 Q. In a right-angled triangle what is the length of the hypotenuse if the two shortest sides are 10 and 24 cm respectively?

4 Q. In eight years time the combined age of me and my two sons will be 124. What will it be in five years time?

5 Q. In a game of eight players lasting for 70 minutes, six substitutes alternate with each player. This means that all players, including the substitutes, are on the pitch for the same length of time. For how long?

6 Q. If five men can build a house in 16 days, how long will it take just two men to build the same house, assuming all men work at the same rate?

SOLUTION:
1. 50 percent
2. GESTURE.
3. 26
4. 115.
5. 40 minutes.
6. 40 days.

English Proverbs and Meanings

* **Better be the head of a dog than the tail of a lion.**
It's better to be the leader of a small group than a subordinate in a bigger one.

* **Better flatter a fool than fight him.**
It's better to avoid disputes with stupid people.

* **Better lose the saddle than the horse.**
It's better to stop and accept a small loss, rather than continue and risk losing everything.

* **Better untaught than ill-taught.**

It's better not to be taught at all than to be taught badly.

* **Blood will out.**
A person's background or education will eventually show.

* **He who plays with fire gets burnt.**
If you behave in a risky way, you are likely to have problems.

* **One today is worth two tomorrow.**
What you have today is better than what is promised for.

Blueberry Muffin



Ingredients:
400 gm flour
1 tablespoon baking powder
1/4 cup sugar
50 ml refined oil
1 beaten egg
salt as required
150 ml milk
3/4 cup blueberry

Method
Grease muffin cups or line with paper cups and set aside. Preheat the oven to 400°F (200c). In a medium bowl, combine flour, sugar, baking powder, and salt. Make a well in the center of the mixture and set aside.
In a small bowl, combine beaten egg, milk, and oil. Add this mixture all at once to the flour mixture. Fold in blueberries and stir just until combined. Do not over stir.
Spoon batter into prepared cups, filling each about two-thirds. Bake for 18 to 20 minutes or until golden. When a wooden toothpick is inserted near the middle, it should come out clean.
Remove from muffin cups and let cool on a wire rack for 5 minutes. Serve with a cup of coffee or tea.

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Snowball Cookies



Ingredients:
1 cup refined flour
1 tablespoon corn flour
1/4 cup powdered sugar
1/2 cup butter
1 teaspoon baking powder
1/4 teaspoon salt

Method
Add butter and sugar to a bowl. Mix it well until a creamy mixture is formed. Now add flour, cornflour, baking powder and salt to the butter-sugar mixture. Keep folding it until well combined. Once a soft dough is formed, cover it and keep it in the fridge for 20 minutes.
Now pinch out small balls from the dough, roll them between your hands to form a smooth ball and place it on a baking tray lined with parchment paper.
Bake the cookies for 15-20 minutes at 170 degrees Celsius. Once baked, garnish them with powdered sugar or icing of your choice.
Tips
You can mix powdered coconut and sugar and coat the cookies in the mixture. Add nuts or dried fruits of your choice to add to the taste.